

I WANT TO BE A YOUTH COACH

YOUTH U14 TO U17 PATHWAYS



**Western
Australia**

YOUTH COACH

WHAT IS A YOUTH COACH?

Youth Coaches work in a range of coaching roles at clubs. You will have the opportunity to work with athletes across all levels of competition and performance as well as being mentored at club training sessions in all areas of surf sports.

What will you learn?

As a Youth Coach trainee, you will develop the skills and expertise in the three general principles of surf sports: swim, beach and board. You will be mentored through the basics of coaching surf sports athletes through a range of practical assessment and online learning.

You will also cover areas such as:

- Game based and inclusive coaching
- Age Manager consideration
- Members safety and wellbeing
- Risk management, water safety and safety garments
- Surf awareness
- Accessing the Surf Sports rules manuals
- Introduction to practical surf sports skills e.g. sprints, relays, flags, board paddling, surf swimming/wade

What will you do?

There are four steps to becoming a Youth Coach and involves completing online learning modules as well as attending a Youth Coach course run through SLSWA. Once you have completed the necessary steps, you will be able to coach, under supervision, at your club and in a surf sport discipline of your choice.

Note, that the Youth Coach Course is Non NCAS (National Coaching Accreditation Scheme) accredited Training. However, the modules completed are valid as part of the assessment requirements for the NCAS Accredited Courses able to be commenced when the participant turns 16 years.

HOW TO JOIN

REQUIREMENTS

13-15 years of age
SLSA Membership

There are four (4) steps to attaining a Youth Coach Program accreditation.

STEP 1: REGISTER

- Visit the mybeach.com.au website under the Members – Youth Program and register your interest.

STEP 2: COMPLETE ONLINE COURSES

- The Australian Institute of Sport (AIS) online Community Coaching General Principles Forms part of Module 1 of the SLSWA Youth Coach pathway.
- You will need to register with the AIS for access to the Community Coaching General Principles course (FREE). Click [here](#) to access.
- The other part of Module 1 is the completion of the Sport Integrity Australia (ASADA), Level 1 Anti-Doping online course (FREE). Click [here](#) to access.
- Once you have completed both the Community Coaching and ASADA courses, either print out the course completion certificates and present them when attending the Youth Coach Course or email them to youth@slswa.com.au.
- These awards will be entered in your Surfguard records by SLSWA.

STEP 3: ATTEND COURSE/CLINIC

- Attendance at a Youth Coach course or SLSWA Clinic is Module 2 of the SLSWA Youth Coach pathway. These are run throughout the season as advised from SLSWA. Notice will be via SLSWA's MyBeach enews and social media.
- The course/clinics are FREE and held over a few hours, which can aim to be discipline specific if required.

STEP 4: COACH AT CLUBS

- When you have completed the above steps, you can coach at SLSWA Surf Clubs.
- After you have coached four (4) sessions at your club, under supervision of an accredited coach or attended mentored clinics, you will receive your Youth Coach accreditation.
- This will be reflected in your Surfguard records.
- You will also be sent a certificate.

Note, your Youth Coach accreditation will be valid for a maximum of 4 years or until you reach 16 years of age. At 16 years of age, you are eligible to progress and complete the Foundation Coach qualification.

Hours accrued in this role can be attributed to your Youth Recognition Program levels.



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