

The image features the Allen & Unwin logo, a large red circle with the text 'ALLEN & UNWIN' in white, sans-serif font. The background is a dark blue illustration of a tropical scene with palm trees and a building with yellow windows. The logo is positioned in the upper left quadrant, overlapping the red circle and the blue background.

# ALLEN & UNWIN

APRIL 2022

NEW ZEALAND  
new books

# THE BOOKSELLER AT THE END OF THE WORLD

## THE BOOKSELLER AT THE END OF THE WORLD

Ruth Shaw

A&U New Zealand

9781988547756 | \$36.99 | © | HB | Memoir

*A rich, immersive, funny and heart-breaking memoir of the charming bookseller who runs two tiny bookshops in the remote village of Manapouri in Fiordland, in the deep south of New Zealand*

Ruth Shaw weaves together stories of the characters who visit her bookshops, musings about her favourite books, and bitter-sweet stories from her full and varied life before bookshops.

She sailed through the Pacific for years, has been held up by pirates, worked at Sydney's King's Cross with drug addicts and prostitutes, campaigned on numerous environmental issues, and worked the yacht *Breaksea Girl* as an expedition/tourist boat with husband, Lance.

But underlining all her wanderings and adventures are some very deep losses and long-held pain. Balancing that out is her beautiful love story with Lance, and her delightful sense of humour. This memoir will make you weep and make you laugh and make you want to read more books—and make you want to visit Ruth and her two wee bookshops.

Ruth Shaw runs two tiny bookshops—one for adults and an even smaller one for children—in Manapouri.

RUTH SHAW

# NATURAL CARE

Wendyl Nissen

A&U New Zealand

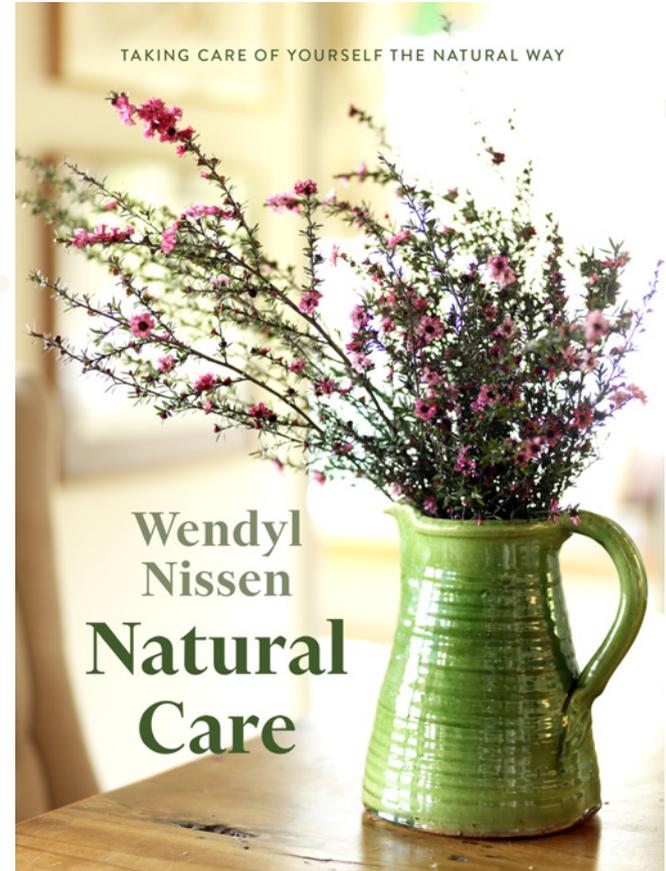
9781988547701 | \$45.00 | © | PB | Lifestyle

*How to care for others, for the land, the water, animals and yourself in ways that are good for our communities and our planet*

Care, kindness, generosity of spirit. In this time of great uncertainty, Wendyl Nissen focuses on turning to your garden, animals, books, loved ones, and, importantly, looking after yourself physically, mentally and emotionally so that you have the means to give to others.

Beautifully illustrated with stunning photographs from prize-winning photographer Jane Ussher, *Natural Care* includes many tips and ideas as well as great recipes to try.

Wendyl Nissen is a journalist, broadcaster and former magazine editor who is the author of 10 books, mostly about living a chemical free, old-fashioned life. She lives in the Hokianga.





## SIMPLE WHOLEFOODS

100 effortlessly delicious plant-based recipes for every day

Sophie Stevens

A&U New Zealand

9781988547879 | \$49.99 | © | HB | Cookery

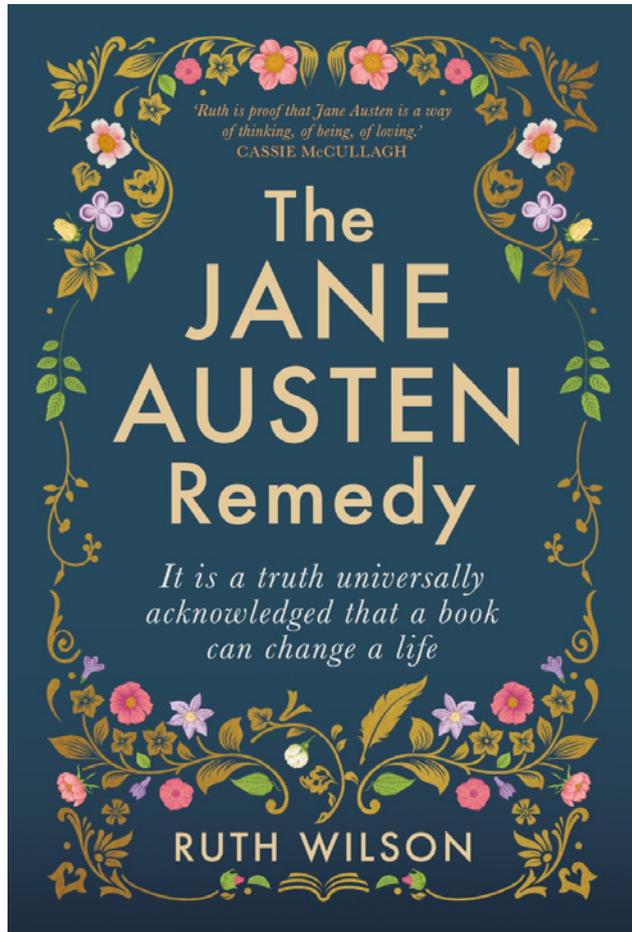
*With simplicity, nutritious goodness and bold flavours in mind, Sophie Stevens shares 100 new, moreish recipes*

Plant-based, gluten-free and refined sugar-free, these modern, family-friendly recipes all use ingredients as close to their natural state as possible.

As well as new scrumptious recipes, *Simple Wholefoods* includes invaluable tips to broaden your wholefood, plant-based lifestyle, emphasising how easy it can be to make healthier lifestyle choices for both you and your family.

Whether you're at the beginning of your health journey, needing the inspiration to stay motivated or purely seeking simple, mouth-watering nutritiousness to add to your repertoire, you'll find yourself using this book time and time again.

Sophie Stevens is the blogger behind the inspirational Instagram @rawandfree and the author of *Raw + Free*. Born in New Zealand, she lives in Brisbane.



## THE JANE AUSTEN REMEDY

It is a truth universally acknowledged that  
a book can change a life

Ruth Wilson

Allen & Unwin  
9781761065989 | \$36.99 | © | HB | Memoir

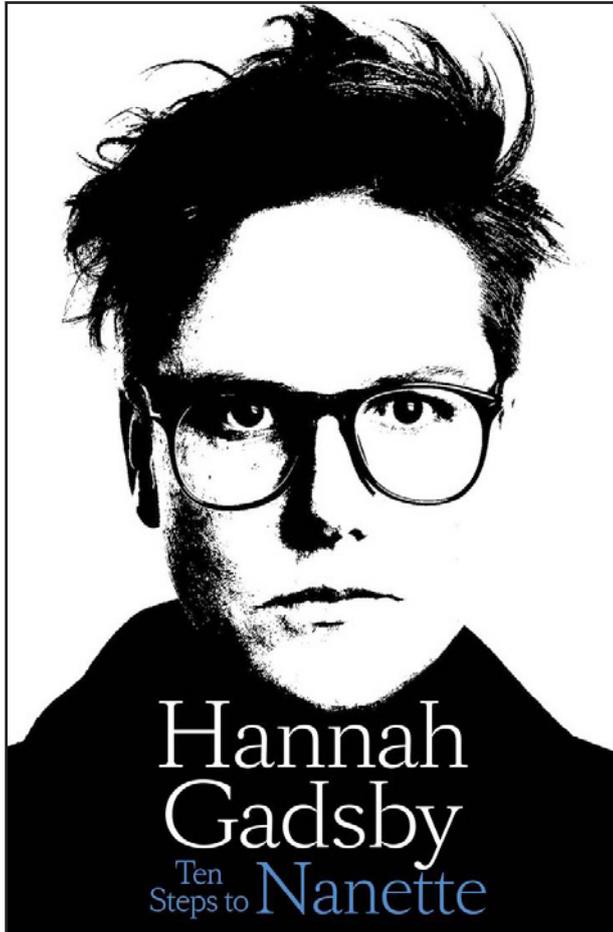
*An uplifting and delightfully bookish memoir about an 89-year-old woman who reclaims her life by re-reading each of Jane Austen's novels*

As she approached the age of seventy, Ruth Wilson began to have recurring dreams about losing her voice. And as she grappled with feelings of unfathomable sadness, she made the radical decision to retreat from her conventional life with her husband to a small sunshine-yellow cottage in the Southern Highlands where she lived alone for the following ten years.

Ruth had fostered a lifelong love of reading, and from the moment she first encountered *Pride and Prejudice* in the 1940s she had looked to Jane Austen's heroines as her models for the sort of woman she wanted to become. She resolved to re-read Jane Austen's six novels; to reflect on her life in relation to what she discovered in each of them. And as Ruth read between the lines of both the novels and her own life, she began to reclaim her voice.

*The Jane Austen Remedy* is a beautiful, life-affirming memoir of love, self-acceptance and the curative power of reading. Published the year Ruth turns ninety, it is a timely reminder that it's never too late to seize a second chance.

Ruth Wilson read her first Jane Austen novel in 1947. In 2021, at the age of eighty-eight, she graduated from the University of Sydney with a PhD that suggests a new approach to reading literary fiction at school.



## TEN STEPS TO NANETTE

A memoir situation

Hannah Gadsby

Allen & Unwin  
9781742374031 | \$55.00 | © | HB | Memoir

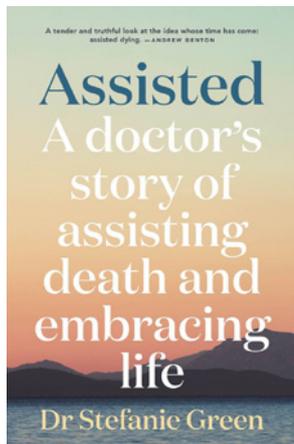
*Multi-award-winning Hannah Gadsby transformed comedy with her show *Nanette*, even as she declared that she was quitting stand-up. Now, she takes us through the defining moments in her life that led to the creation of *Nanette* and her powerful decision to tell the truth—no matter the cost*

Hannah Gadsby's unique stand-up special, *Nanette*, was a viral success that left audiences captivated by her blistering honesty and her ability to create both tension and laughter in a single moment. But while her worldwide fame might have looked like an overnight sensation, her path from open mic to the global stage was hard-fought and anything but linear.

*Ten Steps to Nanette* traces Gadsby's growth as a queer person from Tasmania—where homosexuality was illegal until 1997—to her ever-evolving relationship with comedy, to her struggle with late-in-life diagnoses of autism and ADHD, and finally to the backbone of *Nanette*—the renunciation of self-deprecation, the rejection of misogyny, and the moral significance of truth-telling.

Equal parts harrowing and hilarious, *Ten Steps to Nanette* continues Gadsby's tradition of confounding expectations and norms, properly introducing us to one of the most explosive, formative voices of our time.

'Hannah is a Promethean force, a revolutionary talent . . . This hilarious, touching, and sometimes tragic book is all about where her fires were lit.' - Emma Thompson



## ASSISTED

A doctor's story of assisting death and embracing life

Dr Stefanie Green

Allen & Unwin

9781760529154 | \$36.99 | © | PB | Memoir

*A transformative and compassionate memoir by a leading pioneer in medically assisted dying*

What if you could decide exactly when and where your death would happen? What if instead of dying alone, in the middle of the night, in a hospital bed, you could be at home at a time of your choosing? You could decide who would be with you as you left this earth. And what if a doctor could help ensure your death was comfortable, peaceful and dignified? This option is now available to some of us: what does it look like in practice?

Dr Stefanie Green shares the most intimate moments of her first year as a doctor delivering medically assisted dying. She recounts the courageous stories of her patients and the tender, funny and sometimes absurd and confronting details of how our last days can unfold. This is also the story of her transition from assisting births to assisting deaths, and how she sustains herself in order to be able to assist others.

Dr Stefanie Green pioneered physician-administered medical assistance in dying in Canada.

## KEITH URBAN

Jeff Apter

Allen & Unwin

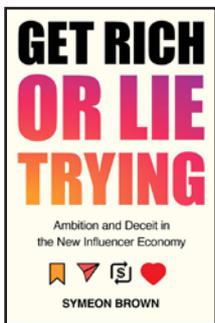
9781761065743 | \$36.99 | © | PB | Biography

*A comprehensive biography that documents how Keith Urban lived out his childhood dream—and also reveal the price he's had to pay to reach the top*

Keith Urban came from humble origins. Born in New Zealand and raised in outer Brisbane, his father worked at the local tip; Keith was a high school dropout. But Keith had a plan. 'Nashville's not my dream,' he once said. 'It's my destiny.'

It didn't come easy. Keith served his apprenticeship in the beer barns of Australia and was constantly on the road. His early trips to America were disasters. But he never gave up. Keith Urban has lived out his musical dreams: he's jammed with the Rolling Stones, buddied up with John Fogerty and Glen Campbell and shared a stage with the Reverend Al Green. He's become a regular on *Oprah* and *Ellen*. And in a seemingly unlikely makeover, Keith has recently worked with the biggest names in pop, dance and groove, from Taylor Swift to Pitbull. Along the way he has won four Grammys and recorded 20 US Country Number One hits.

Jeff Apter is the author of more than 20 music biographies. He lives in NSW.



## GET RICH OR LIE TRYING

Ambition and deceit in the new  
influencer economy

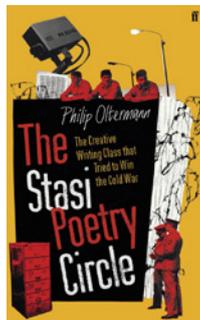
Symeon Brown

Atlantic

9781838950286 | \$36.99 | © | PB | Society & Culture

Discover the truth about the billion-dollar online economy that made the internet's best-known stars. Exposing the fraud, exploitation, misogyny and environmental destruction at the core of the influencer economy, *Get Rich or Lie Trying* asks if our online race for fame and riches is costing us too much. A revealing window onto a broken financial model that often resembles a pyramid scheme, this incredible blend of reportage and analysis will captivate and horrify you in equal measure.

Symeon Brown is a British reporter and journalist.



## THE STASI POETRY CIRCLE

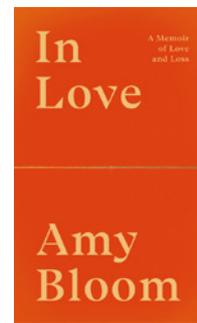
Philip Oltermann

Faber

9780571373338 | \$36.99 | © | PB | History

Berlin, 1962. East Germany is thrown into chaos by the new Berlin Wall. The Ministry for State Security is hunting for a new weapon against capitalism—and their solution is stranger than fiction. Rather than tanks or bombs, the Stasi resolve to fight the enemy through rhyme and verse, winning the Culture Wars through poetry—and the result is the most bizarre book club in history. Weaving unseen archival material with exclusive interviews, this is both a gripping true story and a parable about creativity in a surveillance state.

Philip Oltermann is the Berlin Bureau Chief for the *Guardian* and the author of *Keeping up with the Germans*.



## IN LOVE

A memoir of love and loss

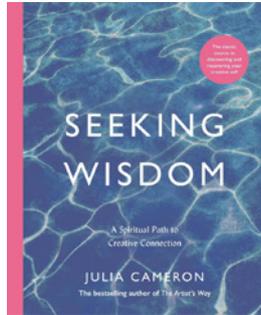
Amy Bloom

Granta

9781783788996 | \$32.99 | © | PB | Memoir

In January 2020, Amy Bloom travelled with her terminally ill husband Brian to Switzerland, where he was helped by Dignitas to end his life while Amy held his hand. Written with piercing insight and wit, *In Love* charts the anxiety and pain of the process that led them to Dignitas, while never avoiding the complex ethical problems that are raised by assisted death. A poignant love letter to Bloom's husband and a passionate outpouring of grief, it reaffirms the power and value of human relationships.

Amy Bloom is the American author of *White Houses* and *Lucky Us*.



## SEEKING WISDOM

A spiritual path to creative connection

Julia Cameron

Souvenir Press

9781788168250 | \$39.99 | © | PB | Self-help

Using her own history of alcoholism as a springboard, Julia shows the reader how to harness prayer—in whatever form that takes—to overcome seemingly insurmountable obstacles, and forge ahead towards becoming the person they were meant to be. *Seeking Wisdom* is a guide to 'creative unblocking': a spiritual path to deeper creativity and a more profound connection to the divine. Filled with meditation and creative exercises, it is further proof that Julia Cameron is the queen of change.

Julia Cameron is an American artist, poet, playwright, novelist, filmmaker, composer and journalist, best known as the bestselling author of *The Artist's Way*.



## ROME

The Passenger

Various

Europa Editions

9781787703544 | \$32.99 | © | PB | Essays

Fully illustrated, *The Passenger* collects the best new writing, photography, art and reportage from around the world. Rome is a place of contradictions: an 'incredibly deceptive city', always different from what it appears to be. In this volume focussing on the largest metropolis in Europe, discover a guide to the sounds of Rome; the feigned unrest and real malaise of the suburbs; the influence of the Vatican; the excessive power of real estate speculators and the rule of gangs; disillusioned trappers; football fans of every age, and much more...



## TICKETS FOR THE ARK

From wasps to whales—how do we choose what to save?

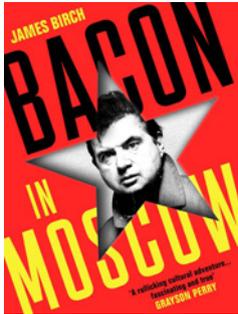
Rebecca Nesbit

Profile

9781788167079 | \$36.99 | © | PB | Popular Science

Our planet hasn't seen the current rate of extinction since the demise of the dinosaurs, and global conservation efforts are failing to halt this. As a society, we face choices which will determine the fate of Earth's estimated 8.7 million species, including humans. As wildlife declines, conservation needs to make trade-offs. But what should we conserve and why? There are many surprising answers in Rebecca Nesbit's lively, stimulating book, which sows the seeds of a debate we urgently need to have.

Rebecca Nesbit is a British ecologist and author of *Is that Fish in your Tomato?*



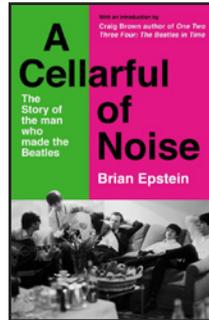
## BACON IN MOSCOW

James Birch

Cheerio  
9781788169745 | \$39.99 | © | HB | The Arts

The hilarious account of one man's quest to mount a Francis Bacon exhibition in the Soviet Union in 1988. Curator James Birch found himself the focus for a picaresque cast of Soviet officials, attachés and politicians under the forbidding eye of the KGB as he attempted to bring an unseen western cultural icon to Russia during the time of 'Glasnost'. *Bacon in Moscow* is the story of the evolution of an exhibition that was at the artistic and political heart of a sea of change that culminated with the fall of the USSR.

James Birch is a British curator who has promoted modern art exhibitions around the world for over thirty years.



## A CELLARFUL OF NOISE

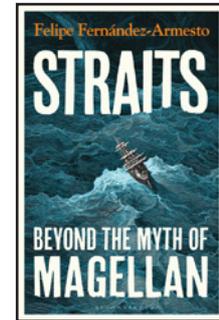
The story of the man who made the Beatles

Brian Epstein

Souvenir Press  
9781800811188 | \$24.99 | © | PB | Music

*A Cellarful of Noise* is the account of Brian Epstein's extraordinary life: a memoir of a life made in music, and an iconic record of the origins of the Fab Four by the man known as the 'Fifth Beatle'. With a brilliant new introduction by award-winning author Craig Brown (*One Two Three Four: The Beatles in Time*) and featuring over 30 photographs that offer a glimpse of the Beatles on their way to phenomenal success, this is essential reading for every Beatles fan.

Brian Epstein was a British music entrepreneur who managed the Beatles and was the driving force behind the band's rise to global fame.



## STRAITS

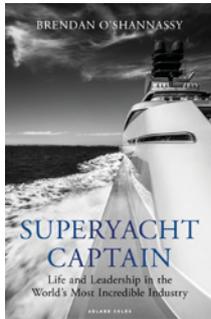
Beyond the myth of Magellan

Felipe Fernández-Armesto

Bloomsbury  
9781526632074 | \$42.99 | © | PB | History

For centuries, Ferdinand Magellan has been celebrated as a hero: a noble adventurer who circumnavigated the globe in an extraordinary feat of human bravery; a paragon of daring and chivalry. *Straits* draws on extensive and meticulous research to conduct a dazzling investigation into Magellan's life, his character and his ill-fated voyage. Offering up a stranger, darker and even more compelling narrative than the fictional version that has been glorified for half a millennium, it untangles the myths that made Magellan.

Felipe Fernández-Armesto is a renowned and award-winning historian.



## SUPERYACHT CAPTAIN

Life and leadership in the world's most incredible industry

Brendan O'Shannassy

Adlard Coles Nautica  
9781472992666 | \$32.99 | © | PB | Boating

Superyachts represent the most rarefied experience, reserved only for the ultra-wealthy. Brendan O'Shannassy has had unparalleled access to the greatest wealth group the world has ever known. *Superyacht Captain* makes for eyebrow-raising reading, as entertaining as it is instructive. Jaw-dropping insights, woven in with life lessons learned from the most successful captain in the industry, make this a compelling, valuable and uniquely honest read.

Brendan O'Shannassy is Chair of the International Superyacht Society's Captains' Committee.



## NISTISIMA

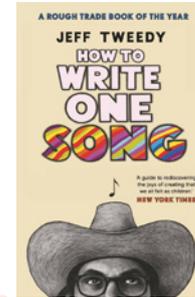
The secret to delicious vegan cooking from the Mediterranean and beyond

Georgina Hayden

Bloomsbury  
9781526630681 | \$54.99 | © | HB | Cookery

Nistisima means food eaten during times of fasting observed by those of Orthodox faith. Mostly this involves using vegetables, pulses and grains to create easy, delicious dishes that all just happen to be vegan. *Nistisima* draws on the history and culture around nistisimo cooking in the Mediterranean, Middle East and Eastern Europe to share 120 simple, nutritious and flavour-packed recipes. Whether you're vegan, vegetarian, or simply want to eat more plant-based food, *Nistisima* offers you tried and tested recipes that celebrate the very best of this tradition.

Georgina Hayden is an award-winning food writer and stylist. Born in Cyprus, she now lives in London.



## HOW TO WRITE ONE SONG

Jeff Tweedy

NEW IN PAPERBACK  
Faber  
9780571369393 | \$22.99 | ©

One of the century's most feted singer-songwriters shares his unique perspective about song-writing.

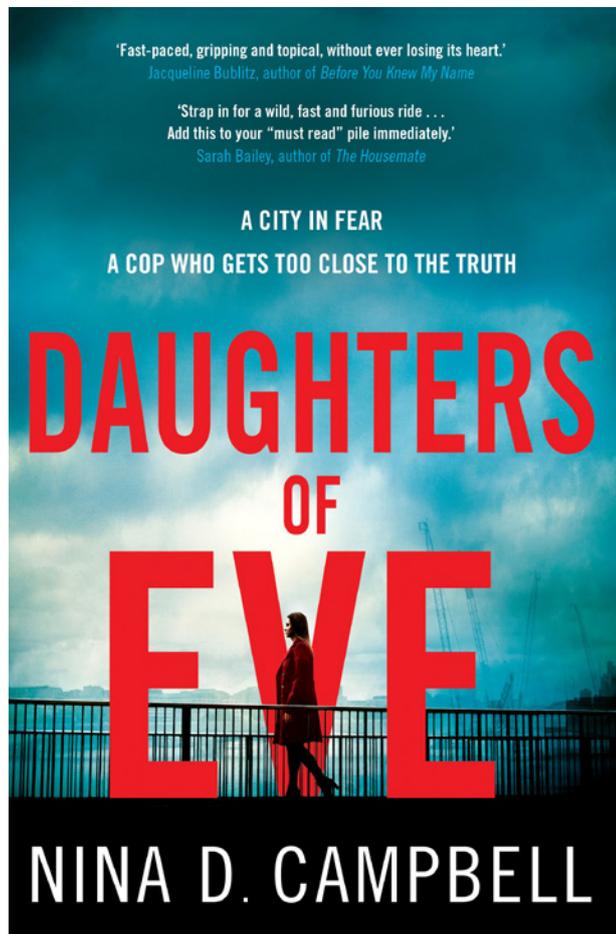


## THE HIDDEN SPRING

Mark Solms

NEW IN PAPERBACK  
Profile  
9781788162845 | \$27.99 | ©

A revolutionary new explanation for sentience from the neuroscientist who discovered how the brain dreams.



## DAUGHTERS OF EVE

Nina D. Campbell

Allen & Unwin

9781761065385 | \$36.99 | © | PB | Fiction

*An unputdownable feminist revenge thriller from a bold new voice in the genre*

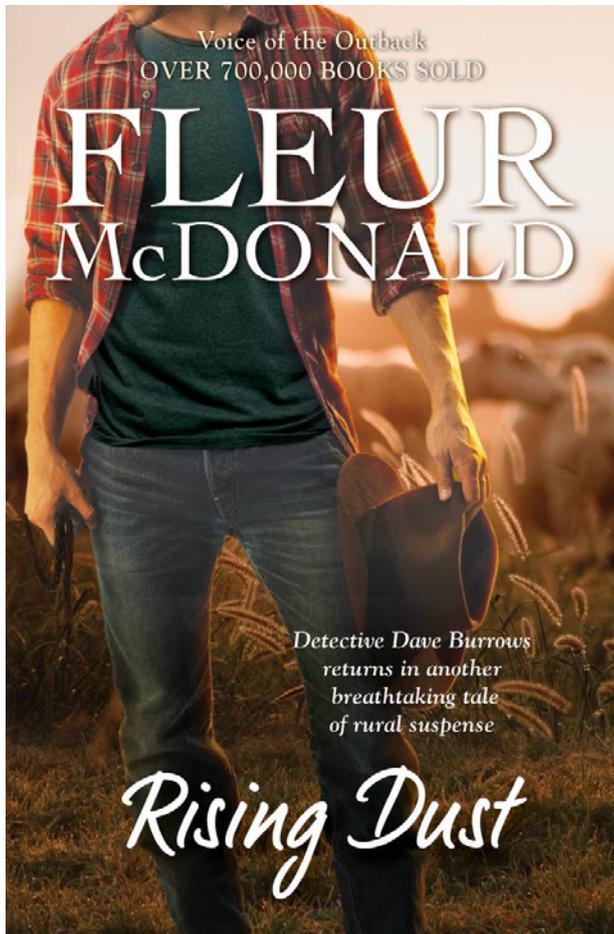
When a high-profile case lands literally at her feet, Detective Emilia Hart sees a chance to expand her caseload beyond the endless succession of domestic violence deaths that land on her desk. But this is no simple investigation.

Another body turns up, then another. Then more—a lot more. All men, all shot in a similar MO. It's not until a manifesto taking credit for the crimes is published by a group calling themselves Daughters of Eve that Hart discovers a link between the victims. All of them had been perpetrators themselves. All had offended against women and children. Few had been charged with those crimes—and none convicted.

As panic sets in and chaos rules the streets, the police draw ever closer to the Daughters of Eve but the serial killer continues to elude them. Again, Hart sees something that everyone else has missed. But this time she's not sharing that information with her colleagues, or even her partner. This time she's using all her skills to cover up the clues.

A stunning debut that will take you to the edge and make you look down.

Nina D. Campbell worked as professional writer across the community and public sectors before becoming a fiction author. She lives in South Australia.



## RISING DUST

Fleur McDonald

Allen & Unwin  
9781760878832 | \$32.99 | © | PB | Fiction

*Detective Dave Burrows returns in another breathtaking tale of rural suspense*

After the family's devastating tragedy, Detective Dave Burrows is crystal clear that his wife, Mel, is no longer interested in their marriage.

Before Dave can talk to Mel, he and his partner, Bob Holden, are sent to investigate a suspected sheep stealing at a station north of Carnarvon where they very quickly realise that this crime is a lot more than just stock theft.

As a ferocious tropical storm floods the airstrip and uncovers more than anyone expected, Dave and Bob find themselves isolated, outnumbered and in extraordinary danger. Dave has to confront the guilt and trauma of his past before he can move forward. And perhaps there's no way out this time.

Fleur McDonald is the best-selling author of *The Shearer's Wife*, *Something to Hide* and *Deception Creek*. She lives in Western Australia.



## REPTILE MEMOIRS

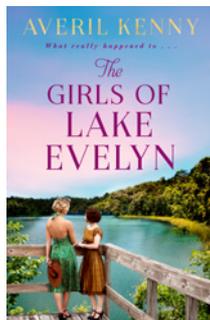
Silje O. Ulstein

Grove Press

9781611854404 | \$36.99 | © | PB | Fiction

Mariam Lind goes on a shopping trip with her eleven-year-old daughter, Iben. Following an argument Mariam storms off, expecting her young daughter to make her own way home ... but she never does. As Detective Roe Olsvik interrogates Mariam, he instantly suspects her—but there is much more to this case and these characters than their outer appearances would suggest. A brilliantly twisty and unusual literary thriller of family secrets, rebirth and the legacy of trauma, *Reptile Memoirs* is a biting exploration of the cold-bloodedness of humanity.

Silje Ulstein has a Masters Degree in Literature from the University of Oslo. *Reptile Memoirs* was a bestseller in Norway.



## THE GIRLS OF LAKE EVELYN

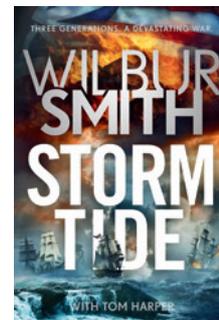
Averil Kenny

Echo

9781760686727 | \$36.99 | © | PB | Fiction

1958. Vivienne George escapes marriage to a man she doesn't love by fleeing to tropical North Queensland. Hidden away in a secluded lodge, she spends her days swimming in the beautiful lake nearby. It may seem like the perfect place to escape, but there's something about this mysterious lodge and lake which puts Vivienne on edge. Is there any truth to the legend of the girls of Lake Evelyn? And how will Vivienne find the life she's always wanted when her past comes back to haunt her?

Averil Kenny is the acclaimed author of *Those Hamilton Sisters*. She currently lives in Far North Queensland.



## STORM TIDE

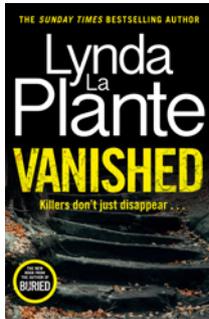
Wilbur Smith with Tom Harper

Zaffre

9781838775575 | \$45.00 | © | HB | Fiction

1774. Rob Courtney has spent his life in an African trading outpost. When his grandfather dies, Rob stows away on a ship to England. Enlisting in the navy, he is sent to join the war against the rebellious American colonists. But on the other side of the Atlantic, his distant cousins Cal and Aidan Courtney are leading a campaign against the British in a quest for American Independence. A powerful historical thriller of families divided and a country on the brink of revolution by the master of adventure fiction.

Wilbur Smith (1933-2021) published over forty global bestsellers, including the Courtney Series, the Ballantyne Series, the Egyptian Series and the Hector Cross Series.



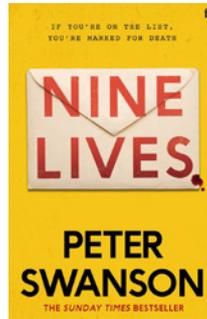
## VANISHED

Lynda La Plante

Zaffre  
9781838778743 | \$36.99 | © | PB | Fiction

When an eccentric elderly widow claims she is being stalked, Detective Jack Warr is the only person willing to dig into the truth behind her wild claims. Jack soon finds himself embroiled in an international drugs operation, art theft—and a murder investigation. But Jack believes that every aspect of this multi-faceted case is simply a distraction from the one person who lies at the heart of it all—the widow's elusive stalker. Find him, and the truth will come out...

Lynda La Plante is considered the Queen of Crime Drama and is the author of nearly forty bestselling novels.



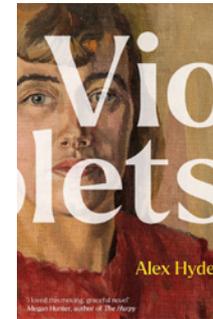
## NINE LIVES

Peter Swanson

Faber  
9780571358564 | \$36.99 | © | PB | Fiction

The envelope is unremarkable. There is no return address. It contains a single, folded, sheet of white paper. It drops through the mail slot like any other piece of post. But for the nine complete strangers who receive it—each of them recognising just one name, their own, on the enclosed list—it will be the most life-altering letter they ever receive. It could also be the last, as one by one, they start to meet their end. But why? A chilling and fiendish crime novel that everyone will be talking about...

Peter Swanson is the American author of *The Girl With a Clock for a Heart*, *The Kind Worth Killing*, *Rules for Perfect Murders* and *Every Vow You Break*.



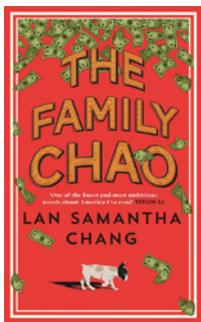
## VIOLETS

Alex Hyde

Granta  
9781783787272 | \$32.99 | © | HB | Fiction

A young woman, Violet, lies in a hospital bed in the closing days of the war. Her pregnancy is over and she is no longer able to conceive. In a small, watchful town in Wales, another Violet contemplates the fate she shares with her unborn child. Unwed and unwanted, an overseas posting offers a temporary way out. As their lives begin to intertwine, a spellbinding story of women's courage emerges, suffused with power, lyricism and beauty, from an exhilarating new voice in British fiction.

Alex Hyde is a lecturer at University College London. *Violets* is a fictional reimagining of her father's story.



## THE FAMILY CHAO

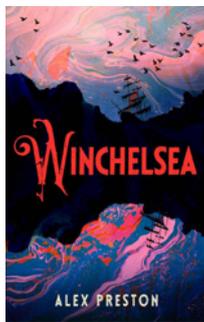
Lan Samantha Chang

Pushkin

9781911590729 | \$36.99 | © | PB | Fiction

For years, the residents of Lake Haven, Wisconsin ignored the whispered troubles about the Chao family, if only to keep eating at the best restaurant in town. But when tyrannical patriarch Leo 'Big' Chao is found frozen to death in the family's meat freezer, scandalous events force the community to turn its attention to the three Chao sons. When Dagou 'Dog Eater' Chao is held on trial for his father's murder, the Chao's turbulent history spills into the public eye, and a small town looks on in disbelief...

Lan Samantha Chang is the author of the award-winning *Hunger and Inheritance*. She is the director of the Iowa Writers' Workshop.



## WINCHELSEA

Alex Preston

Canongate

9781838857400 | \$36.99 | © | PB | Fiction

1742. Goody Brown has grown up in the smuggling town of Winchelsea. Then, when she turns sixteen, her father is murdered. To find justice in a lawless land, Goody must enter the cut-throat world of her father's killers. Facing high seas and desperate villains, she discovers an existence without constraints and a taste for danger. Goody was never born to be a gentlewoman. But what will she become instead? An electrifying story of vengeance and transformation, and a lyrical and transporting work of historical imagination.

Alex Preston is an award-winning author of *This Bleeding City* and *In Love and War*. He is Patron of the Oxford Literary Festival.



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Julie Mayhew is the acclaimed author of *Impossible Causes*. She lives in the UK.



## THE DEVIL'S BARGAIN

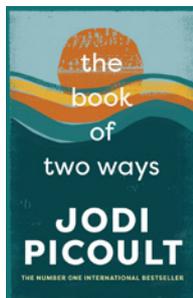
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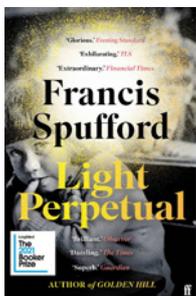
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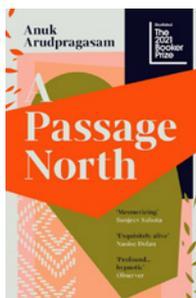
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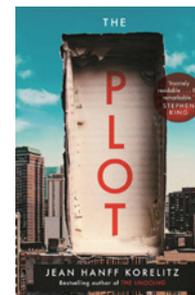
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