

PLEASE BE ADVISED THAT MASKS ARE TO BE WORN INSIDE OF ALL BUILDINGS THAT PROVIDE HEALTH SERVICES AT ALL TIMES.

EVERY WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:30am - 2:30pm Family Violence drop in clinic at the Nintirri Centre</p> <p>Open Art Studio every Monday 3:00 - 6:00 pm, all are welcome!</p>	<p>9am - 11am Playgroup</p> <p>11am - 11:30am Toy Library</p> <p>Chiropractic Services from Exmouth Wellness Centre</p> <p>Family Violence drop in clinic @ Wakathuni</p>	<p>8.30am - 11am Study Group & Work Space ++</p> <p>8:30-9:30am Kids Craft @ The Arts Hub</p> <p>11am - 12:30pm Draw & Telling @ The Arts Hub</p> <p>Mini Makers - 9:30 - 10:30 am @ the Arts Hub</p>	<p>9am - 11am Playgroup</p> <p>10am - 11am- First Time Mums & Bubs Group @ The Arts Hub</p> <p>11am Thursday Yarn Time @ The Arts Hub</p>	<p>10am Little Language Nest**</p> <p>Occupational Therapy - appointment only</p> <p>8:30am - 2:30pm Family Violence drop in clinic @ Nintirri</p>

**Please note programs marked with a ** do not run during the School Holidays.

++ Please note programs marked with a ++ have Creche available.

Programs and events in orange are not run by Nintirri and need to be booked directly with the provider.

THIS MONTH

<p>Every Tuesday</p> <p>Fun Box returns! Located on Canberra drive from 2:30 pm - 4 pm</p>	<p>1st - 3rd</p> <p>Opshop Sale fill a bag for \$5!</p>	<p>8th</p> <p>Polymer Clay Workshop with Amy Morton @ The Arts Hub. Kids 3 - 4:30pm Adults 6 - 8:30 pm</p>	<p>8th, 9th & 10th</p> <p>Midwife Clinic in Tom Price 8th and 10th. Paraburdoo Midwife Clinice 9th.</p>	<p>All Month</p> <p>Come Down to the Nintirri Centre reception to collect your free Rapid Antigen Tests and Face Masks</p>	<p>All Month</p> <p>Lego Group 3:00 - 4:30 pm every Tuesday *Booking Only</p>	<p>All month</p> <p>Heal Acupuncture & Chinese Medicine- appointment only</p>
<p>13th - 23rd</p> <p>Hiking Tour Guide Training. Week 1 - Monday 13th to Friday 17th. Week 2 - Monday 20th to Thursday 23rd.</p>	<p>13th - 19th</p> <p>Mens Health week</p>	<p>16th - 30th</p> <p>Paraburdoo DV Outreach</p>	<p>24th</p> <p>Onslow DV Outreach</p>	<p>All Month</p> <p>Kids Craft sessions every Wednesday 3:00 - 4:30 PM. *Booking Only</p>	<p>All month</p> <p>Yin Yoga, Pilates, & Barre Fusion Classes. Please book online *Dates will be added all month.</p>	<p>All month</p> <p>Reset Physiotherapy appointment only</p> <p>Karratha Health Care- appointment only</p>

