

Circular

Title:	2026 Western Suns Pool Rescue State Team
Date:	21 May 2026
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Department:	Sport & Development
From:	Surf Sports Team Ph. 08 9207 6666 (SLSWA Office Hours Monday to Friday, 8:30am to 5pm) Email: surfsports@slnswa.com.au
Audience:	Club Administrators, Club Competition Officers, Club Pool Rescue Coaches and Competitors
Summary:	2026 Western Suns Pool Rescue State Team who will compete at the Interstate Championships 7-9 August 2026, South Australian Aquatic & Leisure Centre Adelaide, SA.
Action:	Clubs and coaches are to advise competitors of the representative team opportunities.

The information within this Circular relates to the Western Suns Representative Team selection guidelines for the Western Suns Pool Rescue State Team.

The 2026 SLSA Interstate Pool Rescue Championships will be held in conjunction with the 2026 Australian Pool Rescue Championships event held 7-9 August 2026.

LOCATION

South Australian Aquatic & Leisure Centre, Adelaide, SA.

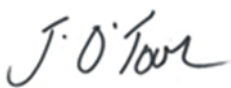
TEAM COMPOSITION

a) Pool Rescue Interstate Championships Team

If the full touring team is selected, its composition will consist of the following:

- U14 - 2 males/2 females
 - U15 - 2 males/2 females
 - U17 - 2 males/2 females
 - U19 - 2 males/2 females
 - Open - 4 males/4 females
- Please note that, an U13 competitor is not permitted to participate in the SLSA Pool Rescue Interstate Championships.
 - Competitors must compete for their state for the whole of the Interstate Championships in their actual age category for individual events. Competitors cannot age up in individual events. However, participation in relay events shall be as per the 38th edition of the SLSA Surf Sports Manual (Revised December 2025) and any subsequent Bulletins.

For further information regarding selection for the 2026 Western Suns Pool Rescue State Team, please contact the Surf Sports Team on (08) 9207 6666 or surfsports@slnswa.com.au.



James O'Toole
Chief Executive Officer

The Western Suns Pool Rescue State Team will be selected with the objective of having nationally competitive athletes who will achieve the best outcome for Western Australia in the SLSA Pool Rescue Interstate Championships. Athletes must achieve the qualifying time set by SLSWA at the 2026 SLSWA State Pool Rescue Championships. If no athletes equal or beat the relevant qualifying time, then no athlete will be selected to the Team. The Selection Panel also maintains the ability to make the discretionary selection of any athlete.

ELIGIBILITY CRITERIA

Only athletes qualified according to the terms of this section will be eligible for selection in the Western Suns Representative Team.

a) SLSWA general eligibility criteria:

1. Athletes must hold competitive rights within a SLSWA registered club.
2. To be eligible for the Team, a member must be a minimum age of 13 years on or before midnight 30 September 2025 (i.e., Under 14 age group) and hold a proficient SLSA Surf Rescue Certificate, or for U17 and above competitors a proficient Bronze Medallion.
3. Athletes are reminded to check on their own qualifications and ensure eligibility.

b) SLSWA specific eligibility criteria:

1. Upon successful selection in the Western Suns Pool Rescue State Team, complete and sign the SLSWA Athlete Agreement that will be sent after the team has been announced.
2. At all times abide by SLSA's Code of Conduct and act in a manner that does not bring the sport of surf lifesaving or the SLSWA Western Suns Pool Rescue State Team into disrepute.

SELECTION CRITERIA

Athletes will be selected based upon a mix of essential criteria and, if required, additional selection criteria.

ESSENTIAL

Considerations for team selection will be based primarily upon:

- a) To be eligible for the State Team a member must be in the appropriate age group on or before midnight 30 September 2025 and hold a proficient award along with the required amount of Patrol hours relevant to their age group (see SLSA Policy 5.04 Competition Eligibility).
- b) Achieve the qualifying time set by SLSWA at the 2026 SLSWA State Pool Rescue Championship, see below:
- c) Results at the 2026 Surf Life Saving WA Pool Rescue Championships.

Event	Age	Male (Time)	Female (Time)
50m Manikin Carry	Open	33:033	43:500
50m Manikin Carry	U/19	36:000	43:750
50m Manikin Carry	U/17	38:500	44.000
50m Manikin Carry	U/15	41.500	44.500
35m Manikin Carry	U/14	44.000	46.500
50m Freestyle w Fins	Open	19:500	22:250
50m Freestyle w Fins	U/19	19:750	22:500
50m Freestyle w Fins	U/17	20:000	22:750
50m Freestyle w Fins	U/15	22:000	23:000
50m Freestyle w Fins	U/14	22:250	23:500
100m Manikin Tow w Fins	Open	1:01:250	1:11:000
100m Manikin Tow w Fins	U/19	1:05:500	1:11:750
100m Manikin Tow w Fins	U/17	1:06:300	1:12:500
100m Manikin Tow w Fins	U/15	1:10:000	1:14:500
100m Manikin Tow w Fins	U/14	1:11:500	1:15:500
100m Manikin Carry w Fins	Open	53.500	1:05:500
100m Manikin Carry w Fins	U/19	54:500	1:06.500

Event	Age	Male (Time)	Female (Time)
100m Manikin Carry w Fins	U/17	1:00:000	1:08:500
100m Manikin Carry w Fins	U/15	1:05:500	1:12:636
200m Obstacles	Open	2:10:500	2:28:250
200m Obstacles	U/19	2:15:000	2:30:000
200m Obstacles	U/17	2:25:000	2:32:250
200m Obstacles	U/15	2:27:500	2:35:000
200m Obstacles	U/14	2:30:000	2:37:250
200m Super Lifesaver	Open	2:29:822	2:55:250
200m Super Lifesaver	U/19	2:32:859	2:59:500
200m Super Lifesaver	U/17	2:35:423	3:04:500
200m Super Lifesaver	U/15	2:52:325	3:07:500
100m Rescue Medley	Open	1:12:250	1:25:000
100m Rescue Medley	U/19	1:13:500	1:27:500
100m Rescue Medley	U/17	1:16.750	1:32:500
100m Rescue Medley	U/15	1:20.500	1:35:000

ADDITIONAL

Additional criteria may be applied where selection decisions cannot be determined purely on the essential criteria only.

- a) Overall consistency of performance;
- b) Individual strengths that may contribute to the performance of the team as a whole; and
- c) Willingness and ability to fill a role that may enhance Western Australia’s medal potential.
- d) It is possible that full team may not be selected.

ANNOUNCEMENT OF THE WESTERN SUNS POOL RESCUE STATE TEAM

The Western Suns Pool Rescue State Team will be announced on Thursday 23 July 2026 via the SLSWA website and the SLSWA Facebook page. This will be followed up with the Team Pack Presentation on **Wednesday 29 July 2026** at SLSWA, 7 Delawney Street, Balcatta, 6.00pm.

SLSWA CONTRIBUTION

SLSWA will provide each selected member of the team with a \$500 subsidy to assist with associated travel and accommodation costs. The selected athlete must travel to and compete in the Championships. The subsidy will be paid to the competitor’s club at the conclusion of the championships, and the club will be responsible for distributing these funds in accordance with individual club policy. Each selected member will also receive a Western Suns State Team pack.

REQUIREMENTS AFTER SELECTION

During the period between the announcement of the relevant team and the date of departure, athletes must demonstrate that they are physically fit, performing well and likely to compete at a level appropriate to the Interstate Championships and uphold the standards as outlined with the Athlete Agreement. If an athlete breaches the standards as outlined within the Athlete Agreement, they will face removal from the team. In this instance, the SLSWA Sport & Development Manager shall have the power to remove an athlete from the team, if necessary, at their discretion.

APPEALS

There is no right of appeal against non-selection of an athlete in the 2026 Western Suns Pool Rescue State Team.

POWER TO AMEND

SLSWA reserves the right to amend this policy at any time prior to the selection of the 2026 Western Suns Pool Rescue State Team. The amended policy will be distributed to all clubs at the time of any amendment.