



## 5. Aiming

Your stance is an important part of aiming. Keeping a straight back, not leaning or bending and extending your arms like you were trying to crush an apple in your back with your shoulder blades is best. To aim, draw back your arrow just underneath your eye so that you can stare down the entire shaft (length of your arrow). Bring the arrow to a point where the back and front end of the arrow align and you're looking down it at a straight angle, not even a few degrees off.