



ARTEMIS
CENTRE

ARTEMIS CENTRE PROGRAMS AUTUMN HOLIDAYS - WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GYMASTICS	JETs Holiday Training 9:00 am - 11.00 am	JETs Holiday Training 9:00 am - 11.00 am	JETs Holiday Training 9:00 am - 11.00 am			
ARTEMIS AQUATICS	Performance Squad Junior & Senior 6:30am - 8:30am	Performance Squad Junior & Senior 6:30am - 8:30am	Performance Squad Junior & Senior 6:30am - 8:30am	Performance Squad Junior & Senior 6:30am - 8:30am	Performance Squad Junior & Senior 6:30am - 8:30am	
	Development Squad 8:30am - 10:00am	Development Squad 8:30am - 10:00am	Development Squad 8:30am - 10:00am	Development Squad 8:30am - 10:00am	Development Squad 8:30am - 10:00am	
	SwimFit Squad 7:30am - 8:30am		SwimFit Squad 7:30am - 8:30am		SwimFit Squad 7:30am - 8:30am	
ARTEMIS LEARN TO SWIM	Water Discovery 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Discovery 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Discovery 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Discovery 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Discovery 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	
	Water Confidence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Confidence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Confidence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Confidence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Confidence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	
	Water Independence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Independence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Independence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Independence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	Water Independence 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 12:15pm - 1:00pm	
	Stroke Learning 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 11:30am - 12:15pm	Stroke Learning 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 11:30am - 12:15pm	Stroke Learning 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 11:30am - 12:15pm	Stroke Learning 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 11:30am - 12:15pm	Stroke Learning 10:00am - 10:45am 10:45am - 11:30am 11:30am - 12:15pm 11:30am - 12:15pm	
	Stroke Development - - 11:30am - 12:15pm 12:15pm - 1:00pm	Stroke Development - - 11:30am - 12:15pm 12:15pm - 1:00pm	Stroke Development - - 11:30am - 12:15pm 12:15pm - 1:00pm	Stroke Development - - 11:30am - 12:15pm 12:15pm - 1:00pm	Stroke Development - - 11:30am - 12:15pm 12:15pm - 1:00pm	
	Stroke Advancement 8:30am - 10:00am	Stroke Advancement 8:30am - 10:00am	Stroke Advancement 8:30am - 10:00am	Stroke Advancement 8:30am - 10:00am	Stroke Advancement 8:30am - 10:00am	
	AQUATICS ASSESSMENTS	Learn to Swim Assessment 1:00 pm - 1:30 pm	Learn to Swim Assessment 1:00 pm - 1:30 pm	Learn to Swim Assessment 1:00 pm - 1:30 pm	Learn to Swim Assessment 1:00 pm - 1:30 pm	Learn to Swim Assessment 1:00 pm - 1:30 pm