WHAT THE NEW AGED CARE ACT WILL MEAN FOR YOU

End of life: your choices

Thank you for joining us.
This webinar will begin shortly.

If you registered for this webinar, you'll receive a follow up email including a transcript & any links mentioned today.



[VIDEO] OPAN Explainer Video

This webinar discusses end-of-life care, including voluntary assisted dying.

We recognise these topics can be emotionally challenging. Please feel free to pause, step away, or stop watching at any time.

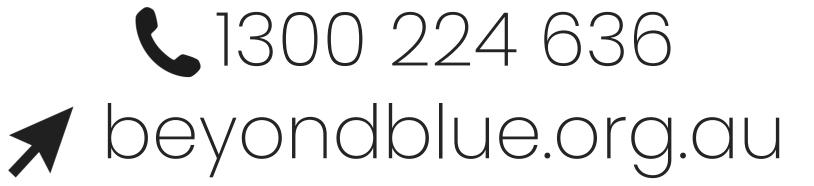
If you become distressed or need support, consider reaching out to one of the organisations below.

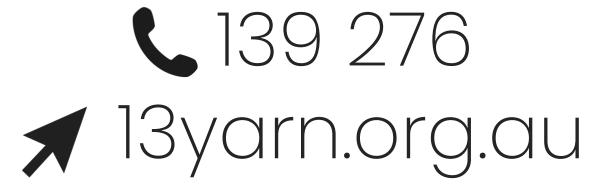














LIVE WEBINAR + Q&A

End of life: your choices

WHAT THE NEW AGED CARE ACT WILL MEAN FOR YOU

25 NOV 2025



Perspectives

When you think of 'end-of-life', what matters most to you?



A new rights-based Aged Care Act

The new Aged Care Act will put the rights of older people first. It includes a Statement of Rights for older people accessing aged care services. This fact sheet is a plain language summary of those rights.

About the Statement of Rights

The Australian Government is changing Australia's aged care laws. The Aged Care Act 2024 (the new Act) has a Statement of Rights. This explains what rights older people have when accessing aged care services funded by the Australian Government. The Statement of Rights will replace the current Charter of Aged Care Rights on 1 July 2025.

The full Statement of Rights from the new Act is at the end of this fact sheet.

What the Statement of Rights means for you

The Statement of Rights will help make sure you are at the centre of your aged care. It gives you the right to:

- make your own decisions about your own life
- have your decisions not just accepted, but respected
- get information and support to help you make decisions communicate your wishes, needs and preferences
- feel safe and respected
- have your culture and identity respected
- stay connected with your community.

A new rights-based Aged Care Act

A new Aged Care Act for the rights of older people A new law to protect the rights of older people who use aged care services The new Aged Care Act puts you at the centre of your aged care It will make aged care safer, fairer and more respectful. This visual outlines the main parts of the new Act and how they work together. care quality Culturally sensitive to find out what care More choice over who Earlier access for some Greater responsibilities on people aged 50-64 how providers operate and Respect for your private or aged care workers Better screening for Fair and sustainable funding aged care workers Respect for your culture and identity Better complaints process
 Stay connected to your community

A new rights-based Aged Care Act

COMMENCED **1 NOVEMBER 2025**



health.gov.au/aged-care-act



Coming Up

- The end of life journey
- Key changes under the new Aged Care Act
- Best practice: Planning ahead, diverse needs & backgrounds, bereavement
- Voluntary Assisted Dying (VAD)
- Practical steps & supports
- Live Q&A

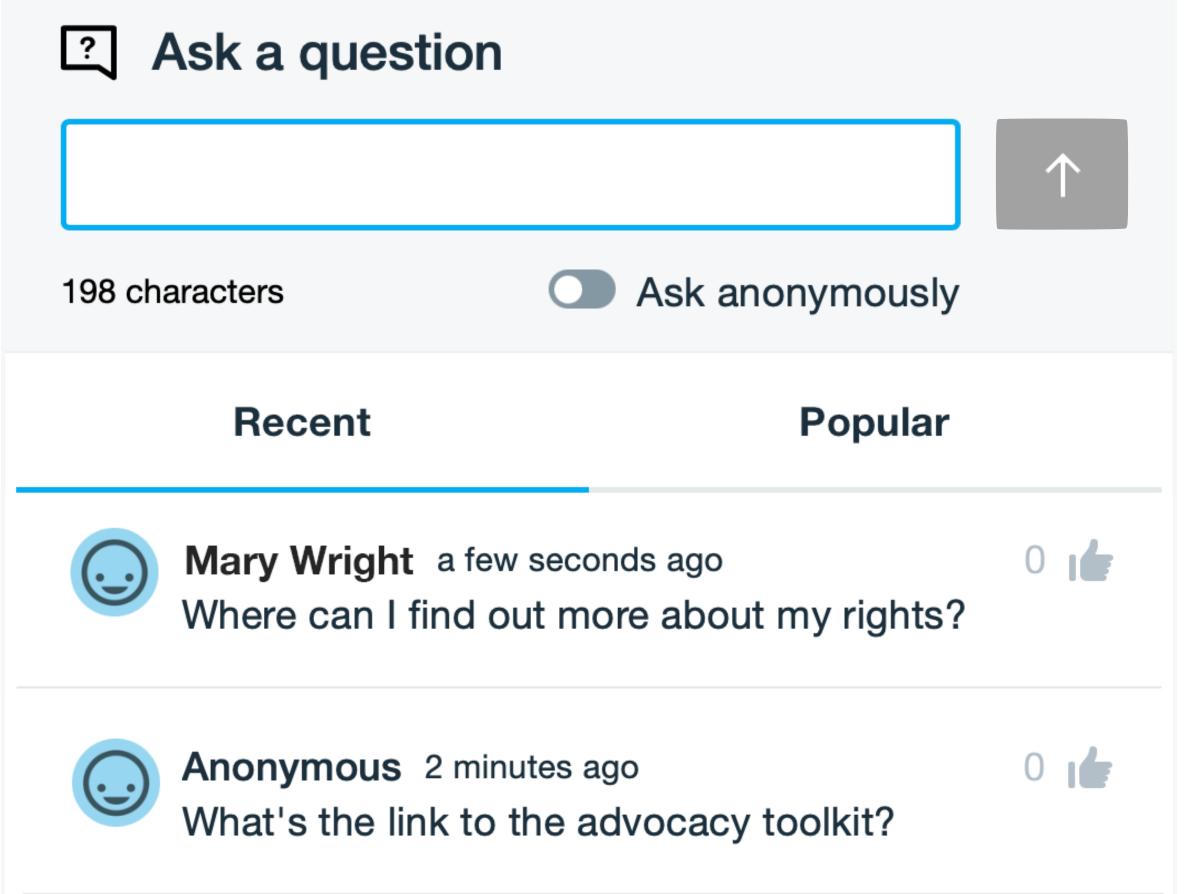


Panelists

- Craig Gear OAM
 CEO
 Older Persons Advocacy Network (OPAN)
- Camilla Rowland
 CEO
 Palliative Care Australia
- Dr Linda Swan
 CEO
 Go Gentle Australia
- Helen Callanan

 Founder & Director
 Preparing the Way





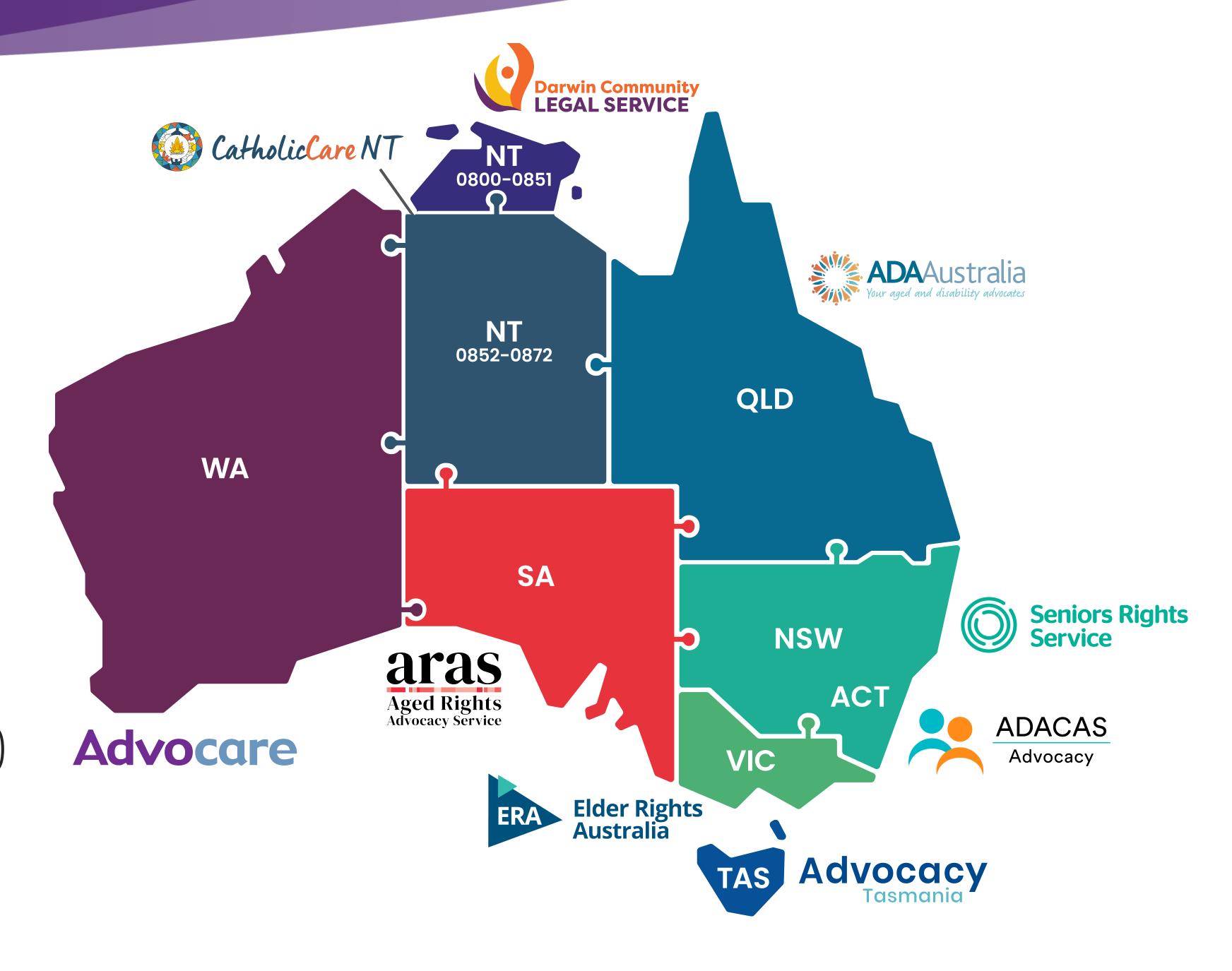


Older Persons Advocacy Network

AGED CARE ADVOCACY LINE

L 1800 700 600

pan.org.au



The end of life journey



Stages of life End of life doula model of care

- Stage 1 Living well
- Stage 2 Diagnosis, illness or ageing
- Stage 3 Living with a life-limiting or terminal illness
- Stage 4 Palliative care
- Stage 5 Active dying
- Stage 6 Death occurs
- Stage 7 After death care, vigil & ceremony
- Stage 8 Funeral, memorial, celebration of life
- Stage 9 Body returned to the elements
- Stage 10 Bereavement & care for the living







Voluntary Assisted Dying (VAD)

When legalised in Australia

VIC: 2019 June

WA: 2021 July

TAS: 2022 October

QLD: 2023 January

SA: 2023 January

NSW: 2023 November

ACT: 2025 November

NT: Illegal



Key changes under the new Aged Care Act



Statement of Rights

Rights for individuals accessing, or seeking to access, funded aged care services covering:



Independence, autonomy, empowerment & freedom of choice



Equitable access to funded aged care services



Quality & safe funded aged care services



Respect for privacy & information



Person-centred communication & ability to raise issues without reprisal



Access to advocates, significant persons and social connections



Strengthened Aged Care Quality Standards

Expectations for older people

Standard 7

I contribute to the community I live in

Standard 6

I enjoy tasty and nutritious food every day

Standard 5

I get the right clinical care for me



Standard 1

I am valued and have choice over the life I lead

Standard 2

I have confidence in my service provider

Standard 3

My care is based around who I am and what's important to me

Standard 4

I feel safe and supported where I live



Australian Government

Aged Care Quality and Safety Commission

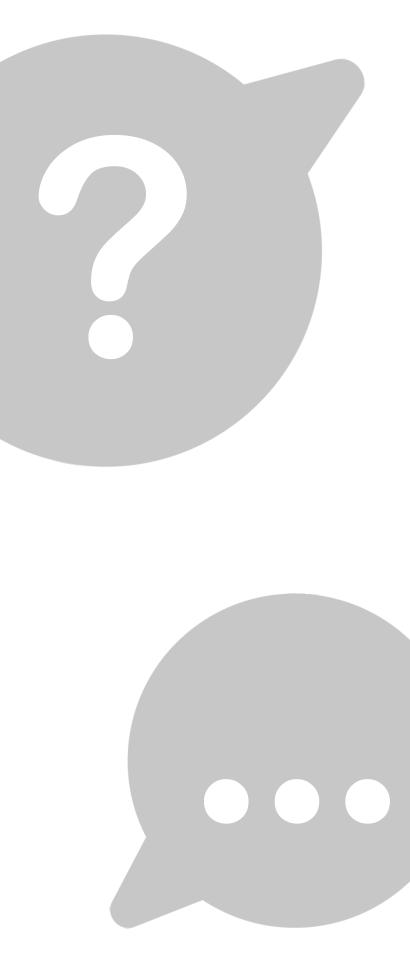


Best Practice Palliative & end of life care



Perspectives

What does good palliative & end of life care look like?



Perspectives Grief & bereavement



Voluntary Assisted Dying (VAD)



Perspectives

Voluntary Assisted Dying (VAD)



Perspectives

Voluntary Assisted Dying (VAD) & capacity



Support services







24/7 CRISIS SUPPORT CALL, SMS OR ONLINE

24/7 SUPPORT CALL OR CHAT ONLINE

RUN BY ABORIGINAL & TORRES STRAIT ISLANDER PEOPLE



L 1300 224 636





★ beyondblue.org.au

≠13yarn.org.au

✓ lifeline.org.au



Practical steps & supports



Perspectives Talking about it





What Matters Most Discussion Starter



Supporting older people to work out what is right for them

What matters most: Discussion starters

FREE RESOURCES TO DOWNLOAD OR ORDER.
AVAILABLE IN 12 LANGUAGES



O What matters most







What matters most: Discussion starters

FREE RESOURCES TO DOWNLOAD OR ORDER.
AVAILABLE IN 12 LANGUAGES



palliativecare.org.au



What matters most





Voluntary Assisted Dying in Residential Aged Care Homes

A NATIONAL REPORT CARD



Voluntary Assisted Dying in Residential Aged Care Homes

NATIONAL REPORT CARD FREE DOWNLOAD

- gogentleaustralia.org.au
- o national report card





RESOURCES & INFORMATION

palliativecare.org.au





INFORMATION ABOUT DOULAS

1800 368 527





INFORMATION ABOUT DOULAS

- 1800 368 527
- preparingtheway.com.au
- doulaconnections.com.au
- endoflifedouladirectory.com.au





RESOURCES & INFORMATION

C 0468 464 360

gogentleaustralia.org.au







RESOURCES & INFORMATION

1300 208 582

advancecareplanning.org.au



Self-advocacy toolkit

FREE ONLINE RESOURCE

pan.org.au/toolkit

Helping you speak up to get the care & support you need Available in 7 languages





Live Q&A



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opan.org.au







View this email in your browser





EDITION 27, OCTOBER 2023

Message from the CEO
Craig Gear OAM

As an advocacy network, OPAN believes older people have the right to make decisions about the care and services they receive and the risks they are willing to take. This right and a supported decision-making framework should be recognised under the law.

Under supported decision-making, which is endorsed by the UN Convention on the Rights of Persons with Disabilities, people are provided with the support and information they need to actively make their own choices. The importance of a supported decision-making framework was also reinforced by the recent Disability Royal Commission.

At our recent consultation forums on the future of aged care with COTA, I heard from many attendees that supported decision-making should feature in the new Aged Care Act and that older people must be supported to make decisions that affect their lives.

To better understand supported decision-making including our panel's tips for older people and their supporters tune in to our webinar below on 24 October 2023. You can also contribute to a survey below on supporting people living xith dementia to make decisions.

Last month on behalf of our network and reference group I the Copy of Advocacy Network the Federal Inquiry into Australia's human rights framework to the the Advocacy Network to the Persons Advocacy Network to the Advocacy Network Network

UPCOMING LIVE Q&A SESSION

The big Q&A PART 2

TUESDAY 2 DECEMBER, 2025 1PM AEDT





AGED CARE ADVOCACY LINE

1800700600 1000.0rg.au

[VIDEO] OPAN Closer Video





How the new Aged Care Act will affect what you pay for in-home aged care



The new Support at Home program will replace the Home Care Packages (HCP) program and the Short-Term Restorative Care program from 1 July 2025. The Commonwealth Home Support Programme will transition to the Support at Home program no earlier than 1 July 2027.

The Support at Home program will have 8 funding classifications, ranging from approximately \$11,000 to \$78,000 annually. Recipients will receive a budget aligned with their assessed funding classification. Existing HCP recipients

- Clinical supports, such as nursing and physiotherapy
- Independence services, including personal care, respite care, transport, and social support
- Everyday living services, such as cleaning, gardening, and meal delivery

The government will cover the full cost of clinical supports, but all recipients will be required to make contributions toward their independence and everyday living services. These contributions will replace the basic daily fee and income-tested care fee currently paid by some HCP





New Aged Care Act resources

FREE DOWNLOADS



opan.org.au/new-aged-care-act

