# Rise and Thrive:

## Community Impact in Kalgoorlie

Uplyft.
strong young futures



**Rise and Thrive is a program for disengaged young people aged 13–17, including young people pursuing alternative education pathways.**

Pilot funded by
MYER COMMUNITY FUND

Topics focus on healthy relationships, self care and pathways to employment or education.

12 week program delivered over 24 sessions.

12 young people took part in the pilot program.

By the end of the program, 100% of the young people either re-engaged with school or found employment.
100%

of the youth identified as Aboriginal
75%

of the youth identified as Female
63%

## PROGRAM OUTCOMES ACHIEVED

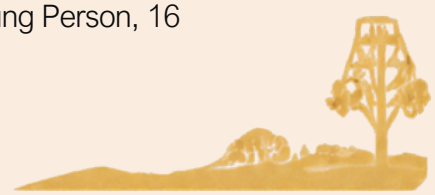
**Pathways To Employment**
- 75% gained employment
- 25% returned to school

**Building Healthy relationships**
- improved confidence
- developed new friendships

**Self Care & Emotional Regulation Skills**
- improved sense of self
- reduced anxiety

"It was nice to play ball with other people. I had not kicked ball with strangers, I always stay inside my room and I do not have friends. Thank you for bringing us here"

— Young Person, 16



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The need for the program continues and thanks to BHP and Telethon, Rise and Thrive will be delivered in Kalgoorlie throughout 2027-2028.

