

Circular

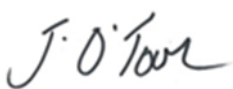
Title:	Woodside Nipper Program and Requirements for 2021/22
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Department:	Member Development
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Audience:	Junior/Nipper Directors, Junior/Nipper Coordinators, Club Administrators
Summary:	This circular contains information on the 2021/22 Woodside Nippers Program, Age Manager requirements and opportunities.
Action:	<ul style="list-style-type: none"> Clubs are required to comply with the information and dates stated in this circular. Enquiries on any of this content can be directed to David Somers, Sandy Clarke or Stevee Belcher.

SLSWA has developed the Woodside Nippers Program for children aged 5 – 12 years, which delivers outcomes in four streams – individual safety, surf awareness, lifesaving and surf sport skills. This circular contains information for clubs and appropriate personnel on the various requirements associated with the Woodside Nipper Program.

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For further information regarding the Woodside Nippers Program and Requirements for 2021/22, please contact David Somers, Sandy Clarke or Stevee Belcher via email nippers@slnwa.com.au or phone (08) 9207 6666.



James O'Toole
Chief Executive Officer

2021/22 Woodside Nippers Program Requirements Summary

Table 1 below summarises the Woodside Nipper Program requirements across the four key areas of age, Preliminary Evaluations, Competition Evaluations and Participation Certificates. Further details on each specific area can be found later in this Circular.

TABLE 1: 2021/22 WOODSIDE NIPPER PROGRAM REQUIREMENTS SUMMARY

Age Group	Birth Date	Preliminary Evaluations	Competition Evaluations	Participation Certificate
Under 6	1/10/2015 – 30/09/2016	From a standing position in waist deep water, perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	n/a	Surf Play One
Under 7	1/10/2014 – 30/09/2015	From a standing position in waist deep water, perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	n/a	Surf Play Two
Under 8	1/10/2013 – 30/09/2014	25m swim (any stroke) 1 minute survival float	Minimum 100m open water swim in 9 minutes	Surf Aware One
Under 9	1/10/2012 – 30/09/2013	25m swim (any stroke) 1 minute survival float	Minimum 100m open water swim in 8 minutes	Surf Aware Two
Under 10	1/10/2011 – 30/09/2012	25m swim (freestyle) 1 ½ minute survival float	Minimum 150m swim in open water in less than 12 minutes	Surf Safe One
Under 11	1/10/2010 – 30/09/2011	50m swim (freestyle) 2 minute survival float	Minimum 288m swim in less than 9 minutes	Surf Safe Two
Under 12	1/10/2009 – 30/09/2010	100m swim (freestyle) 2 minute survival float	Minimum 288m swim in less than 9 minutes	Surf Smart One
Under 13	1/10/2008 – 30/09/2009	150m swim (freestyle) 3 minute survival float	Minimum 288m swim in less than 9 minutes	Surf Smart Two

2021/22 Woodside Nippers Program Age Requirements

To participate in the Nippers Program through the 2021/22 season, participants must:

1. Be 5 - 12 years of age by the 30 September;
2. **Be in the appropriate age group** as detailed in Table 1 above;

2021/22 Woodside Nipper Preliminary Evaluations

Preliminary Evaluations are a risk management procedure to appraise the swimming capabilities of participants and must be done as part of club's duty of care. Preliminary Evaluations must be conducted before Woodside Nippers participate in any water based activities at your club. These evaluations can be completed either in a swimming pool or in open water. Preliminary Evaluations can be conducted by appropriately qualified third party aquatic education providers, including private and government learn to swim providers. Where signed off by a third party a written declaration will be required, signed by the person that conducted the assessment and including the organisation that they represent ([Page 9](#) can be used for this purpose). Evaluation sessions should be held regularly and then entered within a week of completion. **All Preliminary Evaluation must be entered prior to 30 November 2021.**

TABLE 2: 2021/22 WOODSIDE NIPPER PRELIMINARY EVALUATIONS

Age Group	Preliminary Evaluations	Notes
Under 6	From a standing position in waist deep water, perform a front glide and recover to a secure position. Perform a back or front float holding a buoyant aid and recover to a secure position.	Either conduct at a swimming pool or ocean venue. If conducted in the ocean, ensure 1:5 water safety ratio. One Water Safety Personnel for every five nippers. All Preliminary Evaluation must be entered prior to 30 November 2021.
Under 7	From a standing position in waist deep water, perform a front glide, kick for 3m and recover to a secure position. Perform a back or front float for a few seconds and recover to a secure position.	
Under 8	25m swim (any stroke) and 1 minute survival float	
Under 9	25m swim (any stroke) and 1 minute survival float	
Under 10	25m swim (freestyle) and 1 ½ minute survival float	
Under 11	50m swim (freestyle) and 2 minute survival float	
Under 12	100m swim (freestyle) and 2 minute survival float	
Under 13	150m swim (freestyle) and 3 minute survival float	

Note: Under 6 & Under 7 Preliminary Evaluation do not need to be entered

There are two (2) options for entering the preliminary evaluations:

Option 1 is via the Nipper App – a detailed [manual](#) is available in the Document Library of the [Members Area](#). Select Surf Life Saving WA as the Organisation and Nippers as the Category.

Option 2 as below:

- Log onto SurfGuard
- Scroll to Assessments and click on **“New Assessment Request”**

Who will be running the assessment

- Organisation - Select club

Assessment Details

- Assessment type - select **“Proficiency”**

Award Details

- Award Type – select other
- Award – Chose the correct age for Junior Activities Preliminary Evaluation

Contact details

- Fill in details

Candidates

- Select club
- Click - Get candidates > **Select names of those who completed the Junior Activities Preliminary Evaluation** (Hold Ctrl key and mouse click candidates to select more than 1 at a time).
- Press > to move candidates into the Selected box

Save

- Document location is empty-click on ‘ok’
- Click on “assessment request list” and find the award that you just requested
- Click on **“submit”**
- Print out a copy of the form 14, sign and file at club.

2021/22 Woodside Nipper Program

For each age group SLSWA have developed a season program comprising of a set of easy to follow lessons which include an introduction, discussion topic, warm up drill, skill development activities and a lesson wrap up. Table 3 below details the recommend time and number of lessons provided in each of the age group programs. The table also provides a link to each age group program which is available through the the Document Library of the [Members Area](#). Select Surf Life Saving WA as the Organisation and Nippers as the Category to find these programs or simply click the link below.

TABLE 3: 2021/22 WOODSIDE NIPPER PROGRAM

Age Group	Participation Certificate	Recommend Lesson Time	Recommended number of lessons	Link to Program
Under 6	Surf Play One	60 minutes	12	Woodside Nippers U6 Program
Under 7	Surf Play Two	60 minutes	12	Woodside Nippers U7 Program
Under 8	Surf Aware One	90 minutes	10	Woodside Nippers U8 Program
Under 9	Surf Aware Two	90 minutes	10	Woodside Nippers U9 Program
Under 10	Surf Safe One	120 minutes	10	Woodside Nippers U10 Program
Under 11	Surf Safe Two	120 minutes	10	Woodside Nippers U11 Program
Under 12	Surf Smart One	120 minutes	10	Woodside Nippers U12 Program
Under 13	Surf Smart Two	120 minutes	10	Woodside Nippers U13 Program

2021/22 Woodside Nipper Competition Evaluations

The Competition Skill Evaluation is a risk management assessment for those who wish to participate in any water event at any interclub state carnivals or event. Participants must complete a timed open water swim that reflects the respective age-related competition course. Ocean conditions should be considered when setting out the course and an appropriate standard of care maintained. The correct ratio of Water Safety Personnel (1:5 and 1:10 if a suitable pre-activity risk assessment has been conducted) must be in place. Evaluation sessions should be held regularly and then entered on completion. Please note, to successfully enter a Competition Evaluation for a Woodside Nipper that same Woodside Nipper must have had a Preliminary Evaluation entered and completed through SurfGuard. There are also closing dates and times for when evaluations need to be entered prior to a Carnival. Please refer to the [2021/22 SLSWA Planning Calendar](#) for these dates and times.

TABLE 4: 2021/22 WOODSIDE NIPPER COMPETITION EVALUATIONS

Age Group	Competition Evaluations	Notes
Under 8	Minimum 100m open water swim in 9 minutes	Refer to the 2021/22 SLSWA Planning Calendar for the closing dates and times relevant to each carnival/event.
Under 9	Minimum 100m open water swim in 8 minutes	
Under 10	Minimum 150m swim in open water in less than 12 minutes	
Under 11	Minimum 288m swim in less than 9 minutes	
Under 12	Minimum 288m swim in less than 9 minutes	
Under 13	Minimum 288m swim in less than 9 minutes	

Note: Select “Under 8 – Restricted” for Under 8 group

There are two (2) options for entering the competition evaluations:

Option 1 is via the Nipper App – a detailed [manual](#) is available in the Document Library of the [Members Area](#). Select Surf Life Saving WA as the Organisation and Nippers as the Category.

Option 2 as below:

- Log onto SurfGuard
- Scroll to Assessments and click on “**New Assessment Request**”
- Who will be running the assessment
 - Organisation - Select club
- Assessment Details
 - Assessment type - select “**Proficiency**”
- Award Details
 - Award Type – select other
 - Award – Chose the correct age for Junior Activities Preliminary Evaluation
 - For the Under 8 group select the **Restricted** evaluation
- Contact details
 - Fill in details
- Candidates
 - Select club
 - Click - Get candidates > **Select names of those who completed the Junior Activities Preliminary Evaluation** (Hold Ctrl key and mouse click candidates to select more than 1 at a time.
 - Press > to move candidates into the Selected box
- Save
 - Document location is empty-click on ‘ok’
 - Click on “assessment request list” and find the award that you just requested
 - Click on “**submit**”
 - Print out a copy of the form 14, sign and file at club.

Note: Prior to each Carnival there are closing dates for Competition Evaluation to be entered. Please refer to **2021/22 SLSWA Planning Calendar** for these dates.

2021/22 Woodside Nippers Participation Certificate

During the 2021/22 season clubs will be provided with blank certificates for each age group. For each enrolled Woodside Nipper, Age Managers will be asked to “tick off” the outcomes that Woodside Nipper has achieved and issue the certificate at the end of the season. This will allow all parents with Woodside Nippers in our program to see where their child is at in terms of the outcomes of our program.

When clubs receive their blank certificates, they are asked to immediately ensure the quantities received meet their needs. Please email nippers@sllswa.com.au if more are needed.

All Woodside Nipper Surf Education Awards are due on SurfGuard by 30 April 2022.

TABLE 5: 2021/22 WOODSIDE NIPPER PARTICIPATION CERTIFICATES

Age Group	Nipper Participation Certificate	Notes
Under 6	Surf Play One	All Nipper Surf Education Awards are due on SurfGuard by 30 April 2022.
Under 7	Surf Play Two	
Under 8	Surf Aware One	
Under 9	Surf Aware Two	
Under 10	Surf Safe One	
Under 11	Surf Safe Two	
Under 12	Surf Smart One	
Under 13	Surf Smart Two	

There are two (2) options for entering the participation award certificates:

Option 1 is via the Nipper App – a detailed [manual](#) is available in the Document Library of the [Members Area](#). Select Surf Life Saving WA as the Organisation and Nippers as the Category.

Option 2 as below:

- Log onto SurfGuard
- Scroll to Assessments and click on “**New Assessment Request**”

Who will be running the assessment

- Organisation - Select club

Assessment Details

- Assessment type - select “**Award**”

Award Details

- Award Type – select SLSA Education
- Award – Click on the relevant Age Group Award – Surf Play 1, Surf Aware 2 etc

Contact details

- Fill in details

Candidates

- Club – Select Club
- Press - Get candidates > **Select names of those who completed the Junior Activities Preliminary Evaluation** (Hold Ctrl key and mouse click candidates to select more than 1 at a time.
- Press > to move candidates into the Selected box

Save

- Document location is empty-click on ‘ok’
- Click on “assessment request list”
- Select the award you just requested.
- Click – “**Submit**”
- Print out a copy of the Form 14, sign and file at the club.

2021/22 Age Group Managers Requirements

Age Group Managers are the main deliverers of the Woodside Nippers Program and are often considered to be a Woodside Nipper's first coach. The role of the Age Group Manager is to assist Woodside Nippers through the various stages of the Woodside Nippers Program. All Age Group Managers must be accredited by completing the **Age Managers Course**. To undergo the course candidates must;

1. Be 15 years of age or older
2. Be a registered and financial member of their club
3. Have completed the pre requisite Safeguarding Children and Young People Awareness Online Course through the [SLSA Members Area](#)
4. Have completed the Age Managers Online Course through the [SLSA Members Area](#)
5. Undertake an on the beach technical session under the guidance of an Age Manager Mentor
6. Undertake a minimum of two on the beach mentoring sessions
7. Have completed a third party practical evaluation signed by an Age Manager Mentor
8. Have completed a Member Screening Check if necessary (Please refer to the [SLSWA Member Screening Policy](#)).

As of July 2021, there has been a five year expiry date placed on the Age Managers – Online Theory Award. **All Age Group Managers are asked to check the status of their online award through their [Members Area Account](#)**. Should an Age Manager become aware that their Age Managers – Online Theory Award is due to expire at the end of 2021 they should take the following steps before the end of the year;

1. Complete the pre requisite Safeguarding Children and Young People Awareness Online Course through the [SLSA Members Area](#)
2. Completed the Age Managers Online Course through the [SLSA Members Area](#)

Coaching Accreditation

As an alternative to the Age Managers Course members can complete the Foundation Coaching Course and assume the capacity of Age Group Manager. To do so they must:

1. Be 16 years of age or older
2. Be a registered and financial member of their club
3. Complete the ASC Community Coaching Course – Free online course through the Australian Sports Commission Website
4. Complete the SLSA online coaching course modules – contact Andrew Mosel, High Performance Officer on amosel@sloswa.com.au for more information and instructions.
5. Complete a practical coaching assessment under the guidance of a Coach Facilitator/Mentor – if your club does not have an appointed Coach Facilitator/Mentor, contact Andrew Mosel who will locate one within your region.
6. Have completed a Member Screening Check if necessary (Please refer to the [SLSWA Member Screening Policy](#)).

Youth Age Manager

The Youth Age Manager Program (for U14 & U15's) introduces the pathway of an Age Manager to SLS youth members. SLSWA run a Youth Age Managers Program Course which allows course participants to develop skills in assisting with the delivery of the Woodside Nipper Program. To become a Youth Age Manager member must:

1. Be 13 - 15 years of age
2. Be a registered and financial member of their club
3. Visit the Youth Program page on the mybeach Website and complete [Expression of Interest Form](#) (ticking Youth Age Manager box)
4. Attend a Youth Age Manager Program Course (2-hour duration)
5. Assist in the delivery of the Woodside Nipper Program on 3 club days

Upcoming Youth Age Manager courses will be advertised on the [Youth Age Manager information page](#) on the mybeach Website. Courses can be run at clubs on request (dependent on numbers and presenter availability) by emailing youth@skswa.com.au

2021/22 Age Group Managers Information Sessions

In September and October there will be metropolitan and regional Information Sessions for Age Group Managers. These sessions are designed for both Nipper and Youth (U14 – U17) age managers. Clubs are asked to promote these sessions to their Age Managers as they provide valuable information that will assist Age Managers plan for the season ahead. Each session will go for about one hour.

At the conclusion of the session the facilitator of the Age Group Manager Information Session will be available to run a shortened Youth Age Manager Program Course (approximately 1 hour duration) should there be enough youth members in attendance (minimum 5). Youth that attend both the Information Session and shortened course will be marked off as having completed step 4 of the Youth Age Manager Program Course outlined on the previous page.

For information about the dates, times, venues and registration process of the scheduled Age Group Managers Information Sessions please refer to [Circular 12, 2021/22](#).

Preliminary Evaluations – Third Party Declaration

Child's Name: _____

Child's Age Group: _____

Child's Club: _____

Instructions to Assessor: Based on the child's age group, please ensure they can complete the tasks outlined in the table below. Initial that the task/s have been successfully completed and then sign, date and identify the organisation you represent below the table. Thank you for your assistance.

Age Group	Preliminary Evaluations	Comments (if required)	Task completed - Initial
Under 6	From a standing position in waist deep water, perform a front glide and recover to a secure position.		
	Perform a back or front float holding a buoyant aid and recover to a secure position.		
Under 7	From a standing position in waist deep water, perform a front glide, kick for 3m and recover to a secure position.		
	Perform a back or front float for a few seconds and recover to a secure position.		
Under 8	25m swim (any stroke)		
	1 minute survival float		
Under 9	25m swim (any stroke)		
	1 minute survival float		
Under 10	25m swim (freestyle)		
	1 ½ minute survival float		
Under 11	50m swim (freestyle)		
	2 minute survival float		
Under 12	100m swim (freestyle)		
	2 minute survival float		
Under 13	150m swim (freestyle)		
	3 minute survival float		

Assessor's Name: _____

Assessor's Signature: _____

Organisation: _____

Date: _____