

## Your Friend and Mine Jessica Dettmann

A warm, witty and wise novel about second chances, friendship and romance for readers of Marian Keyes and Liane Moriarty.

### Sales points

- Funny, heartfelt, intelligent women's fiction in the tradition of Liane Moriarty, Marian Keyes, Holly Wainwright and Toni Jordan
- A great narrative hook, engrossing character journey and revelatory conclusion that plugs into what women are constantly wondering - have we made the right decisions in life, and what would we do if we had a second chance to choose a different path?
- Jessica has a solid sales base, and for the first time has the right packaging, editorial support and expertise to realise her enormous potential
- Jessica is a wonderful networker who is well-known and popular amongst the author set, is close to the Mamamia community, and often asked to MC author events
- CATEGORY: Popular fiction

### Description

**'Dettmann at her hilarious and heartwarming best.'** Tim Minchin

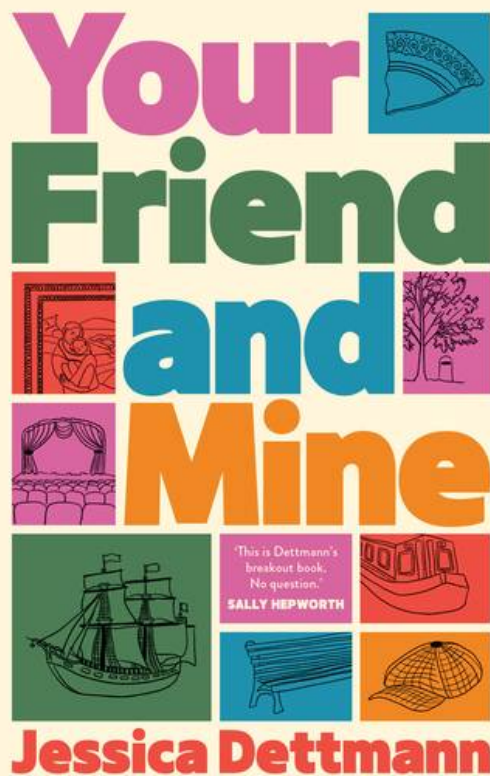
When Margot receives an email from her best friend it comes as a shock ... seeing as Tess died twenty years ago. Margot is catapulted back to 2000, meeting the confident English backpacker visiting Sydney, where their intense friendship led to plans to travel back to Europe together. But then Margot fell in love with Johnny, and she never made it to London. Margot still feels guilty for letting Tess down.

Now Tess is providing Margot with the means to fly to London and have the trip they never got to do together. But there are stipulations to Tess's beyond-the-grave generosity—Margot must scatter her ashes and carry out 'tasks' in the company of Leo, Tess's stepbrother.

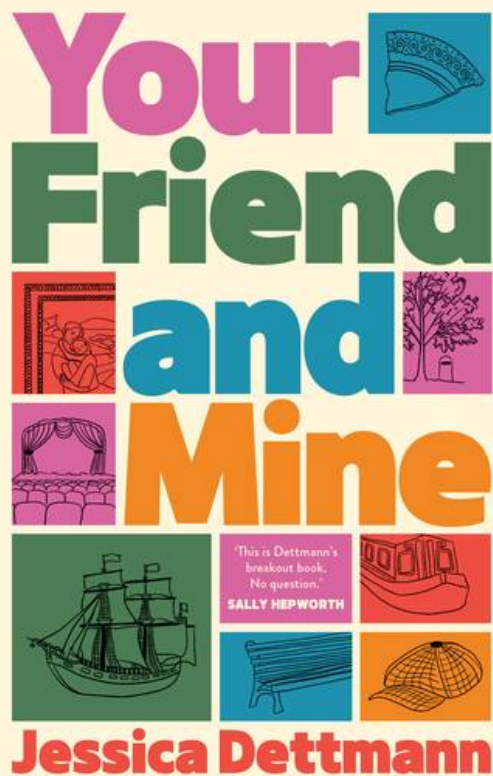
Margot can't help but compare the dreams and aspirations of the girl who partied with Tess to the bored, exhausted woman she has become. How could Tess have predicted that Margot would need a second chance to get on that plane?

**'If you're looking to break a reading drought, this book is for you.'** *Australian Women's Weekly*

**'This is Dettmann's breakout book. No question. *Your Friend and Mine* is witty, insightful, and full of heart—a layered exploration of love, friendship, grief, and second chances. With her keen, often obscure and downright perfect observations on life, Dettmann delivers a novel that is as thought-provoking as it is joyous.'** Sally



Pub Date: **01 Jul 2025**  
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Format: **C-Format PB**  
Package Type: **PAPERBACK**  
Dimensions: **234h x 153w mm**  
Extent: **384 pages**  
Imprint: **Atlantic Books Australia**  
BIC1: **Popular Fiction**  
Author now living: **Cammeray, NSW**



## Your Friend and Mine Jessica Dettmann

*Continued...*

Hepworth, author of *Darling Girls*

**'Funny, tender and adventurous, this story had me alternating between laughter and tears throughout. *Your Friend and Mine* is a touching homage to love - between lovers and friends - and a beautiful exploration of the nuances of grief, all wrapped up in Jess' signature humour. I'm such a huge fan of Jess' books and this was my favourite of them all. I absolutely adored it.'** - Ali Lowe, author of *The Private Island*

**'Thoughtful, funny, touching, smart. *Your Friend And Mine* sparkles with Jess Dettmann's trademark wit, and charms with its sharp insights into friendship, long-term love and detoured dreams. An absolute pleasure.'** - **Holly Wainwright, author of *He Would Never***

**'A joyful, wise and deeply moving story about friendship, desire and unmet needs that delivers delight on every page. Funny, authentic and profound, I absolutely loved it.'** - **Anna Downes, author of *Red River Road***

**'A witty, relatable and huge-hearted novel about friendship, long-term love and the surprisingly difficult mid-life challenge of seeing your own life clearly. I absolutely loved it.'** - **Emily Maguire, author of *Rapture***

**'A compelling and astutely observed tale of past regrets, complex love and friendships lost and found. Movingly and wittily told, it draws you in from its first sentence and keeps you guessing till the last. Dettmann is a storyteller at the top of her game which is a high bar indeed.'** - **Ben Elton**

**'Dettmann confidently covers vast emotional ground while maintaining a light, accessible style. *Your Friend and Mine* is for readers of Marian Keyes.'** - ***Australian Bookseller & Publisher***

**'A novel that manages to keep a laugh-per-page quotient hovering somewhere between that of Toni Jordan and P.G. Wodehouse, while embedding that humour in stories that speak to the lived reality of women's experience...a call to adventure Dettmann renders with trademark charm, black humour, and a neat grasp of human foible. The voice of Margot is one of the novel's chief pleasures. She's a narrator after Helen Garner's own heart: sardonic yet self-effacing observant to a fault. Dettmann's prose is generous, however, even when her observational acuity is of Lorrie Moore or Anne Tyler-degree sharpness because she notices things democratically.'** - **Geordie Williamson, *The Australian***

**'The premise of Jessica Dettmann's fourth novel is delicious...This at-times wistful and tender romp is a hoot.'** **Jason Steger, *The Age***

**'A thoughtful exploration of long-term relationships, personal growth, and how our values shift over time. This book is a heartfelt, beautifully crafted story, offering a much-needed escape and a poignant reminder of the ways friendship,**

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BIC1: Popular Fiction  
Author now living: Cammeray, NSW

NEW ZEALAND JULY 2025  
MURDOCH

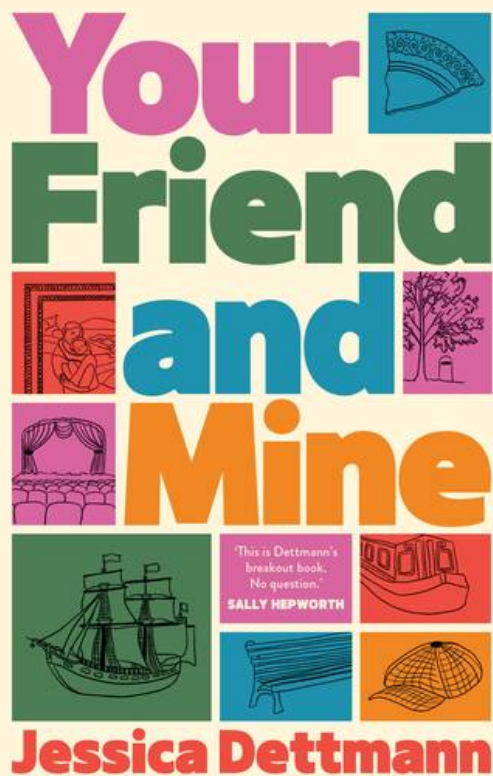
# Your Friend and Mine

Jessica Dettmann

*Continued...*

## About the Author

Jessica Dettmann is the author of four novels and one book for children. She lives in Sydney, Australia, with her family and her two cats. Before becoming a writer, she was a book editor. Even before that she once worked as the City of Sydney Christmas Angel, sitting on top of the Town Hall in a gown that reached the street, almost exclusively so she would have an interesting job to mention if she ever had the opportunity to write an author bio.



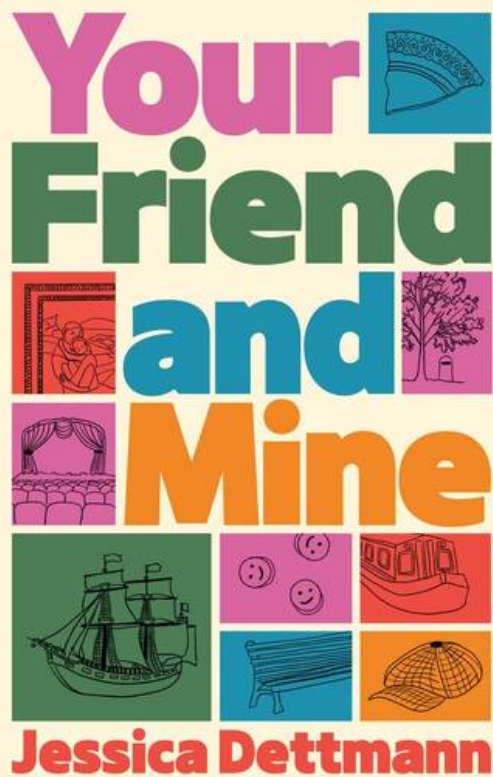
Pub Date: 01 Jul 2025  
Price: AU \$32.99 NZ \$36.99  
ISBN: 9781922928061  
Format: C-Format PB  
Package Type: PAPERBACK  
Dimensions: 234h x 153w mm  
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Imprint: Atlantic Books Australia  
BIC1: Popular Fiction  
Author now living: Cammeray, NSW

Atlantic Books Australia

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## Your Friend and Mine 12 copy pack

Includes 12 copies of *Your Friend and Mine* and one pack of custom bookmarks.



Pub Date: 01 Jul 2025  
Price: AU \$395.88 NZ \$443.88  
ISBN: 9324551095911  
Format: Pack  
Package Type: MIXTURES PACK  
Dimensions: Noneh x Nonew mm  
Extent: None pages  
Imprint: Atlantic Books Australia  
BIC1: None

# Climbing in Heels

## Elaine Goldsmith-Thomas

A fictional tale of the rise of three secretaries at the hottest agency in 1980s Hollywood

### Sales points

- In production with Darren Star (*Sex and the City*; *Emily in Paris*) as his next series (in the announcement he describes it as 'the ballsy and bawdy love child of *Mad Men* and *Sex and the City*')
- *The Rivals* revival has revealed our ongoing appetite for 80s-style bonkbusters
- Will appeal to young women who will relate to the ambitious protagonists who start at the very bottom and hope to get to the very top; and women 50+ who cut their teeth on 80s novels like *Lace*, *Ambition* and *Rivals*
- Author has an interesting backstory in her own right (it seems highly autobiographical; she ended up representing people like Madonna and Julia Roberts) thus of interest to media

### Description

**Lace. Rivals. Lucky. Valley of the Dolls. And now Climbing in Heels...**

Beanie, Mercedes and Ella - a Valley Girl from LA, an English rose-with-thorns and a Kentucky blueblood, each denying their past while creating a future - together storm the boys' club that is the hottest talent agency in 1980s Hollywood. A riveting story of friendship, betrayal and survival, Elaine Goldsmith-Thomas's debut novel is a rollicking tale of sex, drugs and power.

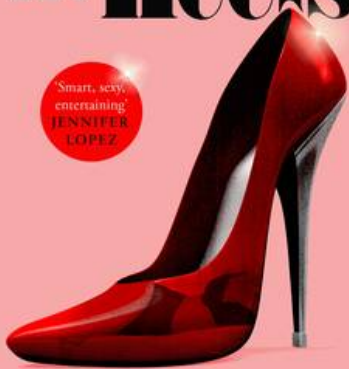
How did they get to the top? They climbed. In heels.

### About the Author

Elaine Goldsmith-Thomas began her career at the William Morris Agency and rose by the late 1980s to become its Senior Vice President, and later the Senior Vice President of ICM, guiding the careers of, among others, Julia Roberts, Jennifer Lopez, Nicolas Cage and Madonna. More recently, she has produced a broad, successful slate of films and television series including *Maid in Manhattan*, *Mona Lisa Smile*, *Hustlers*, *Marry Me*, *Emily in Paris*, *The Fosters* and many others.

# Climbing in Heels

'Smart, sexy,  
entertaining'  
JENNIFER  
LOPEZ



Elaine Goldsmith-Thomas

Pub Date: 01 Jul 2025  
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Package Type: PAPERBACK  
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Extent: 384 pages  
Imprint: Corvus  
BIC1: Popular Fiction

NEW ZEALAND JULY 2025  
MURDOCH

# I Cheerfully Refuse

## Leif Enger

### Sales points

- Lex recommends!
- Comparisons to Cormac McCarthy's *The Road* with an Orphean twist

### Description

#### Barnes & Noble's April Book Club Pick

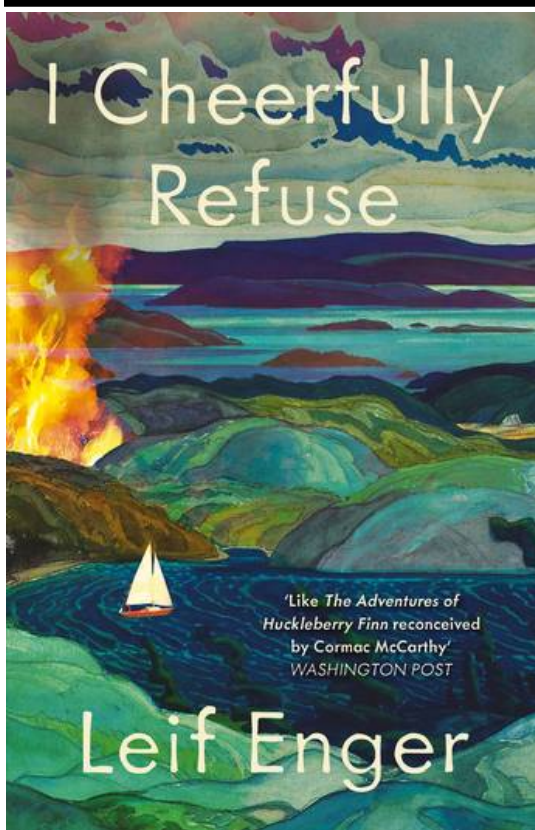
An Amazon Top 10 Editors' Pick

A Most Anticipated Book of 2024 from Literary Hub

Set in a not-too-distant America, *I Cheerfully Refuse* is the tale of a bereaved musician taking to Lake Superior in search of his departed, deeply beloved bookselling wife. Encountering lunatic storms and rising corpses from the warming depths, Rainy finds on land an increasingly desperate and illiterate people, a malignant billionaire ruling class, crumbled infrastructure and a lawless society. Amid the Gulliver-like challenges of life at sea, Rainy is lifted by physical beauty, surprising humour, generous strangers and an unexpected companion in a young girl who comes aboard. As his essentially guileless nature begins to make an inadvertent rebel of him, Rainy's private quest for the love of his life grows into something wider and wilder, sweeping up friends and foes alike in his strengthening wake. A rollicking narrative in the most evocative of settings, *I Cheerfully Refuse* is a symphony against despair and a rallying cry for the future.

### About the Author

Leif Enger grew up in Osakis, Minnesota, and worked as a reporter for Minnesota Public Radio before writing his bestselling debut novel *Peace Like a River*. His subsequent novels *So Brave*, *Young and Handsome* and *Virgil Wander* attracted numerous accolades. He lives with his wife in Duluth, Minnesota.



Pub Date:	<b>08 Jul 2025</b>	
Price:	<b>AU \$24.99</b>	<b>NZ \$27.99</b>
ISBN:	<b>9781804710821</b>	
Format:	<b>B</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>198h x 130w mm</b>	
Extent:	<b>336 pages</b>	
Imprint:	<b>Grove Press</b>	
BIC1:	<b>Popular Fiction</b>	

NEW ZEALAND JULY 2025  
MURDOCH

## On the Run Kerry J Donovan

Framed for mass murder. Hunted by every agency on the planet. Ryan Kaine is on the run ...

### Sales points

- The Ryan Kaine series (13 books) 59k Reader Reviews
- 'Always On' year round Facebook digital marketing campaign
- Over 250k ebooks of Ryan Kaine series sold
- 'On The Run' reached number 2 in Amazon US all-books rankings
- For fans of Lee Child, Greg Hurwitz and Terry Hayes
- Reader Reviews:
  - □□□□□ "Fast paced, action packed and hard to put down"
  - □□□□□ "How has this not been made into a film?"
  - □□□□□ "Another gripping story I tore through in one sitting"

### Description

A seemingly routine operation ends in tragedy when eighty-three civilians are killed in an aircraft explosion. Kaine, a highly decorated former Royal Marine, becomes the target of a nationwide manhunt; the police want him on terrorism charges, and a sinister organisation wants him dead.

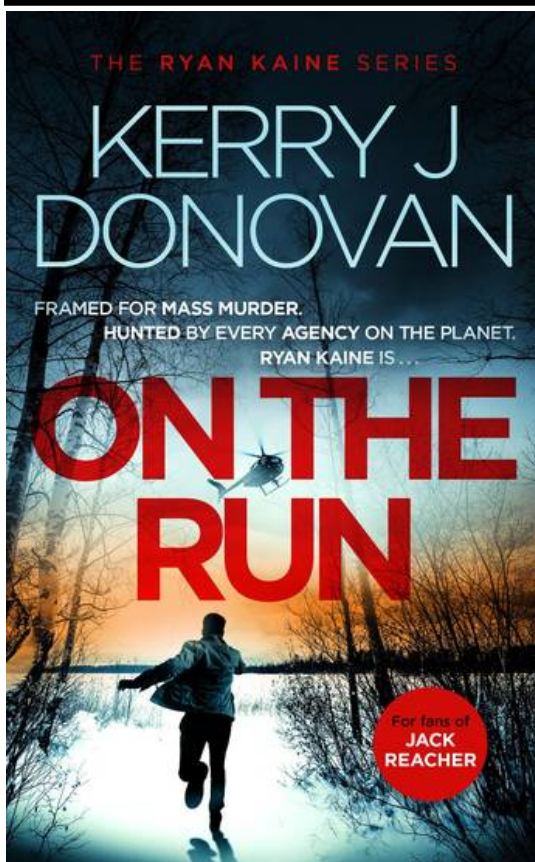
In a desperate attempt to prove his innocence, Kaine is forced to rely on two women he barely knows — a country veterinarian who treats his wounds and an IT expert with a dark secret of her own. Kaine must battle his overwhelming guilt, life-threatening injuries and strong moral code as he hunts for the people who turned him into a mass-murderer.

Using his skill in combat, gut instincts, and new-found allies, can Kaine uncover the truth and find redemption before the net finally closes?

**If you like Lee Child, Jack Lively and Robert Ludlum, you're going to find the Ryan Kaine series compulsively addictive.**

### About the Author

Kerry J Donovan was born in Dublin. A citizen of the world, he now lives with his partner, Margaret, in Newark on Trent, Nottinghamshire. He has three children and four grandchildren. When he's not creating more mayhem for Ryan Kaine and DCI David Jones to clean up, he's riding the countryside on his motorbike, keeping fit by running and swimming, and doing little bits of DIY.



Pub Date:	08 Jul 2025	
Price:	AU \$34.99	NZ \$37.99
ISBN:	9781036709266	
Format:	C-Format PB	
Package Type:	PAPERBACK	
Dimensions:	234h x 153w mm	
Extent:	400 pages	
Imprint:	Vinci	
BIC1:	Thriller / suspense	

**NEW ZEALAND JULY 2025  
MURDOCH**

# **A.L.I.V.E. R.D. Brady**

The proof that we're not alone in the universe is about to escape

For fans of  
**MICHAEL  
CRICHTON**

**A.L.I.V.E.**  
R.D. BRADY

The alien experiment is alive... and it wants out.

### **Sales points**

- The A.L.I.V.E series (6 books)
- 'Always On' year round Facebook digital marketing campaign
- For fans of Michael Crichton
- R.D Brady has sold over 600,000 ebooks worldwide

### **About the Author**

Author, Criminologist, Terrorism Expert, Jeet Kune Do Black Sash, Runner, Dog Lover. Amazon best-selling author R.D. Brady writes supernatural and science fiction thrillers. Her thrillers include ancient mysteries, unusual facts, non-stop action, and fierce women with heart. Prior to beginning her writing career, RD Brady was a criminologist who specialized in life-course criminology and international terrorism. She's lectured and written numerous academic articles on the genetic influence on criminal behavior, factors that influence terrorist ideology, and delinquent behavior formation. After visiting counter-terrorism units in Israel, RD returned home with a sabbatical in front of her and decided to write that book she'd been thinking about. Four years later she left academia with the publication of her first book, The Belial Stone, and hasn't looked back since. If you'd like to hear first about upcoming publications sign up for her mailing list on her website ([rdbradybooks.com](http://rdbradybooks.com)).

Pub Date:	<b>01 Jul 2025</b>	
Price:	<b>AU \$24.99</b>	<b>NZ \$27.99</b>
ISBN:	<b>9781036700287</b>	
Format:	<b>B</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>198h x 129w mm</b>	
Extent:	<b>480 pages</b>	
Imprint:	<b>Vinci</b>	
BIC1:	<b>Science fiction</b>	

# Final Kill

## Matthew Hattersley

Betrayed by her agency. Hunted by her past. A lethal assassin on the run.

### Sales points

- The Acid Vanilla series (9 books)
- 'Always On' year round Facebook digital marketing campaign
- Over 80k ebooks of Acid Vanilla series sold
- Perfect for fans of Daniel Silva and James Patterson
- Praise for the Acid Vanilla series:
  - □□□□□ Bold, Bolshy and Brilliant!
  - □□□□□ Plots and inner plots kept me glued to my Kindle.
  - □□□□□ Grabs you in the first chapter and doesn't let go until the last page.
  - □□□□□ Superb characters and a great plot cleverly written.
  - □□□□□ ...fast paced ... keeps you rushing to turn pages.
  - □□□□□ ...a non-stop rolling plot that defies rational thinking.
  - □□□□□ Great thriller with a fantastic action heroine.
  - □□□□□ Acid Vanilla is a serial adrenalin rush. Kept me turning the pages.

### Description

Her code name is Acid Vanilla, and her trade is death. She's one of the best, but her greatest challenge comes when a routine hit exposes a sinister conspiracy.

Marked for assassination by her own agency, she forms an unlikely alliance with her eccentric hacker target.

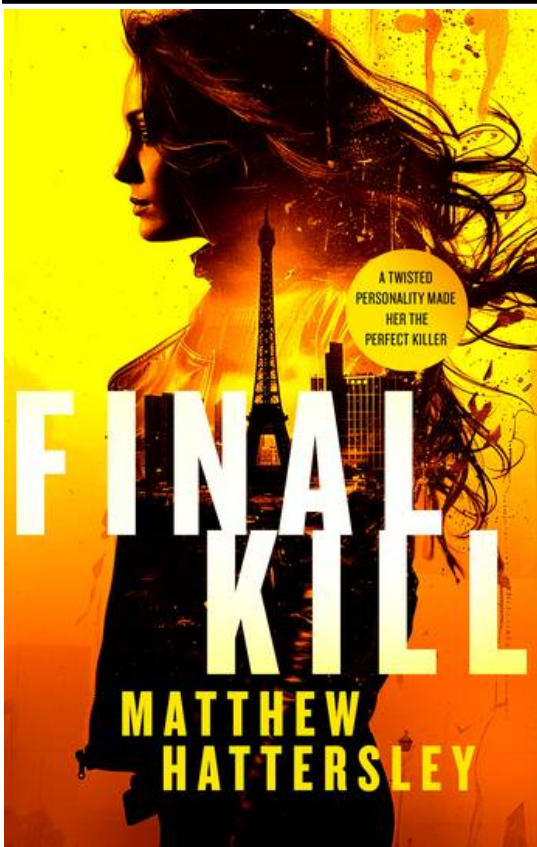
As her past unravels, Acid Vanilla must confront her demons while navigating a web of deceit.

Can she dismantle the conspiracy without losing herself in the process?

**Dark, witty, and action-packed, FINAL KILL is the first book in Matthew Hattersley's electrifying Acid Vanilla series,** perfect for fans of Lee Child, David Baldacci, Mark Dawson, and Daniel Silva.

### About the Author

Matthew Hattersley was born in Yorkshire, in the UK. Over the last twenty years he has toured Europe in a rock n roll band, trained as a professional actor and founded a theatre and media company. Now we writes fast-paced thrillers and crime fiction. His bestselling Acid Vanilla Series follows a wily but flawed ex-assassin who, whilst on a bloody mission of vengeance, realises helping people might provide the salvation she seeks. He lives with his wife and daughter in Derbyshire, UK.



Pub Date:	01 Jul 2025	
Price:	AU \$22.99	NZ \$24.99
ISBN:	9781036700614	
Format:	B	
Package Type:	PAPERBACK	
Dimensions:	198h x 129w mm	
Extent:	336 pages	
Imprint:	Vinci	
BIC1:	Espionage & spy thriller	

NEW ZEALAND JULY 2025  
MURDOCH

## In Your Dreams Robert Sanborn

Nightmares bleed into reality,  
past lives twist the present

# IN YOUR DREAMS

The League of the Moon Series

ROBERT SANBORN

Nightmares bleed into reality as a nurse's world is shattered by visions of his own brutal death in a past life.

### Sales points

- The League of Moon series (4 books)
- 'Always On' year round Facebook digital marketing campaign
- An Urban Fantasy Supernatural Suspense
- For fans of Cassandra Clare
- Praise for The League of the Moon series
- I couldn't put this book down, reading it within 2 days of its arrival..... excellent book
- A great read. Love the characters and the book just flows beautifully. Well done Robert Sanborn keep up the great work.
- Suspenseful, witty, well written!!
- WOW!!! Tighten up your grip on your chair arm and get ready for a jaw dropping dive down the ole rabbit hole of brain bending reality !!! And ... you're gonna love every minute.
- It grabs you from the very start and gives you an amazing ride all the way throughout!

### Description

Henry Trank, a dedicated nurse in Salem, Massachusetts, finds his grounded world upended when he wakes from a terrifying dream with pine needles in his hair. Recording his sleep, he's shocked to witness the final moments of a murdered woman through his own eyes.

Desperate for answers, Henry turns to the charming witch he's been longing to date. But as a web of deadly magic and immortal menace unravels, he's thrust into a world where skepticism is a luxury he can no longer afford.

In this suspenseful first book of the League of the Moon urban fantasy series, author Robert Sanborn weaves a tale of big-hearted heroes, insidious villains, and twists that will keep you guessing until the very end.

**Dive into In Your Dreams and embark on a fast-paced adventure where the lines between reality and nightmares blur.**

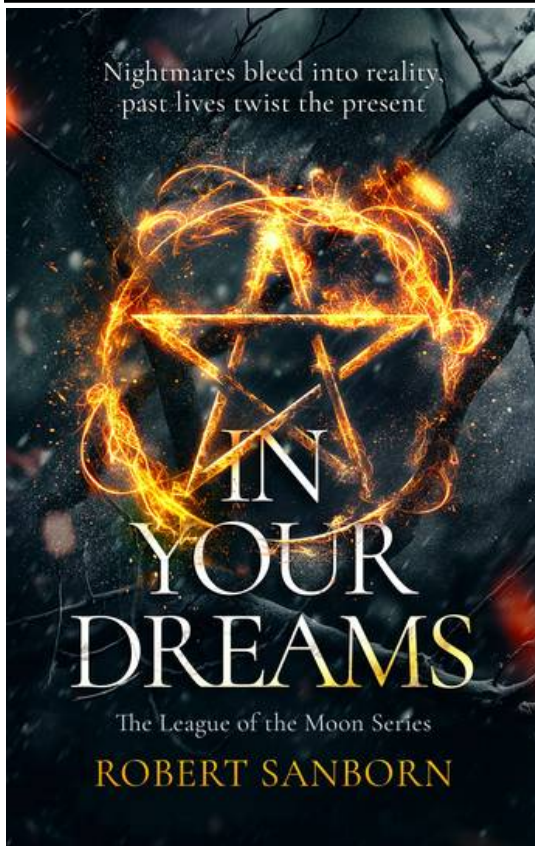
### About the Author

Can I be frank here? I don't like boring books. I want to read something that drops me into the action and takes me on a wild ride. So, if I'm going to read something like that, I think it only stands to reason I should write something like that. If that makes sense to you, I think you'll like my books. The supernatural and the paranormal are the things that fascinate me most. But I didn't come by that fascination easily. I got clean and sober in September of 1991. In 1993, I

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Extent:	304 pages	
Imprint:	Vinci	
BIC1:	Fantasy	

**NEW ZEALAND JULY 2025  
MURDOCH**

## **In Your Dreams Robert Sanborn**



### *Continued...*

was diagnosed with, treated, and survived Hodgkins Lymphoma. These two events in my life pushed me in directions I could never have foreseen - or, not to put too fine a point on it, shaped me for the years that would follow. Though I wouldn't wish those three years of my life on my worst enemy, I look back on that time as a gift. It opened up my heart and mind to the spiritual and supernatural in a way I might never have discovered otherwise. Things happened in those years. Some were discoveries of faith. Some were indeed supernatural and unexplainable. I don't know why things happened the way they did, but man do they make for some cool stuff to write about. I use real events from my own life in much of my fiction. I once heard a famous writer from Maine (you might have heard of him) say two things that always stuck with me. "Write what you know" and "Fiction is the truth inside the lie." Words to write by. I hope you agree and come along for the ride. I live in north central Massachusetts with my wife, Diana (who, along with my sister Susan, gave me the kick in the butt I needed to finally start my first book) and several cute furry and feathered critters. We spend a lot on pet food. Email me at [rob@robertsanbornbooks.com](mailto:rob@robertsanbornbooks.com).

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Dimensions: **198h x 129w mm**  
Extent: **304 pages**  
Imprint: **Vinci**  
BIC1: **Fantasy**

## Death on Dartmoor Edge Stephanie Austin

The page-turning cosy crime series for fans of M. C. Beaton.

### Sales points

- The eighth book in the very successful Devon Mysteries series by Stephanie Austin.
- This compelling crime series follows an amateur sleuth and antique dealer, Juno Browne, as she stumbles upon mysterious murders in the idyllic Devon countryside.
- Rural cosy crime perfect for fans of Kate Ellis and our own Rebecca Tope.
- 'Absolutely perfect for fans of M. C. Beaton.' - Kate Rhodes

### Description

Juno Browne, self-proclaimed Domestic Goddess who can turn her hand to cleaning, dog walking or home help jobs, is feeling overworked and underpaid. Her elderly client, Maisie, is demanding more of her time and staff absences at the Ashburton antiques shop Juno owns are making business difficult. She is not the only one with problems, very serious problems. Among her friends, Elizabeth is being blackmailed, and Ricky's errant nephew is on the run from criminals in London.

In an attempt to get to the bottom of these disturbing developments, Juno finds herself drawn from an isolated manor house on Dartmoor to London's glamorous but shady theatreland. Can she avoid being fatally entangled in threads of deception and murder?

### About the Author

Stephanie Austin has enjoyed a varied career, working as an artist and an antiques trader, but also for the Devon Schools Library Service. When not writing she is actively involved in amateur theatre as a director and actor, and attempts to be a competent gardener and cook. She lives in Devon.

DECEIT MAKES THE BEAUTIFUL DEVON  
LANDSCAPE TREACHEROUS

# DEATH ON DARTMOOR EDGE

STEPHANIE AUSTIN

'A sparkling mystery with compelling characters  
and an intriguing plot. Hugely enjoyable'  
Marion Todd, author of *Bridges to Burn*

Pub Date: **15 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780749031282**  
Format: **B**  
Package Type: **PAPERBACK**  
Dimensions: **198h x 129w mm**  
Extent: **352 pages**  
Imprint: **Allison & Busby**  
BIC1: **Fiction**

NEW ZEALAND JULY 2025  
MURDOCH

## Handfuls of Sunshine Tilly Pamment

Dreamy recipes for baby cakes, slices, tarts and other small, sweet morsels from the creator of the international bestselling *Plain Cake Appreciation Society*.

### Sales points

- Unique package - irresistibly romantic photography and styling makes this the ideal gift
- Bestselling author - over 25k copies sold internationally of *The Plain Cake Appreciation Society* (pub: July 2023)
- Ideal beginner baking book with simple recipes and know-how
- Author is a columnist for *Country Style* magazine and blogger at @tillys\_table

### Description

Here's to the little luxuries that make life all the sweeter ...

Tilly Pamment, author of *The Plain Cake Appreciation Society*, returns with this collection of more than 70 irresistible recipes for bite-sized bakes. Whether eaten gleefully, warm from the oven (no plate needed!), passed around to share, or batched and squirrelled away for a rainy day, these recipes are all designed to bring a handful of sweet joy to any moment, and don't we all need a little more of that?

Chapters include:

Homemade Sunbeams & Slices of Joy – bars of sunny lemon and passionfruit, squares of rich chocolate and marmalade, crackly sour-cream brownies

Baby Cakes & Buttery Bliss – buttery, fruit-studded, sticky and chocolatey ... who could possibly feel guilty about such a teeny-tiny treat?

Pantry Keepers & Postable Love – bakes with longevity, just begging to be packed up and shared with care; think cinnamon stars, gingerbread and a heavenly rocky road.

Spread a little sunshine by whipping up a batch of homemade, shareable love.

### About the Author

Tilly Pamment is an Australian recipe writer, photographer and stylist. She lives in the Blue Mountains with her husband and two children, and is the creative brain behind @tillys\_table, where she shares her seasonal baking recipes and inspiration with a community of like-minded pleasure seekers. She is the author of international bestseller *The Plain Cake Appreciation Society*.



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ISBN: **9781761500312**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **240h x 180w mm**  
Extent: **224 pages**  
Imprint: **Murdoch Books**  
BIC1: **Food and Drink**  
Author now living: **Wentworth Falls**

Murdoch Books

NEW ZEALAND JULY 2025  
MURDOCH

## Plain Cake Appreciation Society Tilly Pamment

A recipe a week for a year of delicious, uncomplicated cakes - the perfect reason to sit down and connect with your community.

### Sales points

- The complete stunning package, published as a 'didn't know I needed it till I saw it' the way we did with *Chinese-ish* and Tessa Kiros
- Author is ambitious with an engaged following @tillys\_table of 12.6k on Instagram
- Cake is good every week of the year, you don't need to wait for a birthday party
- Comparison titles: *First, Cream the Butter and Sugar, Every Night of the Week*

### Description

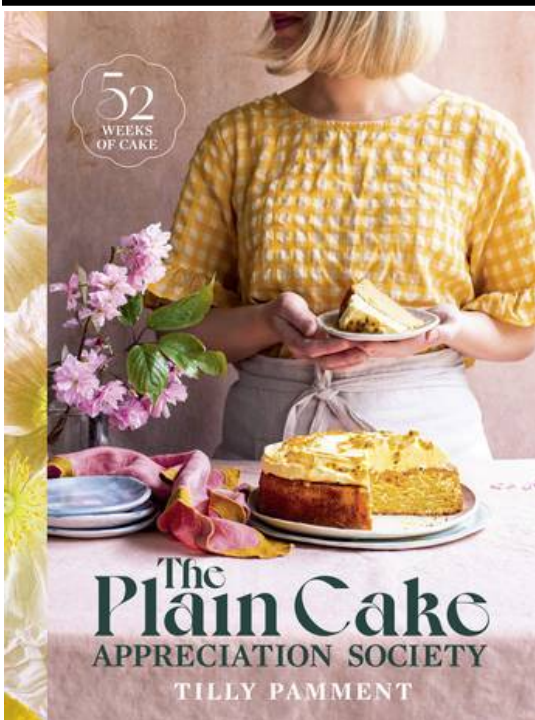
'The cornerstone of contentment lies in a slice of cake, a cup of tea and company to share it.'

Welcome to *The Plain Cake Appreciation Society*. Where 52 simple, seasonal cake recipes inspire you to pause throughout the year, bake something delicious, and reflect on all that's good in your world. The conversations and comfort that come from what home baker and photographer Tilly Pamment calls 'little pockets of cake calm' become nourishment for your soul to carry you through into the next week.

Find your own slice of joy in the Weekday Lemon Cake or Raspberry-studded Tea Bars at the height of a breezy summer, or the Rainy Day Chocolate Loaf and Ginger and Rose Madeleines for when the weather sets in. Uncomplicated and easy to make, these recipes will provide delicious inspiration all year round.

### About the Author

Tilly Pamment is a recipe developer, photographer, stylist, part-time florist, and full-time wrangler of young children. She is the creative brain behind @tillys\_table, where she shares her seasonal baking recipes and inspiration with a community of like-minded pleasure seekers.



Pub Date:	<b>04 Jul 2023</b>	
Price:	<b>AU \$42.99</b>	<b>NZ \$45.00</b>
ISBN:	<b>9781922616685</b>	
Format:	<b>Misc HB</b>	
Package Type:	<b>HARD BACK</b>	
Dimensions:	<b>240h x 180w mm</b>	
Extent:	<b>200 pages</b>	
Imprint:	<b>Murdoch Books</b>	
BIC1:	<b>Food and Drink</b>	
Author now living:	<b>Wentworth Falls</b>	

Murdoch Books

NEW ZEALAND JULY 2025  
MURDOCH

# Complete Guide to Postpartum

Sophie Walker and Jodi Wilson

The book every new mother or pregnant woman needs – the ultimate expert-endorsed companion to life post-birth.

## Sales points

- Companion volume to no. 1 bestselling pregnancy guide (over 38k+ copies sold)
- Must-have gift or self-purchase for any new mother
- No other book on the market is as ambitious in its scope or rigorous in its research
- Endorsed by leading doctors, midwives, physiotherapists, psychiatrists and neuroscientists in Australia, the UK and US – a trusted hub of education and information for pregnancy, birth and postpartum
- Includes local resources lists, practical checklists and advice for the reader to come back to when they need
- Comparison titles: *The First Six Weeks* (BM: 46,000), *Up the Duff* (BS: 314,821)

## Description

Is it supposed to be this hard? It's a question all new mothers ask.

The moment you birth your baby, you enter postpartum. It's the blurriest of transitions – there's joy and awe but also intense physical recovery, fluctuating hormones and a brain that can't find the right words. It's a season of profound learning that's both beautiful and hard.

*The Complete Guide to Postpartum* is your comforting and enlightening companion as you navigate this new life, from the earliest moments post-birth to many years later. Birth is just the beginning; postpartum is forever. Full of expert advice, trusted resources, mothers' stories and evidence-based information, this invaluable guide will help you prepare, establish realistic expectations and find answers as you navigate birth recovery, the fourth trimester, mental health, and infant feeding and sleep. At a time when you may feel as vulnerable as your newborn, this book will support you into motherhood with confidence and reassurance.

## About the Author

Sophie Walker is the founder of Australian Birth Stories, the number-one podcast for birth and postpartum advice and an online education hub offering support and guidance from pre-conception through to the first 12 months. She has a master's degree in public health, is a mum of three and is passionate about empowering women on their journey into motherhood.

Jodi Wilson is a writer, postpartum doula, prenatal yoga teacher and mother of four. She is the author of *Practising Simplicity* as well as co-author, with Sophie, of the number-one-selling Australian pregnancy and birth guide, *The Complete Australian Guide to Pregnancy & Birth*.

# The Complete Guide to Postpartum

"The perfect balance of practical advice and the sharing of wisdom."  
DR ELIZA HANNAM  
GP, Lactation  
and Sleep Consultant

"If you are having a baby, you must read this book."

PROF. HELEN BALL  
Director of Durham Infancy  
& Sleep Centre

INCLUDES  
EXPERT ADVICE ON:  
• birth recovery  
• infant feeding  
• sleep

A mother-focused companion  
for life after birth

Sophie Walker and Jodi Wilson

Authors of no. 1 bestselling pregnancy guide

Australian Birth Stories Podcast

Pub Date:	<b>01 Jul 2025</b>	
Price:	<b>AU \$39.99</b>	<b>NZ \$45.00</b>
ISBN:	<b>9781761500060</b>	
Format:	<b>Flexibound</b>	
Package Type:	<b>FLEXIBACK</b>	
Dimensions:	<b>230h x 170w mm</b>	
Extent:	<b>512 pages</b>	
Imprint:	<b>Murdoch Books</b>	
BIC1:	<b>Pregnancy, birth &amp; baby care</b>	
Author now living:	<b>Melbourne, None</b>	

Murdoch Books

# Always Delicious Low-FODMAP Kitchen

## Chrissy Glentis

Bring back the joy of eating with these flavour-packed recipes for those who suffer from food allergies or intolerances – and even those who don't!

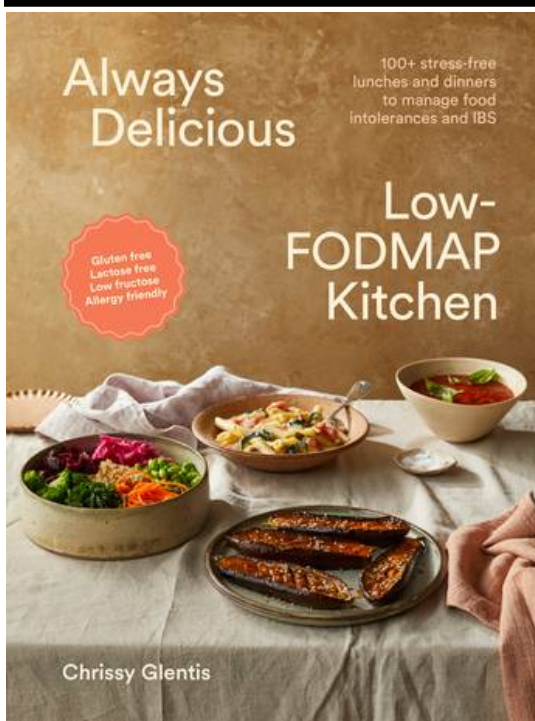
### Sales points

- It's estimated that IBS affects one in seven people worldwide, with studies showing that IBS affects 30% of Australians, 10–15% of people in the USA, and one in five adults in the UK
- The low-FODMAP diet can be quite restrictive, but these recipes are exciting, accessible and absolutely delicious!
- Perfect for time-poor people, as all recipes are easy to make (unlike some gluten-free cookbooks that require everything to be made from scratch)
- Most low-FODMAP cookbooks are either science-style books or have a focus on gluten-free recipes. This book offers a fresh and inviting design with a focus on recipes that are free from onion and garlic, while still being suitable for coeliacs
- Handy icons indicate which recipes are dairy free, gluten free, egg free, nut free or soy free. There's also a batch cooking icon to indicate which recipes are ideal to freeze
- Ingredients lists and methods account for gluten and lactose replacements
- External comp titles: *FODMAP Friendly* by Georgia McDermott, *Low FODMAP Recipes* by Dr Sue Shepherd, *The Very Hungry Coeliac* by Melanie Persson, *Monash University Low FODMAP: The Cookbook*
- Internal comp titles: *Friendly Food* by The Royal Prince Alfred Hospital Allergy Unit, *The Anti-Inflammatory Cookbook* by Chrissy Freer

### Description

Bring back the joy of eating with these flavour-packed recipes for those who suffer from food allergies or intolerances – and even those who don't!

In *Always Delicious Low-FODMAP Kitchen*, Foddies food brand co-founder Chrissy Glentis offers up more than 100 recipes so tasty that no one will know they are allergy friendly – proving that eating for digestive health doesn't mean boring, bland meals. With a focus on simplicity, this book features straightforward ingredient guidelines and steps, as well as batch-cooking ideas. All recipes are free from onion, garlic, gluten and dairy, or can be easily adapted, and there are handy icons for recipes that are also egg free, soy free or nut free. Featuring lunches, dinners, sweet treats and pantry items to up your flavour game, this cookbook brings back dishes you never thought you'd eat again.



Pub Date:	01 Jul 2025	
Price:	AU \$39.99	NZ \$45.00
ISBN:	9781761500534	
Format:	Misc PB	
Package Type:	PAPERBACK	
Dimensions:	240h x 180w mm	
Extent:	232 pages	
Imprint:	Murdoch Books	
BIC1:	Food and Drink	
Author now living:	New Jersey	

**NEW ZEALAND JULY 2025  
MURDOCH**

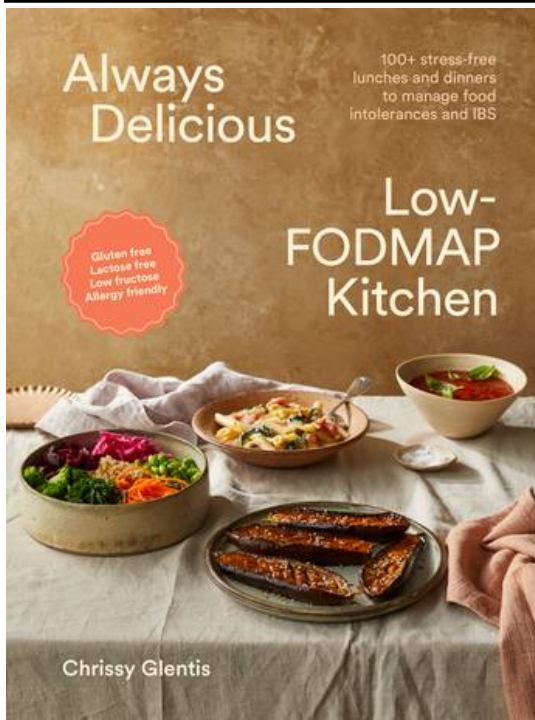
# Always Delicious Low-FODMAP Kitchen

## Chrissy Glentis

*Continued...*

### About the Author

Australian **Chrissy Glentis** is the co-founder and creative mind behind the low-FODMAP food brand Foddies. She has lived with fructose malabsorption and lactose intolerance since the age of 19, and was sick of eggs on toast being the only option when she ate out (particularly frustrating in a foodie capital like Melbourne). Chrissy started Foddies with her husband Luke in 2014, and they ran cafes offering low-FODMAP dishes, which led to a range of packaged products that are available in Australia and the US. Chrissy has been a pioneer in the specialty food space, and she has been featured in newspapers and TV cooking shows for her simple yet flavorsome allergy-friendly dishes. She is currently based in NYC.



Pub Date: **01 Jul 2025**  
Price: **AU \$39.99**      **NZ \$45.00**  
ISBN: **9781761500534**  
Format: **Misc PB**  
Package Type: **PAPERBACK**  
Dimensions: **240h x 180w mm**  
Extent: **232 pages**  
Imprint: **Murdoch Books**  
BIC1: **Food and Drink**  
Author now living: **New Jersey**

# My Efficient Electric Home Handbook

## Tim Forcey

Everything you need to know to transform your home – old, new or rented – for an efficient, comfortable, cheaper electric future.

### Sales points

- Energy prices are going through the roof – gas prices are increasing by up to 25 per cent a year
- Residential buildings are responsible for around 24 per cent of overall electricity use and more than 10% of total carbon emissions in Australia; people want advice on what actions they can take to make a difference
- Tim Forcey is the founder of the My Efficient Electric Home group on Facebook. It started in 2017 with 50 members, now has more than 100,000, and a new member rate of more than 200 a week
- Includes a foreword from independent MP and fellow Goldstein resident Zoe Daniel (Tim was a part of the original Bayside environmental action group, which morphed into Voices of Goldstein and paved the way for Zoe's election to federal parliament in 2022) and an afterword by Dr Saul Griffith, author of the *Big Switch*
- Features cartoons by renowned Australian cartoonist Matt Golding
- Tim is a compelling communicator and also draws on the personal experience of transforming his own 100-year-old Bayside Melbourne weatherboard home

### Description

**'This great little book will be a very practical guide for so many of us.'**

**Dr Saul Griffith, Co-founder Rewiring Australia**

**'At the national level there may have been the wasted years of the climate wars; at the household level it's a different story, and Tim Forcey is shining a (clean, green) light on how we can all act local and think global.'**

**Zoe Daniel, Independent Member for Goldstein**

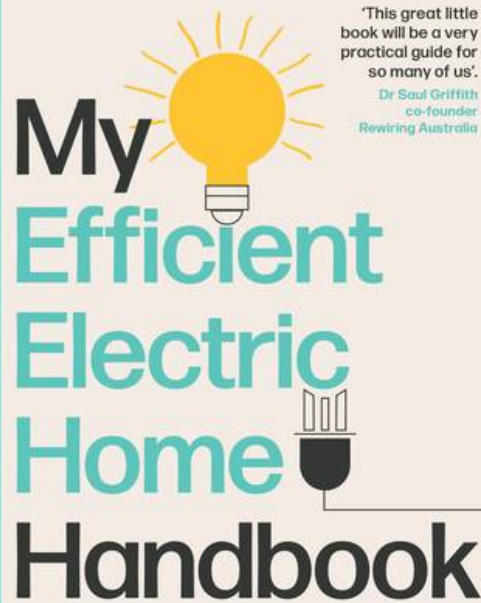
**'I'm convinced that *power to the people* was a phrase devised specifically for this book.'**

**Damon Gameau, diirector and producer**

Do you want to ...

- Make your home healthier and more comfortable in all seasons?
- Shrink your home's total energy costs?
- Make your gas bill disappear *completely*?
- Reduce your climate and environmental impacts?
- Make the change to renewable energy by going 'all electric'?

*My Efficient Electric Home Handbook* is an essential first-of-its kind resource for homeowners and renters. It



How to slash your energy bills,  
protect your health & save the planet

TIM FORCEY

Pub Date:	18 Jun 2024	
Price:	AU \$29.99	NZ \$32.99
ISBN:	9781761500336	
Format:	B+ format	
Package Type:	PAPERBACK	
Dimensions:	208h x 138w mm	
Extent:	240 pages	
Imprint:	Murdoch Books	
BIC1:	Popular science	
Author now living:	Sandringham, VIC	

# My Efficient Electric Home Handbook

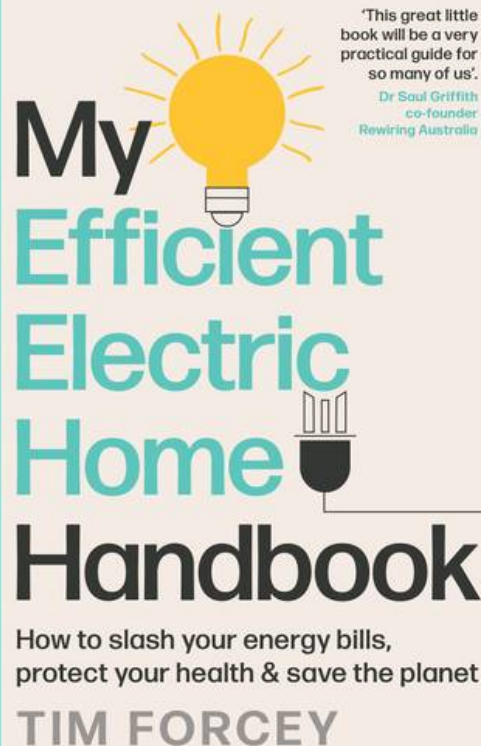
## Tim Forcey

### *Continued...*

provides tips and strategies on how to convert your home into an efficient, healthy and comfortable space suitable for our all-electric future. Sharing insights from working with thousands of Australians in their homes, as well as from hands-on experience modifying his own home, Tim Forcey explains best-practice heating and cooling, hot water heat pumps, induction cooktops, draught-proofing, insulation, solar energy and much more.

### **About the Author**

Tim Forcey is a home comfort and energy adviser, researcher and author. His expertise is widely sought and accessed by individuals, community groups, businesses, government bodies, members of Parliament and media. Tim founded and contributes to the thriving My Efficient Electric Home online community. He grew up on a dairy farm before pursuing a career as a chemical engineer working around the globe in fossil fuels, but left that industry after realising the climate crisis couldn't wait for him to effect change from within. Following roles with government, the University of Melbourne, and not-for-profit organisations, Tim now thoroughly enjoys helping people make important changes in their own homes.



Pub Date: **18 Jun 2024**  
Price: **AU \$29.99**      **NZ \$32.99**  
ISBN: **9781761500336**  
Format: **B+ format**  
Package Type: **PAPERBACK**  
Dimensions: **208h x 138w mm**  
Extent: **240 pages**  
Imprint: **Murdoch Books**  
BIC1: **Popular science**  
Author now living: **Sandringham, VIC**

## Tripped Norman Ohler

A brilliant and original investigation into the medical origins of LSD and how the Nazis and the CIA turned it into a weapon, by the author of *Blitzed*.

### Sales points

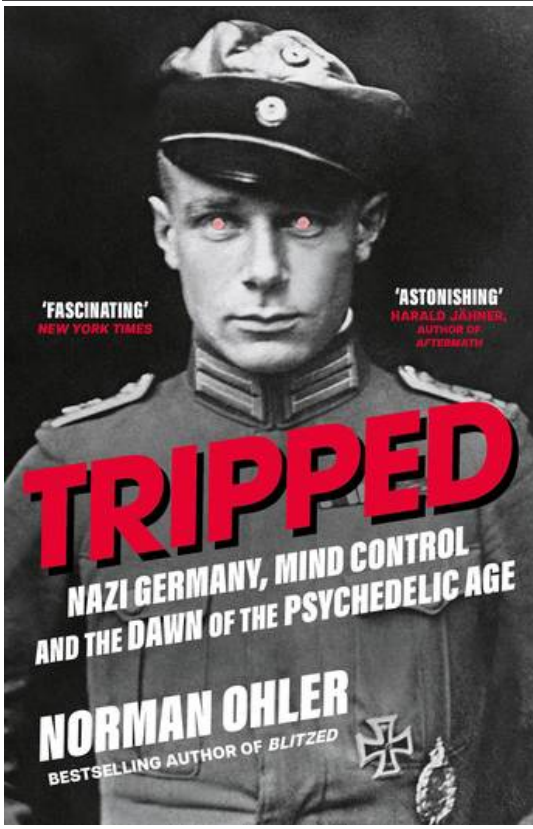
- *Blitzed* was an international bestseller, selling 100,000 copies in the UK and was published in 31 languages.
- Based on original research, this is a revelatory look into how Nazi policies and experiments were taken up by the West after the war.

### Description

First used as a drug capable of treating mental illnesses, then as a 'truth serum' by the CIA, *Tripped* reveals how the fortuitous discovery of LSD in April 1943 led to a mass exploitation of this promising hallucinogen. Using archival material, Norman Ohler brings to light the often misguided interaction between scientific research, state authorities and hedonistic drug culture that shaped drug policy in the twentieth century. With a cast of characters ranging from Albert Hofmann to the Federal Bureau of Narcotics; Richard Nixon and Elvis Presley; and Aldous Huxley and John Lennon, this is Ohler at his thrilling, revelatory best.

### About the Author

Norman Ohler is an award-winning novelist and screenwriter. He is the author of *The Infiltrators* and the New York Times bestseller *Blitzed*, as well as the novels *Die Quotenmaschine* (the world's first hypertext novel), *Mitte and Stadt des Goldes* (translated into English as *Ponte City*) and the historical crime novel *Die Gleichung des Lebens*. He lives in Berlin.



Pub Date:	08 Jul 2025	
Price:	AU \$24.99	NZ \$27.99
ISBN:	9781838953607	
Format:	B	
Package Type:	PAPERBACK	
Dimensions:	198h x 129w mm	
Extent:	240 pages	
Imprint:	Atlantic	
BIC1:	History	

# Much Ado About Numbers

## Rob Eastaway

Benjamin Franklin once declared there are only two certainties in life - 'death and taxes'. For most people in the UK and many other countries, there are similarly two unavoidable topics at school: Shakespeare and maths. But in what ways do the two overlap? What was the maths in and around Shakespeare's life and work?

### Sales points

- Books on Shakespeare are plentiful, but there has never been a book written for a general audience about maths and science in Shakespeare's time and how they influenced his works
- Illustrated throughout with charming black and white line illustrations
- Several of Rob's books have been translated, including editions in French, Italian, Japanese and Chinese. Two of his books have been published in the USA.

### Description

In this fascinating new take on the world of Shakespeare, find out how Tudors multiplied, why Shakespeare never ended a line with the word Orange, why King Lear was every inch a king, and why early drafts of the plays could possibly have been written with a pencil.

Shakespeare's world was one in which one might expect to travel no more than a league in an hour, and fathoms and furlongs were as much a part of the language as feet and yards. It was hard to conceive of anything shorter than a minute and the rainbow probably had just five colours.

With historical asides about games, optics, astronomy and music thrown in, you might never think about maths or Shakespeare the same way again.

### About the Author

Rob Eastaway is an author, speaker and mathematician whose books include the bestselling *Maths on The Back of An Envelope* and *Why Do Buses Come In Threes?*. He is regularly to be heard on BBC Radio talking about the maths of everyday life, and has appeared numerous times on the popular programme *More Or Less*. He has given talks across the world for almost every age group, at venues ranging from The Royal Institution in London to the Mercantile Bar in Dublin. Like everyone else, he had to study Shakespeare at school, but it took a visit to Stratford-upon-Avon to revive his interest.

## Much Ado About Numbers

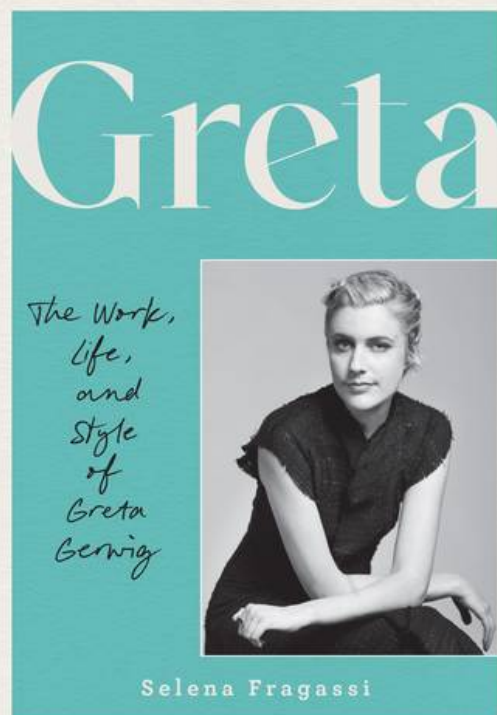


Shakespeare's Mathematical  
Life and Times

**ROB EASTAWAY**

'A fascinating and hugely entertaining guide to  
Shakespearean mathematics'  
Sarah Hart, author of *Once Upon A Prime*

Pub Date:	<b>08 Jul 2025</b>	
Price:	<b>AU \$24.99</b>	<b>NZ \$27.99</b>
ISBN:	<b>9781805460299</b>	
Format:	<b>B</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>198h x 129w mm</b>	
Extent:	<b>224 pages</b>	
Imprint:	<b>A&amp;U UK</b>	
BIC1:	<b>Gift books</b>	



## Greta Selena Fragassi

*Greta* reveals the captivating life and career of Greta Gerwig, the acclaimed actor, writer, and director.

### Sales points

- **THE INSPIRATIONS BEHIND YOUR FAVORITE FILMS:** *Greta* digs deep into Greta Gerwig's filmography, revealing the inspirations and meanings behind her directorial efforts, from 2023's blockbuster, *Barbie*, to the beloved 2019 adaptation of *Little Women* to 2017's award-winning *Lady Bird*.
- **THE VOICE OF A GENERATION:** Greta Gerwig's films are intensely timely and adaptive to social climates, exploring everything from coming-of-age stories to feminism in the modern world. Not only will her work be explored here—her own words will also be included, from inspiring quotes meant to empower young female filmmakers to insights into her work and process.
- **AN AUTHOR WITH POP CULTURE SAVVY:** Selena Fragassi is deeply invested in the pop culture and entertainment spaces. She has been a music journalist for 15 years, including her work as a featured contributor for the *Chicago Sun-Times* and *SPIN* and bylines in outlets like *The A.V. Club*, *Paste*, and *Nylon*. She is also the author of Epic Ink's *New Kids On The Block 40th Anniversary Celebration* and *NSYNC 30th Anniversary Celebration*.

### Description

**Find inspiration and empowerment as you explore the life, career, and influences of Greta Gerwig.**

The actor, writer, and director probably best known (at the moment) for the ground-breaking blockbuster film *Barbie*, Greta Gerwig, is an icon to young women who hope to follow in her footsteps and pursue their own creative passions. But what has driven her to create such timely and socially conscious films, and what inspires her artistic vision?

*Greta* explores the filmmaker's life and career, including:

- A deep dive into her filmography, including the four films she's directed, 12 she's written, and 26 she's acted in
- An exploration of what has influenced her career path and the places from which she draws inspiration, from classic literature (as seen in her adaptation of *Little Women*) to her own California girlhood (*Lady Bird*)
- Greta's impact on independent cinema and her work to bring more women into the film industry
- Iconic quotes from Greta and her closest collaborators about her work, her ambitions, and what comes next for the celebrated filmmaker

An intriguing account of where this talented filmmaker has been and where her future might take her, this is a must-have volume for every Greta Gerwig fan.

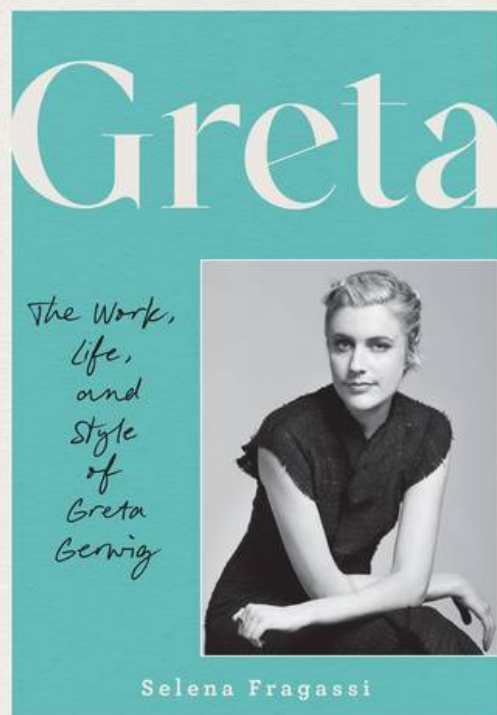
### About the Author

**Selena Fragassi** is a 15-year music journalist who is currently a featured contributor for the *Chicago*

Pub Date:	01 Jul 2025	
Price:	AU \$29.99	NZ \$32.99
ISBN:	9780760395653	
Format:	Misc HB	
Package Type:	HARD BACK	
Dimensions:	197h x 140w mm	
Extent:	208 pages	
Imprint:	Epic Ink	
BIC1:	Individual film directors, film-makers	

NEW ZEALAND JULY 2025  
MURDOCH

## Greta Selena Fragassi



### *Continued...*

Sun-Times as well as *SPIN* and *Loudwire*. Her bylines have also appeared in *The A.V. Club*, *Paste*, *Nylon*, *Popmatters*, *Blurt*, *Under the Radar*, and *Chicago Magazine*, where she was previously on staff as Pop/Rock Critic. Artists she's interviewed include Rise Against, Gene Simmons, Jennifer Hudson, Andra Day, Chrissie Hynde, Demi Lovato, Debbie Harry, Slash, Deftones, Evanescence, Alice Cooper, Jack White, The Black Keys, Charlie Puth, Bon Jovi, and Bonnie Raitt, among many others. Selena's work has been anthologized in *That Devil Music: Best Music Writing* and she has appeared on televised panels regarding music matters for WTTW's *Chicago Tonight* program. She is the author of the books *New Kids on the Block 40th Anniversary Celebration* and *NSYNC 30th Anniversary Celebration*, with more to come. Selena is also a voting member of The Recording Academy.

Pub Date: **01 Jul 2025**  
Price: **AU \$29.99**      **NZ \$32.99**  
ISBN: **9780760395653**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **197h x 140w mm**  
Extent: **208 pages**  
Imprint: **Epic Ink**  
BIC1: **Individual film directors,  
film-makers**

# Timothée Chalamet Is Life Kathleen Perricone

*Timothée Chalamet Is Life* is a beautifully illustrated guide that explores and celebrates the actor and his films.

## Sales points

- **ONE OF THE MOST POPULAR ACTORS OF MODERN CINEMA:** Timothée Chalamet is one of the most successful and influential actors in history. After playing the lead role in *Dune* (2021), it became one of the year's highest-grossing films and proved that Timothée's range as an actor was one to pay attention to. Coming up, Chalamet will star in the Bob Dylan biopic, *A Complete Unknown* on December 25, 2024. This is a much anticipated film with Oscar buzz. *Timothée Chalamet Is Life* includes a bio of Timothée's life, highlighting all his major milestones.
- **WELCOME TO CHALAMANIA:** Along with the values, lifestyle, and aesthetic of Timothée Chalamet's fandom culture, this colorful and exciting guide includes an A to Z of all things Timothée Chalamet, an insight scoop of his famous costar friends, a list and reasonings of his top ten favorite films, and a filmography with behind-the-scenes details of the best and most notable films he's starred in to date.
- **AN EXPERT AUTHOR ON ALL THINGS POP:** Kathleen Perricone has published long-form pieces on Taylor Swift as well as other pop culture icons like Harry Styles. Working as a celebrity news editor and personal assistant to many stars, Kathleen brings the juicy details to this all-encompassing guide.

## Description

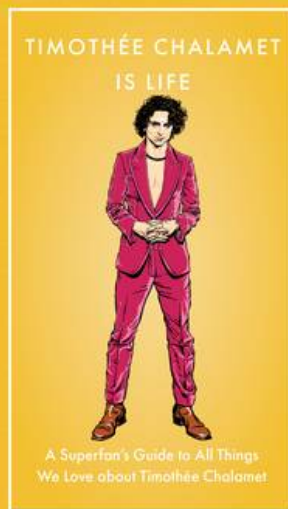
**Indulge your inner Chalamaniac with this gorgeously illustrated, all-encompassing fan book on everything there is to know and love about the modern icon that is Timothée Chalamet.**

From watching *The Dark Knight* for the first time to starring in the critically acclaimed movie *Call Me By Your Name* to playing the leading role in 2021's highest-grossing film, *Dune*, Timothée has rocked the film scene and captured the hearts of fans around the globe. *Timothée Chalamet Is Life* captures his passions for film and fashion, his genuine and endearing personality, and his subsequent rise to fame.

In this treasure trove of essential Timothée knowledge indulge in:

- A full biography capturing his early inspiration and first appearances on television and film screens
- A filmography of Timothée's movies, including his highest-grossing film, *Dune*, and the significance of each role personally and professionally
- Chalamania, or Timothée A to Z, covering guilty pleasures, his hobbies, and his relationships
- Other iconic moments from Timothée, from his androgynous fashion choices to some of his favorite movies of all time

Both a tribute to our beloved Timmy and a chic showpiece for any well-appointed bookshelf, *Timothée Chalamet Is*



Pub Date:	08 Jul 2025	
Price:	AU \$24.99	NZ \$27.99
ISBN:	9780760396902	
Format:	Misc HB	
Package Type:	HARD BACK	
Dimensions:	195h x 145w mm	
Extent:	168 pages	
Imprint:	Epic Ink	
BIC1:	Biography/Autobiography	

# Timothée Chalamet Is Life Kathleen Perricone



## *Continued...*

Life is a must-have for every Chalamaniac.

The **Modern Icons series** takes you on a journey through the lives and legacies of cultural icons who have shaped our world, from fashion to music to media. With original illustrations and meticulously crafted prose, this series captivates and enlightens, offering a glimpse into the personalities whose unparalleled charm and authenticity have left an indelible mark on popular culture.

The series includes: *Taylor Swift Is Life*, *Beyoncé Is Life*, *Harry Styles Is Life*, *Rihanna Is Life*, *Zendaya Is Life*, *Lady Gaga Is Life*, *Adele Is Life*, and *Billie Eilish Is Life*.

## **About the Author**

**Kathleen Perricone** is a freelance writer of long-form magazines (bookazines) with published titles about Marilyn Monroe, John F. Kennedy, Anne Frank, Barack Obama, Taylor Swift, Beyoncé, and dozens more. Over the past two decades, Kathleen has also worked as a celebrity news editor in New York City as well as for Yahoo!, Ryan Seacrest Productions, and a reality TV family who shall remain nameless. She lives in Los Angeles.

Pub Date: **08 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780760396902**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **195h x 145w mm**  
Extent: **168 pages**  
Imprint: **Epic Ink**  
BIC1: **Biography/Autobiography**

# Adele Is Life

## Kathleen Perricone

*Adele Is Life* is a beautifully illustrated guide to the singer's all-encompassing music and incredible life.

### Sales points

- **THE BEST-SELLING ALBUM ARTIST OF MODERN TIMES:** Adele was named the best-selling album artist in the modern decade in the US and worldwide. Her last album, *30*, hit No. 1 on Billboard 200 and lasted five weeks at No. 1 in the UK and six weeks at No.1 in the US. *30* became the best-selling album of 2021 (the year it came out) worldwide, with 5.54 million copies sold. Adele packed the house at the Colosseum at Caesar's Palace during her Las Vegas residency which ran from November 2022 to June 2024. *Adele Is Life* includes a bio of Adele's life highlighting all of her major milestones.
- **THE QUEEN OF HEARTBREAK HITS:** Adele has turned heartbreak into hits, from her first album, *19*, to her most current album, *30*. She is the millennial queen of pop-soul jazz. With albums like *25* breaking musical and streaming records in 2015, and her most recent album, *30*, outselling the top 50 best-selling albums in 2021, even surpassing Taylor Swift's *Evermore*.
- **AN EXPERT AUTHOR ON ALL THINGS POP:** Kathleen Perricone has published long-form pieces on Beyoncé as well as other pop culture icons like Taylor Swift. Working as a celebrity news editor and personal assistant to many stars, Kathleen brings the juicy details to this all-encompassing guide.

### Description

**Welcome Daydreamers to this all-encompassing superfan book on everything there is to know and love about the modern icon that is Adele.**

From being raised by a superwoman single mother in South London who introduced her to music, to when she discovered her favorite blues singer, Etta James, to recording her first album *19*, to becoming the Queen of Heartbreak, Adele is one of the most popular soulful performers of her time. Gathering her incredible life story, music, and fan culture all in one place, *Adele Is Life* details everything you need to know and cherish about her.

This Daydreamer's essential guide includes:

- A full biography, encapsulating her early life through becoming a mother and one of the most soulful singers of her generation.
- A full discography of Adele's music, including tours, and inspirations for her songwriting for some of her most popular songs like "Rolling in the Deep," "Someone Like You," and "Hello."
- A very Adele A to Z, covering her alter ego, famous fans, tattoos, music videos, hair secrets, and more.
- Other incredible details and unfiltered moments, including her love for simple things such as wine and McDonald's and her love for Queen Bey.



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Package Type:	<b>HARD BACK</b>	
Dimensions:	<b>195h x 145w mm</b>	
Extent:	<b>160 pages</b>	
Imprint:	<b>Epic Ink</b>	
BIC1:	<b>Biography/Autobiography</b>	

# Adele Is Life

## Kathleen Perricone



### *Continued...*

- Her favorite music and playlist go-tos.

Hold on to your hearts as biographer Kathleen Perricone takes you on a fan-tastic journey through everything Adele.

The Modern Icons series takes you on a journey through the lives and legacies of cultural icons who have shaped our world, from fashion to music to media. With original illustrations and meticulously crafted prose, this series captivates and enlightens, offering a glimpse into the personalities whose unparalleled charm and authenticity have left an indelible mark on popular culture.

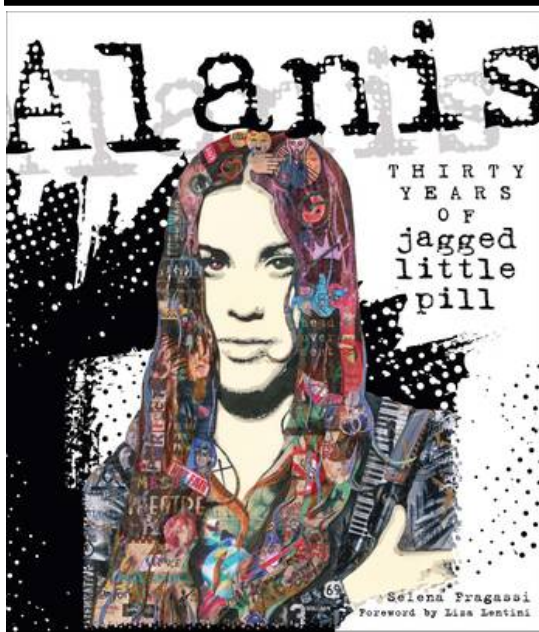
The series includes: *Beyoncé Is Life*, *Harry Styles Is Life*, *Rihanna Is Life*, *Zendaya Is Life*, *Lady Gaga Is Life*, *Adele Is Life*, *Timothee Chalamet Is Life*, and *Billie Eilish Is Life*.

### **About the Author**

**Kathleen Perricone** is a freelance writer of long-form magazines (bookazines) with published titles about Marilyn Monroe, John F. Kennedy, Anne Frank, Barack Obama, Taylor Swift, Beyoncé, and dozens more. Over the past two decades, Kathleen has also worked as a celebrity news editor in New York City as well as for Yahoo!, Ryan Seacrest Productions, and a reality TV family who shall remain nameless. She lives in Los Angeles.

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# Alanis Selena Fragassi



*Alanis: Thirty Years of Jagged Little Pill* celebrates three decades of the ground-breaking album, a masterwork that continues to influence and inspire artists and fans today.

## Sales points

- **THE POWER AND INFLUENCE OF A SONG LIKE *YOU OUGHTA KNOW* CANNOT BE UNDERSTATED:**

Alanis, currently on tour with Joan Jett and Morgan Wade, has become a godmother of confessional singer-songwriter styles, beloved by a new crop of talent, and there hasn't been a hard-hitting exploration of her work since the 1990s. This book celebrates three decades of the iconic album while giving fans a behind-the-scenes look of how it came to be and what it means in culture today.

- **“WAKE UP” TO THE POWER OF *JAGGED LITTLE PILL*:** This book is a female-centric celebration of one of the most celebrated female artists, featuring quotes from today's top artists on how Alanis Morissette inspired them and interviews with female music journalists and industry professionals to properly contextualize and salute *Jagged Little Pill*.

- **THE “PERFECT” AUTHOR:** Selena Fragassi has been a music journalist for 15 years, including her work as a featured contributor for the *Chicago Sun-Times* and *SPIN* and bylines in outlets like *The A.V. Club*, *Paste*, and *Nylon*.

## Description

**Celebrate three decades of the ground-breaking album *Jagged Little Pill* with this stunning volume**

featuring photos, interviews, insightful analysis, and celebrity quotes.

On June 13, 1995, 21-year-old Alanis Morissette released *Jagged Little Pill*, an existential awakening of sexuality, a rail against sexism, and a confessional catch-all of topics related to anxiety, depression, angst, eating disorders, religious dogma, and beauty standards. In an era coming off the high of the '80s and '90s pop machine, Alanis was a total about-face, peeling off the sheen of what female music leads could be. She was the voice sitting quietly within women in the post-grunge era who finally felt the freedom to let it all out.

***Alanis: Thirty Years of Jagged Little Pill*** tracks it all with:

- Interviews from female music journalists and figureheads, as well as quotes from some of today's biggest names—including Olivia Rodrigo and Taylor Swift—on how important Alanis and *Jagged Little Pill* was and continues to be
- Chapters named after the album's iconic tracks, charting the creation of the album from setup to release and beyond
- Photos tracing the rise of Alanis Morissette's career and the development of this iconic album

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Extent:	224 pages
Imprint:	Epic Ink
BIC1:	Biography/Autobiography

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# Alanis Selena Fragassi

*Continued...*

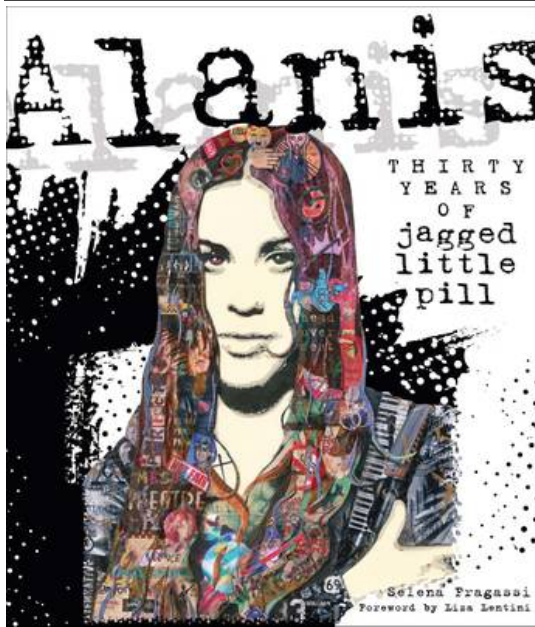
- An exploration of *Jagged Little Pill*'s lasting legacy in music and pop culture

Alanis Morissette has become a godmother of confessional singer-songwriter styles, beloved by the new crop of talents, thanks largely to the success of *Jagged Little Pill*. Celebrate this unstoppable piece of music history that you oughta know!

### About the Author

**Selena Fragassi** is a 15-year music journalist who is currently a featured contributor for the *Chicago Sun-Times* as well as *SPIN* and *Loudwire*. Her bylines have also appeared in *The A.V. Club*, *Paste*, *Nylon*, *Popmatters*, *Blurt*, *Under the Radar*, and *Chicago Magazine*, where she was previously on staff as Pop/Rock Critic. Artists she's interviewed include Rise Against, Gene Simmons, Jennifer Hudson, Andra Day, Chrissie Hynde, Demi Lovato, Debbie Harry, Slash, Deftones, Evanescence, Alice Cooper, Jack White, The Black Keys, Charlie Puth, Bon Jovi, and Bonnie Raitt, among many others. Selena's work has been anthologized in *That Devil Music: Best Music Writing* and she has appeared on televised panels regarding music matters for WTTW's *Chicago Tonight* program. She is the author of the books *New Kids on the Block 40th Anniversary Celebration* and *NSYNC 30th Anniversary Celebration*, with more to come. Selena is also a voting member of The Recording Academy.

**Liza Lentini** is a writer and editor who has devoted her career to telling underdog stories, with a special focus on women. She is currently the Executive Editor at SPIN where she oversees the website. Read more about Liza, including her published work, at [lizalentini.com](http://lizalentini.com).



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BIC1: **Biography/Autobiography**

# Encyclopedia of Curious Rituals and Superstitions

## Arie Kaplan

*The Encyclopedia of Curious Rituals and Superstitions* illustrates and explores the most curious beliefs and superstitions from around the world, weaving together folklore, religions, cultures, traditions, and even human nature itself.

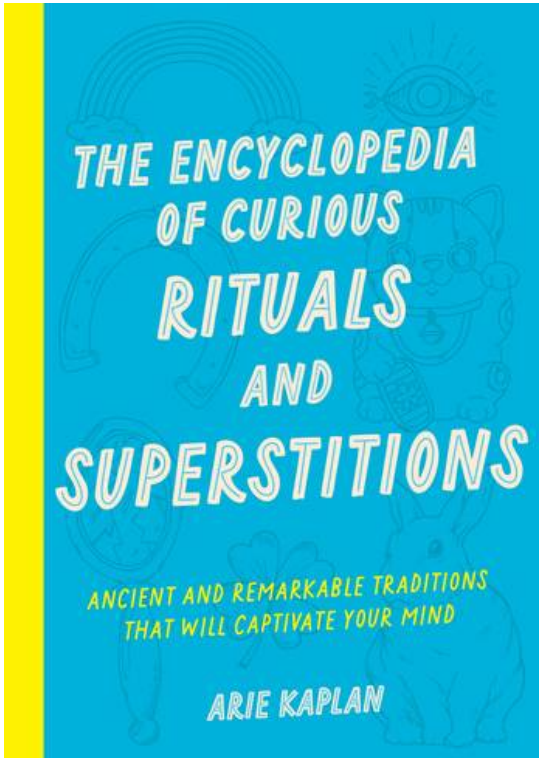
### Sales points

- **DISCOVER THE LORE BEHIND SUPERSTITIONS:** Superstitions reveal the hopes, fears, and preoccupations of our global ancestors, offering a glimpse of their lived experiences, interpretations of natural wonders, and the need to explain and control the world around them to garner feelings of safety and security. Examine the rituals and beliefs that may have given them a sense of comfort and reassurance when they relied on a good harvest, wished their loved ones a safe journey, ensured prosperity, or banished evil spirits. Superstitions allow us to examine how different life was back then and how they continue to reassure us now.
- **REVEALING FASCINATING SUPERSTITIONS FROM AROUND THE WORLD:** This book dives deeply into various superstitions, beliefs, and rituals from around the world, many of which will be new to readers. You may have heard of (or even followed) superstitions like avoiding bad luck by not walking under a ladder or that black cats can be harbingers of witchcraft but there is much more to uncover. This cross-cultural examination takes you to different countries and time periods to discover surprising connections and the measureless similarities that we all share.
- **A GLOBAL EXPLORATION OF SUPERSTITIONS:** Shift your worldview and better understand the connection between timeless traditions and modern pop culture. This book offers a fresh take on the psychology behind universal cultural beliefs that will sweep you away on a journey of discovery and imagination. From the four-leaf clover and rainbows to the number 13 and the evil eye, you'll learn the origins behind superstitions around the world and why they have such a strong hold on our current culture and traditions. Uncover just how superstitious you really are!

### Description

**Explore the most fascinating superstitions from around the world and marvel at the impact they have on our present-day lives.**

*The Encyclopedia of Curious Rituals and Superstitions* sheds light on the impact that superstitions have on our global society at large, world history, the pop culture we consume, the art we create, and even the way we think about marriage, death, prosperity, self-protection, and luck, to name a few. No matter where on Earth you live, superstitions have always been the infrastructure of societies since ancient times. They can be found in social rules of etiquette, in



# THE ENCYCLOPEDIA OF CURIOUS RITUALS AND SUPERSTITIONS

ANCIENT AND REMARKABLE TRADITIONS  
THAT WILL CAPTIVATE YOUR MIND

ARIE KAPLAN

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BIC1:	Reference	

# Encyclopedia of Curious Rituals and Superstitions

## Arie Kaplan

### *Continued...*

the vocabulary we communicate with, in rituals performed during holidays, in birthing rooms across time, at funerals, or just in our everyday habits. These mysterious practices provide an essential source of comfort, safety, and control. Even more fascinating is that they have been used since time immemorial to explain the unexplained. Unpack the lore and origins of cultural superstitions and how they have persisted throughout many generations.

#### **Discover how:**

- Celtic fairies are behind our compulsion to knock on wood
- Norse mythology is responsible for our fear of the number 13
- Taylor Swift finds the number 13 to be lucky
- A quick death in Japan is thought to be ensured if you cut your toenails at night
- The evil eye is an important talisman in Jewish and Muslim cultures
- The meaning behind your birthstone can predict your personality
- Rabbits hold significance in some Asian and Indigenous cultures
- Finding a husband in Nebraska is as simple as 99 horses, a white mule, and a handshake
- Eating twelve grapes on New Year's Eve in Spain and Central and South America can bring forth prosperity

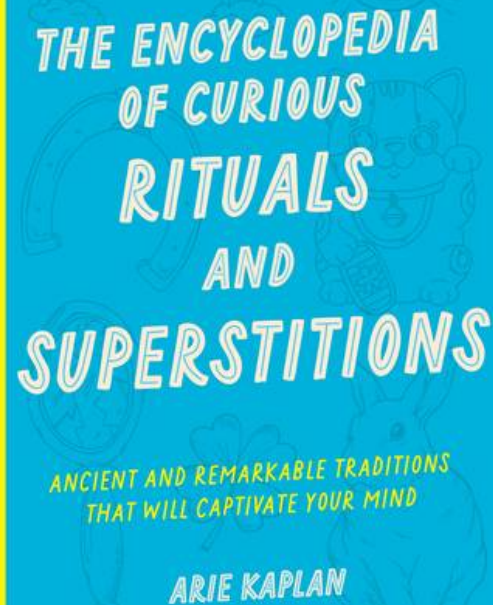
Beautiful illustrations further challenge the images your mind may have already held about the beliefs you instinctively carry throughout your life. You will be continually surprised and delighted by how superstitions not only define the bedrock of a culture but also demonstrate the nuanced ways in which we are all connected.

Unlock a world of wonders in *The Encyclopedia of Curious Rituals and Superstitions*.

**The Wonderpedia series** offers comprehensive, display-worthy illustrated references on a range of intriguing topics, including archeological discoveries, world mythology, pop culture, global superstitions, and the fascinating stories behind signs and symbols. A cross-cultural exploration of what makes humans tick, this series magnifies the connective threads between us across time and geography and demystifies the surprising, confounding sides of life.

#### **About the Author**

**Arie Kaplan** is the author of the 96 Facts series of middle-grade biographies (*96 Facts About Taylor Swift*, *96 Facts About Timothée Chalamet*, et al.). Before that, Arie wrote the six-volume Shockzone: Games & Gamers series of children's nonfiction books, which covered every aspect of the video-game industry. Arie also wrote the award-winning nonfiction title *From Krakow to Krypton: Jews and Comic Books*, and he has



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# Encyclopedia of Curious Rituals and Superstitions

## Arie Kaplan

*Continued...*

### About the Author

including *The Jurassic Park Little Golden Book*, *Frankie and the Dragon*, *LEGO Star Wars: The Official Stormtrooper Training Manual*, *The New Kid from Planet Glorf*, *Batman: Harley at Bat*, *The Spider-Man Comictivity Book*, *Shadow Guy and Gamma Gal: Heroes Unite*, and *Speed Racer: Chronicles of the Racer*.

In addition, he has penned scripts for such iconic comic book series as *Star Wars Adventures*, *MAD Magazine*, *Tales from the Crypt*, *Archie & Friends*, *Looney Tunes*, and *Bart Simpson Comics*.

When he's not working on his latest book, comic book story, or graphic novel, Arie is a screenwriter for television, video games, and transmedia. He lives in New York City, New York, with his wife and daughter. Please check out his website: [ariekaplan.com](http://ariekaplan.com).

# THE ENCYCLOPEDIA OF CURIOUS RITUALS AND SUPERSTITIONS

ANCIENT AND REMARKABLE TRADITIONS  
THAT WILL CAPTIVATE YOUR MIND

ARIE KAPLAN

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BIC1: Reference

Wellfleet

NEW ZEALAND JULY 2025  
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## Creepy Campfire Stories Darkness Prevails

*Creepy Campfire Stories* brings to life eerie tales from national parks, monster sightings, and haunted places and things.

### Sales points

- **EXPERTS IN THE EERIE:** *Creepy Campfire Stories* is the latest offering endorsed by renowned horror expert Darkness Prevails, who has over 700K subscribers on YouTube and 14K followers on X. Darkness Prevails is a member of the popular Eeriecast Podcast Network, which is widely recognized among horror aficionados. Previous works from the Eeriecast team include *Freaky Folklore* and *Phantom Phenomena*.
- **UNIQUE CONTENT WITH BROAD SPOOKY APPEAL:** *Creepy Campfire Stories* features exclusive stories from real locations around the world, enhancing the supernatural allure with real-world mystery and intrigue. From monsters to haunted places, this collection of stories covers a range of spooky topics, making it perfect for both horror enthusiasts and those looking for a chilling campfire tale.
- **HAUNTING ILLUSTRATIONS:** Each creepy tale is accompanied by gorgeous and spooky illustrations, bringing the spine-chilling stories to life for readers.

### Description

**Dive into a world of eerie tales with this fully illustrated book of creepy campfire stories.**

Featuring a collection of chilling tales, *Creepy Campfire Stories* transports you to the very edge of reality and the paranormal, where phantoms and monsters lurk in the shadows, tracking your every movement. Hosts from Eeriecast, the popular horror podcast network, present spooky stories perfect for any campfire or spooky occasion. Each page is packed with horror stories that blend the supernatural with real-world mystery and intrigue. Learn all about wicked and disturbing tales from national parks and haunted locations and objects, including:

- Alone in the Ozarks
- A Werewolf Crashed My Sleepover
- The Goatman of Congaree Park
- It Butchered Our Horse
- Something Followed Me Home from the Pet Crematorium
- And more!

Each creepy tale is brought to life by beautifully haunting illustrations, designed to captivate you and keep you on edge. Whether you're a horror enthusiast or looking for a scary story to tell around the campfire, this collection of



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BIC1:	Cultural studies	

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## Creepy Campfire Stories Darkness Prevails

*Continued...*

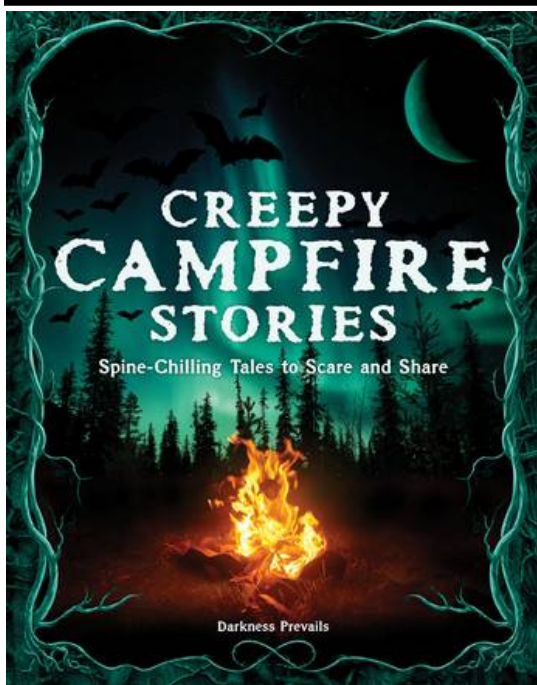
unsettling tales is perfect for a night of spine-chilling adventure.

### About the Author

**Darkness Prevails**, author of *Freaky Folklore*, is a spooky storyteller extraordinaire hailing from the Ozarks of Arkansas. When he's not busy spinning yarns about things that go bump in the night on Eeriecast: The Horror Podcast Network or on his wildly successful YouTube channel, *Darkness Prevails*, he can often be found wandering through the misty woods, searching for evidence of Bigfoot (or at least an excuse to use his night-vision goggles).

Despite his fascination with the unknown, Darkness Prevails is also a devoted family man. He is the proud father of two terrors-in-training. His wife, who may or may not be a vampire, supports his creepy pursuits and even helps him research his latest hair-raising tales.

With a love for all things spooky and a knack for making even the bravest of souls quiver in their boots, Darkness Prevails is a force to be reckoned with in the horror genre. So, turn off the lights, grab a flashlight, and get ready for a frightfully good time. **Carman Carrion** is a name synonymous with the eerie and mysterious realms of folklore and horror. As the esteemed writer and host of the popular podcasts *Freaky Folklore* and *Destination Terror*, Carman has spent a lifetime immersed in the spine-tingling tales that have captured the human imagination for generations. Working as a dedicated contributor to the Eeriecast Podcast Network, Carman's dulcet voice and captivating storytelling have brought chilling narratives to life for countless listeners.



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## Labrador Life Sara Weiss

*A Labrador Life* is a gorgeously illustrated guide to labrador retrievers that explores the breed's loveable traits and provides helpful tips for every owner.

### Sales points

- **ONE OF THE TOP BREEDS BELOVED BY FAMILIES EVERYWHERE:** Rated one of the most popular breeds of 2022 by the American Kennel Club, this title will speak to every lab owner and be a must have for their coffee table.
- **ADORABLE WATERCOLOR ILLUSTRATIONS AND PRACTICAL CONTENT:** To be read in a sitting or flipped through casually, this book captures the charming spirit and playful lifestyle of the labrador retriever.
- **PERFECT GIFT FOR EVERY DOG LOVER:** This irresistible, collectible book is a must-have for all dog lovers—one to display, while also a brilliant gift for the lab owner in your life.

### Description

**Celebrate every fabulous trait of the labrador retriever with this heartwarming illustrated book filled with breed info and tips for pet parents.**

Black, chocolate, or yellow, the labrador retriever is one of the most beloved and popular breeds out there. With their high energy, family-friendly disposition, and trainability, it's easy to see why the lab remains one of America's favorite pets. Content to cuddle with you on the couch or explore and adventure in nature, the lab deserves to shine in the spotlight. Brimming with helpful tips for new and longtime pet parents alike, *A Labrador Life* explores all of the breed's wonderful traits and shares tricks for bonding and making memories with your beloved lab.

Filled with beautiful illustrations, this book is divided into sections that describe our favorite labrador qualities, teach their incredible history and characteristics, and share humorous and loveable anecdotes. Learn more about your lab's individual personality while understanding the breed's:

- Beautifully colored coats
- Endless appetitite
- Love of water
- Quick minds and paws
- Childlike sensibilities
- Great sense of smell
- Heart of gold
- And more!

# A LABRADOR LIFE



What to Know and Love about  
the Labrador Retriever

Sara Weiss

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Extent: **128 pages**  
Imprint: **Rock Point Gift & Stationery**  
BIC1: **Domestic animals & pets**

## Labrador Life Sara Weiss

### *Continued...*

Labrador retrievers are popular, family-friendly pups that have earned their time in the sun. Whether dogs have always been a part of your family or you're considering becoming a pet parent for the first time, *A Labrador Life* is sure to convince you to invite this adorable dog to your pack.

The **Favorite Dog series** will captivate hearts and minds with a delightful series of charmingly illustrated books, each dedicated to showcasing the unique personality, history, and charm of our favorite dogs. Through adorable artwork, these books aim to showcase the love we feel for our beloved doggie companions, celebrating their quirks and charm and the special bond they share with us.

Titles in the series include: *A Frenchie Life*, *A Golden Life*

### **About the Author**

**Sara Weiss** holds an MFA from Sarah Lawrence College. She is the author of *A Frenchie Life*, *A Labrador Life*, *A Golden Life*, and *The Totally Awesome Life of Caitlin Clark*. Her writing has appeared in journals and magazines such as *Literary Mama*, *Mom Egg Review*, *Mutha*, *Lilith*, *Waterwheel Review*, *Bustle*, and *Brain Child*, among others. She has also written audio scripts for *Good Night Stories for Rebel Girls* and works as a college writing consultant. She lives in the Hudson Valley with her husband, two daughters, and their smallish dog.

# A LABRADOR LIFE



What to Know and Love about  
the Labrador Retriever

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# How Zoologists Organize Things

## David Bainbridge

Discover how categorisation has shaped our view of the natural world with *How Zoologists Organize Things*. The book unveils wild truths and even wilder myths about animals, as perpetuated by zoologists – revealing how much more there is to learn, and unlearn.

### Sales points

- Perfectly uniting science with art, this illustrated history uncovers how categorisation has shaped our view of the natural world, and helped to define our existence and beliefs.
- Non-fiction “brainy books” have been a fast-growing publishing category in the past few years eg *Other Minds: The Octopus and the Evolution of Intelligent Life*, and Hawking’s *Brief Answers to the Big Questions*.
- Leading author David Bainbridge is the Clinical Veterinary Anatomist at the University of Cambridge and the authoritative voice on this subject.

### Description

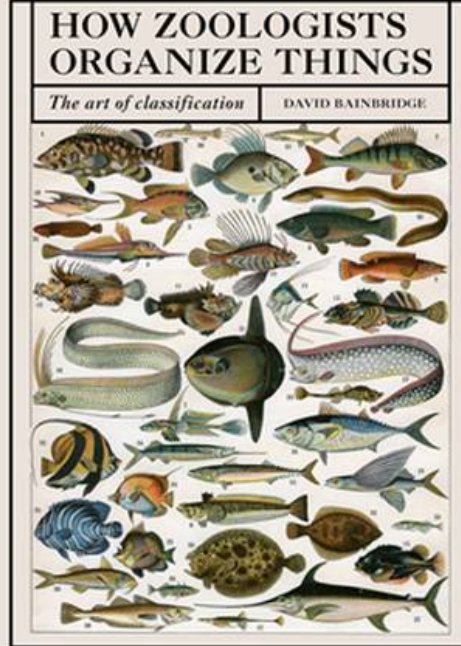
Humankind’s fascination with the animal kingdom began as a matter of survival – differentiating the edible from the toxic, the ferocious from the tractable. Since then, our compulsion to catalogue wildlife has played a key role in growing our understanding of the planet and ourselves, inspiring religious beliefs and evolving scientific theories. The book unveils wild truths and even wilder myths about animals, as perpetuated by zoologists – revealing how much more there is to learn, and unlearn.

Long before Darwin, our ancestors were obsessed with the visual similarities and differences between the animals. Early scientists could sense there was an order that unified all life and formulated a variety of schemes to help illustrate this. This human quest to classify living beings has left us with a rich artistic legacy, from the folklore and religiosity of the ancient and Medieval world through the naturalistic cataloging of the Enlightenment to the modern, computer-generated classificatory labyrinth.

This book tells the fascinating, visual story of this process. The wonderful zoological charts reflect prevailing artistic trends and scientific discoveries, as well as telling us as much about ourselves as they do about the creatures depicted.

### About the Author

**David Bainbridge** is a reproductive biologist, popular science writer, and the Clinical Veterinary Anatomist, the world-top-ranked Department of Physiology, Development and Neuroscience at the University of Cambridge. As well as many academic and clinical publications, he has written seven popular science books, widely reviewed, discussed and translated. He is a fellow of St Catharine’s College, Cambridge, whose alumni include John Ray, the



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Imprint:	Frances Lincoln (Adult)
BIC1:	Popular science

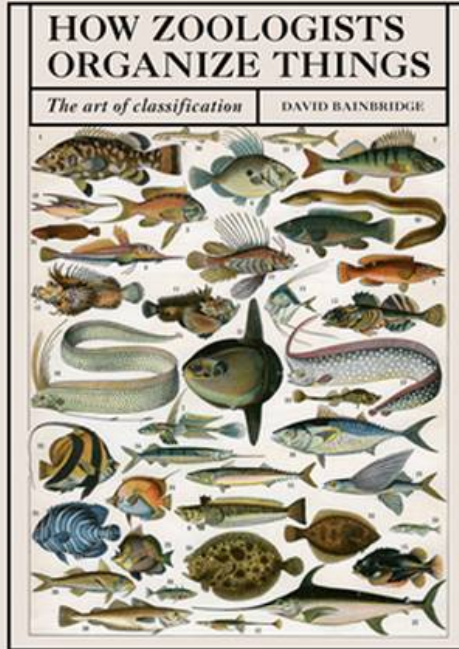
**NEW ZEALAND JULY 2025  
MURDOCH**

# How Zoologists Organize Things

David Bainbridge

*Continued...*

originator of the biological term "species." David Bainbridge is the definitive voice on zoology classification.



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BIC1: **Popular science**

**Frances Lincoln (Adult)**

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# Life-Affirming Magic of Birds

## Charlie Bingham

Join nature writer and conservationist Charlie Bingham on her mission to show that birdwatching is for everyone. From glimpsing goldfinches in garden squares to spotting skylarks soaring over scenic trails, there's always a reason to look up and reconnect with nature. *The Life-Affirming Magic of Birds* is your guide to finding joy in every feathered encounter and deepening your bond with the natural world.

### Sales points

- Perfect for readers with an interest in birds, reconnecting with nature and personal memoir.
- The author will describe how birds from far flung parts of the globe use the UK as their meeting point, allowing readers to experience the sights and sounds that have touched every corner of the globe and are now available in the UK whether that be a busy city centre or a coastal cliff.
- Approx. 80,000 words that will show readers an alternative way to appreciate nature without barriers, gatekeepers or conditions.

### Description

#### Praise for *The Life-Affirming Magic of Birds*

'This deeply personal book is a delight for those who already value our feathered friends and is a perfect introduction for those who are new to birding.' CAROLINE QUENTIN – ACTOR, AUTHOR & PRESENTER

'Moving, informative, funning, evocative. Charlie's book will take you on a wonderful journey through the world of birds and the stories of those that live alongside them. Through her stories, you will be inspired to embark on your own journey and make a deeper connection with the natural world around you. An utter delight from start to finish.'

MIRANDA KRESTOVNIKOFF – RSPB VICE PRESIDENT, BROADCASTER & AUTHOR

'A beautifully written book that connects us to beauty and curiosity. It will fill your mind and make your heart sing like a nightingale.' ROBIN INCE – COMEDIAN, WRITER & BROADCASTER

'It reads as the instructions for a nature prescription, something the world needs more of.' NICK BAKER – NATURALIST & TV PRESENTER

'A fresh, funny and deeply personal take on why birds matter, from an important new voice in nature writing.' DR STEPHEN MOSS – NATURALIST & BESTSELLING AUTHOR

This is a book that will make you look up.

**Whether it's a brief encounter with a friendly robin or a curious wood pigeon perched on your windowsill, everyone has a bird story.** Join nature and wildlife enthusiast Charlie Bingham as she travels the length and breadth of the UK, searching for oystercatchers on rooftops and peregrines on cathedral spires. Get inspired to look up and become part



Pub Date:	08 Jul 2025
Price:	AU \$35.00      NZ \$39.99
ISBN:	9781836002253
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Extent:	272 pages
Imprint:	Aurum Press
BIC1:	Wildlife: birds & birdwatching

NEW ZEALAND JULY 2025  
MURDOCH

# Life-Affirming Magic of Birds

## Charlie Bingham



### *Continued...*

of the awe-inspiring world that exists above us.

In *The Life-Affirming Magic of Birds*, writer and conservationist Charlie Bingham opens your eyes to the fascinating and diverse world of birds and nature. Have you ever heard an unfamiliar birdsong and asked yourself where it came from? Or felt inspired by the stoicism of trees in difficult times? If so, then this is the book for you. Join Charlie on this essential journey of discovery, and learn how nature can offer a way to engage with your surroundings for anyone who wants to experience it.

In this beautiful, captivating book, you'll discover an alternative way to appreciate nature. Through twelve insightful lessons, you'll see the power that nature has to help us through turbulent times. If you've ever struggled to find motivation to get through the daily grind, this book reveals how birds—and the simple act of noticing nature—can guide us through even the most challenging moments.

### **About the Author**

Charlie Bingham is a UK based nature writer and author of *The Life Affirming Magic of Birds*. After completing a degree in archaeology at the University of York, Charlie began to reconnect with nature in her mid 20's. She found that birds especially seemed to have the ability to help her through difficult times and made it her life's mission to share her love and passion with a wide audience. Charlie's passion for the natural world shines across her social media platforms and in her work as a digital communications specialist and event manager for nature based charities. Charlie has written for various platforms and publications including *Conker Magazine*, *Bird Table*, *The Guardian* and *Bald Hiker*.

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Dimensions: **216h x 135w mm**  
Extent: **272 pages**  
Imprint: **Aurum Press**  
BIC1: **Wildlife: birds & birdwatching**

# Living Your Healthiest Semaglutide Life Summer Kessel

*Living Your Healthiest Semaglutide Life* is the definitive nutrition guide for achieving your health goals with semaglutide.

## Sales points

- **USE OF GLP-1 MEDICATIONS IS EXPLODING:** From 2020 to 2022, prescriptions covered by insurance for GLP-1 in the United States rose 300% to 9 million.
- **AUTHOR IS UNIQUELY POSITIONED AS RELATABLE EXPERT:** There are a small number of Registered Dietitians starting to specialize in this area, but the author is part of an even smaller group: she's a professional who has also lost weight while taking GLP-1 drugs.
- **SOLVES EMERGING PROBLEM:** The rapid rise of prescriptions for GLP-1 drugs has far outpaced the support given to the newly prescribed by (most often) GPs and family doctors. This book gives readers information to use the medication successfully and safely.

## Description

**“Practical, informative, and empowering—this book is a must-read for anyone who is thinking about, or already on, a GLP-1 medication for weight loss. Summer Kessel offers the tools and guidance you need to make lasting, meaningful changes to your nutrition and mindset without going to extremes.”**

—Dr. Spencer Nadolsky, DO

Live your healthiest semaglutide life with this revolutionary guide to successfully and safely using GLP-1 medications.

Are you curious if medications like Ozempic, Wegovy, Mounjaro, or Zepbound are right for you?

Have you started taking a GLP-1 medication but are unsure where to start with your nutrition and fitness plan?

Are you having some side effects you'd like to manage better? Or lacking meal inspiration?

Or maybe you're thinking ahead to the future—what happens when I get to my goal? How does maintenance work?

This guide has the answers!

*Living Your Healthiest Semaglutide Life* is your ultimate nutrition and mindset guide for navigating the challenges of weight management with semaglutide and tirzepatide. From starting medication to the weight loss phase, through maintenance and beyond, this life-changing book covers it all, helping you:

- Understand obesity as a disease and why weight management is so difficult with diet and exercise alone.
- Explore the science of how GLP-1 medications work and if they are a good fit for you.
- Navigate the politics and practicalities of the insurance and pharmaceutical world.
- Build a health care team that has your best interests in mind.

“Practical, informative, and empowering—this book is a must-read for anyone who is thinking about, or already on, a GLP-1 medication for weight loss. Summer Kessel offers the tools and guidance you need to make lasting, meaningful changes to your nutrition and mindset without going to extremes.”  
—Dr. Spencer Nadolsky, DO

## LIVING YOUR

A COMPLETE GUIDE TO NUTRITION

## HEALTHIEST

AND MINDSET WHILE ON GLP-1 MEDICATIONS

## SEMAGLUTIDE LIFE

SUMMER KESSEL, RD, CSOWM, LDN

Pub Date:	15 Jul 2025	
Price:	AU \$45.00	NZ \$49.99
ISBN:	9780760396162	
Format:	Misc PB	
Package Type:	PAPERBACK	
Dimensions:	229h x 203w mm	
Extent:	224 pages	
Imprint:	Fair Winds Press	
BIC1:	Diets & dieting	

# Living Your Healthiest Semaglutide Life Summer Kessel

"Practical, informative, and empowering—this book is a must-read for anyone who is thinking about, or already on, a GLP-1 medication for weight loss. Summer Kessel offers the tools and guidance you need to make lasting, meaningful changes to your nutrition and mindset without going to extremes."  
—Dr. Spencer Nadolsky, DO

## LIVING YOUR

A COMPLETE GUIDE TO NUTRITION

## HEALTHIEST

AND MINDSET WHILE ON GLP-1 MEDICATIONS

## SEMAGLUTIDE LIFE

SUMMER KESSEL, RD, CSOWM, LDN

### Continued...

- Manage the risks, optimize the benefits, and avoid falling for the myths around GLP-1 medications.
- Learn to overcome the initial side effects and prevent complications.
- Discover food and fitness strategies that will help you feel your best and maintain long-term health.
- Develop your cooking and meal-planning skills to manage your nutrition in the real world.
- Use the sample meal plans, grocery lists, and nutrition facts to make empowered decisions that work for you.
- Embrace a new mindset around your weight, nutrition, and health so that you never have to go on a “diet” again.

*Living Your Healthiest Semaglutide Life* is written by registered dietitian Summer Kessel, a certified specialist in obesity and weight management, who not only counsels people on GLP-1 medications every day but is on a GLP-1 medication herself! As someone who has struggled with obesity her entire life, she shares her personal insights alongside the science and is uniquely qualified to help you anticipate and overcome any challenges you may face. By following Summer’s real-world advice and realistic nutrition strategies for every stage of your weight loss journey, you can make informed decisions and successfully achieve your goals.

Discover how to live your healthiest life on GLP-1 medications with expert advice, practical tips, and the mindset support you need to succeed.

### About the Author

**Summer Kessel, RD, CSOWM, LDN**, is a Registered Dietitian Nutrition and a Board Certified Specialist in Obesity and Weight Management with nearly twenty years of health care experience. As a busy mom of two, she is a champion for realistic, individualized, and sustainable nutrition—whatever that means for YOU. In addition to her professional skills, Summer is also a person living with obesity who has lost and maintained more than 140 pounds (63.5 kg)—of course, not without challenges—over the past twenty years. GLP-1 medications changed her life and she now works to advocate for and educate others on this exciting new world of weight loss and nutrition.

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Price:	<b>AU \$45.00</b>	<b>NZ \$49.99</b>
ISBN:	<b>9780760396162</b>	
Format:	<b>Misc PB</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>229h x 203w mm</b>	
Extent:	<b>224 pages</b>	
Imprint:	<b>Fair Winds Press</b>	
BIC1:	<b>Diets &amp; dieting</b>	

## Plant-Based Simple Editors of Fair Winds Press

*Plant-Based Simple* presents 150 tasty, easy-to-make vegetable-based recipes that are good for you and the planet.

### Sales points

- **INTEREST IN PLANT-BASED EATING IS TRENDING UP:** Ever since the pandemic, interest in plant-based eating has been growing. The reasons are multi-factorial: backlash against extreme diets such as keto/IF of the last few years, high food prices, interest in environmental sustainability, and some studies that link a plant-based diet to lower incidence of certain illnesses like cancer, diabetes, and the popularity of recent Netflix documentaries such as, “You Are What You Eat” which compared health outcomes of twins who followed a vegetarian versus omnivore diet.
- **MORE THAN 1/3 OF AMERICANS EXPRESS INTEREST IN GOING PLANT-BASED...**but they are struggling to go all in. This book speaks to that anxiety with easy recipes—whether the buyer is looking to adopt the lifestyle 100% or a flexitarian approach that allows them to eat meat occasionally but they desire to incorporate more plant-based meals for health benefits.
- **PLANT-BASED DIETS ARE HEALTHY:** Research shows that plant-based diets may improve heart health and risk of diabetes, reduce inflammation, and help with weight management.

### Description

**Easily transition to a plant-based diet or simply incorporate more plant-based meals into your routine with this collection of affordable, satisfying recipes.**

*Plant-Based Simple* is your ultimate guide to improved health, clean eating, and a sustainable approach to food. Packed with delicious, easy-to-make recipes, this cookbook empowers you to start your meat-free journey with confidence and excitement. Whether you're tackling a busy weeknight or hosting a weekend feast, *Plant-Based Simple* has you covered. From hearty breakfasts to delectable vegetarian burgers, these recipes are quick, satisfying, and designed to please even the pickiest eaters.

Embracing a diet rich in greens, beans, fruits, and grains, this inspiring cookbook makes it simple to enjoy meat-free cooking—whether you're a newbie or a seasoned vegetarian. *Plant-Based Simple* gives you tasty, easy-to-make vegetable-based recipes that promote a healthy lifestyle for you and the planet.

Craving comfort food, something light, or adventurous new flavors? You'll find a wide array of recipes to suit every taste and occasion. Gather your loved ones to enjoy meals that never disappoint with recipes that include:

- Skillet Bagel Breakfast Sandwiches for Two
- Baked French Toast Sticks

## PLANT- BASED SIMPLE

150 DELICIOUS WHOLE FOOD,  
NUTRIENT DENSE RECIPES  
for HEALTHY LIVING



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Package Type:	PAPERBACK	
Dimensions:	235h x 191w mm	
Extent:	240 pages	
Imprint:	Fair Winds Press	
BIC1:	Food and Drink	

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## Plant-Based Simple Editors of Fair Winds Press

### PLANT- BASED SIMPLE

150 DELICIOUS WHOLE FOOD,  
NUTRIENT DENSE RECIPES  
for HEALTHY LIVING



### *Continued...*

- Blueberry Smoothie Jars
- White Bean Beer Fondue
- Spicy Sesame Brussels Bites
- Roasted Chipotle Salsa
- Mediterranean Layer Dip
- Tikka Cauliflower Chunks
- Curry-Spiced Sweet Potato Chips
- Roasted Broccoli Amandine
- Grilled Mango with Raspberry Coulis
- Pumpkin Chickpea Chili
- Mushroom Carnitas and Brussels Burrito with Sweet Red Onion
- Cajun Chickpea Salad Wraps

Whether you're adopting a fully plant-based lifestyle or just adding more meat-free meals to your repertoire, *Plant-Based Simple* is your go-to resource for eating well. Dive into a world of delicious, sustainable eating today!

### **About the Author**

**Fair Winds Press** offers readers authoritative and accessible guidance for living a healthy life, both physically and spiritually. Its books cover a range of practical categories, including nutrition and cooking, fitness, parenting, beauty, and mental and spiritual health.

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ISBN: **9780760396537**  
Format: **Misc PB**  
Package Type: **PAPERBACK**  
Dimensions: **235h x 191w mm**  
Extent: **240 pages**  
Imprint: **Fair Winds Press**  
BIC1: **Food and Drink**

**Fair Winds Press**

## Breaking Bread David Wright

*Breaking Bread* explores the history of bread and baking within society, examining bread's triumphs, failures and flaws via themes such as agriculture, religion, identity, conflict, and the future of bread.

### Sales points

- This book is for anyone who enjoys food history, cultural non-fiction or general bread enthusiasts.
- Our food systems are under the microscope and the story of bread encapsulates the whole greasy sandwich of industrial food.
- The perfect book for a wide range of ages and all flavours of humans with an interest in where their food comes from.

### Description

In *Breaking Bread*, **third generation baker, food writer and presenter** David Wright examines the **universal questions about bread and baking**. About the people who make and shape the bread we buy and the difficulties that social and cultural change, food fads and health directives have had, and are having, on the baking industry. After his family bakery sadly closed its doors after seventy-five years, Wright asks if the the closure of the bakery underlines the very idea that bread is a dying foodstuff. **Is bread good or bad? And what does the future hold for bread?**

Bread is an essential part of **our story, our health, our very being**. Every civilisation has a form of bread, and how we create, make and bake it, how we sell it and buy it, our food security, our access to it, affects everything: our physical and mental well-being, the ingredients, the seeds, the very earth we grow our grains in, the water we use and how we treat and sustain these natural resources, impact on the **very health and future of our planet**.

Chapters include:

- 1 Why Bread? – Creating, making, baking
- 2: The Wheel of Life – A loaf's cycle
- 3: Frankenloaf – Science and the perfect loaf
- 4: Sicker by the Slice – A marriage not made in heaven
- 5: Big Bread – Industrial vs artisan bakeries
- 6: The Breadline – The economics of crust
- 7: Flour Power – The politics of bread
- 8: Bloody Bread – The costs of conquest
- 9: Our Daily Bread – What the gods want

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Extent:	264 pages	
Imprint:	Aurum Press	
BIC1:	Reference works	

# Breaking Bread David Wright

*Continued...*

10: Breaking bread - A once ropey baker looks to the future

*Breaking Bread* contains **interviews and expert contributions** from Olia Hercules - Food Writer, Dan Lepard - Baker and Writer, Felicity Spector - Writer and Baker, Kateryna Kalyuzhna – Baker, Brad Leone - Food Personality, Chris Cowie – Philosopher, Zara Mohammed - Religious Leader, William Kendall - Food Producer, Andy Cato/George Lamb – Wildfarmed, Daisy Terry - Dusty Knuckle, Ollie Hornsey-Pennell - Hylsten Bakery, Tim Williams - Regenerative Farmer, Matt Burgess – Chef, Martha Delacey - Teacher and Writer, Karl De Smedt - Sourdough Librarian, Vanessa Kimbell – Baker, Chris Young - Real Bread Campaign, Ben MacKinnon - Baker E5, Ben Glazer - Coombeshead Bakery, Andrew Gilespy - Fresh Flour, OJ Borg - Radio 2 DJ and Presenter, Christopher Tan - Baker and Writer, Martin Bricknell - War Studies Professor KCL, Wing Mon Cheung - Cereal Bakery

### About the Author

David Wright is a baker, food writer and presenter from Suffolk. He has co-authored DJ BBQ's Backyard Baking (Quadriple, 2023) and writes for The Sandwich Magazine regularly. David's father and grandfather were also bakers which allows him a unique personal window into the period before mass produced bread. A graduate from King's College London where he studied English Literature with Film, David has written articles for many small publications and worked as an advertising copywriter before returning to baking. David's presenting includes compering the Literary Stage at Camp Bestival, demonstrating at festivals such as Tom Kerridge's Pub in the Park and working alongside brands such as Gozney - producing video content for their popular YouTube channel.

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Price: **AU \$39.99**      **NZ \$45.00**  
ISBN: **9780711294882**  
Format: **Demy**  
Package Type: **HARD BACK**  
Dimensions: **216h x 135w mm**  
Extent: **264 pages**  
Imprint: **Aurum Press**  
BIC1: **Reference works**

## Nettles & Petals Jamie Walton, Samuel Binstead

*Nettles and Petals* is a practical and accessible 'how-to' guide for growing your own food, and gardening sustainably. Learn from an expert, with the professional horticulturalist, popular Instagram personality and Social Media Influencer of the Year 2024 Jamie Walton (@nettlesandpetals).

### Sales points

- An **inviting how-to with a compelling promise** – part how-to and why, as well as part popular plantlore make this an engaging combo of content.
- **Timely publication time** of spring 25 is ideal in light of growing press attention on wild gardening and weeds!
- The author provides knowledge on the properties and uses of over 49 weeds, with the inclusion of easy to follow recipes for teas and syrups, as well as gardening tips which will enable readers to fully reap the benefits of wild plants.

### Description

**A compelling call to change the way we think about gardening and growing food, *Nettles and Petals* is the only guide you need to make your garden more sustainable.**

Full of essential information and inviting imagery, this accessible guide provides a holistic and ecological approach to gardening and vegetable growing. With a focus on **biodiversity, soil health, and the creation of balanced ecosystems**, *Nettles and Petals* is a must-read for any budding gardener.

Join **Social Media Influencer of the Year 2024 Jamie Walton** and the **@NettlesAndPetals** community on their mission to save the wild plants in our gardens and learn how to begin growing them in your spaces in a practical way.

Dig into must-know topics including:

- Companion planting
- The wonders of nettles and other weeds
- The importance of flowers in the vegetable garden
- Circular and ecological garden planning
- Growing guides for Jamie's 'top 30' vegetables
- Seed saving and sowing
- Urban and small-scale sustainable gardening
- Harvesting, preserving, and sharing produce

An ideal self-purchase or a gift for the green enthusiast in your life, *Nettles and Petals* is perfect for anyone



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ISBN:	9781836001393	
Format:	Misc HB	
Package Type:	HARD BACK	
Dimensions:	236h x 171w mm	
Extent:	176 pages	
Imprint:	Leaping Hare Press	
BIC1:	Gardening	

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# Nettles & Petals

## Jamie Walton, Samuel Binstead

*Continued...*

curious about gardening sustainably.

### About the Author

Jamie Walton is an ecological horticulturist and conservationist, growing food, flowers, and microbes in North Yorkshire, UK. His mission is to support others on their gardening journey, regardless of their circumstances. Since founding [@nettlesandpetals](#), Jamie has gained a global audience who share inspiring posts on gardening, conservation, and growing plants and vegetables using ecological methods. By focusing on sustainability, Jamie not only teaches people how to grow their own food but also encourages a deeper connection with nature. Join the community [@nettlesandpetals](#).

*Sam is a UK based fashion and portrait photographer focussed on sustainable fashion, slow living and traditional crafts.*



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ISBN: 9781836001393  
Format: Misc HB  
Package Type: HARD BACK  
Dimensions: 236h x 171w mm  
Extent: 176 pages  
Imprint: Leaping Hare Press  
BIC1: Gardening

Leaping Hare Press

School of Visual Arts  
Masters in Branding

## A History of Brands



Richard Shear

Series Foreword by Debbie Millman

# History of Brands

Richard Shear series edited by Mark Kingsley

*A History of Brands* explores the evolution of iconic brands, offering a captivating journey through the milestones that have shaped global commerce and culture.

### Sales points

- **TIMELY RELEVANCE:** In an era where branding is more critical than ever, *A History of Brands* offers a fresh perspective on how iconic brands have shaped consumer culture and what the future holds.
- **SCHOOL OF VISUAL ARTS COLLABORATION:** The book is richly illustrated, combining engaging visuals with informative content, perfect for a visually driven audience.
- **CULTURAL ANALYSIS:** Provides insights into how brands influence and reflect societal trends.
- **IN-DEPTH CASE STUDIES:** Features detailed explorations of iconic brands and their strategies.
- **COMPREHENSIVE HISTORY AND ANALYSIS:** Provides an in-depth exploration of the evolution of branding from ancient times to the present day.
- **VALUABLE RESOURCE** for marketers, designers, and business professionals.
- **EXPERT AUTHORSHIP:** Written by Richard Shear, a leading authority in branding and design, offering readers unparalleled insights from decades of experience in the industry.
- **EDUCATIONAL VALUE:** Ideal for students and professionals in design and marketing fields, the book serves as a practical guide and historical reference for understanding brand development.

### Description

**Discover the fascinating evolution of branding with Richard Shear's *A History of Brands*.**

In this comprehensive guide, Shear traces the origins and growth of some of the world's most recognizable brands. He delves into how branding has transitioned from simple logos and trademarks to complex systems of identity and meaning that connect with consumers on a global scale.

In *A History of Brands*, you'll explore:

- **Brand Origins:** Learn about the early days of branding, from ancient symbols of ownership to the birth of modern trademarks.
- **Iconic Brands:** Discover the stories behind some of the most successful and influential brands in history, including their breakthroughs, challenges, and reinventions.
- **Cultural Impact:** Understand how brands reflect and shape cultural values, influencing everything from consumer behavior to global trends.
- **Technological Shifts:** Examine how advancements in technology—from mass production to digital

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Extent:	160 pages
Imprint:	Rockport Publishers
BIC1:	Sales & marketing

School of Visual Arts  
Masters in Branding

## A History of Brands



Richard Shear

Series Foreword by Debbie Millman

# History of Brands

Richard Shear series edited by Mark Kingsley

## *Continued...*

marketing—have transformed the branding landscape.

- **The Future of Brands:** Gain insights into emerging trends and the future of branding in a rapidly changing world.

*A History of Brands* is more than just a history book; it's a deep dive into the forces that have shaped modern commerce and consumer culture. Richard Shear's expertise and engaging storytelling make this a must-read for anyone interested in the intersection of business, culture, and history. Whether you're looking to understand the origins of your favorite brands or seeking inspiration for your own brand strategy, this book offers invaluable perspectives.

**The School of Visual Arts (SVA) Masters in Branding book series** offers an in-depth exploration of branding as both an art and a science, highlighting the multidisciplinary approach that defines the program. This series brings together the insights and expertise of leading practitioners, scholars, and students in the field of branding, providing a comprehensive overview of the latest theories, strategies, and practices.

Each book in the series focuses on a unique aspect of branding, from cultural and social influences to technological advancements and market trends, reflecting the innovative spirit of the SVA's Masters in Branding program. By showcasing a diverse range of perspectives and case studies, the series aims to inspire readers to think critically and creatively about the role of branding in shaping consumer perceptions and experiences.

**Also available from the series:** *The Meaning of Branded Objects* and *Brands in the Age of AI*

## About the Author

As an entrepreneur partner and chief creative officer of Invok Brands, **Richard Shear's** expertise lies in helping clients uncover the visual heritage of their most iconic brands and using this design equity to help them build and position these brands in ways that inform, connect, and motivate. As a member of the School of Visual Arts founding faculty of the Masters in Branding program, Richard teaches The History of Branding, focusing on the interconnected evolution of global consumer culture and visual history through the last two millennia and its influences on contemporary retail brands.

**Mark Kingsley** is a creative director and strategist with a wide range of experience and recognition. He is a faculty member in the School of Visual Arts Masters in Branding program. As Executive Strategy Director at Collins, he developed the new global positioning for Ogilvy and helped Equinox enter the luxury hotel business. For over 17 years, his studio Greenberg Kingsley specialized in music and arts, including several years of branding and

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Extent:	160 pages
Imprint:	Rockport Publishers
BIC1:	Sales & marketing

# Make Art: Kawaii

Ellen Philpott illustrated by Ilaria Ranauro

Prepare for a cuteness overload! With over 20 unique Kawaii themed art projects and complete with a bumper-pack of material, *Make Art: Kawaii* promises to bring your adorable creations to life.

## Sales points

- **POPULAR STYLE OF ANIME AND MANGA:** Supercute and joyful, kawaii has worldwide appeal across all ages.
- **JAM-PACKED BOX KIT WITH SIMPLE, STRAIGHTFORWARD STEP-BY-STEP ACTIVITIES:** a 48-page book about different types of Kawaii art includes over 20 adorable unique and creative kawaii-themed art projects to create plus 40 sheets of crafting materials, from stencils and stickers to models and patterns
- **ONLINE FOLLOWING:** Illustrator teaches a Best Seller kawaii art course on Domestika (17.5K students); Instagram @Ilariapops (37.9K).

## Description

**Get ready to dive into the adorable world of Japanese-inspired art with *Make Art: Kawaii!***

This ultimate pack is perfect for kids and anyone who loves all things cute, colourful, and creative. Full of everything an aspiring kawaii artist needs, this kit is your ticket to crafting unique and oh-so-adorable creations.

From discovering the origins of kawaii style to mastering the art of drawing characters, *Make Art: Kawaii* is bursting with fun and creativity. With over 20 step-by-step projects, this guide will help you bring your own kawaii-inspired decorations, models, stationery, and characters to life!

## What's Inside?

- This delightful box kit is packed with everything you need to explore kawaii art:
- 3 sheets of card stencils
- 9 sheets of press-out paper pieces
- 3 sheets of colourful tissue paper
- 4 sticker sheets
- 14 sheets of patterned printed paper
- 7 press-out model sheets
- A 48-page guide to kawaii art, packed with tips, tricks, and instructions for each project **Learn and Create:**
- What makes kawaii art so unique and where did it come from?
- How does kawaii differ from other 'cute' styles like chibi?
- Discover the principles of kawaii design, including popular colour palettes and character features. Perfect for young



Pub Date:	08 Jul 2025	
Price:	AU \$39.99	NZ \$45.00
ISBN:	9781836005315	
Format:	Kit	
Package Type:	BOX	
Dimensions:	230h x 165w mm	
Extent:	48 pages	
Imprint:	Design Eye	
BIC1:	Children's & young adult:	
	general non-fiction	

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# Make Art: Kawaii

Ellen Philpott illustrated by Ilaria Ranauro

*Continued...*

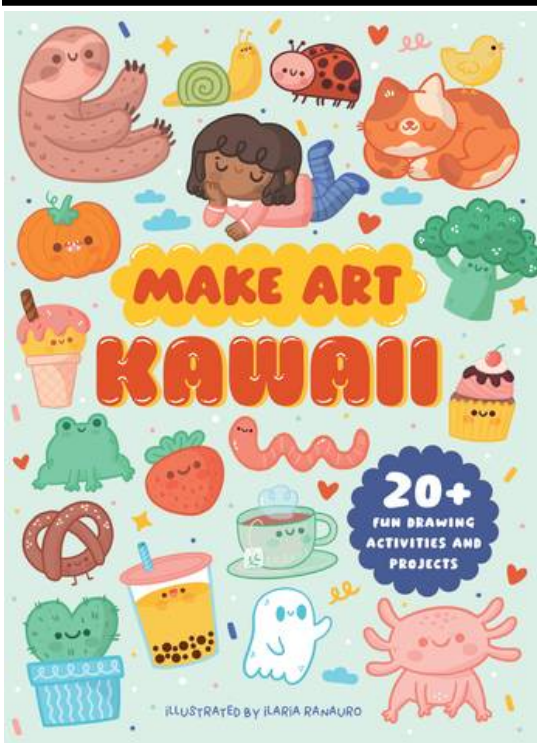
artists aged 7 and up, *Make Art: Kawaii* is designed to spark mindful creativity and a love for adorable Japanese art. Whether you're crafting kawaii characters or making cute stationery, this kit has all the tools and inspiration you need to create your own little world.

**With *Make Art: Kawaii*, creativity has never been so cute!**

## About the Author

**Ellen Philpott** is a children's author and editor. She began her career as an editorial assistant for Parragon Books before moving to Penguin's Ladybird imprint as an editor. Since 2012, she has been freelance and her clients include Mattel, Ladybird Books and Quarto Publishing Group.

Kawaii illustrator **Ilaria Ranauro** (aka Ilariapops) sells stickers, washi tape, prints, and other products adorned with her fun images on her popular Etsy shop. She teaches a class on how to create kawaii characters on Domestika and has illustrated children's books for Penguin Random House Mexico. A native of Italy, Ilaria is based in Berlin. To see more of her work, visit [iliararanauro.com](http://iliararanauro.com) and [@ilariapops](#) on Instagram, Etsy, and YouTube.



Pub Date: 08 Jul 2025  
Price: AU \$39.99 NZ \$45.00  
ISBN: 9781836005315  
Format: Kit  
Package Type: BOX  
Dimensions: 230h x 165w mm  
Extent: 48 pages  
Imprint: Design Eye  
BIC1: Children's & young adult:  
general non-fiction

## Romantasy Crochet Club Amanda Sennett

Inspired by the hugely popular Romantasy genre, *Romantasy Crochet Club* is the first book to celebrate the beloved characters and classic imagery with fun crochet projects.

### Sales points

- **BLOCKBUSTER INSPIRATION:** Romantasy is dominating bestseller lists.
- **ENDURING CRAFT:** Crochet continues to be one of the strongest-selling craft categories as new generations of crafters discover its ease and versatility.
- **FIRST TO MARKET:** This is the first crochet title to feature projects inspired by the Romantasy genre.
- **PERFECT FOR:** The dedicated Romantasy audience of women ages 18-54 who are active on social media platforms like Instagram and TikTok.
- **FUN PROJECTS:** Include fantasy figures and creatures as well as Romantasy emblems and symbols that celebrate readers' love of the genre.

### Description

**Celebrate your love of Romantasy with 20+ fun crochet projects.**

If you're one of the millions of enthusiastic readers who's addicted to Romantasy, *Romantasy Crochet Club* is a unique and entertaining way to pay creative tribute to your favorite characters, fantastical creatures, and enthralling themes.

Here are just some of the more than 20 projects that sing the praises of this blockbuster genre:

- **For the Passionate Reader.** Book Lover's Bookmark Trio—Bat Wings, Dragon's Tail, and Angel's Wing—and Werewolf Tablet or Book Sleeve.
- **Personal Arsenal.** Morally Gray Heart Garland, Tribute Rose, Skull, and Enemies-to-Lovers Pierced Heart.
- **Wear the Fantasy.** Fairytale Mask, Fae Ear Cuffs, and Faun Beanie.
- **Fantastical Creatures and Amazing Animals.** Mysterious Fae Warrior, Baby DraGoyle, and Fierce Dragon.

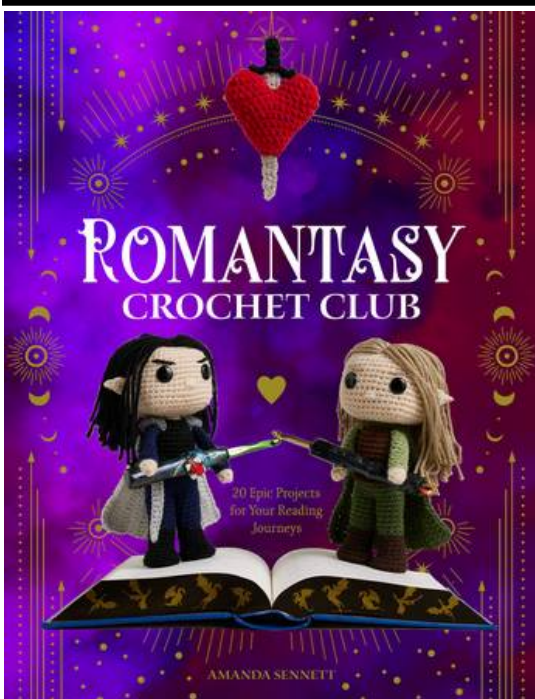
Several projects include yarn information for two sizes—large and small—so you can decorate your bookshelf or tabletop as well as your bag or backpack.

An overview of essential crochet techniques helps guide beginners and serves as a refresher for more experienced crocheters.

*Romantasy Crochet Club* is the perfect crochet companion for any Romantasy book lover, no matter which Romantasy authors, series, or titles top your reading list!

### About the Author

A devoted lover of all things nerdy, **Amanda Sennett** is a crochet artist and designer who sells her patterns



Pub Date:	08 Jul 2025	
Price:	AU \$45.00	NZ \$49.99
ISBN:	9780760396735	
Format:	Misc PB	
Package Type:	PAPERBACK	
Dimensions:	279h x 216w mm	
Extent:	144 pages	
Imprint:	Quarry Books	
BIC1:	The Arts	

NEW ZEALAND JULY 2025  
MURDOCH

## Romantasy Crochet Club Amanda Sennett

*Continued...*

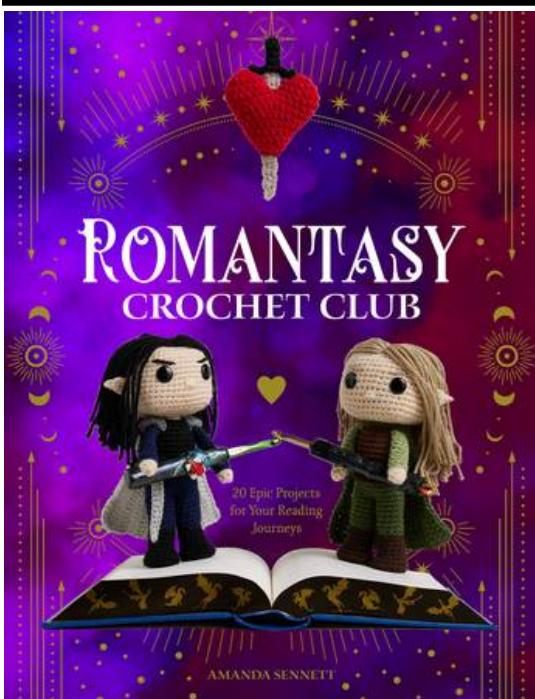
and handmade plushies on her Etsy shop and shares her crochet adventures on Instagram, Facebook, and TikTok. She lives in Northern Michigan.

Instagram: @crochet\_by\_a\_manda\_lorian

Facebook: Crochet By A Manda Lorian

TikTok: crochet\_by\_a\_manda\_lorian

Etsy: CrochetaMandaLorian / Crochet\_By\_A\_Manda\_Lorian



Pub Date:	<b>08 Jul 2025</b>	
Price:	<b>AU \$45.00</b>	<b>NZ \$49.99</b>
ISBN:	<b>9780760396735</b>	
Format:	<b>Misc PB</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>279h x 216w mm</b>	
Extent:	<b>144 pages</b>	
Imprint:	<b>Quarry Books</b>	
BIC1:	<b>The Arts</b>	

## Making Manga Saturday AM

*Making Manga* is a complete course in developing, writing, and drawing original manga, from the creators at Saturday AM, leading publishers of diverse manga and comics.

### Sales points

- **ROBUST GLOBAL MARKET:** The massive worldwide fan base is interested not only in consuming manga but in creating it as well.
- **UNIQUE APPROACH:** Goes beyond the basics of character design to guide readers to develop strong characters, stories, and visual approaches, plus a section on publishing and distribution.
- **QR CODES:** Provide access to exclusive video content.
- **MANGA STORY STARTERS:** Offer additional unique content and promotional opportunities through sharing via hashtag.
- **PERFECT FOR:** Aspiring/beginner to intermediate manga artists, character designers, animators, fantasy illustrators, cartoonists, and fans of manga, anime, and video games.

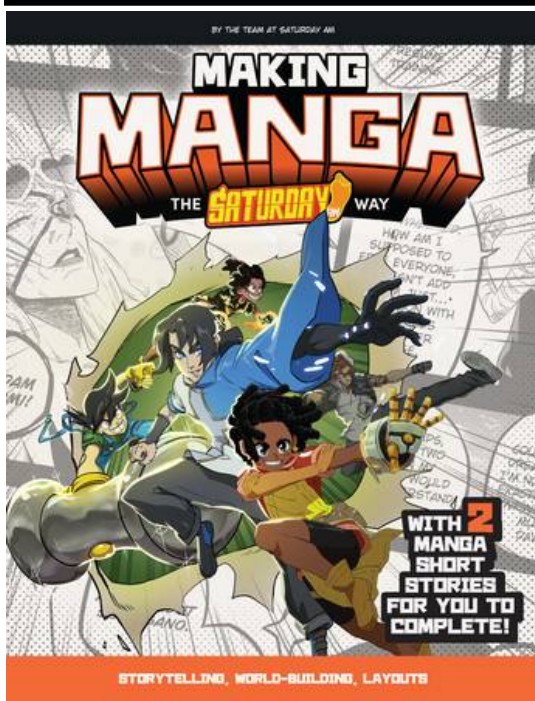
### Description

**Do you love to draw manga characters? Do you dream of creating and sharing your own fully realized manga stories but don't know how to make it happen?** *Making Manga* is for you!

Created by the team at Saturday AM, the world's leading showcase of diverse manga and comics stories, *Making Manga* gives you guidance on everything you need to develop, create, and publish your own dynamic stories.

Inside you'll find:

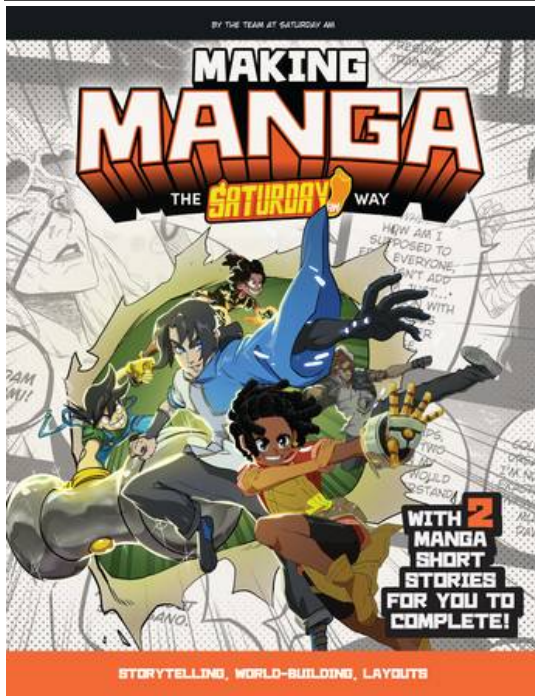
- **A detailed method for building a "storytelling box"** that will help you define and frame your concept
- **Suggestions for developing compelling characters and power systems** that can successfully drive your story
- **Techniques for mastering layouts** that ensure your scenes are easy to follow while using visual flow to heighten tension, build drama, or deliver a punchline
- **How to enhance your stories** with powerful backgrounds and effective lettering techniques
- **An overview of options for publishing and distribution** that gives you potential strategies for getting your work out there
- **Invaluable advice and insights through interviews with industry experts** on storytelling, writing, character development, creating layouts, lettering, printing, retail, promotion, and more
- **Two short manga starter stories** inspired by Saturday AM's hit series *Apple Black* and *Clock Striker* that let you explore your new creative skills



Pub Date:	26 Aug 2025	
Price:	AU \$35.00	NZ \$39.99
ISBN:	9780760389928	
Format:	Misc PB	
Package Type:	PAPERBACK	
Dimensions:	279h x 216w mm	
Extent:	128 pages	
Imprint:	Rockport Publishers	
BIC1:	Illustration	

NEW ZEALAND JULY 2025  
MURDOCH

## Making Manga Saturday AM



*Continued...*

- **QR codes** that link to exclusive instructional videos

Perfect for **beginning to intermediate** manga and anime artists, character designers, fantasy illustrators, animators, and cartoonists, *Making Manga* is the complete insider's guide to producing your own manga from the ground up.

For more instruction on character creation, *Saturday AM Presents How to Draw Diverse Manga* provides step-by-step tutorials for drawing different heads and facial features, hair types, bodies, and more. The Saturday AM TANKS, which collect Saturday AM's manga and comics in graphic novel format, provide even more inspiration for manga characters and stories.

The **Saturday AM TANKS series include:** *Apple Black*, *Clock Striker*, *Gunhild*, *Hammer*, *Henshin!*, *The Massively Multiplayer World of Ghosts*, *Oblivion Rouge*, *Saigami*, *Soul Beat*, *Titan King*, *Underground*, and *Yellow Stringer*.

### About the Author


**Saturday AM** is a unique digital comics brand featuring an ever-growing catalog of popular, exclusive and diverse action manga-style webcomics by independent creators from around the world. Among the nearly 50 visionary artists on the Saturday AM team are @WhytManga (Apple Black), @JeyOdin (Hammer), and @saigamiproject (Saigami). To learn more about Saturday AM, visit [saturday-am.com](http://saturday-am.com), or find them on Instagram (@saturday\_am), YouTube ([youtube.com/user/MyFutprint](https://youtube.com/user/MyFutprint)), and Twitter (@saturday\_am).

Pub Date:	<b>26 Aug 2025</b>	
Price:	<b>AU \$35.00</b>	<b>NZ \$39.99</b>
ISBN:	<b>9780760389928</b>	
Format:	<b>Misc PB</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>279h x 216w mm</b>	
Extent:	<b>128 pages</b>	
Imprint:	<b>Rockport Publishers</b>	
BIC1:	<b>Illustration</b>	

Rockport Publishers

# Sketchbook Large Kraft

## Editors of Chartwell Books



SKETCH

Featuring a stylish kraft and black-foil cover and over 200 blank pages to write and sketch in, Sketchbook Large Kraft is the perfect book for writing and creating art.

### Sales points

- Includes 240 pages of high-quality blank paper for a variety of needs.
- Dimensions are 7.45" x 10.24", offering more space for drawing.
- Perfect for artists and creatives.

### Description

Explore a world of possibilities with this stylish sketchbook featuring a kraft cover with black foil.

The perfect companion for all your needs, Sketchbook Large Kraft offers:

An elegant kraft cover with black-foil lettering

240 pages of blank, high-quality paper

An easy-to-write in layflat paperback format

A deluxe, larger size of 7.45" x 10.24" that offers more space for writing and sketching

The ultimate blank canvas, this handsome sketchbook can be used for drawings and sketches, journaling, creative writing, recording ideas and to-do lists, a notebook for meetings or classes, collages, vision boards, and much more.

Gift *Sketchbook Large Kraft* to the artists, creatives, and students in your life, or as a little treat to yourself!

### About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, Chartwell Books publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.

Pub Date: **08 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780785847564**  
Format: **Misc PB**  
Package Type: **FLEXIBACK**  
Dimensions: **260h x 189w mm**  
Extent: **240 pages**  
Imprint: **Chartwell**  
BIC1: **Gift books**

SKETCH

# Sketchbook Large Black

## Editors of Chartwell Books

Featuring a stylish black and silver-foil cover and over 200 blank pages to write and sketch in, Sketchbook Large Black is the perfect book for writing and creating art.

### Sales points

- Includes 240 pages of high-quality blank paper for a variety of needs.
- Dimensions are 7.45" × 10.24", offering more space for drawing.
- Perfect for artists and creatives.

### Description

Explore a world of possibilities with this stylish sketchbook featuring a black cover with silver foil.

The perfect companion for all your needs, Sketchbook Large Black offers:

An elegant black cover with silver-foil lettering

240 pages of blank, high-quality paper

An easy-to-write in layflat paperback format

A deluxe, larger size of 7.45" × 10.24" that offers more space for writing and sketching

The ultimate blank canvas, this handsome sketchbook can be used for drawings and sketches, journaling, creative writing, recording ideas and to-do lists, a notebook for meetings or classes, collages, vision boards, and much more.

Gift *Sketchbook Large Black* to the artists, creatives, and students in your life, or as a little treat to yourself!

### About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, Chartwell Books publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.

Pub Date: **08 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780785847557**  
Format: **Misc PB**  
Package Type: **FLEXIBACK**  
Dimensions: **260h x 189w mm**  
Extent: **240 pages**  
Imprint: **Chartwell**  
BIC1: **Gift books**

NEW ZEALAND JULY 2025  
MURDOCH

# Calming, Meditative and Mindful Sticker, Color & Activity Book

Editors of Chartwell Books

Soothe your anxiety and embrace the creative side of zen with *Calming, Meditative, and Mindful Sticker, Color & Activity Book*—featuring over 500 beautiful stickers and more than 50 activity and coloring pages.

## Sales points

- In hardcover with beautiful foil accents, this book has more than 500 unique stickers—plus more than a dozen pages to creatively color in, inspiring quotes from zen masters, and lots of relaxing puzzles and games to complete.
- Over 50 pages of original word games, activities, simple crafts, and images to color in, showcasing all manner of stress-free and mindful fun.
- Includes instructions on the art of a zen garden, a mindful 5-minute meditation, and a quick guide to yoga flows.

## Description

**Soothe your anxiety and embrace the creative side of calm with 500+ stickers, 50+ activity and coloring pages,** instructions for relaxing activities, and so much more.

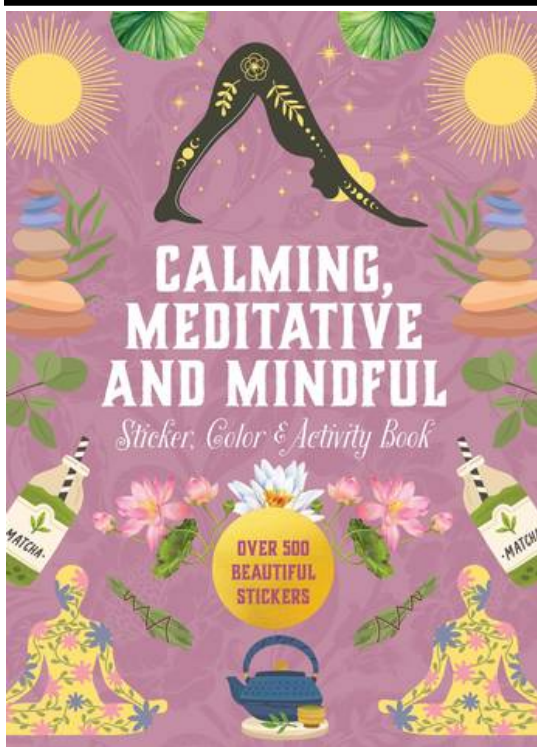
With *Calming, Meditative, and Mindful Sticker, Color & Activity Book*, you can embrace a state of zen as you partake in the mindful and energy-centering activities. Relax, explore your creativity, and add fun to your free time with:

- **Exquisitely illustrated stickers**, which you can use to decorate envelopes, gift wrap, letters, scrapbooks, or photo albums. On the backs of the sticker pages are inspiring quotes from zen masters and meditation experts.
- **Enchanting line-drawn coloring pages**, featuring mandalas, geometric designs, and florals. Each full-page design has a meditative pattern on the back that you can color in any way you like, regardless of your artistic abilities. You could even adorn your finished works of art with the included stickers.
- **Puzzle games** including mazes, sudoku, matching, trivia, and more!
- **Calming and stress-free activities** with instructions, including a quick guide to meditation and the art of the zen garden.

With beautiful **foil accents on the cover**, so many pages to look at, so many things to do, and so much joy to be had in these pages, *Calming, Meditative, and Mindful Sticker, Color & Activity Book* is the perfect book to have on hand when a free moment strikes. It's also a thoughtful gift for anyone who enjoys stickers, coloring, word games, and a whole lot of relaxing fun.

## About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years,



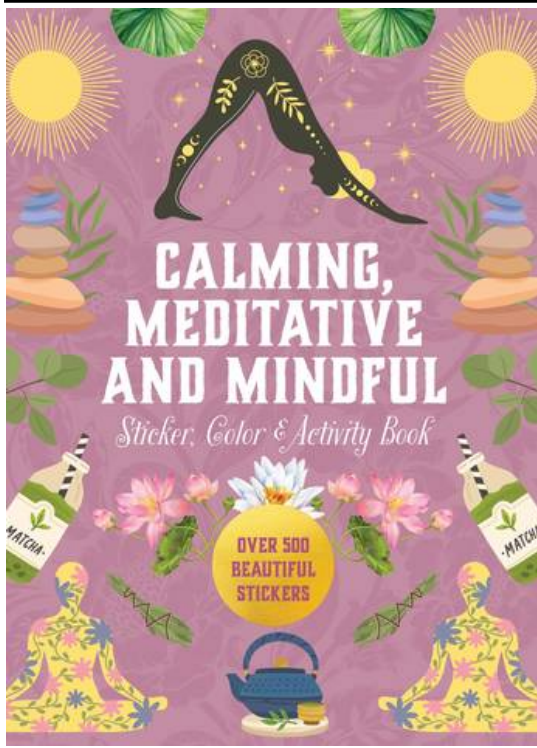
Pub Date: 08 Jul 2025  
Price: AU \$35.00 NZ \$39.99  
ISBN: 9780785846291  
Format: Misc HB  
Package Type: HARD BACK  
Dimensions: 203h x 152w mm  
Extent: 192 pages  
Imprint: Chartwell  
BIC1: Gift books

**NEW ZEALAND JULY 2025  
MURDOCH**

# **Calming, Meditative and Mindful Sticker, Color & Activity Book** **Editors of Chartwell Books**

*Continued...*

**Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



Pub Date: **08 Jul 2025**  
Price: **AU \$35.00**      **NZ \$39.99**  
ISBN: **9780785846291**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **203h x 152w mm**  
Extent: **192 pages**  
Imprint: **Chartwell**  
BIC1: **Gift books**

NEW ZEALAND JULY 2025  
MURDOCH

# Angels, Faith & Prayers Sticker, Color & Activity Book

Editors of Chartwell Books

With more than 500 captivating stickers and more than 50 artistic coloring and activity pages, *Angels, Faith and Prayers Sticker, Color & Activity Book* provides hours of creative and inspiring activities for crafters, people of faith, and anyone who loves inspiring religious imagery and verses.

## Sales points

- Contains more than 500 beautiful stickers.
- Over 50 pages of original word games, leisurely activities, and images to color in, showcasing all manner of angels, words of faith and inspiration; the larger-trim paperback makes for easier reading and easier writing.
- Perfect gift for Mother's Day, Christmas, or birthdays.

## Description

**Celebrate the beauty and inspiration of angels and words of faith—with 500+ stickers and 50+ activity and coloring pages.**

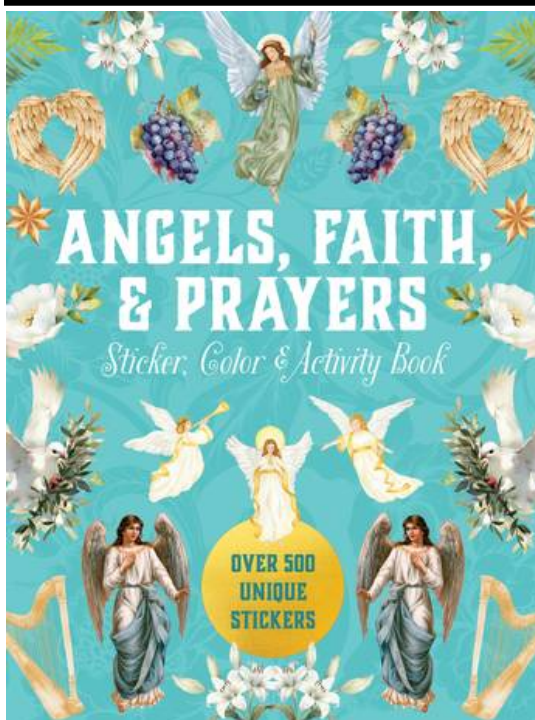
Scrapbookers, crafters, and anyone with a love of spiritual imagery will love *Angels, Faith and Prayers Sticker, Color & Activity Book*. Faith is inspiring and inspiration leads to creativity. This book provides hours of creative activities to pursue solo or with a group. Within its covers you'll find:

- **Gorgeous stickers**, with subjects from angels to religious symbolism that can be used to create collages, decorate gift wrap, put in scrapbooks or photo albums, or grace your written communications, from gift tags to letters. On the backs of the sticker pages are quotes from scripture and great spiritual thinkers.
- **Divine coloring pages**, featuring line-drawn images exploring the mystery and majesty of faith. Each full-page design has a pattern on the back that you can color in any way you like, regardless of your artistic abilities. You can even adorn your finished works of art with the stickers.
- **Words games and activities**, such as mazes, connect-the-dots, trivia, and more!

With beautiful **foil accents on the cover**, so many pages to look at, and so many things to do, this engaging book is one you'll turn to again and again. *Angels, Faith and Prayers Sticker, Color & Activity Book* is a wonderful gift to a friend or loved one or even for yourself.

## About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



Pub Date:	15 Jul 2025
Price:	AU \$35.00      NZ \$39.99
ISBN:	9780785846611
Format:	Misc HB
Package Type:	HARD BACK
Dimensions:	203h x 152w mm
Extent:	192 pages
Imprint:	Chartwell
BIC1:	Hobbies, quizzes & games

NEW ZEALAND JULY 2025  
MURDOCH

# Language of Flowers Coloring Book

## Editors of Chartwell Books

Step away from the busy modern world and enter the gracious manners of Victorian times with sweet posies and wonderful wildflowers to color in *The Language of Flowers Coloring Book*.

### Sales points

- Contains reference material for learning about the language of flowers.
- Gorgeous patterns for coloring on the back of each page.
- Makes a great gift for any crafter.

### Description

**Take a break from texting and posting to express yourself in the Victorian language of flowers.**

During the Victorian era, secret sentiments could be expressed through the language of flowers, or floriography. A friend or lover could utter whole sentences by combining colors and varieties of plants and herbs and altering the position of the foliage. Floriography conveyed not only love and happiness—a well-chosen flower could express anything from indifference to passion. *The Language of Flowers Coloring Book* allows you to celebrate this charming tradition in full color.

Immerse yourself in a world of romance with:

Over 100 delightful designs to color, featuring beautiful bouquets and posies, garden flowers, and wildflowers

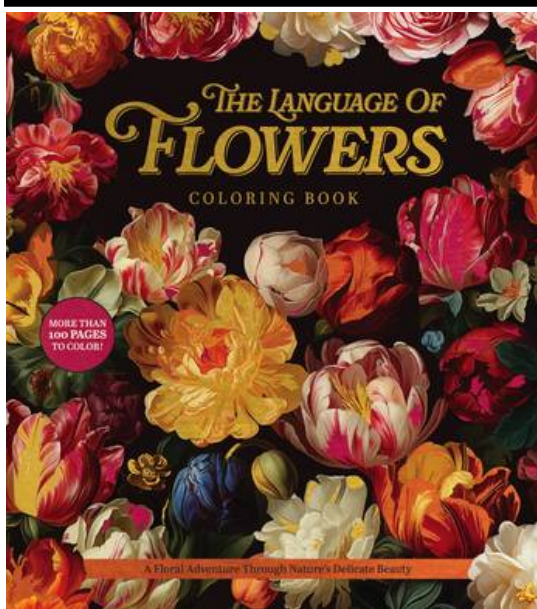
Sample meanings of various blooms and bouquets

Delicate patterns for coloring on the back of each page

An ideal gift for coloring enthusiasts and lovers of Victoriana, *The Language of Flowers Coloring Book* harkens back to a bygone time of courtly love while offering a chance for relaxing creativity.

### About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, Chartwell Books publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



Pub Date:	<b>15 Jul 2025</b>	
Price:	<b>AU \$19.99</b>	<b>NZ \$22.99</b>
ISBN:	<b>9780785847281</b>	
Format:	<b>Misc PB</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>241h x 216w mm</b>	
Extent:	<b>128 pages</b>	
Imprint:	<b>Chartwell</b>	
BIC1:	<b>The Arts</b>	

NEW ZEALAND JULY 2025  
MURDOCH

# Lulu's House of Wonder Coloring Book

## Lulu Mayo

Color your way through the imaginative rooms and supercute fantastical creatures in *Lulu's House of Wonder* Coloring Book by best-selling author and illustrator Lulu Mayo.

### Sales points

- **BEST-SELLING AUTHOR OF 21 BOOKS:** Features popular author Lulu Mayo's adorable creatures, such as dragons, hedgehogs, cats, ghosts, and sloths. Lulu Mayo has 21 books under her belt, and her best-selling *A Million Creatures to Color* series has been successful worldwide.
- **FANTASY KAWAII ILLUSTRATIONS:** Contains over 40 adorable illustrations to color.
- **HIGH-QUALITY PAPER:** Includes thick, high-quality paper that allows for coloring with the tool of your choice, without worrying about the color bleeding through.

### Description

Immerse yourself in the whimsical world of *Lulu's House of Wonder Coloring Book*, featuring over 40 enchanting illustrations of kawaii creatures in captivating scenes.

Little Lulu is your host and guide through the many rooms of her home and her cute adventures. Lose yourself in a creative escape as you bring to life the adorable creatures you meet along the way, including **cats, otters, squirrels, sloths, hedgehogs, frogs, and foxes** as well as **fantastical creatures** like **fairies, unicorns, dragons, kawaii ghosts**, and more.

This delightful coloring book features:

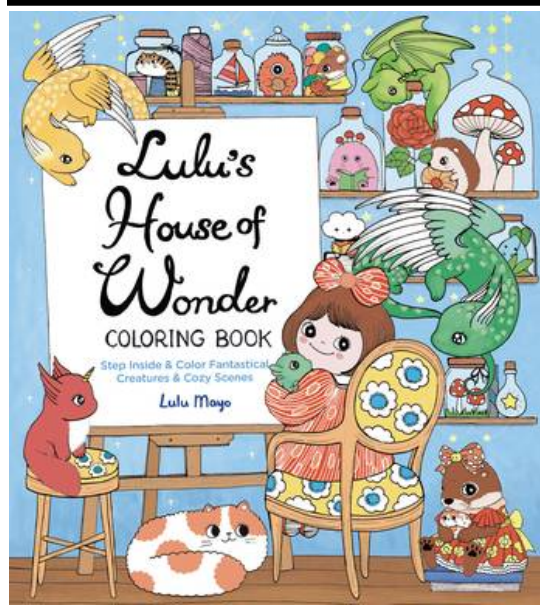
- **Lulu Mayo's kawaii creatures**, from dragons to sloths
- **More than 40 full-page illustrations**, each featuring a different glimpse into Lulu's world—from her attic to her art studio
- **Thick, high-quality paper** so you can color using your choice of colored pencils or markers

Lulu Mayo's enchanting art style, adored by millions, offers a perfect blend of whimsy and tranquility, making this book a must-have for coloring enthusiasts of all ages. Each illustration invites you to escape from the hustle and bustle of daily life—join Lulu as she frosts a birthday cake, plays with toys atop a rocking horse, and paints with her dragon friends flying around her.

Embrace the joy of coloring and transport yourself to a world of wonder and imagination with *Lulu's House of Wonder* Coloring Book.

### About the Author

London-based illustrator **Lulu Mayo** is passionately committed to daydreaming in the fantasy art world where



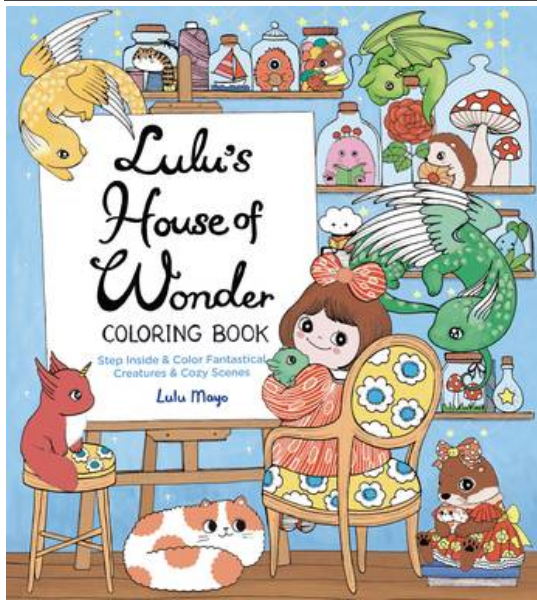
Pub Date:	08 Jul 2025	
Price:	AU \$24.99	NZ \$27.99
ISBN:	9780760395646	
Format:	Misc PB	
Package Type:	PAPERBACK	
Dimensions:	241h x 216w mm	
Extent:	96 pages	
Imprint:	Walter Foster	
BIC1:	Illustration	

**NEW ZEALAND JULY 2025  
MURDOCH**

# **Lulu's House of Wonder Coloring Book** **Lulu Mayo**

*Continued...*

mysterious creatures and cute animals live. She started her studies in business before realizing that she was at her happiest drawing. This led her to pursue a master's degree in Illustration at Camberwell College of Arts, University of the Arts London. She loves the quirky and the fun and enjoys bringing energy and humor to her artworks ranging from books, greeting cards, and editorial designs. She has 18 books under her belt. Her best-selling A Million Creatures to Color series has been successful worldwide—having been published in more than 20 different territories.



Pub Date: **08 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780760395646**  
Format: **Misc PB**  
Package Type: **PAPERBACK**  
Dimensions: **241h x 216w mm**  
Extent: **96 pages**  
Imprint: **Walter Foster**  
BIC1: **Illustration**

NEW ZEALAND JULY 2025  
MURDOCH

## Kick A\*\* Small Talk Editors of Chartwell Books

Kick A\*\* Small Talk takes readers through a series of exercises, activities, and writing prompts to help them better engage with other people, which will improve their overall well-being.

### Description

Learn to communicate effectively—and painlessly—with this guided workbook’s 100+ writing prompts and activities. Sometimes seen as trite or trivial, uncomfortable or even embarrassing, small talk—or the polite conversation about unimportant or uncontroversial topics—is actually a necessary skill for any adult. Small talk not only helps you connect to other people, but in doing so, it helps to build confidence in social situations, which in turn enhances health, lifts mood and energy, and improves overall well-being.

In *Kick A\*\* Small Talk*, you will work through a series of exercises, activities, and writing prompts to help you better engage with other people. Topics cover:

The Four Steps of Small Talk

“Micro-interactions,” such as a giving or receiving a compliment or having a quick chat in the elevator

How to widen the range of people you interact with, such as the barista, an Uber driver, or that person in accounting

How to overcome feelings that others won’t be interested in what you have to say

How to ask questions of others

Prompts and verbal cues for starting (and ending) a conversation

and so much more!

Activities, challenges, and assignments include things like going on a “Small Talk Scavenger Hunt”—the idea being that as you find, approach, and talk to strangers, you’ll grow more optimistic and confident in your conversational skills—plus many more fun things that will make you the talk of the town.

With loneliness at epidemic proportions, people are yearning more than ever to connect. All it takes is a little bit of small talk to make that first connection—and *Kick A\*\* Small Talk* is the light-hearted, trusted companion you need.

With so much of our lives and contact going digital, the Guided Workbooks offer an intimate way to nurture your connection with yourself and the people around you. An entertaining way to get off your screen, the pages in these guided prompt books are great for writers and first-timers alike. Each workbook offers content around a different, compelling theme, filled with thoughtful questions, inspiration for composition, and interactive prompts to learn about yourself and the world around you. Beautifully designed on high-quality paper stock and full of mindful prompts, channel your inspiration as you put pen to paper to learn more about what inspires you.

Other books in the series include: *Overcome Your Anxiety*, *The Loneliness Problem*, *Finding Your Authentic Self*, *The*

Pub Date: 01 Jul 2025  
Price: AU \$24.99 NZ \$27.99  
ISBN: 9780785846468  
Format: Misc PB  
Package Type: PAPERBACK  
Dimensions: 214h x 152w mm  
Extent: 192 pages  
Imprint: Chartwell  
BIC1: Popular medicine & health

NEW ZEALAND JULY 2025  
MURDOCH

## Kick A\*\* Small Talk Editors of Chartwell Books



### *Continued...*

Adulting Workbook, Stop Overthinking, 5-Minute Productivity Workbook, 3-Minute Positivity Workbook, 52 Weeks to Better Mental Health, The Anti-Anxiety Journal, Manifest Your Intentions, 369 Laws of Attraction Guided Workbook, Tarot: A Guided Workbook to Unlock and Explore Your Magickal Intuition, Astrology: A Guided Workbook to Understand and Explore the Wisdom of the Universe, and Finding Your Balance: A Cognitive Behavioral Therapy Workbook.

### **About the Author**

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.

Pub Date: 01 Jul 2025  
Price: AU \$24.99 NZ \$27.99  
ISBN: 9780785846468  
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Package Type: PAPERBACK  
Dimensions: 214h x 152w mm  
Extent: 192 pages  
Imprint: Chartwell  
BIC1: Popular medicine & health

## Stop F\*cking Overthinking Editors of Chartwell Books

*Stop F\*cking Overthinking* offers more than 100 focused writing prompts and self-exploration exercises to help overcome the 10 types of overthinking—in just 10 steps each.

### Description

**Learn to quiet the d\*mn chaos in your mind and stop overthinking with this irreverent workbook filled with more than 100 unique writing prompts and exercises, plus cheeky and encouraging quotes.**

If you've ever lain awake at night, feeling as if your thoughts were on a f\*cking loop that you were unable to stop, then overthinking has affected your life. Your mind wants to be active 24/7, and overthinking is one of the brain's toxic ways of doing so. Without that beauty sleep, **your health may start to suffer with any or all of the following:**

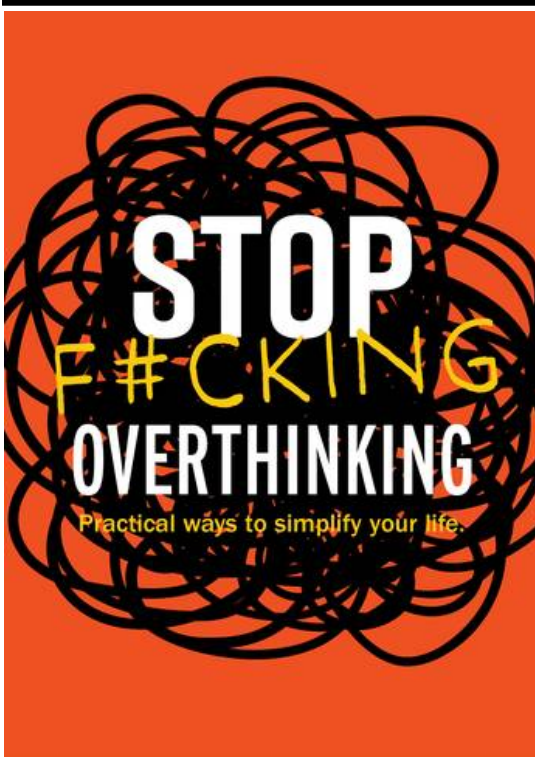
- Increased risk of high blood pressure, heart disease, and diabetes
- Increased levels of stress, depression, and anxiety
- Decreased concentration and sex drive
- Memory issues and mood changes
- Poor balance, weight gain, and a weakened immune system

To help guide your brain to more productive and calm ways of thinking, **each chapter covers one type or cause of overthinking:**

- Worry and anxiety
- Perseverance
- Perfectionism
- Obsessive thinking
- Avoidance
- People pleasing
- Self-sabotage
- Resolving the origins of overthinking
- Unlearning learned behavior
- Overthinking your overthinking

**Within each chapter are 10 simple steps, in the form of writing prompts and exercises,** that will help you tackle whatever sh\*tty type of overthinking is causing your mind to run on autopilot. Designed to help you manage those runaway thoughts in a new way, and based on actual clinical practices by a licensed psychotherapist, you can convert your mind and spiraling thought habits into productive, healthy thinking.

Don't let those racing thoughts keep you up, preoccupy you, or distract you any longer. Get a handle on those d\*mn



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Extent: 192 pages  
Imprint: Chartwell  
BIC1: Self-help & personal development

NEW ZEALAND JULY 2025  
MURDOCH

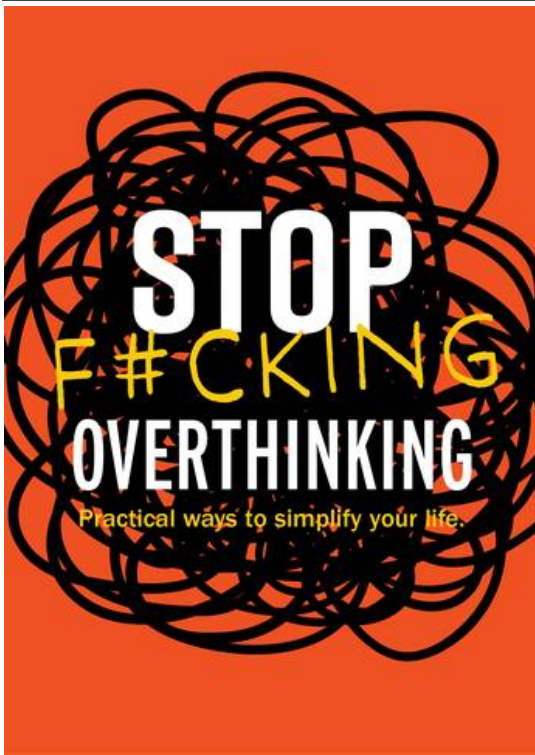
## Stop F\*cking Overthinking Editors of Chartwell Books

*Continued...*

thoughts today!

### **About the Author**

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



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Extent: 192 pages  
Imprint: Chartwell  
BIC1: Self-help & personal development

## My F\*cking Job Sucks Editors of Chartwell Books

Take a bite out of workplace stress and take charge of your wellness with *My F\*cking Job Sucks*.

### Description

**Don't let your f\*cking job get the better of you! Learn how to maximize your workplace well-being with this practical guide's 100+ exercises and writing prompts.**

It's a universal truth that most of us have to work to earn a living. That means we spend about one-third of our lives on the job. Put another way, the average person will spend 90,000 hours at work over the course of their lifetime. And if workplace TikToks and memes are to be believed, not very many of us love our jobs. So how do we improve the way we see and experience this very important aspect of our lives? *My F\*cking Job Sucks* helps you identify obstacles and roadblocks to achieving your best work life.

Covering topics like emotional, physical, intellectual, and financial health, this guided workbook features:

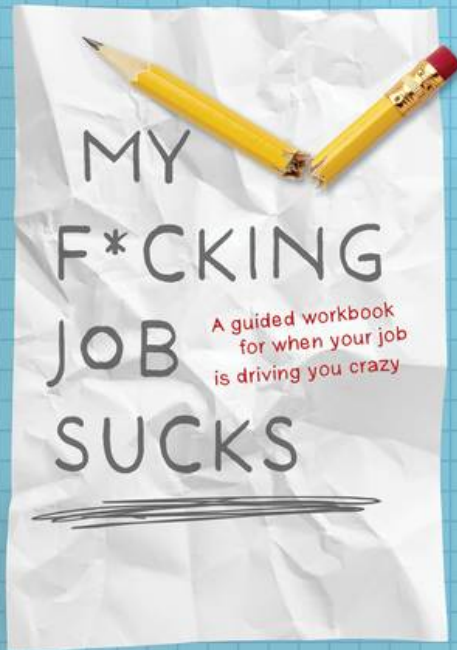
- Practical tips
- Quizzes
- Simple meditations and exercises

With more than 100 writing prompts and exercises, *My F\*cking Job Sucks* is for anyone who wants to improve their wellness before their job gets the better of them.

### About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years,

**Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



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Extent:	192 pages
Imprint:	Chartwell
BIC1:	Popular medicine & health

NEW ZEALAND JULY 2025  
MURDOCH

## Written in Your Stars Narayana Montufar

*Written in Your Stars* is the definitive guide to navigating your planetary cycles based on your age.

### Sales points

- **ASTROLOGY BOOKS SELL—AND THIS IS A FRESH, APPEALING ANGLE.** Interest in planetary cycles, formerly the purview of advanced astrology geeks, is going mainstream thanks to astrology influencers on Instagram and TikTok who put together slick video posts on various planetary cycles that get high engagement. Even the *New York Times* has covered how formerly arcane astrological subjects such as Mercury Retrograde have gone mainstream.
- **A DIVERSE VOICE IN THE MBS COMMUNITY.** There is a movement toward diversity in MBS categories. The author is recognized as a leader in the BIPOC community for her spiritual work and her work as an artist. She was featured as one of *Authority Magazine's* 2020's Strong Female Leaders, *Destig Magazine's* Top Artists to Collect in 2020, and one of *Vogue's* 13 Astrologers to Follow in 2021.
- **AUTHOR HAS STRONG MARKETING/PR CONTACTS.** The author is a former Senior Editor for Horoscope.com and Astrology.com. She is a guest writer for *Well + Good* (1M followers), *Women's Health* (2M followers), and *Parade* and does astrology Instagram Lives for House of Intuition, the premier BIPOC/LGBTQ-owned New Age boutique in LA (128K). She was voted one of the "13 Astrologers You Need to Follow" by *British Vogue* alongside best-selling author Chani Nicholas! Her first book was also featured in *Oprah Magazine*, *Refinery29*, *The Today Show*, *Women's Health*, *Cosmopolitan*, and more.

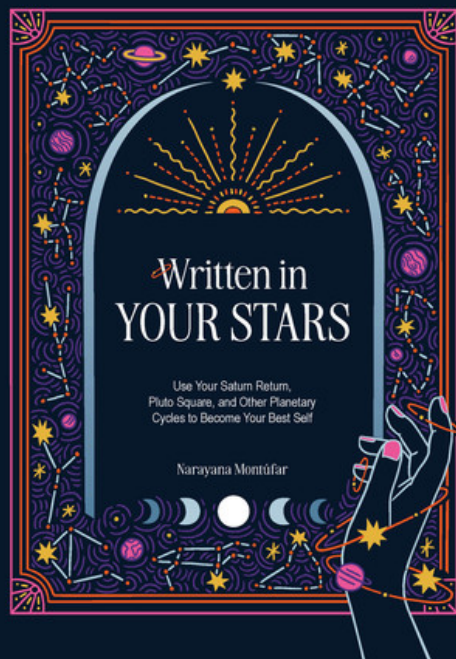
### Description

**Using your age as a reference, learn and grow from the lessons and opportunities of your past, current, and upcoming planetary cycles.**

What does every 27-year-old have in common? At first glance, not much! But when you look at their specific age through an astrological lens, they are all at a critical moment along their life journey. Each of them is experiencing a Saturn Return, an important transition from adolescence to maturity where one sets the template for their major life goals.

Written by one of *Vogue's* "13 Astrologers to Follow" Narayana Montufar, *Written in Your Stars* is the ultimate accessible guidebook for navigating planetary cycles, and their corresponding life events and transitions. You will be able to:

- Figure out which of the ten planets in the zodiac is currently being activated in your chart—and their corresponding lessons and opportunities



Pub Date: **08 Jul 2025**  
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Package Type: **HARD BACK**  
Dimensions: **195h x 145w mm**  
Extent: **208 pages**  
Imprint: **Fair Winds Press**  
BIC1: **Self-help & personal development**

Fair Winds Press

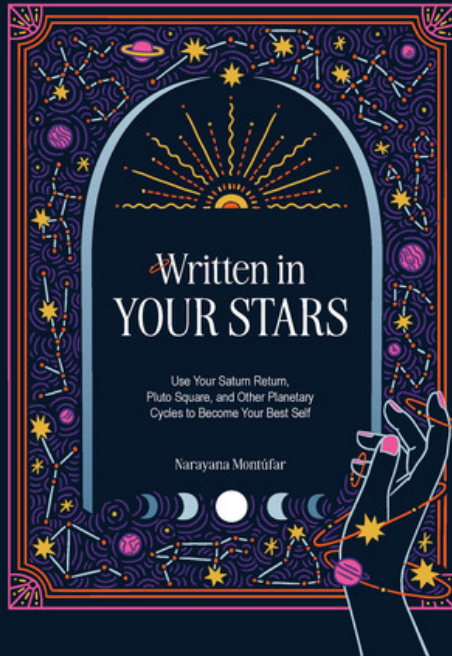
# Written in Your Stars Narayana Montufar

## *Continued...*

- Learn strategies to navigate these rites of passage
  - Follow easy-to-implement tips on how to harness these cycles for success and fulfillment
- Traverse your planetary cycles and rites of passage with confidence with this indispensable reference at your side.

### **About the Author**

**Narayana Montufar** is a Mexican-born, California-based astrologer, writer, artist, and Akashic reader who finds inspiration in the symbolic language of the cosmos. She is the author of *Moon Signs: Unlock Your Inner Luminary Power*. Narayana currently serves as the in-house astrologer for House of Intuition LA and was named one of Vogue's "Top Astrologers To Follow in 2020." Her work has been featured in numerous lifestyle publications such as *Teen Vogue*, *Cosmopolitan*, *Refinery29*, *InStyle*, *Brit+Co*, *Bustle*, *Pop Sugar*, *Women's Health*, *Romper*, and more.



Pub Date:	<b>08 Jul 2025</b>
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BIC1:	<b>Self-help &amp; personal development</b>

NEW ZEALAND JULY 2025  
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Dimensions: 210h x 190w mm  
Extent: 224 pages  
Imprint: Leaping Hare Press  
BIC1: Self-help & personal development

# Manifesting

## Nicole Weiss illustrated by Annie Tarasova

It's time to turn your dreams into reality with the power of manifestation. Unlock your inner power and begin your journey of self-discovery with *Manifesting*, the exciting new guide from Law of Attraction expert Nicole Weiss.

### Sales points

- A strikingly illustrated handbook to the five must-know techniques on how to attract your dream life.
- Guided by popular law of attraction expert and tiktok witch, Nicole Weiss@manifex (over 350K followers) learn simple, mindful manifestation techniques that could change your life.
- A definitive modern package aimed specifically at Gen Z and millennial modern mystics.

### Description

**Embark on your journey of self-discovery and discover the secrets of *Manifesting* to unlock your full power and transform your life.** This is the essential guide for anyone and everyone seeking empowerment and the tools to attract their best life.

Renowned Law of Attraction expert Nicole Weiss (@manifex) unveils the secrets to unlocking your full potential and achieving the life you've always dreamed of through mindful manifestation. **Whether you're seeking personal fulfilment, professional success, abundance, or meaningful connections, this bold and comprehensive guide empowers you to manifest your deepest desires.**

Chapters cover tried and tested tips and techniques to manifesting such as:

- Unveiling your wishes
- Breaking free from self-doubt
- Finding your inner power
- Taking inspired action
- Trusting the universe

Alongside a comprehensive guide to manifesting by goals.

**Let *Manifesting* guide you as you build a personal practice that has the power to change your life.**

### About the Author

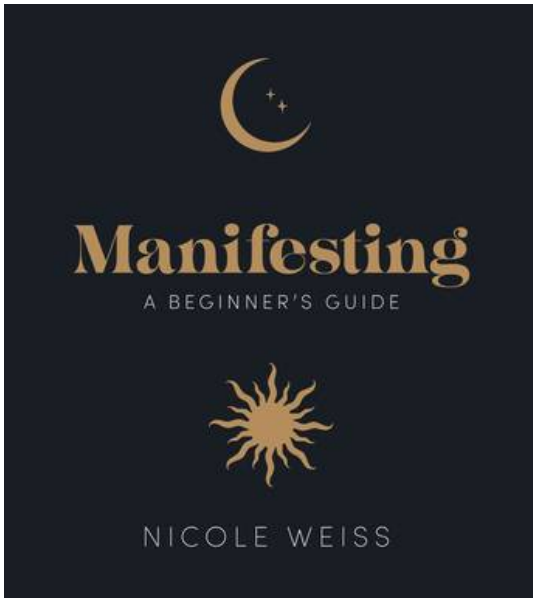
**Nicole Weiss** is a modern-day magic maker and a leading voice in manifesting and modern witchcraft. With a passion for empowering others, Nicole has helped countless individuals unlock their inner power and create the life they desire. Through TikTok, Instagram, and YouTube she has built a thriving community of like-minded souls, inspiring and guiding them on their journeys of self-discovery and manifestation.

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Leaping Hare Press

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# **Manifesting** **Nicole Weiss illustrated by Annie Tarasova**



*Continued...*

Instagram: @manifex

TikTok: @manifex

Annie Tarasova is an independent artist on a mission to inspire you to look within, believing all the answers to your questions are found in your inner world. She began DreamyMoons in 2016, which was initially created to inspire her to paint more when she felt disconnected from her creative side. What was created simply for inspiration, turned into the most fulfilling full time job she could ever ask for.

Instagram: @annietarasova | @dreamy\_moons

Website: <https://dreamymoos.com.au>

Pub Date: **08 Jul 2025**  
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Imprint: **Leaping Hare Press**  
BIC1: **Self-help & personal  
development**

**Leaping Hare Press**

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## Tarot Spellbook Sam Magdaleno

*The Tarot Spellbook* provides 78 magickal spells based on each individual tarot card's theme. Each spell incorporates different magickal practices and spell work, such as candle magick, ritual bathes, spell jars, and more!

### Sales points

- This book solves the accessibility problem for tarot enthusiasts. Tarot is filled with symbolism and estoteric information and can take years to learn. By incorporating theme-based spells for each card, readers can easily connect with the tarot in a way that is meaningful, fun, and practical!
- Sam the Cosmic Witch is a scaling influencer who is known for making tarot fun and easy for newbies and baby witches.
- With US Games Systems (the leading tarot deck publisher) doubling their print run of the Rider-Waite-Smith tarot deck since the pandemic, and interest in witchcraft exploding in recent years, the appetite for tarot and witchcraft is undeniable—both experienced and “baby” witches are seeking ways to further their magickal knowledge.

### Description

**Take a magical journey through the 78 cards of the Rider-Waite-Smith deck—featuring a unique spell for each card.**

Connecting with the 78 cards of the tarot in a meaningful way can be overwhelming, which can lead to scouring reference books and memorizing meanings rather than using the cards themselves. *The Tarot Spellbook* gives you a fun way to learn the cards—and a practical way to work with them beyond divination and reading. Each of the 78 spells in *The Tarot Spellbook* is categorized into one of eight popular spell categories: self, change, love, money, career, wellness, protection, and home. Because the lessons taught by tarot cards are those that apply to all aspects of life, from karmic soul lessons to the smaller daily events, the spells in *The Tarot Spellbook* cover everything you need for a variety of common life situations.

Looking to manifest your desires? See the Magician card and spell.

Need to find clarity? Work with the Moon card and spell to dispel illusion.

### Each tarot card entry includes:

- An outline of the card's overall meaning
- 2–3 journal questions to aid in introspection, reflection, and further connection to the tarot card
- A spell connecting to a dominant theme of the card, helping you connect to the card on a personal level, and furthering your knowledge of witchcraft

From candle magick, to spell jars, to ritual baths, and more, *The Tarot Spellbook* utilizes spellwork of all kinds



Pub Date:	15 Jul 2025	
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Dimensions:	225h x 170w mm	
Extent:	192 pages	
Imprint:	Fair Winds Press	
BIC1:	Tarot	

NEW ZEALAND JULY 2025  
MURDOCH

# Tarot Spellbook

## Sam Magdaleno

*Continued...*

to truly aid you in expanding your magickal practice on all fronts.

### About the Author

**Sam Magdaleno** is a professional witch and tarot reader. Creatrix of the popular Instagram handle, Sam the Cosmic Witch, Sam offers resources on witchcraft and tarot, as well as a monthly membership centered around working with moon magick. She specializes in demystifying witchcraft, and making it practical and applicable to everyday life. Having grown up visiting Wiccan shops and collecting crystals with her mom, Sam experienced the positive influence that witchcraft had on her life, and is dedicated to helping others live in alignment with their inner witch. Sam is obsessed with overalls, coffee, and horror movies. She lives in Alberta, Canada.



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Extent: 192 pages  
Imprint: Fair Winds Press  
BIC1: Tarot

Fair Winds Press

## Inspired by Prayer Editors of Chartwell Books

*Inspired by Prayer* is a beautiful 52-week guided prayer journal for biblical meditation and introspection.

### Description

**Dive deep into prayer and meditation with *Inspired by Prayer*, a 52-week guided journal.**

Discover a deeper connection to yourself and God with *Inspired by Prayer*. Use this beautiful journal to reflect on scripture passages highlighting faith, hope, joy, and love. You can skip around to seek spiritual guidance in whatever area you wish, or you can flow through the year and check in through prayer once a week.

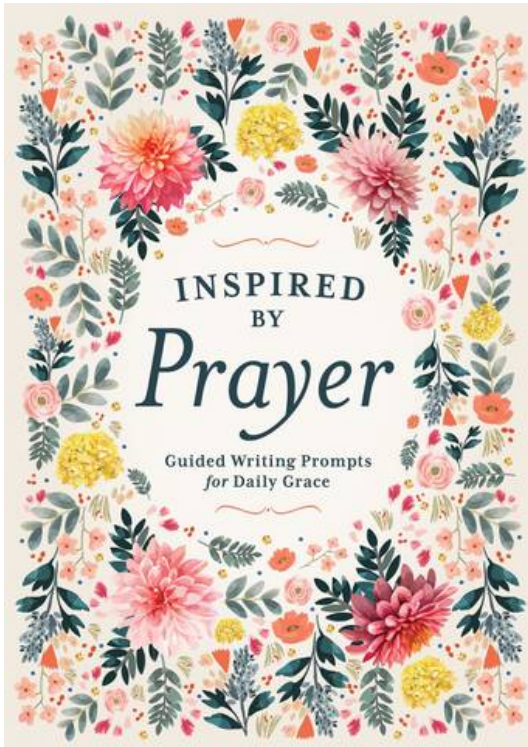
Features include:

- Uplifting Bible verses
- Thoughtful questions
- Writing space for reflection and prayers

With a variety of journaling styles and space to express your thoughts, this journal is a perfect gift for yourself or anyone who wants to strengthen their faith.

### About the Author

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music, art instruction, transportation, and more.



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Extent:	204 pages
Imprint:	Chartwell
BIC1:	Self-help & personal development

# Practising Simplicity

## Jodi Wilson

An exquisitely photographed exploration of what it is to find purpose, joy and connection in the simple things.

### Sales points

- In the vein of *Low Tox Life*, *Days Like These* and *Slow*, this is a highly visual gift or self-purchase that challenges you to let go of your baggage both physical and metaphorical
- Since Feb 2020 tens of thousands have developed 'city fatigue', leaving our cities for a more affordable lifestyle in the regions or life on the road
- Author has a highly engaged following of 27.5k on Instagram who have tracked her journey as a family of six travelling around the country in a caravan

### Description

*'I'm not here to nag you and tell you that you need to live with less stuff. Nor will I tell you that owning less is a sure and certain path to happiness. But let me tell you what it's like to carry all you own with you ... to reduce your consumption and increase your free time and to realise that everything you need in life can fit in a caravan along with those you love most ...'*

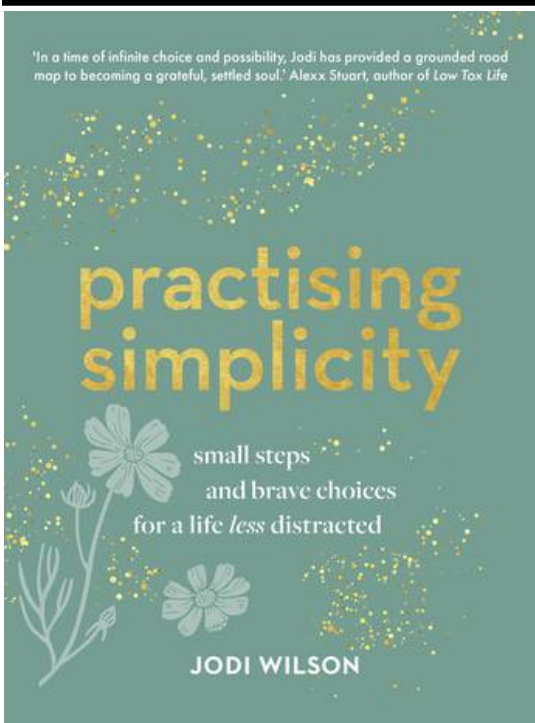
It is natural to fear uncertainty. But what if you embraced it, listened to your intuition and made the tiny or big decisions to slow life right down? What if you had more space in your life for connection to nature and those around you? What if you stepped off the treadmill and forged a new path?

In *Practising Simplicity*, author and photographer Jodi Wilson shines a light on all the best things in life that don't cost money and how you can incorporate them into your lifestyle, whatever your circumstances. For her, the simplicity of living in a tiny home on wheels was at first terrifying but ultimately the essential answer to anxiety and overwhelm.

A beautiful, unflinching encouragement to let go of the unnecessary, *Practising Simplicity* inspires us to celebrate the simple yet extraordinary joys that make life meaningful.

### About the Author

Jodi Wilson is a mother of four, yoga teacher, writer and photographer whose blog and Instagram account (@practisingsimplicity) celebrate the simple magic of everyday life. She lives in Tasmania.



Pub Date:	<b>01 Feb 2022</b>	
Price:	<b>AU \$32.99</b>	<b>NZ \$36.99</b>
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Format:	<b>Misc HB</b>	
Package Type:	<b>HARD BACK</b>	
Dimensions:	<b>190h x 150w mm</b>	
Extent:	<b>256 pages</b>	
Imprint:	<b>Murdoch Books</b>	
BIC1:	<b>Self-help &amp; personal development</b>	
Author now living:	<b>None</b>	

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## Healthy Slow Cooker Ross Dobson

The slow cooker gets a healthy makeover with 100 recipes for comforting food without sacrificing flavour.

### Sales points

- Slow cookers are one of the most energy-efficient and budget-friendly cooking methods, with very little effort needed
- The popularity of slow-cooker recipe books is constant, with sales of the device shooting up over winter 2022
- Over 50,000 copies sold globally of *250 Must-Have Slow Cooker Recipes*; 30,000 copies sold of *Whole Food Slow Cooked*
- Slow cookers are simple yet versatile, and can be used to simmer stews, soups, casseroles or for any other meal that needs a long cooking time

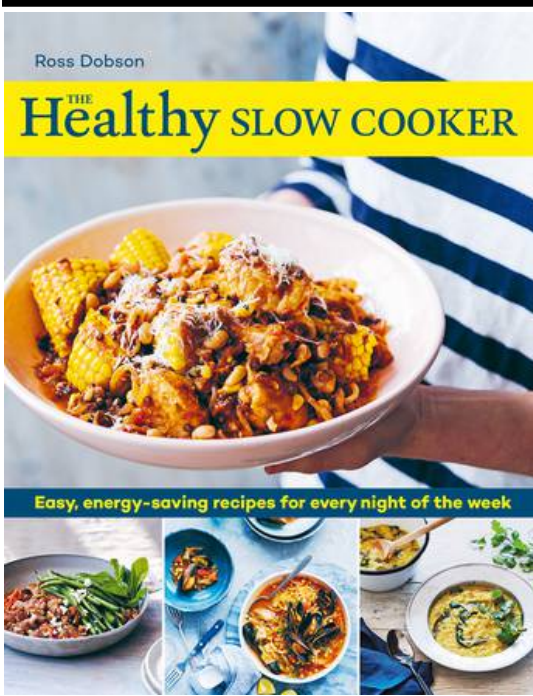
### Description

Full of healthy, wholesome and filling family favourites, this is the only slow cooker collection you'll need.

No matter what your dietary requirements, there are plenty of ideas here for every kind of dinner – weekday, special Saturday nights, long Sunday lunches, soups for the whole week, and extra slow 'set and forget' recipes. Meal prep has never been so easy or so delicious.

### About the Author

Ross Dobson is the bestselling author of numerous cookbooks including *King of the Grill*, *Fired Up* and *Fired Up Vegetarian*. He is a recipe developer, prep chef and caterer with the special skill of being able to translate flavour-packed recipes for the ease and pleasure of the everyday home cook.



Pub Date:	<b>30 Apr 2024</b>	
Price:	<b>AU \$36.99</b>	<b>NZ \$42.99</b>
ISBN:	<b>9781761500022</b>	
Format:	<b>Misc PB</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>255h x 200w mm</b>	
Extent:	<b>208 pages</b>	
Imprint:	<b>Murdoch Books</b>	
BIC1:	<b>Food and Drink</b>	
Author now living:	<b>Penrith</b>	

## Bonjour, Sophie Elizabeth Buchan

A gorgeous coming-of-age novel from the bestselling author of *Revenge of the Middle-Aged Woman* and *Two Women in Rome*.

### Sales points

- Elizabeth Buchan is well-known and respected in the UK literary community as a novelist, journalist, commentator and prize judge.
- Elizabeth Buchan has enjoyed a long and successful career as a best-selling and prize-winning novelist.
- *Bonjour, Sophie* is a beautifully written and evocative coming of age novel perfect for reading groups.

### Description

#### Can she escape the darkness of her past in the City of Light?

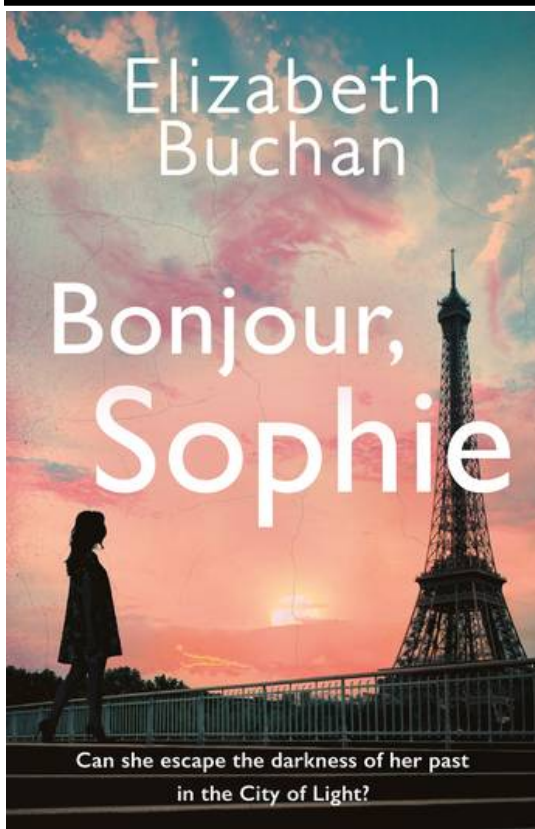
It's 1959 and eighteen-year-old Sophie is determined that now is the time for her real life to start. Her existence in the village of Poynsdean, Sussex, with her austere foster-father, the Reverend Osbert Knox, and his frustrated wife Alice, is stultifying. She finds diversion and excitement in a love affair, but soon realizes that if she wants to live life on a bigger canvas she must take matters into her own hands.

She dreams of escape to Paris, the Wartime home her French mother fled before her birth. Getting there will take spirit and ingenuity, but also offers the chance to discover more about her family background, and perhaps find a place where she can finally belong.

When Sophie eventually arrives in the city of her dreams it's both everything she imagined, and not at all what she expected.

### About the Author

Elizabeth Buchan was a fiction editor at Random House before leaving to write full time. Her novels include the prize-winning *Consider the Lily*, international bestseller *Revenge of the Middle-Aged Woman*, *The New Mrs Clifton* and *Two Women in Rome*. Buchan's short stories are broadcast on BBC Radio 4 and published in magazines. She has reviewed for the *Sunday Times*, *The Times* and the *Daily Mail*, and has chaired the Betty Trask and Desmond Elliot literary prizes. She was a judge for the Whitbread First Novel Award and for the 2014 Costa Novel Award. She is a patron of the Guildford Book Festival and co-founder of the Clapham Book Festival. [elizabethbuchan.com](http://elizabethbuchan.com)



Pub Date:	16 Jul 2024	
Price:	AU \$32.99	NZ \$36.99
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Format:	C-Format PB	
Package Type:	PAPERBACK	
Dimensions:	235h x 152w mm	
Extent:	448 pages	
Imprint:	Corvus	
BIC1:	Popular Fiction	

## We Are Together Because Kerry Andrew

Kerry Andrew



**WE ARE TOGETHER  
BECAUSE** 'Andrew is that rare thing: a  
natural storyteller' **Patrick Gale**

The beautifully observed human dynamics of Sarah Moss meets the emo-apocalypse of *The Last of Us*, a gripping, moving novel about siblings, sex and the end of the world.

### Sales points

- Kerry has been shortlisted twice for *Sunday Times* short-story award

### Description

Luke, Connor, Thea and Violet spend their first holiday together alone in their father's house in France. The boys don't really know him - he left their mother when she was still pregnant with Connor, getting together with the girls' mother soon afterwards - and they don't really know their half-sisters, either. Luke, the eldest and most easy going of the four, is keen to bring a new shape to their overlapping, unconventional family; Connor and Thea, born just six months apart but a world of difference between them, are attracted to each other, something they try not to acknowledge but which keeps pushing its way to the surface; Violet, the youngest, is trying to figure some things out about herself, and trying desperately to forget others.

Sex, in its multiple pleasurable divergences and forms, disturbances and abuses, is on the minds of all of the siblings during the hot, lethargic summer days next to the pool. Meanwhile the land is responding and reacting to something inexplicable and eerie. There is a sound, a strong buzzing tonal undercurrent that only Connor can hear, and when Violet one night sees a plane light abruptly drop and disappear in the night sky, it signals the unsettling beginning of something that threatens so much more than their turbulent holiday...

### About the Author

Kerry Andrew is a London-based musician and author. They are the acclaimed author of *Swansong* (2018) and *Skin* (2021), and their short fiction has been shortlisted twice for BBC National Short Story Award and has been performed on BBC Radio Four. They are also the winner of four British Composer Awards.

Pub Date:	<b>21 May 2024</b>	
Price:	<b>AU \$24.99</b>	<b>NZ \$27.99</b>
ISBN:	<b>9781805461074</b>	
Format:	<b>Demy</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>216h x 138w mm</b>	
Extent:	<b>320 pages</b>	
Imprint:	<b>Atlantic</b>	
BIC1:	<b>Popular Fiction</b>	

NEW ZEALAND JULY 2025  
MURDOCH

# Find Me As the Creature I Am

## Emily Jungmin Yoon

### Description

From award-winning poet Emily Jungmin Yoon comes a luminous collection about family, nature and the intricacies of the self

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'Bravo' OCEAN VUONG

'Yoon's poems are a space where realities can co-linger, can be weighed and contemplated' PARIS REVIEW

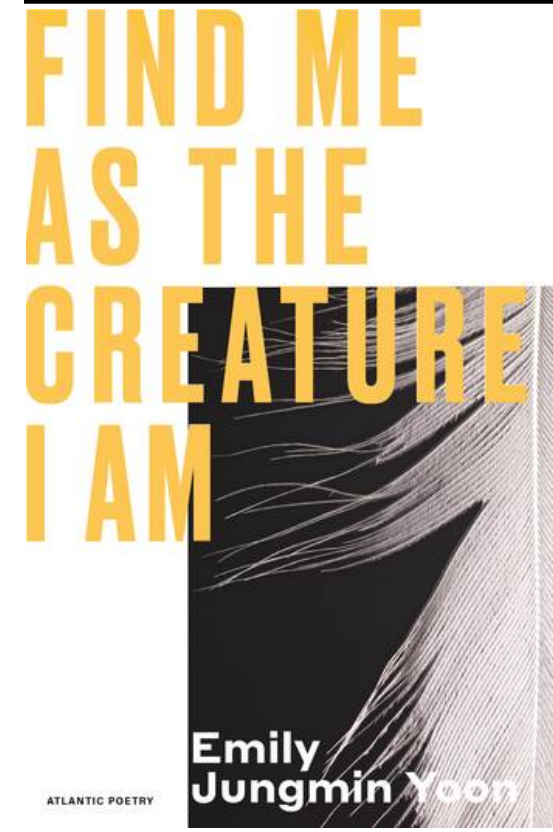
'Readers are going to be captivated and captured by the magic of her poetry' KIMIKO HAHN

---

Find Me as the Creature I Am is a book of tenderness and violence, longing and love. From inherited family tales to meditations on the body to animals' displays of love and grief, Emily Jungmin Yoon shows how entwined the human and animal worlds really are. In poems full of wonder and want, she illuminates our tendencies to fight or fly, act with affection and cruelty, and ultimately, overflow with life itself. Here, we see that what passes between us - body to body, generation to generation - is what defines a life.

### About the Author

EMILY JUNGMIN YOON is the author of Ordinary Misfortunes and A Cruelty Special to Our Species, a finalist for the 2020 Kate Tufts Discovery Award and winner of the 2019 Devil's Kitchen Reading Award in poetry. Yoon is the recipient of awards and fellowships from the Poetry Foundation, Bread Loaf Writers' Conference, and Ploughshares, and her work has appeared in The New Yorker, Poetry, The New York Times Magazine, The Paris Review, and The Sewanee Review. Yoon is the poetry editor for The Margins, the literary magazine of the Asian American Writers' Workshop, and she is an assistant professor of Korean literature at the University of Hawai'i at Manoa. She splits her time between Honolulu and South Korea.



Pub Date:	01 Jul 2025	
Price:	AU \$24.99	NZ \$27.99
ISBN:	9781805461418	
Format:	B	
Package Type:	PAPERBACK	
Dimensions:	198h x 129w mm	
Extent:	80 pages	
Imprint:	Atlantic	
BIC1:	Poetry	

NEW ZEALAND JULY 2025  
MURDOCH

## Isolation Ward Martine Bailey

Following the success of Martine Bailey's Sharp Scratch

### Sales points

- The follow-up to Bailey's chilling Sharp Scratch, Isolation Ward similarly draws upon the author's time working at the heart of the NHS, including Ashworth top security psychiatric hospital.
- The dark side to the profession that purports to 'do no harm' has perennial fascination with readers.
- The bleak, Yorkshire moorland setting and Thatcher's beleaguered NHS provides a chilling backdrop for an impossible-to-put-down crime thriller.
- For readers who love a tense and twisty medical thriller like Freida McFadden's Ward D and Leslie Wolfe's The Surgeon.
- 'Devilishly clever' - Essie Fox, author of The Fascination
- 'Brilliant and darkly compelling' - S. D. Sykes, author of Plague Land

### Description

Yorkshire, 1983. Thatcher is at Number 10, Michael Jackson's 'Thriller' is on the radio and Lorraine Quick is having to put plans to tour with her band on hold due to work. With her expertise in psychometric testing, she is being sent to the Yorkshire moors to build a PR-friendly team out of the ragtag staff of the infamous Windwell Asylum as it transitions into a modern, top-security unit housing some of the most dangerous criminals in the country. And then Lorraine stumbles on a brutal murder that has taken place despite the fifteen-foot-high perimeter wall and heavy-duty locks. Between the asylum's lingering reputation for violence, the haunting underground tunnels of the old institution and the arrival of almost-old flame DS Diaz to investigate the murder, events are coming to a head for Lorraine.

### About the Author

Martine Bailey studied English Literature while playing in bands on the Manchester music scene. She qualified in psychometric testing and over her career, assessed staff for a top security psychiatric hospital and dealt with cases of sexual abuse and violence. Having written historical crime fiction, Bailey's writing has jumped to a modern setting. She lives in Chester.

Not every danger can be contained in the ...

# ISOLATION

# WARD

'Absolutely gripping'  
TOM MEAD

## Martine Bailey

Pub Date: 15 Jul 2025  
Price: AU \$49.99 NZ \$55.00  
ISBN: 9780749030995  
Format: Demy  
Package Type: HARD BACK  
Dimensions: 216h x 134w mm  
Extent: 384 pages  
Imprint: Allison & Busby  
BIC1: Crime & mystery

Allison & Busby

**NEW ZEALAND JULY 2025  
MURDOCH**

# **Murder at St Paul's Cathedral**

## **Jim Eldridge**

The gripping wartime murder mystery

### **Sales points**

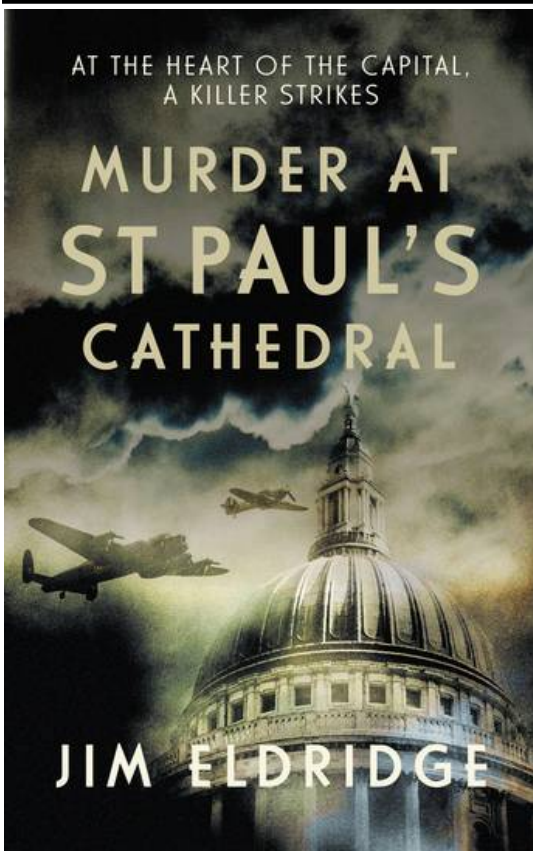
- First in a new series from Jim Eldridge, author of the bestselling Museum and Hotel Mysteries.
- In this series, Eldridge explores crimes in notable cathedrals during World War Two, tapping into our perennial fascination with cathedrals.
- Murder at St Paul's Cathedral follows Inspector Coburg and Sergeant Lampson as they unravel a mysterious murder committed against a senior chorister.
- 'The pace is fast and furious with old-fashioned detection winning out against the forces of villainy' - Daily Mail
- 'Old-school police work, against a backdrop of wartime London makes for a fine read' - The Sun
- 'An engaging and enjoyable series' - Historical Novel Society

### **Description**

May 1941. One of the senior choristers of St Paul's Cathedral choir, Dr Edwin Roberts, is found beaten to death in the crypt of the Cathedral. Coburg and Lampson are called in to investigate. When they get there, Coburg is pleasantly surprised to be greeted there by Arthur Waterson, an old Etonian friend, now sporting a dog collar. Waterson believes that there may be a connection between the very precious books that are housed in the crypt and Dr Roberts' work at Bletchley Park. As Coburg and Lampson work to solve a very puzzling case, it becomes clear that there is more to the brutal murder than they first suspected .

### **About the Author**

Jim Eldridge was born in central London towards the end of World War II, and survived attacks by V2 rockets on the King's Cross area where he lived. In 1971 he sold his first sitcom to the BBC and had his first book commissioned. Since then he has had more than one hundred books published, with sales of over three million copies. He lives in Kent with his wife.

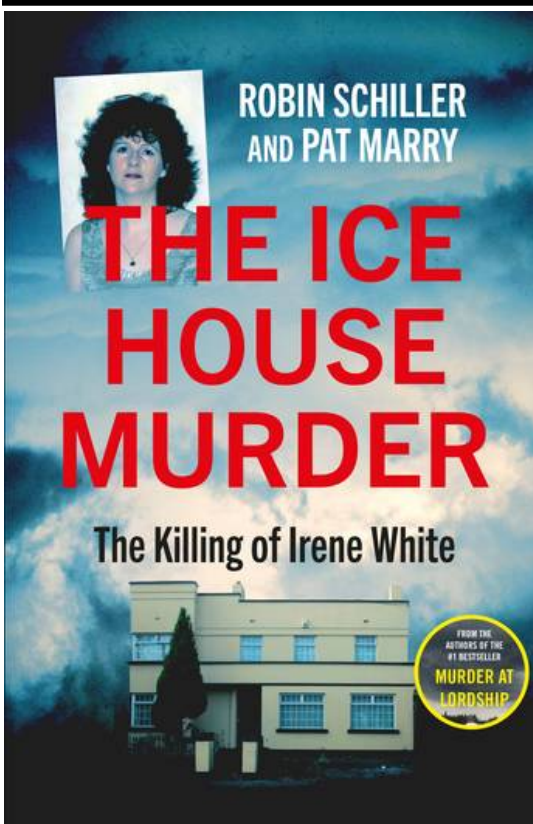


Pub Date: **15 Jul 2025**  
Price: **AU \$49.99**      **NZ \$55.00**  
ISBN: **9780749031787**  
Format: **Demy**  
Package Type: **HARD BACK**  
Dimensions: **216h x 134w mm**  
Extent: **352 pages**  
Imprint: **Allison & Busby**  
BIC1: **Crime & mystery**

**Allison & Busby**

NEW ZEALAND JULY 2025  
MURDOCH

## Ice House Murder Robin Schiller, Pat Marry



### Description

Irene White was 43 years old when she was found murdered at her home in Dundalk in April 2005. In one of the most vicious and senseless killings in Irish history, Irene was stabbed 34 times.

While two men were convicted of the murder in 2019, it was clear they were just carrying out orders.

Former Garda detective Pat Marry worked for over a decade on the case, and here he outlines the various obstacles that plagued the investigation, as well as the eventual breakthroughs that brought her killers to justice. But while the mastermind remains at large, is the case truly closed?

### About the Author

After being turned away by An Garda S och ina at 17 for being too young, Pat Marry joined the force eight years later and went on to investigate some of Ireland's most high profile cases.

Robin Schiller is a journalist for Mediahuis Ireland covering Independent.ie, the Irish Independent and the Sunday Independent.

Pub Date: 01 Jul 2025  
Price: AU \$39.99 NZ \$45.00  
ISBN: 9781805463849  
Format: C-Format PB  
Package Type: PAPERBACK  
Dimensions: 234h x 156w mm  
Extent: 288 pages  
Imprint: A&U UK  
BIC1: True crime

NEW ZEALAND JULY 2025  
MURDOCH

## Pretty Little London: Eats Sara Santini, Andrea Di Filippo

Soak up the flavour of London's most iconic eateries with *Pretty Little London: Eats*, the latest offering from the creators of the hugely successful Instagram account [@PrettyLittleLondon](#). This the must-have guide to the most delicious and Instagrammable spots that the city has to offer.

### Sales points

- The follow-on to the hugely successful *Pretty Little London: A Seasonal Guide to the City's Most Instagrammable Places* and *Pretty Little London: Trips*.
- Where to eat, shop, drink and dine, from full on meals, to luxurious afternoon teas, classic cocktails and casual strolls through bustling food markets and street food stalls.
- A modern guidebook for the Instagram generation brought to you by [@PrettyLittleLondon](#) (1.3M followers), with hand-drawn maps, insider tips to boost your experience and your Instagram grid. This isn't just where and what to eat, but how to make the most of it.

### Description

Following the huge success of their first book, the [@PrettyLittleLondon](#) team return with *Pretty Little London: Eats*, an essential guide to the iconic city of London and its vibrant, luxurious food scene.

Helpfully split into key sections of the day, *Pretty Little London: Eats* is tailored to your individual needs.

Whether you're a morning coffee devotee or more into cocktails after dinner, **there's something for everyone.**

So, soak up the aesthetic and glamour of London's best bars, restaurants, bakeries, and everything in between with the team who knows the capital's best-kept secrets. In it, you'll find:

- **Gorgeous photography of London's most Instagrammable eateries**
- **Insider tips, including the best time of day to visit the hot spots**
- **Instagram hacks to capture your experiences like a true #influencer**

**For Londoners and visitors looking for a celebration of all that the city has to offer, *Pretty Little London: Eats* is the only stylish, contemporary guide you need.**

### About the Author

**Sara Santini and Andrea Di Filippo** are the co-founders and editors of the acclaimed Instagram accounts [@prettylittlelondon](#), [@prettylittletrips](#) and [@prettylittleparis](#). Originally from Italy, Sara and Andrea have been calling London their home for more than seven years. Now photographers, social media content creators and digital entrepreneurs, their work has been published by *Harper's Bazaar*, *Evening Standard*, *Time Out* London and many more.



Pub Date: 01 Jul 2025  
Price: AU \$35.00 NZ \$39.99  
ISBN: 9780711293748  
Format: Misc HB  
Package Type: HARD BACK  
Dimensions: 210h x 170w mm  
Extent: 208 pages  
Imprint: Frances Lincoln (Adult)  
BIC1: Lifestyle

Frances Lincoln (Adult)

**NEW ZEALAND JULY 2025  
MURDOCH**

## **Pretty Little London: Eats** **Sara Santini, Andrea Di Filippo**

*Continued...*

**Pretty Little London** was born in November 2015, when Sara and Andrea decided to start exploring hidden gems and unseen parts of the city. With the aim of inspiring Londoners to get out of their comfort zone and wander, the account has grown exponentially, with more than 1.4 million Instagram followers worldwide and over 350k followers on TikTok.

Pretty Little London was born in November 2015, when Italian students Andrea and Sarah decided to start exploring the hidden gems and unseen parts of the city. With the aim of inspiring Londoners to get out of their comfort zone and wander, the account has grown exponentially, with over 500k followers worldwide.



Pub Date: **01 Jul 2025**  
Price: **AU \$35.00**      **NZ \$39.99**  
ISBN: **9780711293748**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **210h x 170w mm**  
Extent: **208 pages**  
Imprint: **Frances Lincoln (Adult)**  
BIC1: **Lifestyle**

**Frances Lincoln (Adult)**

NEW ZEALAND JULY 2025  
MURDOCH

## Turmoil: The Official Autobiography Neil Basu

After 30 years at the Metropolitan Police, former Assistant Commissioner Neil Basu is ready to reveal the truth behind the organisation with this compelling account of his rise through the ranks.

### Description

**After 30 years of service, Neil Basu retired from the Metropolitan Police as the most senior officer of colour in the UK and only the fourth in its history to reach such a rank.** *Turmoil* chronicles his rise to the top, the deep-seated discrimination he encountered at every level, and the ever-present shadow of racism that ran throughout his career.

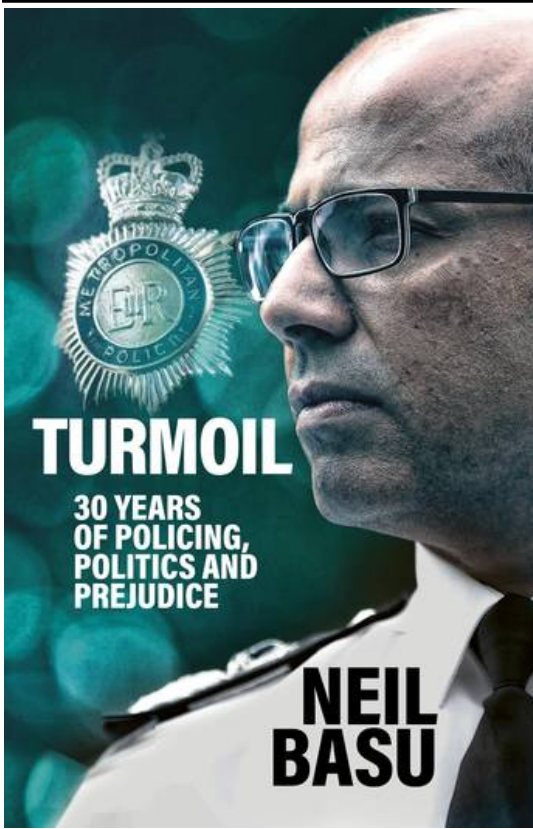
Opening on some of London's most deprived, violent streets, *Turmoil* details high-profile cases, public inquiries, and the explosive inquests into the deaths of Stephen Lawrence, Mark Duggan, and Azelle Rodney. It moves through the hidden workings of New Scotland Yard, covering police corruption, Operation Trident, and the immense responsibility of investigating terrorism during Basu's final years in public service.

*Turmoil* offers a gripping first-hand account of life within the UK's largest police force, exposing the realities of modern policing and the persistence of racism within the profession known as 'the Job'. With an unflinching exploration of how policing and politics intersect, the book provides essential insight into the complex world of the Metropolitan Police.

### About the Author

Neil Basu is a former Met Assistant Commissioner in the Metropolitan Police.

He spent 30 years on the force and has made headlines for speaking up about racism not just within the organisation, but on broader governmental and societal rhetoric.



Pub Date:	01 Jul 2025	
Price:	AU \$39.99	NZ \$45.00
ISBN:	9780711294400	
Format:	C-Format HB	
Package Type:	HARD BACK	
Dimensions:	234h x 156w mm	
Extent:	304 pages	
Imprint:	Aurum Press	
BIC1:	Memoirs	

Aurum Press

# Heart of the Woods Wyl Menmuir

*The Heart of the Woods* blends crafted narrative with stunning nature photography. An eye-opening study of trees, humankind and the natural world.

## Sales points

- **Acclaimed author with strong previous work.** A follow-up to the highly successful *The Draw of The Sea*, this is a similarly calming collection of essays about the ways we relate to trees and woodlands.
- **Popular topic and themes.** Builds on the success of books such as Lars Mytting's *Norwegian Wood*, Robert Penn's *The Man Who Made Things From Trees*, Sara Maitland's *Gossip From The Forest*, and Matthew Crawford's *The Case For Working With Your Hands*.
- **Immersive and multi-faceted.** As with *The Draw of The Sea*, each essay will be accompanied by a series of beautiful images, of tools and processes, beautiful objects created from different woods, the makers, and the trees themselves.

## Description

**Just as a parent leaves a legacy to their child, a tree leaves a legacy to its surroundings. A deep and explorative companion piece to the Roger Deakin Award-winning *The Draw of The Sea*.**

Throughout history, trees have determined the tools we use, the boats we build, the stories we tell about the world and ourselves, the songs we sing, and some of our most important rituals. As such, our lives are intertwined with those of the trees and woodlands around us.

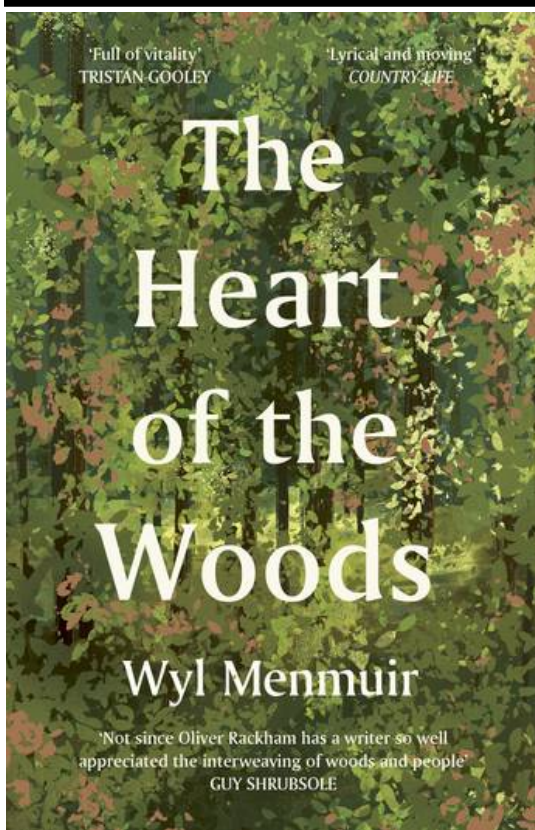
In this journey deep into the woods, Wyl Menmuir travels the length and breadth of Britain and Ireland to **meet the** people who plant trees, the ecologists who study them, those who shape beautiful objects and tools from wood, and those who use them to help others.

Wyl also explores how **our relationship with trees is enduring, now and in the future** – what we get out of spending time around trees, the ways in which our relationship with them has changed over time, and the ways in which our future is interconnected with theirs.

Written in close collaboration with makers, crafters, bodgers, and woodsmen and women in order to better understand the woods they know so well, the joys and frustrations of working with a living material, and the stories of their craft and skills, *The Heart of The Woods* will delight anyone who enjoys walking among the trees, and anyone who, when lost, has found themselves in the woods.

## Chapters include:

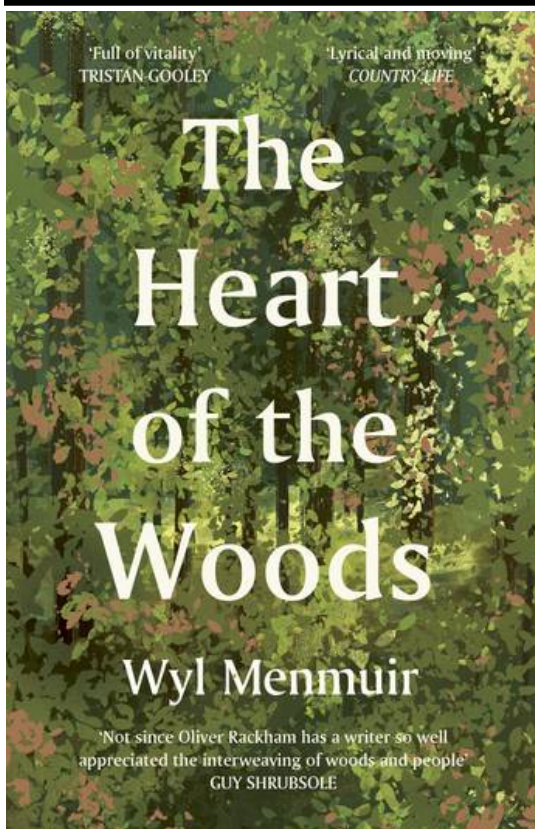
WOODLAND PLANTER: A woodland in becoming and an ancient yew grove on the border of North Wales and



Pub Date:	<b>08 Jul 2025</b>	
Price:	<b>AU \$24.99</b>	<b>NZ \$27.99</b>
ISBN:	<b>9780711289253</b>	
Format:	<b>B</b>	
Package Type:	<b>PAPERBACK</b>	
Dimensions:	<b>198h x 129w mm</b>	
Extent:	<b>304 pages</b>	
Imprint:	<b>Aurum Press</b>	
BIC1:	<b>Natural History</b>	

NEW ZEALAND JULY 2025  
MURDOCH

# Heart of the Woods Wyl Menmuir



## *Continued...*

England

RITUAL WEAVER: Willow coffin making in Cornwall

WOODLORE GATHERER: Science among the trees at Wytham Woods, Oxfordshire

HEARTWOOD CARVER: Among the bodgers in a field outside Cambridge

BOAT BUILDER: A woodland community in the heart of Glasgow's former docklands

LANDSCAPE SHAPER: Re-wilding the Scottish Highlands and an organised trespass in Devon

WISH WEARER: The cloutie well at Munloch on The Black Isle, Scottish Highlands, a family tree on Bodmin Moor, Cornwall, and the tree at Sycamore Gap, Northumbria

FOREST BATHER: Swimming at Swallowship Pool, Devil's Water, and Letah Woods Northumberland

MYTH WALKER: Walks in the fictional woods at Wenlock Edge, Shropshire

WAY FOLLOWER: Traditional carpentry in Takayama, Japan

FIRE LIGHTER: The stories we find among the flames and embers, Ennistymon, Ireland

SOUND CREATOR: A pub on Ireland's west coast and a guitar-builder in North Wales

APPLE WAILER: Wassailing in Cornwall

TREE WORSHIPPER: An ancient yew grove in North Wales

## **About the Author**

**Wyl Menmuir** is a novelist, editor and literary consultant based in Cornwall. He is the author of the

Man-Booker nominated novel and Observer Best Fiction of the year pick, *The Many*, and *Fox Fires*. His short fiction has appeared in *Best British Short Stories* and he has been published by Nightjar Press, Kneehigh Theatre and the National Trust.

□ He has written for Radio 4's *Open Book*, *The Guardian* and *The Observer*, and is a regular contributor to the journal *Elementum*.

□ Born in Stockport in 1979, Wyl now lives in Cornwall with his wife and two children. He is co-creator of the Cornish writing centre, *The Writers' Block*, and works with Arvon Foundation, National Literacy Trust and Centre for Literacy in Primary Education on national literacy programmes, as well as lecturer in creative writing at Falmouth University.

□ When he is not writing or teaching writing, Wyl enjoys messing around in boats.

Pub Date: **08 Jul 2025**  
Price: **AU \$24.99**      **NZ \$27.99**  
ISBN: **9780711289253**  
Format: **B**  
Package Type: **PAPERBACK**  
Dimensions: **198h x 129w mm**  
Extent: **304 pages**  
Imprint: **Aurum Press**  
BIC1: **Natural History**

NEW ZEALAND JULY 2025  
MURDOCH

# Whistling in the Dark

## Richard Mabey

A timeless exploration of the nightingale, blending cultural history, science, and the mysterious beauty of birdsong. This newly revised edition includes first-hand accounts of nightingale performances, insights into their declining population, and reveals untold stories like the human mimic behind a famous 1924 BBC broadcast.

### Sales points

- An explanation of the bird's recent population changes, and possible reasons.
- The full story, recently revealed, of how the song featured on the famous live BBC broadcast with the cellist Beatrice Harrison in 1924 was in fact by a humanbird mimic.
- New scientific and philosophical thinking about the relation between birdsong and music.

### Description

*'A book so delightful that I must share it'* - Simon Jenkins, **The Times**

*'Mabey is one of our best nature writers and he has produced a delightful book, as enlightening as it is uplifting'*

- John Preston, **The Sunday Telegraph**

*'A pure pleasure to read'* - Peter Levi, **The Spectator**

*'Exquisite and illuminating'* - Euan Dunn, **The Countryman**

**From acclaimed nature writer Richard Mabey, *Whistling in the Dark: In Pursuit of the Nightingale* is a rich and thoughtful exploration of the natural and literary histories of the elusive nightingale.**

For thousands of years, the nightingale has been the most celebrated songbird in history. From Ovid to Shakespeare, Shelley to Keats, its exquisite song has inspired poets and playwrights, symbolising the enduring power of nature and love. But why have humans always fallen under its spell?

Nightingales have acquired a newly high profile in recent years, driven by revelations about their population collapse and a renewed interest in their cultural history. Each May, radio programmes now broadcast live songs and readings from the woods of southern England.

**This new, fully revised edition of *Whistling in the Dark* promises to be more memorable than ever, featuring:**

- New first-hand accounts of nightingale performances, capturing their ethereal beauty both at home and across the globe.
- Insightful explorations into the bird's recent population changes, unveiling possible causes behind their mysterious decline.

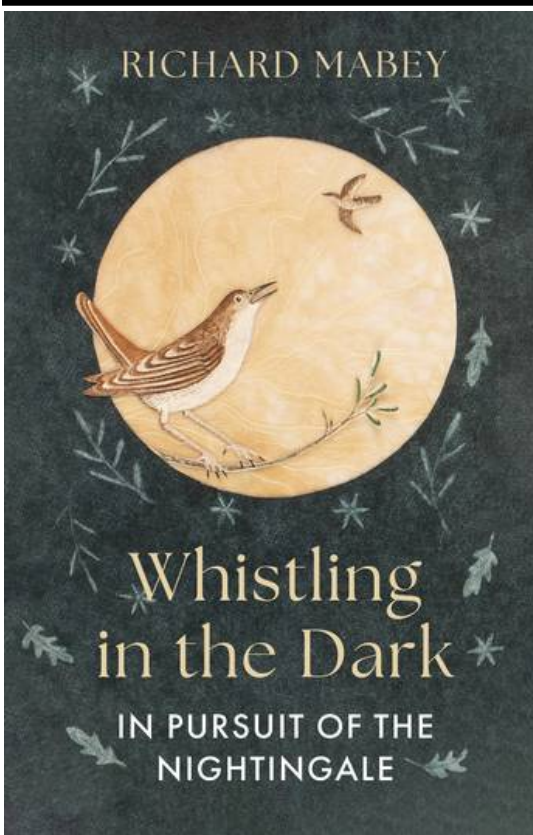
Pub Date: **08 Jul 2025**  
Price: **AU \$29.99**      **NZ \$32.99**  
ISBN: **9781836005711**  
Format: **B**  
Package Type: **HARD BACK**  
Dimensions: **198h x 128w mm**  
Extent: **176 pages**  
Imprint: **Aurum Press**  
BIC1: **Wildlife: general interest**

**Aurum Press**

NEW ZEALAND JULY 2025  
MURDOCH

# Whistling in the Dark

## Richard Mabey



### *Continued...*

- A newly uncovered story revealing that the nightingale's iconic song, featured in Beatrice Harrison's 1924 live BBC broadcast, was, in fact, the work of a remarkably talented human bird mimic.
  - Cutting-edge scientific and philosophical perspectives on the profound relationship between birdsong and music.
- Republished in 2025 by Aurum as a classic edition, this lyrical and illuminating work blends nature writing, folklore, and literary history to uncover the nightingale's timeless allure.**

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Whistling in the Dark will be accompanied by an enhanced audiobook adaptation with sound inserts featuring the nightingale's song alongside medieval music inspired by the bird. It will also include the poignant BBC recording of a nightingale singing amid the roar of bombers during the Second World War, as well as Messiaen's evocative piano piece from *Les Oiseaux*.

### **About the Author**

**Richard Mabey** is one of Britain's most eminent nature writers and the author of over thirty books including *Flora Britannica*, *Weeds*, *Food for Free* and *The Unofficial Countryside*. He writes regularly for the *Times*, the *Guardian* and *BBC Wildlife*. He is also a regular broadcaster on Radio 4.

Pub Date: **08 Jul 2025**  
Price: **AU \$29.99**      **NZ \$32.99**  
ISBN: **9781836005711**  
Format: **B**  
Package Type: **HARD BACK**  
Dimensions: **198h x 128w mm**  
Extent: **176 pages**  
Imprint: **Aurum Press**  
BIC1: **Wildlife: general interest**

# Sea Bird

Angela Harrison Vinet, Janis Hatten Harrison

*Sea Bird* is a lighthearted and humorous yet scientifically informed field guide to the sea birds of North America.

## Sales points

- **WING YOUR WAY THROUGH AMERICA'S WATERWAYS:** Coastal-dwellers and birdwatchers across the country will find much to love in this humorous but scientifically based text paired with gorgeous illustrations of the birds that share their oceans, lakes, and rivers.
- **AVAST! PREPARE TO BE CHARMED:** This refreshing guide to sea-based birds covers all types of feathered friends, from familiar gulls and ducks to the flashier pelicans and cormorants, all with a healthy dose of nautical whimsy and your favorite piratical phrases. Those living in coastal areas are always looking for ways to enjoy what they have and discover new beauty in the world around them. *Sea Bird* helps readers accurately identify the birds in their region faster than they can shout, "Shiver me timbers!"
- **A SEA-FARING COMPANION FOR ALL BIRD LOVERS AND COASTAL RESIDENTS:** This cool and breezy companion to *Country Bird* and *City Bird* provides readers with fun facts about the birds they see every day in their neighborhood or on vacation, while also encouraging them to keep a watchful eye—and an attuned ear—out for new feathered neighbors.

## Description

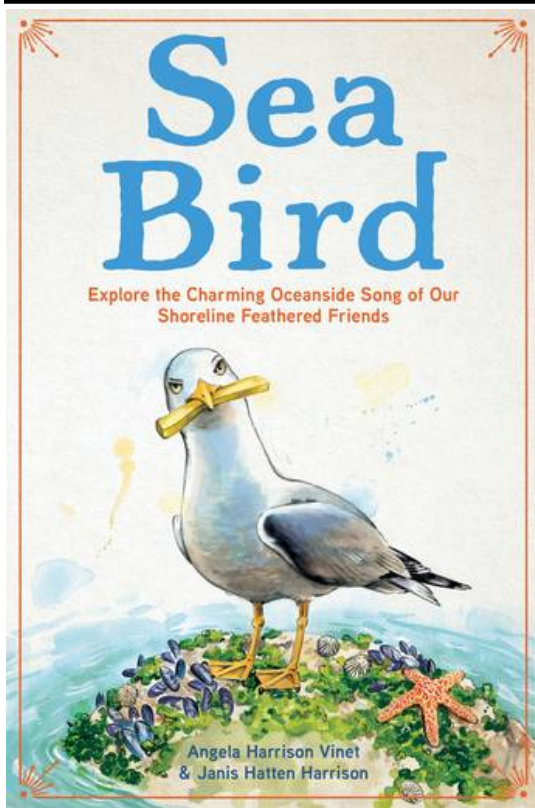
**Get an informed yet cheeky perspective on the fascinating language of birds in marine areas with this witty twist on a traditional field guide.**

Hark! What's that bird on the horizon? Well, with this handy guide, you can find out!

*Sea Bird* pairs scientific insight on the attributes and songs unique to birds inhabiting marine areas of North America and vibrant illustrations to help birders of all stripes identify their feathered friends. The light-hearted tone reflects the personality and characteristics of fishermen, pirates, and other sea-faring folk who might run into these birds on a daily basis. As you explore, discover fun facts about each bird and jot down your thoughts and observations in the note-taking section.

There are plenty of places to spot beautiful birds, from a scenic boardwalk along the ocean to a lakeside bench. Enjoy all that marine life has to offer as you meet 50 Sea Birds, including:

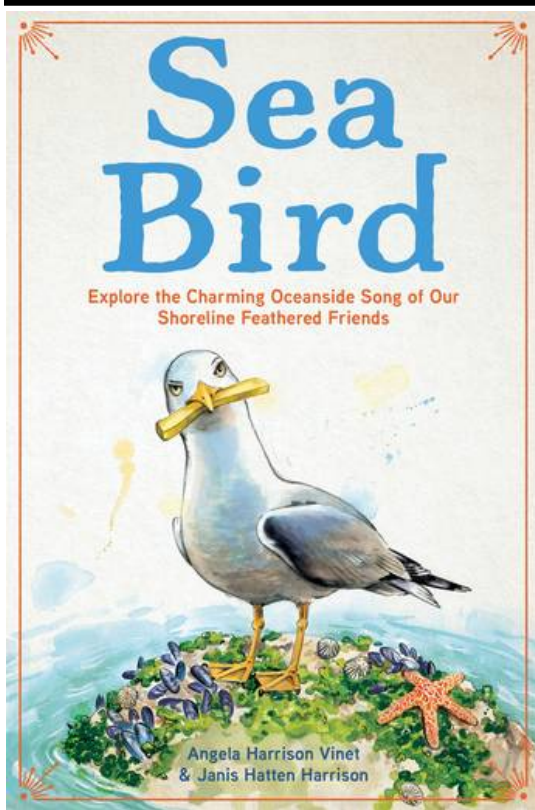
- The Black Oystercatcher, picking at mollusks on rocky shores with its neon orange beak
- The elegant (and enormous) Trumpeter Swan, gliding through remote northern ponds
- The Pacific Loon, whose wailing cry echoes across Arctic tundra lakes



Pub Date:	08 Jul 2025
Price:	AU \$24.99      NZ \$27.99
ISBN:	9780760393574
Format:	Misc HB
Package Type:	HARD BACK
Dimensions:	185h x 132w mm
Extent:	128 pages
Imprint:	Epic Ink
BIC1:	Wildlife: birds & birdwatching

NEW ZEALAND JULY 2025  
MURDOCH

## Sea Bird Angela Harrison Vinet, Janis Hatten Harrison



### *Continued...*

- The Yellow-legged Green Heron, sneakily darting at small fish in marshes and swamps

The Birds illustrated collection delivers a playful yet informative insight on the sounds and songs unique to birds inhabiting different geographical regions. From rural farmlands to bustling city streets or the salty air of the shore, each book features beautiful portraits and a lighthearted narrative that reflects the personality and characteristics of birds native to each location. Also available from this collection: *City Bird* and *Country Bird*.

### **About the Author**

A Louisiana freelance writer for over 20 years, **Angela Vinet** calls Shreveport home. As a nature enthusiast, she enjoys any outdoor adventure in her beloved Louisiana. Wife to Robert for more than half of her life, and mom to three full-of-life boys, Angela stays busy with family outings and baseball practices when she is not writing or teaching school. In her spare time, she enjoys writing children's books, kayaking, and adventuring with her family. Freelancing for newspapers as a columnist and featured writer, her work has been in many circulations for local press in addition to the USA Today Network. In her day job teaching English/Language Arts, she finds satisfaction helping children fine-tune their writing skills. As an eternal optimist, Angela lives life to the fullest, finding the silver-linings life offers while embracing the attitude that kindness toward all things matters as a daily mantra.

**Janis Harrison** is affectionately known throughout the United States as GrandJan. She is a septuagenarian widow who taught herself how to drive a camper after her husband's passing. She has since traveled through America camping in her class C-RV. Crisscrossing the country several times, GrandJan is an avid birder and has seen as many different birds as possible with up to 580 birds on her life list. Her nemesis bird is the illusive Snowy Owl, but never fear, she will find it. Making friends wherever she goes, GrandJan has done it all from playing the washboard in a jug band in the desert to taking drum lessons at 65. Full of life and fun, GrandJan is always cooking something in the kitchen or working in her garden when she is home.

Pub Date: **08 Jul 2025**  
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ISBN: **9780760393574**  
Format: **Misc HB**  
Package Type: **HARD BACK**  
Dimensions: **185h x 132w mm**  
Extent: **128 pages**  
Imprint: **Epic Ink**  
BIC1: **Wildlife: birds & birdwatching**

NEW ZEALAND JULY 2025  
MURDOCH

# Baseball Ultimate Trivia Book

## Vincent Spada

With over 600 questions, facts, and quizzes from baseball history, *The Baseball Ultimate Trivia Book* gives baseball fans the chance to test themselves and others on baseball's most iconic moments.

### Sales points

- **600 QUESTIONS TO TEST YOUR SUPERFAN STATUS:** Including multiple choice, matching, and true/false questions, a rating system, some brief history on the game's greats, plus bonus quizzes about legends from Babe Ruth to Willie Mays, this book can be enjoyed solo or in a group, and is a must-have for the baseball fanatic in your life.
- **INCLUDING BASEBALL MOMENTS THROUGH THE HISTORY:** There's something for everyone in *The Ultimate Baseball Trivia Book*, which covers every MLB team and decades of baseball games. This trivia book features quizzes, interesting facts, and other important baseball moments throughout history. Fans can experience and learn about the history of baseball, seeing how it has evolved into the sport it is today.
- **THE PERFECT GIFT FOR FANS AT ANY AGE:** *The Ultimate Baseball Trivia Book* is the perfect gift for the baseball fanatics in your life or for your own impulse buy. Guaranteed to entertain and amuse, this book can be used to browse through or to play with the person you are gifting it to, and can be fun for the entire family.

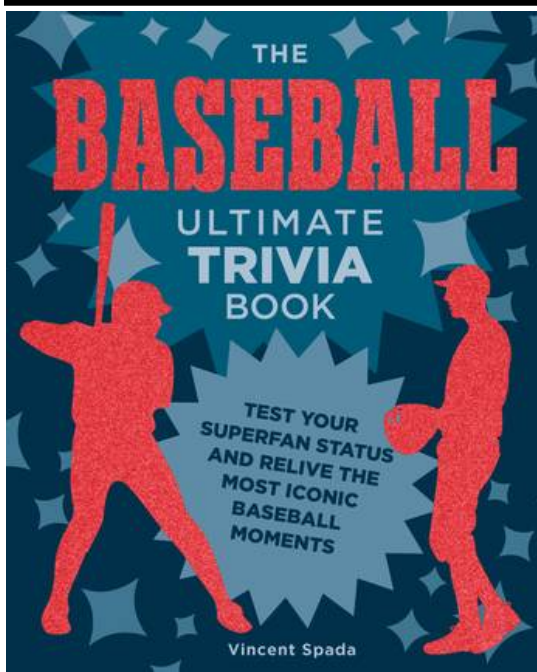
### Description

**Put your baseball expertise to the test with over 600 trivia questions, accompanied by entertaining illustrations** capturing your favorite baseball moments throughout history.

Quiz yourself or compete with your friends! With challenging questions from baseball history, *The Baseball Ultimate Trivia Book* is the perfect way to show off your knowledge and prove your superfan status. Arranged by MLB team, with additional quizzes at the end covering baseball history, stats, and more, this delightful book allows you to relive your favorite baseball moments whenever the mood strikes.

Covering legendary players like Babe Ruth, Mickey Mantle, Willie Mays, and more, *The Baseball Ultimate Trivia Book* brings the field to your home with copious facts on your favorite games, players, their lives on and off the field, and so much more. Perfect for your coffee table or as a gift, to enjoy solo or in a group, this beautifully designed book includes:

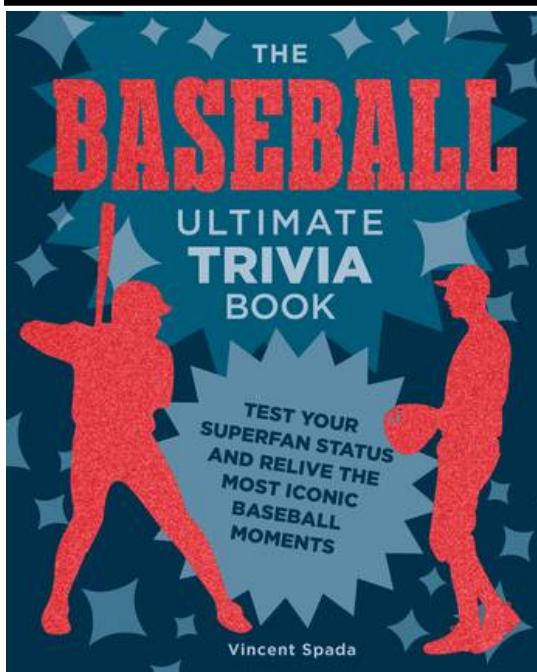
- Famous firsts for almost every aspect of baseball history
- Rookie sensations and first-year wonders
- Celebrated pitchers and their remarkable accomplishments on the mound
- Notable players and teams who left their mark in the record books



Pub Date:	08 Jul 2025	
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Imprint:	Epic Ink	
BIC1:	Puzzles & quizzes	

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## Baseball Ultimate Trivia Book Vincent Spada



### *Continued...*

- Baseball's all-time greats enshrined in Cooperstown

Whether you're just getting into baseball or you've been a baseball fanatic for years, *The Baseball Ultimate Trivia Book* will uplift and amuse you with its quizzes, interesting facts, captivating illustrations, and exclusive content. So test your baseball knowledge and become the ultimate superfan!

### **About the Author**

**Vincent Spada** is an author and poet from New England, credited with the children's titles *Said the Kitty to the Cat* and *Mercy Methuen*. He has also written for various newspapers in both Massachusetts and New York, and also published a book of poems, *One Under the Sun*, with a UK press. An avid sports fan, he has created trivia for various publications, both in print and online. Although from New England, he is a devoted lifelong fan of both the New York Yankees and New York Giants, and hopes his hometown readers don't hold that against him!

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## Go Forth and Forage Whitney Johnson

*Go Forth and Forage* is a North American mushroom foraging guide with identification, harvesting, and preparation instructions for over 50 edible and medicinal mushrooms.

### Sales points

- **POPULAR SUBJECT:** Responsible foraging has been the focus of many major media articles in the last few years, along with the popularity of choice wild edible mushrooms in the culinary world.
- **UNIQUE VOICE:** Author Whitney Johnson of [@appalachian\\_forager](#) (126K IG; 850K TikTok) is not afraid to let her Appalachian roots shine. She is funny and a joy to follow on social media. She brings a new voice to an age-old subject.
- **FOCUS ON SAFETY AND RESPONSIBILITY:** With detailed info and photographs of over 50 common wild edible and medicinal mushrooms, you'll learn easy identification cues and preparation instructions to safely enjoy these fungi.

### Description

Let expert forager and Appalachian native Whitney Johnson ([@appalachian\\_forager](#)) be your friendly guide to foraging over 50 North American species of edible and medicinal fungi.

*Go Forth and Forage* is a **detailed field guide to identifying, harvesting, and preparing wild-foraged** mushrooms through all four seasons. From spring treasures such as morels and woodears, to summer finds like black trumpets, chicken of the woods, and boletes, straight through to fall and winter harvests of lion's mane, oyster, and enoki, each species profile includes **color photos, identification advice to confirm edibility**, and tips on how to harvest responsibly. You'll also find **culinary preparation advice and recipes** to feast on your finds successfully and deliciously.

In her signature warm and folksy tone, Johnson also offers insight on:

- How to find wild mushrooms (hint: identifying trees is involved)
- Understanding mushroom anatomy and how it informs your harvest
- The best gear for mushroom foraging, from knives and bags to clothes and boots
- Using spore prints to help confirm proper identification
- Words of wisdom on what to do *before* you take a bite
- Being a responsible and ethical forager
- Common mushroom myths
- Finding and using mushrooms in medicinal forms, such as tinctures and teas



Whitney Johnson @appalachian\_forager

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BIC1: Popular science

Cool Springs Press

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## Go Forth and Forage Whitney Johnson

### *Continued...*

Humans have foraged for wild mushrooms for untold generations. Now, with help from *Go Forth and Forage*, you'll be on your way to **mastering this age-old skill** and enjoying all the delicacies the craft of mushroom foraging has to offer.

### **About the Author**

Appalachian Forager, **Whitney Johnson**, is a full-time forager, content creator, and Appalachian ambassador. With over 1 million followers across her social media, she has used her platform to shine a lovin' light on Appalachia and to teach the world how to be more self-sufficient while responsibly utilizing the goodies that Momma Nature provides.

Born and raised in eastern Kentucky, Whitney developed a passion for all things outdoors as a young holler baby. Foraging is her forte, especially mushroom hunting, but she does not discriminate against any wild edibles. She also picks plants and herbs to wildcraft a plethora of skincare and wellness products. She fishes. She hikes. She gardens. She cooks like your mamaw. She is a proud Appalachian spreading the love and wondrous things the region has to offer via her down-to-earth, educational, and quirky videos on TikTok (@appalachian\_forager), Instagram (@appalachian\_forager), and Facebook (Appalachian Forager). Whitney continues to be a hillbilly force to be reckoned with; spreadin' pride for her region, preachin' girl power, all while keepin' the old ways alive...with a dash of humor.

A Guide to Foraging Over  
50 of the Most Common  
Edible & Medicinal North  
American Mushrooms

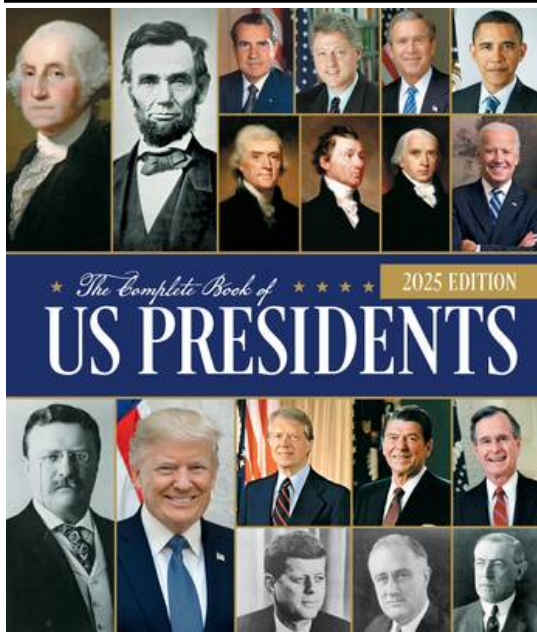


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Dimensions: 276h x 235w mm  
Extent: 272 pages  
Imprint: Chartwell  
BIC1: Biography/Autobiography

## Complete Book of US Presidents, Fifth Edition Bill Yenne

*The Complete Book of US Presidents* is rich with photos and short biographical essays about the social, cultural, and political lives of 47 United States presidents, as well as some of the quirks and oddities from the Oval Office.

### Sales points

- An ideal historical reference for collectors and historians.
- The book sufficiently covers each president, no matter the length of office (four terms for Franklin Roosevelt or 32 days for William Henry Harrison) and goes beyond presidents' lives to examine first ladies, vice presidents, and their social and cultural lives.
- Updated recently to include the re-election of Donald J. Trump as the 47th president of the United States.

### Description

**Discover the history and personal stories of 47 US Presidents in this beautifully illustrated volume.**

From the first president, George Washington, to the forty-seventh, Donald J. Trump, the United States has seen a host of extraordinary men take office. Their stories are all included in this fifth edition of *The Complete Book of US Presidents* by journalist and historian Bill Yenne.

With a highly illustrated, accessible format perfect for a broad range of readers, this book features:

- **Short, biographical essays about the lives of 47 presidents**, jam-packed with unusual details and commentary on the significant roles each commander-in-chief played in shaping the United States and its relations with the world
- **Lavishly illustrated pages**, including the presidents' official White House portraits
- **Sidebars** about each and every vice president and first lady
- **Intriguing anecdotes**

Sure to captivate any history lover, *The Complete Book of US Presidents* is an expansive collection that reflects on America's rich presidential history, telling the story of a nation through the biographies of some of its greatest political leaders.

### About the Author

**Bill Yenne** is the author of more than three dozen nonfiction books on historical topics. His books on aviation and military history have included *Area 51 Black Jets*—which T. D. Barmes, formerly with NASA High Range and Area 51 Special Projects, described as “not a book that the reader will lay down and not finish. It holds one's interest from front to back.” Yenne has also contributed to encyclopedias of World War I and World War II and has

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# Complete Book of US Presidents, Fifth Edition

Bill Yenne

*Continued...*

been featured in several documentaries that have aired on the History Channel, the National Geographic Channel, the Smithsonian Channel, and ARD German Television. The *Wall Street Journal* notes that Yenne writes "with a cinematic vividness." Yenne has also authored ten novels and has penned several books on beer and brewing history.



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