

Responding to and preventing sexual assault in residential aged care

Free facilitator eLearning program and resources



About this course

The **Aged Care Royal Commission's Final Report** (2021) estimated there are 50 sexual assaults in residential aged care each week. Older people also experience sexual assault in their own homes. The trauma they experience is compounded by the lack of education for service providers.

Developed as part of the Ready To Listen project, this **free online facilitator course** and is designed to **equip aged care educators to conduct training** in their residential aged care workplace. It covers the risk factors and indicators of sexual assault, responding to disclosure, providing support and taking proactive steps to protect residents.

Why complete this course?

-  Educate your team to recognise, prevent and respond to sexual assault in residential aged care.
-  Embed trauma-informed practice to support residents' rights, safety and wellbeing.
-  Equip workers to respond confidently to disclosures, provide appropriate support and communicate professionally about sexual assault.
-  Meet your reporting obligations and strengthen organisational policies, procedures and safeguards.

Course overview



Topic

Responding to and preventing sexual assault in residential aged care



Who

Aged care educators, clinical governance or quality, risk and compliance managers



Duration

Self-paced;
approximately 4 hours



Cost

Free

How to register

Visit education.opan.org.au
or scan the qr code.



Contact us

 education@opan.org.au

Aged Care Advocacy Line



1 800 700 600



opan.org.au

All free eLearning courses

OPAN's specialised online training courses for health and aged care professionals cover essential topics around the rights of older people, provider responsibilities and how to identify and respond to abuse.

Each eLearning course is self-paced and available 100% online, and is aligned with aged care legislation and strengthened Aged Care Quality Standards. Certificates of completion can be downloaded after successfully fulfilling the course requirements. Continued professional development (CPD) hours may apply.

Independent Aged Care Advocacy: an Introduction

A short training module on the rights of older people seeking or receiving government-funded aged care services, provider responsibilities and the role of advocates.

 **Course length:**
30 minutes

 **For more info:**
education.opan.org.au

Supported decision-making

Covers supported decision-making under the Aged Care Act 2024, how it applies in practice, provider obligations and the distinct roles of registered supporters and independent advocates.

 **Course length:**
1 hour

 **For more info:**
education.opan.org.au

Planning for Diversity

This course equips providers to plan and deliver inclusive services for older people; identify and address barriers, demonstrate compliance and embed diversity within continuous improvement.

 **Course length:**
2 hours

 **For more info:**
education.opan.org.au

Abuse of the older person

Educates participants in identifying the forms, signs and risk factors of abuse, and respond with appropriate communication, referral and support strategies.

 **Course length:**
6 hours

 **For more info:**
education.opan.org.au

Responding to sexual assault

Aimed at aged care educators, this course supports the training of residential aged care workers to understand the risk and indicators of sexual assault, and believing those who disclose.

 **Course length:**
4 hours

 **For more info:**
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