

Abuse of the older person

Free eLearning for health and aged care professionals



Key facts

- Abuse affects both older men and women and can occur in home or care settings.
- Estimates suggest up to 39.2% of older people in residential aged care experience abuse in some form, including neglect, emotional, and/or physical abuse (Royal Commission into Aged Care Quality and Safety 2020).
- Abuse is often caused by someone trusted by the older person, such as a family member, friend or paid caregiver.
- In some cases, neither the person experiencing abuse nor the person causing harm recognises that abuse is occurring.

Health and aged care professionals **play a vital role** in identifying and addressing abuse of older people.

Why complete this course?

-  Understand the concept of supported decision-making in an aged care context.
-  Learn how to apply supported decision-making in practice, and the role of independent aged care advocates.
-  Identify the differences between the new supporter roles registered with My Aged Care.
-  Understand provider responsibilities under the Aged Care Act 2024, Statement of Rights, Statement of Principles and strengthened Aged Care Quality Standards.

Course overview



Topic

Abuse of the older person



Who

Health and aged care professionals



Duration

Self-paced;
approximately 6 hours



Cost

Free

How to register

Visit education.opan.org.au
or scan the qr code.



Contact us

 education@opan.org.au

Aged Care Advocacy Line



1 800 700 600



opan.org.au

All free eLearning courses

OPAN's specialised online training courses for health and aged care professionals cover essential topics around the rights of older people, provider responsibilities and how to identify and respond to abuse.

Each eLearning course is self-paced and available 100% online, and is aligned with aged care legislation and strengthened Aged Care Quality Standards. Certificates of completion can be downloaded after successfully fulfilling the course requirements. Continued professional development (CPD) hours may apply.

Independent Aged Care Advocacy: An Introduction

A short training module on the rights of older people seeking or receiving government-funded aged care services, provider responsibilities and the role of advocates.

 **Course length:**
30 minutes

 **For more info:**
education.opan.org.au

Supported decision-making

Covers supported decision-making under the Aged Care Act 2024, how it applies in practice, provider obligations and the distinct roles of registered supporters and independent advocates.

 **Course length:**
1 hour

 **For more info:**
education.opan.org.au

Planning for Diversity

This course equips providers to plan and deliver inclusive services for older people; identify and address barriers, demonstrate compliance and embed diversity within continuous improvement.

 **Course length:**
2 hours

 **For more info:**
education.opan.org.au

Abuse of the older person

Educates participants in identifying the forms, signs and risk factors of abuse, and respond with appropriate communication, referral and support strategies.

 **Course length:**
6 hours

 **For more info:**
education.opan.org.au

Responding to sexual assault

Aimed at aged care educators, this course supports the training of residential aged care workers to understand the risk and indicators of sexual assault, and believing those who disclose.

 **Course length:**
4 hours

 **For more info:**
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