

Responding to and preventing sexual assault in Residential Aged Care:

Facilitator course and resources



What is the facilitator course?

This online facilitator course has been developed as part of the #ReadyToListen project. It is structured as a facilitator resource and designed for aged care educators to conduct training in their residential aged care workplace on understanding the risk and indicators of sexual assault and believing those who disclose. It also covers providing support and taking proactive steps to protect residents.

Who should complete this?

Aged care educators, clinical governance or quality, risk and compliance managers in residential aged care.

Why?

The Aged Care Royal Commission's final report (2021) estimated there are 50 sexual assaults in residential aged care each week. A Serious Incident Response Scheme (SIRS) was launched in residential aged care in 2021, which now requires that all reportable sexual assaults are reported as a Priority 1 incident. The trauma older people experience is compounded by the lack of education for service providers.

How was it developed?

The facilitator course has been developed as part of the #ReadyToListen project. A national project to deliver education and resources to residential care service providers on preventing sexual assault and supporting victim/survivors. The #ReadyToListen project is led by the Older Persons Advocacy Network (OPAN) in partnership with Celebrate Ageing Ltd and the Older Women's Network, New South Wales.

Format:


The online facilitator course is always accessible, it includes guidance, practical strategies and learning activities with downloadable resources.

Outcomes:

- define sexual assault and its prevalence in residential aged care
- understand resident's and staff's sexual rights and responsibilities in residential aged care
- describe the physical and psychological indicators of sexual assault to identify whether sexual assault has occurred
- identify the impacts of sexual assault and implement strategies to support victims/survivors and prevent sexual assault
- understand and comply with reporting requirements under SIRS and reporting to police
- understand how to support, provide information, and ensure immediate safety for victim/survivors who disclose sexual assault and how to implement practical strategies to promote trauma-informed responses that support victim/survivors, other residents, and staff
- implement practical strategies for communicating about sexual assault in ways that are honest, timely, ethically responsible, and professionally expected
- recognise factors that contribute to resident's vulnerability to sexual assault
- understand how to develop and implement a sexual assault policy or guidelines and audits to identify gaps and make improvements.



Register today!

 **1800 700 600**



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