



What is an **AMBER** savoury commercial product?

AMBER savoury commercial products are commercial products typically high in saturated fat and salt and should therefore be consumed in moderation.

AMBER savoury commercial products include but are not limited to:

- Commercial crumbed or coated poultry and fish.
- Processed chicken products.
- Commercial burger patties.
- Commercial pizzas.
- Commercial plant-based meat alternatives.



AMBER savoury commercial products can only be on the canteen menu two days per week. They cannot be sold on the remaining three weekdays. **AMBER** savoury commercial products are to be counted as part of the maximum 40% **AMBER** food and drinks on school canteen menus.

- For example, your menu might provide chicken nuggets on Monday and Tuesday, and commercial pizza on Tuesday. No other **AMBER** savoury commercial products can be available on Wednesday, Thursday, or Friday.
- If you choose to serve multiple **AMBER** savoury commercial products on the same day, your whole menu must still comply with the maximum 40% **AMBER** food and drink requirement.
- Remember, many **AMBER** savoury commercial products must be served with a 1/4 cup cooked or 1/2 a cup of raw salad or vegetables to remain on the menu.

What if an **AMBER** item has been reclassified **RED**?

Although the criteria for a compliant menu remains 60% **GREEN**, 40% **AMBER** and no **RED** items, selected **RED** items can now be included in your **AMBER** count.

- Where an **AMBER** item has been reclassified as a **RED** item it may be included on the menu and included in your **AMBER** count. These items may only be offered on the same two days a week as other **AMBER** savoury commercial products.
- These products must meet the nutrient criteria and may have a maximum serve size allowance.
- This cannot be applied retrospectively. Once a **RED** item has been removed from a menu, it cannot be re-introduced.

For example:

If your canteen sells **AMBER** chicken nuggets on Tuesday and Thursday you can also sell hash browns (an **AMBER** item reclassified as **RED**) on those two days. The hash browns will contribute to your 40% **AMBER** allocation of your total menu. You cannot sell hash browns on any other day.

Examples of selected **RED** items that may be included on your menu:

- Commercial savoury pastry foods such as sausage rolls, pies, spring rolls, commercially prepared quiche and savoury tarts.
- Ham products that meet the nutrient criteria.
- Hot potato and other vegetable products such as hot potato chips, sweet potato chips, potato wedges, hash browns, potato gems.

For an extensive list see '[Selected Red Items](#)' factsheet.

Still unsure what your food or drink product is classified according to the WA School Food and Drink Criteria? Simply search for the product in FoodChecker and find out instantly.

 **FoodChecker**