



The Anglican Parish of  
Kingsley North-Woodvale  
St Anselm of Canterbury



December 2023 - January 2024 | **Birak**

*First Summer | December and January*

As the rains begin to ease, the warm weather of Birak starts to take hold with the afternoon sea breeze cooling those close to the ocean.

Easterly winds in the morning, followed by the afternoon sea breeze meant that traditionally, this was the time of year Noongar people burnt country.

They would burn the country in mosaic patterns to increase grazing pastures for some animals, to aid in seed germination, ease of mobility across the country and fuel reduction.

Birak also sees fledglings venturing out of their nests, though some still stay close to their parents. Reptiles are looking to shed their old skin for a new one during this season and baby frogs complete their transformation into adulthood. *Artwork by Darryl Bellotti*

The colour of Birak is orange or red for heat.



# WORSHIP

## WORSHIP ON SUNDAYS

Holy Eucharist 9.00am, followed by morning tea.

This service is live-streamed, so if you're unable to be with us in person you can still participate online at:

<https://www.facebook.com/StAnselmKingsleyWoodvale>

## 1<sup>st</sup> SUNDAYS – PRAYERS FOR OUR LINK PARISH IN ELDORET

On the first Sunday of each month, we offer intentional prayers for St Stephen's, Sugoi, our link parish in Eldoret.

## 4<sup>th</sup> SUNDAYS - PRAYERS FOR HEALING

On the 4th Sunday of each month, we include intentional prayers for healing in our liturgy. The congregation is invited to pray for themselves or for someone they know or love who needs God's healing.

## 5<sup>th</sup> SUNDAYS

On months when there are five Sundays in the month, we meet later in the day for worship and a shared meal. The theme of these services varies according to the season and is always something a little bit different.

## WEEKDAY WORSHIP

MONDAYS	9.00am	Morning Prayer
TUESDAYS	9.00am	Morning Prayer
	12noon	Midday Prayer
WEDNESDAYS	8.00am	Meditation
THURSDAYS	9.30am	Holy Eucharist
FRIDAYS	4.00pm	Evening Prayer

**All weekday worship will be in recess through January, recommencing in February.**

## ADVENT

*a time when we wait  
with expectant hearts  
and prepare to  
celebrate the birth of  
Christ into the world.  
Journey with us  
through Advent  
Sundays as we grow  
our hearts to receive  
Christ into our lives  
anew*

## Advent...

marks the start of our  
Christian liturgical year.

### Advent 1:

December 3

### Advent 2:

December 10

### Advent 3:

December 17

### Advent 4:

December 24!

Although this Sunday is  
also dated for Christmas  
Eve, our morning worship  
will be focused on  
Advent 4.

Watch our Advent wreath flourish and grow over the  
Sundays of Advent and hopefully bloom just in time  
for Christmas!

We watch and hope with expectant hearts for the  
seeds to fulfill their potential, just as we watch and  
hope with expectant hearts for the coming of Christ.





# CHRISTMAS SERVICES

## **24TH DECEMBER - Christmas Eve**

Join us for Mince pies and bubbles from 10pm.  
Service begins at 11pm

## **25TH DECEMBER - Christmas Day**

Service begins at 9am

## **31ST DECEMBER - Epiphany**

Celebrate the arrival of the Wise Men to welcome  
the infant Jesus



These are wonderful **'Come and See'** opportunities.



Join us early on Christmas Eve for some fellowship before our 11pm Midnight Mass service. Maybe even come back at 9am on Christmas Day to celebrate with us again.

Epiphany falls early this year and will be celebrated on the 31<sup>st</sup> December.

**'Star Words'** have become a tradition along with the chalking of the door.

Please mark these dates in your diary and invite a friend, a colleague or family member to come and see!

## Back to School Service: 28<sup>th</sup> January

It is also a tradition in our parish to bless our teachers, chaplains and all our students as they prepare to return to their studies and teaching duties.

The 2024 Back to School service is planned for January 28<sup>th</sup> at our regular worship time of 9am. Students are invited to wear their uniforms and bring their school bags in for a blessing!



## LOOKING AHEAD –

### Appreciation Sunday: 4<sup>th</sup> Feb

There are many in our parish who significantly contribute to our life together. We invite you to nominate those for whom you would like to offer words of appreciation, by writing their name (and the reason why) on a card and placing it in the designated box on the Prayer Table.

We will recognise them at the service on 4<sup>th</sup> February.



As the door opens  
onto a new year,  
join me for a one-day  
retreat to craft your  
intentions for 2024

#### THEMES

PRAY | MOVE | EAT |  
WORK | CONNECT | REST

Guest presenters,  
guided exploration,  
and time for silent reflection

\$100 pp, includes lunch

Gill Rookyard

☎ 0499 161 550

✉ [iconlearning20@gmail.com](mailto:iconlearning20@gmail.com)



# FELLOWSHIP

## OPEN HOUSE: **Please note: in recess over January 2024**

Tuesdays: 10am — 1pm

Morning tea and fellowship; conversation, encouragement, games, and music! We pause for Midday Prayer, before delving into a delicious soup 'n rolls lunch.

All are welcome.

For more details, or to assist as one of the soup chefs, please contact Dorothy Mitchell or Steve Mellor.

## CANTERBURY CLASSICS: **Please note: in recess over January 2024**

Men's Lunch Group:

Second Friday of each month 12.00 noon

BYO lunch. Tea and coffee provided.

For more details, please contact Steve Mellor.



30<sup>th</sup> Anniversary Celebration Brunch (and cake!)

Tuesday 19<sup>th</sup> December:

## Intergenerational Christmas Celebration

This will be a glorious celebration for our wise people at both ends of life's spectrum. While the young in years people will be sculpting and decorating an appropriately 'sweet' stable for their Christmas table, the slightly older in years (our venerable seniors) will be enjoying a traditional Christmas luncheon.

This is followed by a 'Christmas Dance Party' – lots of traditional and not-so-traditional carols – and hopefully a fair amount of fancy footwork.

Please do let the Parish Office know if you are a wise senior and would like to attend the Christmas lunch.

And if you have a wise wee one in your household who would like to build a gingerbread stable, then please let the office know. Places are limited to 20 and they are filling fast.

The wonderful Jessie Kapitola is leading the gingerbread making and the equally wonderful Carole Fielding is leading the team preparing the Christmas lunch.

Please contact Carole if you can help in any way.





# FANCY A CUPPA? NEED SOMEWHERE NEW TO MEET?

TRY CAFE@CHURCH!

## LAUNCHING THIS ADVENT

---

**Assortment of teas**

**Coffee pods**

**Milk - all kinds!**

**Homemade biscuits**

**Icy poles for the little ones**

*All for just a gold coin donation!*

**OPEN TIMES**

**1 - 24 DEC**

**11AM - 3PM**

**MON | TUES | FRI**



St Anselm's Anglican Church | 19 Forest Hill Drive, Kingsley

# SPIRITUAL EDUCATION AND FORMATION

## DAILY READINGS FOR DECEMBER AND JANUARY

Friday	1	Daniel 7: 2-14	Song of Creation 8-10 (APBA p427)	Luke 21: 29-33
Saturday	2	Daniel 7: 15-27	Song of Creation 11-13 (APBA p427)	Luke 21: 34-36
<b>FIRST SUNDAY OF ADVENT   DECEMBER</b>				
Monday	4	Isaiah 2: 1-5	Psalm 122	Matthew 8: 5-11
Tuesday	5	Isaiah 11: 1-10	Psalm 72: 1-7	Luke 10: 21-24
Wednesday	6	Isaiah 25: 6-10	Psalm 23	Matthew 15: 29-37
Thursday	7	Isaiah 26: 1-6	Psalm 118: 19-25	Matthew 7: 21-27
Friday	8	Isaiah 29: 17-24	Psalm 27: 9-17	Matthew 9: 27-31
Saturday	9	Isaiah 30: 19-26	Psalm 147: 1-6	Matthew 9: 35 - 10: 1 (2-4) 5-8
<b>SECOND SUNDAY OF ADVENT   DECEMBER</b>				
Monday	11	Isaiah 35: 1-10	Psalm 85: 8-13	Luke 5: 17-26
Tuesday	12	Isaiah 40: 1-11	Psalm 96: 7-13	Matthew 18: 12-14
Wednesday	13	Isaiah 40: 25-31	Psalm 103: 1-5	Matthew 11: 28-30
Thursday	14	Isaiah 41: 13-20	Psalm 145: 8-13	Matthew 11: 11-15
Friday	15	Isaiah 48: 17-19	Psalm 1	Matthew 11: 16-19
Saturday	16	Sirach 48: 1-11	Psalm 80: 14-19	Matthew 17: 10-13
<b>THIRD SUNDAY OF ADVENT   DECEMBER</b>				
Monday	18	Jeremiah 23: 5-8	Psalm 72: 15-21	Matthew 1: 18-24
Tuesday	19	Judges 13: 2-7, 24-25	Psalm 71: 17-22	Luke 1: 5-25
Wednesday	20	Isaiah 7: 10-14	Psalm 24: 1-6	Luke 1: 26-38
Thursday	21	Song of Songs 2: 8-14	Psalm 33: 17-21	Luke 1: 39-45
Friday	22	1 Samuel 1: 24-28	Song of Hannah (APBA p.429)	Luke 1: 46-56
Saturday	23	Malachi 3: 1-4 and 4: 2-3	Psalm 25: 3-9	Luke 1: 57-66
<b>FOURTH SUNDAY OF ADVENT   DECEMBER</b>				
<b>THE BIRTH OF OUR LORD – CHRISTMAS DAY</b>				
Tuesday	26	2 Chronicles 24: 17-22	Psalm 31: 1-8	Acts 6: 8-10; 7: 54-60 Matthew 10: 17-22
Wednesday	27	Proverbs 8: 22-31	Psalm 97	1 John 1: 1-5 John 20: 2-8
Thursday	28	Jeremiah 31: 15-20	Psalm 124	Matthew 2: 13-18
Friday	29	1 John 2: 3-11	Psalm 96: 1-6	Luke 2: 22-35
Saturday	30	1 John 2: 12-17	Psalm 96: 7-9	Luke 2: 36-40

FIRST SUNDAY AFTER CHRISTMAS   DECEMBER – JANUARY				
Tuesday	2	1 John 2: 22-28	Psalm 98: 1-7	John 1: 19-28
Wednesday	3	1 John 2: 29 – 3: 6	Psalm 98: 8-10	John 1: 29-34
Thursday	4	1 John 3: 7-10	Psalm 99	John 1: 35-42
Friday	5	1 John 3: 11-21	Psalm 100	John 1: 43-51
Saturday	6	1 John 4: 13-21	Psalm 72: 1-7	Mark 6: 34-44
SUNDAY THE BAPTISM OF OUR LORD   JANUARY				
Monday	8	1 Samuel 1: 1-8	Psalm 116: 11-18	Mark 1: 14-20
Tuesday	9	1 Samuel 1: 9-20	Psalm 89: 1-7	Mark 1: 21-28
Wednesday	10	1 Samuel 3: 1-10 (11-18) 19-20	Psalm 40: 5-11	Mark 1: 29-39
Thursday	11	1 Samuel 4: 1-11	Psalm 44: 10-17	Mark 1: 40-45
Friday	12	1 Samuel 8: 4-7 (8-9) 10-22	Psalm 89: 14-18	Mark 2: 1-12
Saturday	13	1 Samuel 9: 1-4; 17-19; 10: 1	Psalm 21: 1-7	Mark 2: 13-17
SECOND SUNDAY AFTER EPIPHANY   JANUARY				
Monday	15	1 Samuel 15: 16-23	Psalm 50: 20-24	Mark 2: 18-22
Tuesday	16	1 Samuel 16: 1-13	Psalm 89: 19-27	Mark 2: 23-28
Wednesday	17	1 Samuel 17: 32-51	Psalm 144: 3-10	Mark 3: 1-6
Thursday	18	1 Samuel 18: 6-9; 19: 1-7	Psalm 56: 8-12	Mark 3: 7-12
Friday	19	1 Samuel 24: 3-11	Psalm 57: 7-12	Mark 3: 13-19
Saturday	20	2 Samuel 1: 1-27	Psalm 80: 1-6	Mark 3: 20-21
THIRD SUNDAY AFTER EPIPHANY   JANUARY				
Monday	22	2 Samuel 5: 1-10	Psalm 89: 19-27	Mark 3: 22-30
Tuesday	23	2 Samuel 6: 12-19	Psalm 24: 7-10	Mark 3: 31-35
Wednesday	24	2 Samuel 7: 4-17	Psalm 89: 19-27	Mark 4: 1-20
Thursday	25	2 Samuel 7: 18-19 (20-23) 24-29	Psalm 132: 13-18	Mark 4: 21-25
Friday	26	2 Samuel 11: 1-17	Psalm 51: 15-19	Mark 4: 26-34
Saturday	27	2 Samuel 12: 1-7 (8-9) 10-17	Psalm 51: 10-14	Mark 4: 35-41
FOURTH SUNDAY AFTER EPIPHANY   JANUARY				
Monday	29	2 Samuel 15: 13 – 16: 13	Psalm 3	Mark 5: 1-20
Tuesday	30	2 Samuel 18: 9 – 19: 3	Psalm 86: 1-7	Mark 5: 21-43
Wednesday	31	2 Samuel 24: 2 (3-8) 9-17	Psalm 32: 1-7	Mark 6: 1-6



## Advent Study Book

Hopefully everyone has received their gifted copy of the Advent bible study 'With Expectant Hearts' from their Discipleship Group Leader.

If you would like to contribute to the cost of the book (or you may wish to purchase one on behalf of another family) the contribution is \$5.00.

Our hope and prayer is that everyone in our parish

Will participate in some way in the study in one or more of the following ways:

- Gathering together as a Discipleship Group once or twice or weekly through Advent
- Meeting with your prayer trio or a group of prayer trios to discuss the Study
- Gathering as a family, or
- Meeting with others at the 'Café @ Church' during the week for a cuppa and a homemade goodie!



All our clergy and LAs robed to process on Sunday 26th and were a wonderful witness to the ministry they have each contributed to our parish.

Bronya was recognised with a certificate from +Kay for 30 years as an LA and Deb for 30 years as a Children's Church leader – ministry offered from the beginning of the parish of St. Anselm of Canterbury!

Congratulations!

# PASTORAL CARE

## PRAYER CHAIN

We are still discerning the next steps for the Prayer Chain ministry so could you please continue to send all prayer requests by email to

[admin@kingsley.perth.anglican.org](mailto:admin@kingsley.perth.anglican.org)

Prayer is a very potent way to support someone who is suffering illness of body, mind or spirit or who is struggling with the stresses of life. It is not necessary to provide detail but rather a first name and a general prayer request. God knows!

## LAY PASTORAL MINISTERS

We have 7 LPM's, all of whom are available for visits to your home or hospital, and to bring you communion at those times.

Dorothy – 0401 062 018

Ken – 0420 208 601

Christine – 0430 436 536

Lynn C – 9309 7162

Paula – 0401 909 249

Lynn K – 0417 962 013

Steve M – 0438 801 965

## PRAYER TRIOS

Hopefully by now, everyone has been contacted by their Discipleship Group Leader and have received their card. If in doubt, please speak to Mandy or Gill.

There are numerous ways to stay connected with the others in your trio –

- Pray for one another each day by name
- Arrange to meet to share journeys, joys and concerns
- Create a messaging group (like WhatsApp) to keep in touch
- Make a special effort to connect at church
- Offer love, care and kindness

# MISSION AND OUTREACH

## CARAD DONATIONS

Basmati Rice  
Full Cream UHT Milk  
Vegetable Oil  
White Sugar  
Tinned Tomatoes  
Tinned Vegetables  
Tinned Fruit  
Tinned Chickpeas  
Cereal  
Muesli Bars  
Jam or Honey  
Toilet Paper  
Baby Wipes  
Tissues  
Hair Conditioner  
Deodorant (unisex)  
Toothbrushes  
Shaving Cream  
Disposable Razors  
Toilet Cleaner  
Dishwashing Soap  
Multipurpose Cleaner

*All donations are received with open arms and humble thanks.*

## Partnership in Mission

### **VACANCY – Do you have a passion for overseas mission?**

We are continuing to look for a suitable person with a passion for taking photos and writing script.

We would love someone to take on the task of sharing information between St Anselm's Parish of Kingsley, Western Australia and St Stephen's Parish in Sugoi, Kenya via WhatsApp. Please do speak to Gill / Paula if you think that person is YOU!

### INTERESTED IN CLIMATE CHANGE?

Visit 'The Australian Religious Response to Climate Change' on <https://www.arrcc.org>

Also: Communion Forest on <https://www.communionforest.org/>

**We gifted our first sapling on November 26<sup>th</sup> to our newest sister in Christ – Clare – as she was received into the Anglican Church as a communicant member.**



## AUSSIE BREAD TAGS FOR WHEELCHAIRS

We are still collecting  
bread tags!

Please be sure to check  
that they are the plastic  
ones (not cardboard).

Many thanks.



## ST. BART'S CHRISTMAS GIVING



Thank you for your generous response!

## CHRISTMAS GIVING 2023

**Angel Tree is returning for 2023** - When you give an Angel Tree gift, you remind a child that they are loved and not forgotten this Christmas. Children receive a gift from their parent in prison, purchased by individuals from local faith communities. This helps to build and maintain the critical parental connection and lets a child know their parent still loves them and is thinking of them. We have also committed to contribute children's Christmas gifts directly to the Women's prisons. We are aiming to provide **30** (for our anniversary year) gifts this year and will be facilitating it a bit differently for 2023. You can gift money towards the Angel Tree gifts by placing it into the marked box available on Sundays. A group of us will spend a day shopping for all the gifts (and maybe sharing Morning Tea as we shop – a necessity we think!) to be distributed closer to Christmas.

Please let Paula and Mandy know if you are interested in the shopping expedition (and Morning Tea!)

25<sup>th</sup> Nov – 10<sup>th</sup> Dec

# SHINE LIGHT INTO THE DARKNESS

## CALLING OUT FAMILY AND DOMESTIC VIOLENCE

**1800 737 732**

**National Sexual Assault, Domestic Family Violence Counselling Service**  
*national telephone and online counselling and referral service*

**1800 007 339 - Women's Domestic Violence Helpline**

*for women, with or without children, experiencing family and domestic violence in WA*

**1800 000 599 - Men's Domestic Violence Helpline**

*for men concerned about their violent and abusive behaviours,  
and for male victims of family and domestic violence in WA*

These non-emergency services are available 24 hours a day, seven days a week.

**IF YOU OR SOMEONE YOU KNOW IS IN IMMEDIATE DANGER PLEASE CALL 000**



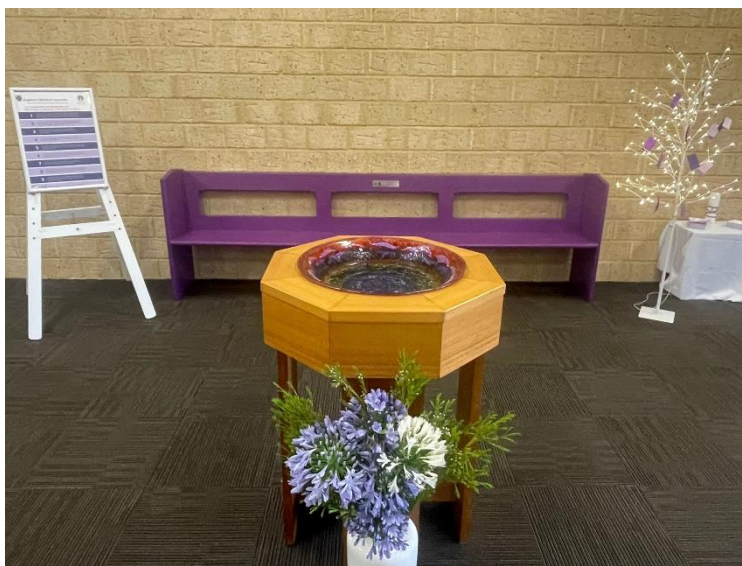
**THE FAMILY AND DOMESTIC VIOLENCE WORKING GROUP**

An initiative of the 2022 Synod of the Diocese of Perth  
Scan this QR code for our webpage; linking to further information,  
resources and upcoming training events for all across the Diocese of Perth.



## The Purple Bench Project

The Centre for Women's Safety and Wellbeing's Purple Bench Project supports the installations of a series of purple benches in public spaces to honour all victims killed as a result of family and domestic violence (FDV). This initiative is supported by local government and members of parliament. The latest data reports that one woman a week is killed by a current or former partner, one in three (30.5%) Australian women has experienced physical violence since the age of fifteen and one in four Australian women (23.0%) has experienced emotional abuse by a current or former partner.



Bishop Kate blessed our own purple bench during our 30<sup>th</sup> Anniversary Celebration service on 26<sup>th</sup> November. It has taken up 'pride of place' at the rear of the worship space and has an official plaque attached. This is part of the

Anglican Diocese of Perth initiative to keep in the consciousness of people the terrible scourge that FDV is in our communities.

Please take a moment over the next 10 days of December to pray for the women and children and families affected by FDV.

Please also collect a card outlining the 10 commitments for Prevention and Response to Domestic and Family Violence in the Anglican Church of Australia. They are available in the foyer of the church. These 10 commitments were ratified by the 2022 Synod.

Our commitment is to display them as a framed reminder in our foyer or church space.



# 30<sup>th</sup> CELEBRATION | COME AND SEE

## CELEBRATION SERVICE | Sun 26<sup>th</sup> Nov

What a fabulous celebration of 30 years as a parish!

It was wonderful to welcome Bishop Kate as presider and preacher given her long association with our parish almost from its earliest beginnings.

We also welcomed Clare into our midst as she was received into the Anglican Church as a communicant member.

The brunch afterwards was testament to the wonderful fellowship that is a hallmark of our parish community.

Good food, fabulous music, meaningful worship, great fellowship and many hands to clear up afterwards! What more could one ask for in a church family?

We blessed our purple bench.

We gifted our children Advent calendars.

We committed to the Communion Forest initiative with the offering of a sapling to Clare...



And we welcomed newcomers into our worship space.

Our thanks to all who contributed in any way – big or small – to the wonderful celebration we all shared.



# OUR PEOPLE

## DECEMBER BIRTHDAYS

4	Lynn Kingston
5	Alfie Duhig
9	Sandra Hooper
	Susan Caiacob
13	Val Bambach
	Yvonne Jenkin
14	Carole Lovejoy
15	Dave Mitchell
	David Bambach
16	Geoff Strack
20	Ryan Manley
24	Donna Stratton
27	Val Fah

## JANUARY BIRTHDAYS

1	Kylee Baker
2	Kevin Viviers
3	John Gregory
	Imogen Opacak
10	Charlotte Oakley
13	Peter Marriott
15	June Thomas
18	Shirley Sampson
19	Chantelle Cochrane
	Nicola Viviers
	Christophr Viviers
22	Debi Baldini
23	Jacob Mellor
27	Geraldine Jones
31	Trevor Sugg

## FUSED GLASS PENDANTS

These have now been ordered and are on their way! ETA mid-December!

If you have ordered one, you can make payment by:

- Placing money in a clearly marked envelope into the offertory plate
- Hand the money directly to Bruce
- Pay via the square and email [treasurer@kingsley.perth.anglican.org](mailto:treasurer@kingsley.perth.anglican.org) to alert Bruce that your payment has been made.



## PARISH OFFICE

Address..... 19 Forest Hill Drive, Kingsley WA 6026  
Phone number..... 0406 017 550  
Email address..... [admin@kingsley.perth.anglican.org](mailto:admin@kingsley.perth.anglican.org)  
Parish website..... [www.kingsley.perth.anglican.org](http://www.kingsley.perth.anglican.org)  
Facebook..... <https://www.facebook.com/StAnselmKingsleyWoodvale>  
Parish Office Hours..... Monday - Friday, 10am—2pm  
Banking details..... BSB 706001 | Account 30003065

RECTOR..... The Venerable Canon Gill Rookyard  
0499 161 550  
[rector@kingsley.perth.anglican.org](mailto:rector@kingsley.perth.anglican.org)  
Day-off: Wednesday | Diocesan day: Thursday

DEACON..... The Venerable Mandy Herriman  
0417 090 839  
[deacon@kingsley.perth.anglican.org](mailto:deacon@kingsley.perth.anglican.org)  
Parish day: Friday

WARDENS..... Lynn Kingston | Mike Payne  
0417 962 013 | 0447 989 529  
[wardens@kingsley.perth.anglican.org](mailto:wardens@kingsley.perth.anglican.org)

## TITHING OPTIONS

- Direct Debit or bank transfer - forms are available online at [www.anglican.cf.com.au](http://www.anglican.cf.com.au)  
BSB 706-001 Account # 30003065 Parish of Kingsley North/Woodvale
- Electronic fund transfer via “square” terminal available at worship
- Cash offering via offering plate at worship