



# Freo 1 & 2km Breakfast Run Series

**Location:**

Fremantle Surf Life Saving Club

**Dates:**

Race 1: Saturday 5<sup>th</sup> December 2020

Race 2: Saturday 16<sup>th</sup> January 2021

Race 3: Saturday 20<sup>th</sup> February 2021

**Time:**

Registrations open from 6.30am

Races from 7.30am sharp

Breakfast 8am approx.

**Cost:**

\$5 per event per runner and breakfast is included

**Age Group Categories:**

The age group categories and their run distances include:

U6 to U13 and U60+ = 1km

U14 to U59 = 2km

**Rules:**

The run events will be conducted to the current SLSA Surf Sport Manual

Runners must be current members of a Surf Life Saving Club

Runners must wear their club's competition cap

**Series Points:**

Points will be given to competitors for each race, which will add up to an overall point score for the series.

1st place – 6 points

2nd place – 5 points

3rd place – 4 points

4th place – 3 points

5th place – 2 points

6th place – 1 point

**Prizes:**

The club(s) with the highest points score after Race 3 will win bragging rights for the season.

Sponsored spot and fun prizes during the Race 3 breakfast

**Enquiries:**

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