

**BEACH STORMERS - ROUND 2**

- Athletes can only compete in 1 nominated age category.
- Breaks will result in a penalty of:
 - Distance Run – 15s
 - Sprints – 2m
 - Flags – 1m
- Prize money will be calculated and distributed after the Round 3 event.

	<u>DISTANCE RUNS</u>	<u>SPRINTS</u>	<u>FLAGS</u>
8:45		MARSHALLING	
9:00	<u>ROUND 1</u> U13 M/F – 1km Masters M/F – 1km Youth M/F – 1km U17 M/F – 1km Open M/F – 1km <u>ROUND 2</u> U13 M/F – 500m Masters M/F – 500m Youth M/F – 500m U17 M/F – 500m Open M/F – 500m <u>ROUND 3</u> U13 M/F – 1km Masters M/F – 1km Youth M/F – 1km U17 M/F – 1km Open M/F – 1km <u>ROUND 4</u> U17 M/F – 500m Open M/F – 500m	<u>ROUND 1</u> U13 M/F 50m Sprint Masters M/F 50m Sprint Youth M/F 70m Sprint U17 M/F 70m Sprint Open M/F 70m Sprint <u>ROUND 2</u> U13 M/F 50m Sprint Masters 50m Sprint Youth M/F 70m Sprint U17 M/F 70m Sprint Open M/F 70m Sprint <u>ROUND 3</u> U13 M/F 60m Sprint Masters M/F 60m Sprint Youth M/F 80m Sprint U17 M/F 80m Sprint Open M/F 80m Sprint <u>FINAL</u> U13 M/F 70m Sprint Masters M/F 70m Sprint Youth M/F 90m Sprint U17 M/F 90m Sprint Open M/F 90m Sprint	
10:30			U13 M/F Flags Masters M/F Flags Youth M/F Flags U17 M/F Flags Open M/F Flags