

WOODSIDE NIPPERS

PARENT Guide



Western
Australia

My Club

Name of club

My child's cap colour

Time of sessions

Age Group Managers name

Age Group Managers contact

Purpose of this Guide

Congratulations on joining your child up at one of our thirty-one Surf Life Saving Clubs here in Western Australia. Your club is part of a bigger state based family comprising another thirty clubs from as far north as Broome all the way down to Esperance Goldfields in the south. There are over 25,600 members across this great state.

Nationally, there are Surf Life Saving Clubs all around Australia with over 200,000 members of the Surf Life Saving family. This year your child(ren) will become part of this great, iconic movement as they participate in the Woodside Nippers Education Program.

The purpose of this guide is to provide parents with information about the Woodside Nippers Education Program so you know what will happen when you take your child(ren) to nippers each weekend over the season. It also details key events your nipper(s) can get involved in.



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Who is SLSWA?

Surf Life Saving Western Australia, or SLSWA as we are commonly known, is the state body that oversees and controls Surf Life Saving activities in Western Australia. Our headquarters are located at 7 Delawney Street, Balcatta, WA.

We service and support the thirty-one affiliated clubs within Western Australia. The Woodside Nippers Education Program, that is used at your club, was designed by our staff to help our clubs deliver the best possible program to children in the Nipper age groups that start from Under 6 through to Under 13.

Feel free to visit us at www.mybeach.com.au to find out more about who we are, what we do, and how you can participate in our organisation and this movement.



Our Clubs

Albany SLSC



4 Flinders Parade, Middleton Beach
T: (08) 9841 3327
nippers@albanysurfclub.com.au

Coogee Beach SLSC



20 Poore Grove, Coogee
T: (08) 9494 1433
Tues-Fri: 10am – 4pm
clubadministrator@cbslsc.com.au

Alkimos SLSC



100 Coolangatta Rise, Alkimos
T: 0457 841 999
admin@alkimossilsc.com.au

Cottesloe SLSC



87 Marine Parade, Cottesloe
T: (08) 9383 4400
admin@cottsurf.com

Binningup SLSC



Coronation Drive, Binningup
T: (08) 9720 1956
binningupslsc@hotmail.com

Dalyellup Beach SLSC



Dalyellup Road, Dalyellup
dbslsc04@gmail.com

Broome SLSC



Cable Beach Road, Cable Beach
T: (08) 9193 7327
admin@broomeslsc.org.au

Dampier SLSC



dampierslsc@gmail.com

Busselton SLSC



Geographe Bay Road, Busselton
T: 0419 954 811
admin@busseltonsurf.com

Denmark SLSC



Ocean Beach Road, Denmark
T: (08) 9848 2346
nippers@denmarksurf.com.au

Champion Bay SLSC



Cnr Foreshore Drive and Forrest Street, Geraldton
T: 0407 471 828
admin@champions.org.au

Dongara Denison SLSC



White Tops Road, Port Denison
T: 0429 086 252
dongaradenisonslsc@gmail.com

City of Bunbury SLSC



Ocean Drive, Bunbury
T: (08) 9721 3633
Tues & Thurs: 9am – 2pm
surfclub@bunburyslsc.com.au

Esperance Goldfields SLSC



Twilight Beach Road, Esperance
T: (08) 9072 0087
nippers@egslc.com.au

City of Perth SLSC



181 Challenger Parade, City Beach
T: (08) 9385 9232
junioractivities@cityofperthslsc.com.au

Floreat SLSC



Floreat Beach, West Coast Highway, Wembley
T: (08) 9385 9370
admin@floreatslsc.com

Our Clubs

Fremantle SLSC



20 Leighton Beach Bvd,
North Fremantle
T: (08) 9335 4359
Mon-Fri: 9am – 4pm
fmslsc@fremantlesurfclub.com.au

Geraldton SLSC



240 Willcock Drive, Geraldton
T: (08) 9921 3403
surfclub@geraldtonslsc.com.au

Mandurah SLSC



40 Orestes Street, San Remo
T: (08) 9518 1419
clubcaptain@mandurahslsc.asn.au

Margaret River SLSC



Gnarabup Road, Margaret River
T: 0499 241 625
president@margsurf.com.au

Mullaloo SLSC



11 Oceanside Prom, Mullaloo
T: (08) 9307 7766
Mon-Fri: 9am - 4pm
info@mullaloosurf.com.au

North Cottesloe SLSC



151 Marine Parade, Cottesloe
T: (08) 9284 2626
Mon-Fri: 8:30am – 5pm
office@ncslsc.com

Port Bouvard SLSC



Pyramids Beach, Dawesville
T: 9582 2787
nipperscoordinator@portbouvardslsc.com.au

Quinns Mindarie SLSC



Cnr Quinns Rd & Ocean Drive,
Quinns Rocks
T: (08) 9305 1870
Tues & Thurs: 9:30am - 2pm
info@qmslsc.com.au

Scarboro SLSC



T: (08) 9341 1011
Mon-Fri: 9.15am-2.15pm,
Wed: Closed
adminofficer@scarboro.com.au

Secret Harbour SLSC



11 Palermo Cove, Secret Harbour
T: (08) 9524 7092
members@secretharbourslsc.com

Smith's Beach SLSC



Smiths Beach, Yallingup
T: 0487 876 133
admin@sbslsc.com.au

Sorrento SLSC



189 West Coast Drive, Sorrento
T: (08) 9448 1431
Mon-Fri: 8am-4pm, Wed: 10am-6pm
admin@sorrentoslsc.org.au

Swanbourne Nedlands SLSC



282 Marine Parade Swanbourne
T: (08) 9384 0020
admin@swannysurfclub.org.au

Trigg Island SLSC



360 West Coast Drive, Trigg
T: (08) 9447 3556
Tues - Thurs: 10am - 3pm
admin@triggisland.com

Yanchep SLSC



3 Brazier Road, Yanchep
nippers@yanchepslsc.com

SLSWA Communications

SLSWA communicates directly with members and stakeholders via the My Beach eNewsletter, which is distributed fortnightly (Wednesday). The newsletter ensures members and stakeholders are up to date with the activities of SLSWA, coming events and activities, and any other information relevant to being a member of surf life saving.

The SLSWA website mybeach.com.au has all the latest event information on our clinics and carnivals, community programs and events, first aid training. We suggest you check this site regularly as event times, schedules and venues often change.

These communications support what your club offers and we encourage you to take the time to read all communication so you have the latest up to date information.

More information about Woodside Nippers can also be found at nipperswa.com.au



Parent Involvement

Our clubs are run by volunteers, so we encourage all nipper parents to get involved in some capacity. Some of the ways you can assist include;

- Being an Age Group Manager
- Becoming a qualified Foundation Coach
- Becoming qualified Water Safety Personnel
- Becoming a qualified Competition Official
- Helping record results
- Helping record attendance
- Helping in the Club kitchen

We encourage you to talk to your children's Age Group Manager to see where the club needs assistance. Your volunteering will be an example to your own children, so please, always volunteer in a fair, inclusive, safe and respectful way.



Child Safe

SLSWA and each of its affiliated clubs take Child Safeguarding very seriously. We follow and promote the four Safe Club 4 Kids considerations.

Make your rules clear

SLS have clear Codes of Conduct for all members which includes how to deal and relate to children and young people. Please refer to the Surf Life Saving Member Protection Policy for further information. This policy is available on the SLSWA website at mybeach.com.au

Should you feel a member has breached the Codes of Conduct please advise a senior person at your club, such as the President, Member Protection Information Officer (MPIO), Safeguarding Officer or contact us at SLSWA.

Get the right people

Getting the right people to fill roles is a key safeguarding principle. SLSWA has a clear screening policy which involves the relevant personnel obtaining a Working with Children Card. For those members exempt from obtaining a Working with Children Card other screening measures are used. Further information about Member Screening can be found on the MyBeach website.

Another aspect of getting the right people is induction and ongoing support through training and supervision. Age Managers at all clubs undergo training to take on the role as do coaches, trainers, assessors and officials. Regular updates and courses are offered to further develop our members.

Involve children and young people

SLSWA and its clubs promote an open culture where all members, especially children and young people, know how and where to give feedback, raise concerns and feel confident of a response.

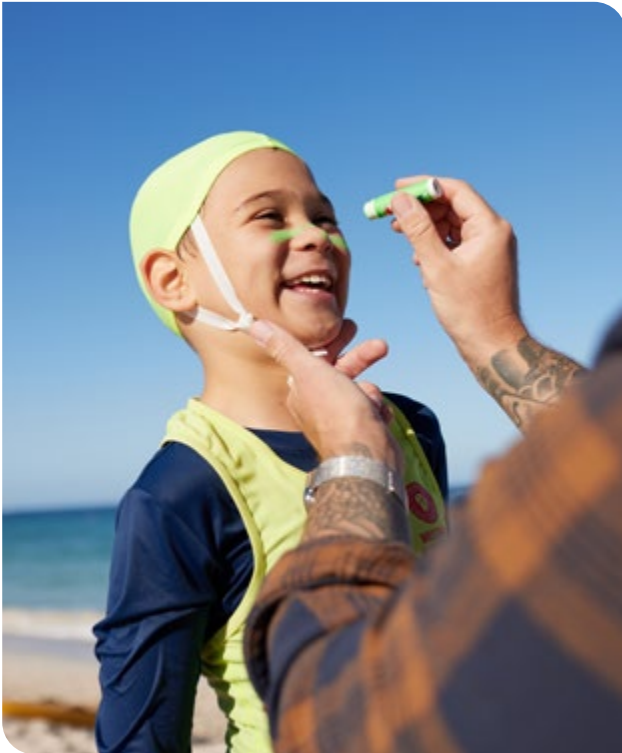
Learn and respond

SLSWA is an organisation where all members are encouraged to keep children and young people safe. We encourage and train members to raise concerns and respond when a child is in need.

As stated above, there are personnel at each club that are able to assist when required. We encourage you to know who these people are and seek them out if and when required.



Be SunSmart at the beach



Here in Western Australia, we're blessed with some of the most beautiful weather in the world. But spending time in the sun without the proper protection can be dangerous to our health.

While participating in Woodside Nippers, please remember to take steps to ensure adequate sun protection for both your child(ren) and yourself and keep in mind the basic SunSmart guidelines of Slip, Slop, Slap, Seek and Slide!

1. Slip on protective clothing
2. Slop on SPF 30 or higher sunscreen
3. Slap on a hat that provides as much shade as possible to your face, head, neck, ears and eyes
4. Seek shade – staying in the shade is one of the most effective ways to reduce sun exposure
5. Slide on some sunglasses – sunglasses can protect your eyes against UV radiation.

What is the UV Index?

The best way to know when you need to use sun protection is to use the UV Index. The UV Index is a simple measure of the UV radiation level at the Earth's surface. It has been designed to help people to avoid overexposure to high levels of UV radiation. The values of the Index range from zero upward and the higher the Index value, the greater the potential for damage to the skin and eyes, and the less time it takes for harm to occur.

You need to use sun protection when the UV Index is 3 or above, and when the UV Index reaches 8 or above you should take extra care and stay out of the sun if this is possible.

To learn more about UV and being SunSmart, visit www.myuv.com.au and download the free MyUV App!

**WHEN UV
IS 3 OR
ABOVE BE
SUNSMART**



**Download the
SunSmart app now
at myUV.com.au**

SUNSMART®

Surf Life Saving demands endurance, strength and speed for your child(ren) to perform at their best! How your child(ren) fuel and nourish their bodies before, during and after nippers training and events is key! Our friends at Fuel to Go & Play share their top tips to ensuring your nippers have the Fuel to Go & Play!

Nipper fuelling

THE NIGHT BEFORE

The meal the night before training or events is key to building your nippers energy stores; prioritise a meal rich in healthy carbohydrates, vegetables and a source of protein. Family meals such as spaghetti Bolognese, chicken parmigiana with pasta and a side salad, homemade burgers and wedges or homemade pizzas with lots of vegies are delicious and simple fuelling ideas.

Before bed give your child(ren) a sweet after dinner snack to give their muscles another top-up.

Tasty fuelling ideas include:

- Fruit, muesli and yoghurt
- Homemade pikelets
- Weetbix with milk and fruit
- Small glass of warm or cold flavoured milk.

MORNING

Did you know your children's bodies still use energy while they sleep? So, their muscles energy stores need a top-up before they leave the house.

For early morning events fuel up with an easy carbohydrate rich snack, such as:

- Smoothies with banana, oats and milk
- Breakfast drinks small flavoured milks
- Porridge with fruit
- Wholegrain cereals with fruit and milk
- Toast with your favourite toppings i.e peanut butter and banana.

Too nervous to eat something? Then a milk based drink is a great option for children to sip on in the lead up to their event.

For Carnival Days with back-to-back events, it's important that there are plenty of fuelling snacks to choose from to ensure your child's muscles stores don't reach empty!

FUELLING SNACKS

Less than 2 hours between events:

- Fruit or fruit cups
- Frozen grapes
- Dried fruit
- Popcorn or pretzels
- Cereal bites
- Breakfast drinks
- 99% juice
- Pikelets, crumpets or English muffins with a small amount of jam.
- Power balls
- Mini muffins
- Small flavoured milks

More than 2 hours between events:

- Sandwich or wrap with lean meats and veggies
- Small flavoured milk, smoothies, or breakfast drinks
- Sushi
- Muesli cups with yoghurt and fruit.

RECOVERY

To keep your child performing at their best it is important they recover with healthy food and drinks!

Fuelling recovery ideas include:

- Chicken and salad wrap with water
- Egg pasta salad with water
- Burger loaded with salad
- Sushi and water.

WATER WINS!

Participating in Nipper activities is not usually long enough to require a sports drink. Having a fuelling snack with water beforehand and recovering with a meal and water is enough to replace fluids and electrolytes lost through sweat!

For fuelling recipes visit the Fuel to Go & Play website: www.fuelto.go.com.au/recipes

Participant Requirements

Nippers Competition Skills Evaluation

Nippers from Under 8 to Under 13 have the opportunity to participate in inter-club competitions. Nippers wishing to compete in water events at these inter-club competitions must complete the Competition Skills Evaluation.

Competition Skills Evaluations are used to ensure that nippers wishing to participate in water events at a SLSWA Carnival meet the minimum requirements for their competitive age group. These evaluations are to be completed by your club at an open water venue and reflect the distance swum at a SLSWA event.

All Abilities Program

Some of our clubs offer an All Abilities Program for Nipper aged children.

If you have signed your child up to this program, your club will assess your child and we encourage you, as parents, to assist your club and work with them to plan meaningful and relevant experiences.

SLSWA will provide training for program volunteers and have developed resources to assist them in planning and delivering adaptive activities.

Age Group	Competition Skills Evaluation
Under 6	Do not compete in SLSWA events
Under 7	Do not compete in SLSWA events
Under 8	100m open water swim in less than 6 minutes
Under 9	100m open water swim in less than 6 minutes
Under 10	150m open water swim in less than 8 minutes
Under 11	200m open water swim in less than 8 minutes
Under 12	200m open water swim in less than 8 minutes
Under 13	200m open water swim in less than 7 minutes



Woodside Nipper Outcomes

The Woodside Nippers Education Program that your child(ren) will participate in has been designed by SLSWA. There are 8 levels in the program which correspond to the 8 age groups – Under 6 through to Under 13.

The Woodside Nippers Education Program provides the framework for managing and coaching Nipper participants by facilitating the progressive development of the skills needed for participation in surf lifesaving activities.

Nippers will learn skills in 4 key areas.

Individual Safety

This learning area deals with recognising potential risks that we all face when visiting the beach and in life in general.

Surf Awareness

Not only are surf skills required in conquering conditions, but a knowledge of where the dangers are and how to read the surf are essential ingredients in keeping safe at the beach.

Lifesaving Skills

This learning area starts to introduce our nippers to the role we hope they undertake as they grow and develop into our future lifesavers.

Surf Sport Skills

Nippers learn a variety of skills to help them develop confidence and introduce them to our various Surf Sport events.

At the completion of the Woodside Nippers Education Program, when your child finishes the Under 13 Program, they will be equipped to gain their Surf Rescue Certificate and ultimately become a qualified Surf Lifesaver who can patrol our beaches and provide a service to the community.



Woodside Nippers Lesson Plans

The Woodside Nippers Education Program consists of lesson plans that are designed to be easy to both follow and deliver so that all Age Managers/ Assistants are comfortable delivering the program and participants will receive the appropriate instruction.

Lesson Structure

To assist clubs Surf Life Saving WA have produced structured lesson plans for each of the eight nipper age groups (Under 6 – Under 13) consisting of;

Under 6	12 x 60 minute lessons
Under 7	12 x 60 minute lessons
Under 8	10 x 90 minute lessons
Under 9	10 x 90 minute lessons
Under 10	10 x 120 minute lessons
Under 11	10 x 120 minute lessons
Under 12	10 x 120 minute lessons
Under 13	10 x 120 minute lessons

Each age group's program builds on the skills learned from the previous age group but is also designed in a way as to not disadvantage new nippers entering at any age. If you feel that your child is disadvantaged or struggling, please talk to your age manager who can develop a plan to assist your child.

Each Lesson Plan is structured in the following way:

INTRODUCTION

At the beginning of each your Age Manager will provide a short introduction session, once nippers and parents arrive with an overview of activities for the day.

DISCUSSION

All lessons include an educational component designed to impart new skills and knowledge to participants.

WARM-UP

A fun warm-up game, generally team based to get all involved.

SKILL DEVELOPMENT ACTIVITIES

Each lesson nippers will participate in a series of activities based around water familiarisation, surf skills and surf sport disciplines. These skill development activities are designed to ultimately develop the abilities required to become a lifesaver.

CULMINATION GAME

The final activity, generally team based, to finish off the lesson for the day.

LESSON WRAP

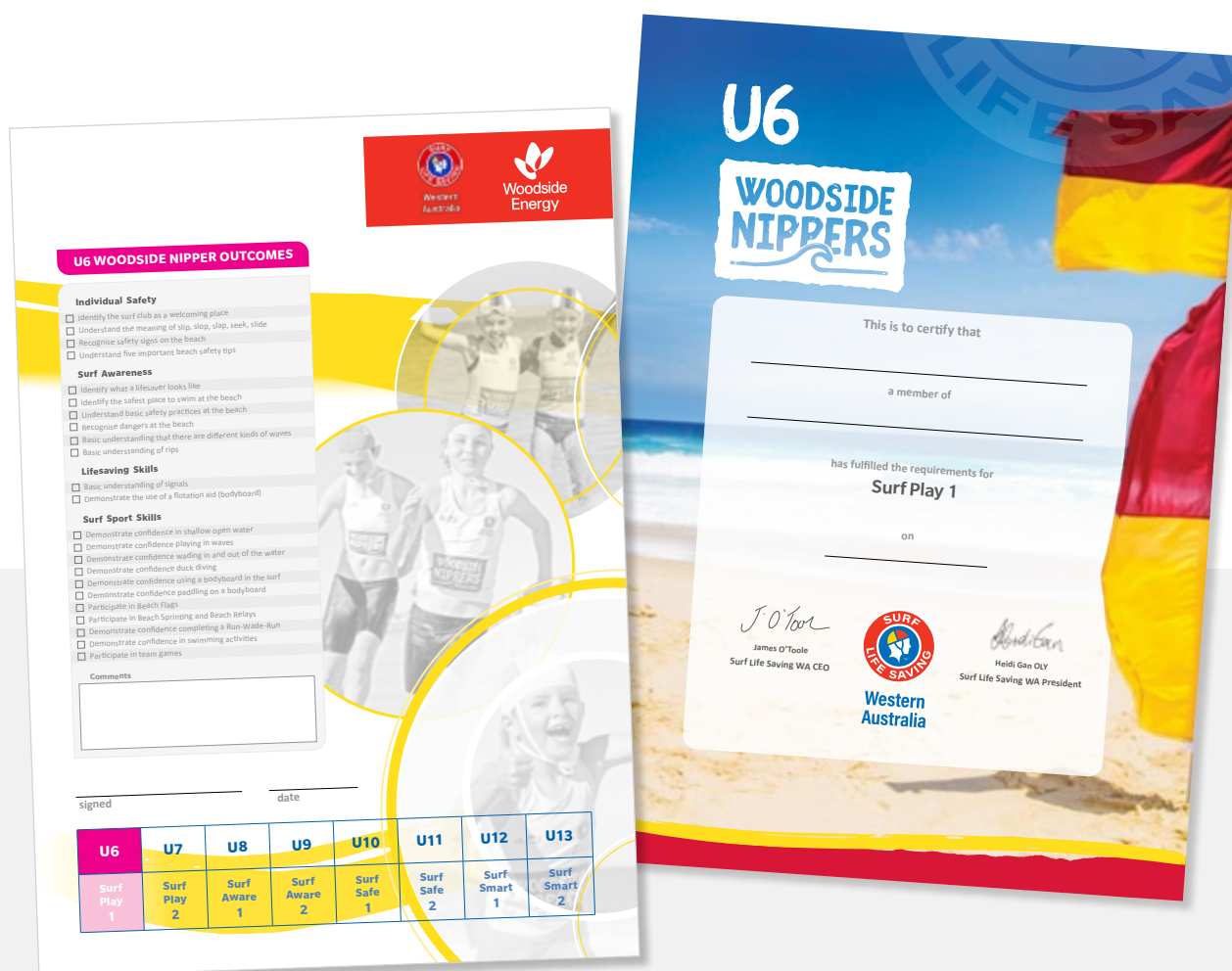
A chance to wrap up and revise what was learnt through the lesson that day.

Woodside Nippers Lesson Plans

Assessments

By the completion of each age group program, participants should be able to demonstrate the skill and ability to meet the outcomes of their age group. Age Managers will continually assess participants which enables them to adapt instruction to suit participant ability and to ensure participants are having fun whilst learning.

Each age group has a series of associated learning outcomes that your Age Manager will use to assess participant ability. At the end of the season, each participant will receive a certificate displaying the outcomes they have received.



Nipper Surf Sport

Nipper Surf Sport Season

There are a wide range of opportunities available for members interested in participating in Surf Life Saving Surf Sport. Surf Sports began, and continues to be, a way for our lifesavers to showcase and practice the skills and physical abilities required to save a life.

For our Under 8 to Under 13 nipper members SLSWA provide surf sport events and championships. Your club will also likely run its own surf sport events, such as club championships, points days and competitions with neighbouring/like clubs. Nipper Surf Sport is about participation and enjoyment.

There are also opportunities outside of summer carnivals to stay involved in surf lifesaving through SLSWA Pool Rescue events, which are held indoors during the winter months.

Competitive Disciplines

There are nipper events in the ocean and on the beach. Your child/ren may choose to do all or some of the disciplines that are offered. Some events are individual and others are team based.

OCEAN EVENTS

The individual ocean events include the Surf Race, Board Race and Ironman.

- **Surf Race** is a swim out around buoys, with a small run up the beach to finish between two flags.
- **Board Race** is very similar, but carried out on a board.
- **Ironman** combines the swim and board disciplines with a run transition between the two.

The team ocean events include the Board Rescue, Surf Teams, Board Relay and Cameron Relay.

- **Board Rescue** is a two-person team with the first member swimming to an allotted buoy and raising their arm to signify the start for the second team member, who must paddle out on a board and return with the swimmer to the beach.
- **Surf Teams** are made up of four members and scores are allocated for each individual's position as they finish, with the team with the lowest score winning.
- **Board Relay** has three paddlers competing in relay format, requiring them to tag their next team member.
- **Cameron Relay** comprises a swim leg, board leg and two transitional run legs – it is like a team Ironman.

BEACH EVENTS

The beach events include a 70 metre **Beach Sprint**, a long distance **Beach Run**, a four-person **Beach Relay** and the **Beach Flags**.

- **Beach Flags** is where competitors start in a lying position on the beach, and on the sound of the starter's gun/whistle, jumps to their feet and races the 15 metres to collect a flag in the ground. With one less flag than there are competitors, winners are decided through a process of elimination.

Surf Sport Pathways

Nipper Surf Sports provides an opportunity to in disciplines that may lead all the way to national representation in Australian Teams at World Life Saving Carnivals.

Each season SLSWA offer a series of carnivals culminating in our State Championships where over 900 nippers from around WA participate over three days of fun competition.

Nipper Surf Sport

Surf Sports Events

There are a variety of surf sport event opportunities available to our nippers of all ages including clinics, carnivals and championships.

FUEL TO GO & PLAY LITTLE NIPPER EVENTS

Fuel to Go & Play Little Nipper events are for Under 8 and Under 9 nippers and provide a range of opportunities for our youngest nippers to practice and put their skills to the test.

Fuel to Go & Play Little Nipper Carnivals are an opportunity for nippers to practice their skills in a fun, competition environment, culminating in a championship.

Little Nippers will compete in Surf Race, Board Race, Beach Sprint and Beach Flags at each of these events.

Fuel to Go & Play WA Little Nipper Championships

These championships provide an opportunity for Little Nippers to compete against fellow clubs. The events are the same as contested at Little Nipper Carnivals – with the bonus of being awarded Gold, Silver and Bronze medals.

FUEL TO GO & PLAY NIPPER EVENTS

Nipper events are for our Under 10 through to Under 13 nippers and include carnivals and championship events throughout the season.

Fuel to Go & Play Nipper Carnivals are an opportunity for nippers to practice their skills in a fun, competition environment, culminating in a championship event.

NIPPER CHAMPIONSHIPS

Sunset Challenge

In July, Broome and Dampier SLSC's compete in the Sunset Challenge. Some of the competing Nippers were lucky enough to qualify for the Fuel to Go & Play WA Nipper Championships.

Fuel to Go & Play Regional Nipper Championships

Nippers from all other country clubs fall into one of four regions outlined in the table below. Within these four regions Regional Championships are held. Nippers will have the opportunity to qualify for the Fuel to Go & Play WA Nipper Championships either via their local Fuel to Go & Play Regional Championships or at the Fuel to Go & Play Nipper Qualifier held in Perth.

At the Fuel to Go & Play Regional Championships, Nippers will be awarded gold, silver and bronze medal. Qualifying events at these Championships are Beach Flags, Beach Sprint, Board Rescue, Board Race and Ironman/Ironwoman.

Below is a list of clubs within each region:

Regions	Clubs
Mid West	Champion Bay
	Geraldton
	Dongara Denison
Peel	Secret Harbour
	Mandurah
	Port Bouvard
South West	Binningup
	City of Bunbury
	Dalyellup Beach
	Busselton
	Margaret River
	Smiths Beach
Great Southern	Denmark
	Albany
	Esperance Goldfields

Nipper Surf Sport

Fuel to Go & Play WA Nipper Qualifier

The Fuel to Go & Play Nipper Qualifier is the opportunity for nippers of all clubs to qualify for the Board Rescue, Board Race, Ironman, Beach Sprints and Beach Flags at the Fuel to Go & Play WA Nipper Championships.

Fuel to Go & Play WA Country Championships

Our country clubs, including nippers have a special Country Championships where they can compete against other country competitors and be awarded gold, silver or bronze medals. Note, there are no state qualifiers from this event.

The clubs that are eligible to compete in the Country Championships are:

- Albany
- Binningup
- Broome
- Busselton
- Champion Bay
- City of Bunbury
- Dalyellup Beach
- Dampier
- Denmark
- Dongara Denison
- Esperance Goldfields
- Geraldton
- Mandurah
- Margaret River
- Port Bouvard
- Secret Harbour
- Smiths Beach

Fuel to Go & Play WA Nipper Championships

This event is the culmination of the WA surf sport season held over three days with both metropolitan and country clubs coming together to determine our states best club and surf sport athletes. We also have a handicap point score to determine the most improved club in Western Australia.

More information is available in the SLSWA Circular, Qualifying for the WA Nipper Championships.

Officials

To run events efficiently, SLSWA requires the support of clubs by supplying officials. Please talk to your club if you are interested in being an official. SLSWA runs courses for parents wishing to become accredited officials. Your club will have information about where and when the next course will be run.

There are a number of roles at SLSWA carnivals that do not require a person to be accredited. Parents are encouraged to talk to their child/ren Age Manager to find out how they can help.



2026-27

Event Dates

OCTOBER 2026

10 Saturday Fuel to Go & Play WA Endurance Champs, City Beach

NOVEMBER 2026

29 Sunday Fuel to Go & Play Alkimos Development Carnival (U8-U13),
(run by Alkimos SLSC)

DECEMBER 2026

6 Sunday Fuel to Go & Play Nipper Carnival 1, (run by Sorrento SLSC)

13 Sunday Fuel to Go & Play Little Nipper Carnival 1,
(run by Quinns Mindarie SLSC)

JANUARY 2027

10 Sunday Fuel to Go & Play Nippers Carnival 2, (run by Coogee Beach SLSC)

16 Saturday Fuel to Go & Play Great Southern Nipper Champs,
(run by Denmark SLSC)

17 Sunday Fuel to Go & Play Little Nipper Carnival 2 - inc. All Abilities events,
(run by Coogee Beach SLSC)

17 Sunday Fuel to Go & Play South West Nipper Champs,
(run by City of Bunbury SLSC)

23 Saturday Fuel to Go & Play WA Country Champs, Bunbury

23 Saturday Fuel to Go & Play WA Country Carnival - inc. All Abilities events,
- 24 - Sunday Bunbury

13 Saturday Fuel to Go & Play Peel Nipper Champs (run by Mandurah SLSC)

FEBRUARY 2027

7 Saturday Fuel to Go & Play Nippers Qualifier, Leighton Beach
- 8 - Sunday

7 Sunday Fuel to Go & Play Mid West Nipper Champs,
(run by Champion Bay SLSC)

13 Saturday Fuel to Go & Play WA SLS Champs - Surf Rescue, Scarborough Beach

20 Sunday Fuel to Go & Play WA Little Nipper Champs, Leighton Beach

27 Saturday Fuel to Go & Play WA Nipper Champs, Trigg Beach
- 28 - Sunday

MARCH 2027

1 Monday Fuel to Go & Play WA Nipper Champs, Trigg Beach

WOODSIDE NIPPERS



Western
Australia

KEY

Little Nippers
(U8 & U9)

Nippers
(U10-U13)

Any updates or changes to the above dates and events will be advised by your club, as well as via the [SLSWA website](#) and My Beach eNewsletter.