

CRANA plus 2010 COnference program

hotel grand chancellor | adelaide wednesday 13 – saturday 16 october 2010

remote health - we're out there... doing it, teaching it, supporting it and researching it.



Her Excellency Ms Quentin Bryce AC Governor-General of the Commonwealth of Australia

Message from Her Excellency Ms Quentin Bryce, AC Governor-General of the Commonwealth of Australia

for the 28th Annual CRANAplus Conference in Adelaide

I send my encouragement and best wishes to delegates attending the 28th Annual CRANA*plus* Conference in Adelaide, whose skills, experience and professional insights are vital in tackling remote health issues and responding to the needs of Australians living in our rural and remote areas.

This year's Conference is an opportunity for remote health practitioners and leaders to meet with others who share their focus and intent, and, through workshops and discussion, to exchange ideas and solutions for the myriad complex issues confronting their communities.

This year's theme, "Remote Health – we're out there", highlights the tough and challenging task of health professionals in remote communities. I admire the energy and professionalism with which they undertake their work, performing demanding multi-disciplinary roles, and treating and caring for patients with often limited resources.

CRANA*plus* is an important source of practical assistance, education and advocacy. I applaud the extensive support the organisation provides to members and its efforts in promoting equitable access to quality health care across isolated and less advantaged areas of our nation.

I wish you every success for your annual conference.

9.92010.

GOVERNMENT HOUSE CANBERRA ACT 2600 AUSTRALIA TELEPHONE +61(2) 6283 3525 FACSIMILE +61(2) 6283 3595

welcome



On behalf of the Board of Directors, the staff and myself, I would like to welcome delegates, members and friends to the 28th Annual CRANA*plus* conference here in Adelaide.

We have an exciting program for you with speakers from across Australia with a diversity of experience and knowledge to share.

This is an opportunity to meet with friends and colleagues and share your lives and experiences with each other. It is a time to learn, to teach, to network and most of all to have fun.

It is a time to encourage those who are new to the sector and to congratulate ourselves and those of our friends who continue to work in the far flung corners of this yast and wonderful land.

This conference also affords us the opportunity to share in the achievements of colleagues who have achieved great things this year and to support those who are working towards higher qualifications.

As usual, we have a busy time ahead over the next few days.

Remember – we have an office in Adelaide, and staff from here that are keen to show you around. They have gone to great lengths to make sure you feel at home and have organised lots of fun activities for you to enjoy.

Please come up and introduce yourself to the staff and myself and I hope to catch up with as many of you as possible over the next few days.

Carole Taylor CEO, CRANA*plus*

contents

Letter from the Governor-General	
Welcome from our CEO	3
Principal partner	4
Contact	4
Welcome ceremony	5
Keynote speakers	

Conference program	
Trade displays	10
Conference dinner	12
Post-conference tour	13
Map	14
Thanks to	0 15

principal partner



Australian Government

Department of Health and Ageing

The vision of the **Department of Health and Ageing** is *Better health and active ageing for all Australians*. The department is responsible for achieving the Government's priorities for population health, aged care and population ageing as well as medical services, primary care, rural health, hearing services and Indigenous health. The department administers programs to meet the Government's objectives in health system capacity and quality, mental health, health workforce, acute care, biosecurity and emergency response. The department supports the Australian community's access to affordable private health services and is responsible for policy on Medicare and the Pharmaceutical Benefits Scheme.

contact



Alice Springs office:

Street address: 79 Bath Street, Alice Springs, NT 0870 Mailing address: PMB 203, Alice Springs, NT 0872 Phone: (08) 8959 1111 Fax: (08) 8959 1199

Adelaide office:

Street address: 247 South Road, Mile End, SA 5031 Mailing address: PO Box 2148, Hilton Plaza, SA 5033 Phone: (08) 8408 8200 Fax: (08) 8408 8222

welcome ceremony

This 28th Annual Conference will kickoff in style with a cruise on the iconic "Popeye" river launch along the River Torrens to the Adelaide Zoological Gardens.

Delegates and guests will enjoy a private tour of the Bamboo Forest that is home to Wang Wang and Funi the Giant Pandas, from China. Following the tour, the official opening ceremony will be held in the Rotunda in the grounds of the Zoological Gardens where the Honourable Warren Snowdon, Member for Lingari, will officially open the conference.

Getting to the Zoo

There are two options available to delegates:

- Coaches will take guests to the River Torrens boat launch at 3:15pm.
- Delegates who prefer to go directly to the Zoological Gardens are able to take a later coach which will leave the Hotel Grand Chancellor at 4:00pm.

3:15 pm	Buses will depart the main entrance of Hotel Grand Chancellor to the River Torrens to meet the river launch
4:00 pm	Popeye launch departs for the scenic river cruise
4:30 pm	Popeye launch arrives at the Zoo river stop
4:40 pm	Bamboo Forest Tour
6:00 pm	Official Conference Opening Welcome to Country by Kaurna Elder, Aunty Josie Agius The Honourable Warren Snowdon, Member for Lingari, will officially open the conference Refreshments and canapés
8:30 pm	Official closing time.
8:15 pm	Coaches leave front entrance (Plane Tree Drive) returning to the conference venue Hotel Grand Chancellor

The Adelaide Zoological Gardens security require that guests wear their conference name badges to gain entrance to the Zoo grounds.



The Honourable Warren Snowdon Minister for Veterans' Affairs, Defence Science and Personnel and Indigenous Health

Warren Snowdon is the federal member for Lingiari and was previously the member for Northern Territory, and has held these seats from 1987 to 1996 and from 1998 to the present. Warren first moved to the Northern Territory in 1976 to work as a teacher after gaining a Diploma of Education from Murdoch University.

He later moved to Alice Springs where he has lived for more than 30 years with his partner Elizabeth Verstappen. They have raised four children, Frances, Tom, Tessa and Jack in Central Australia.

In his capacity as Minister, Warren travels frequently around the country to consult with communities, healthcare professionals and other stakeholders to improve health service delivery and health outcomes for rural and remote Australia. Warren has a passionate personal interest in ensuring that all Australians, not just those in the city, can access quality health services.

keynote speakers



Rosemary Bryant commenced in the position of Commonwealth Chief Nurse and Midwifery Officer in July 2008. She was formerly Executive Director of the Royal College of Nursing, Australia, a position she held for eight years.

She has had a broad career in acute hospital and community nursing, as well as in government relations. Executive positions she has held include Director of Nursing at Royal Adelaide Hospital and also at the then Child, Adolescent and Family Health Service

in SA and the chief government nursing position in Victoria. She also spent some time in private consulting undertaking projects on nursing and health. During this time she was a consultant to the World Health Organisation.

Rosemary has had a broad experience in policy development both in nursing and the broader health sector. Since taking up the position in the Commonwealth, Rosemary led a review of maternity services which culminated in a report to the Minister in March 2009.

Rosemary is a Fellow of the Royal College of Nursing, Australia, is Emeritus Director of Nursing at Royal Adelaide Hospital and was elected as President of the International Council of Nurses in 2009.



Mr Greg Cavanagh, B.Juris. LL.B (Monash), LL.M (London) Territory Coroner, Northern Territory of Australia Appointed Magistrate in 1996 Appointed Territory Coroner in 1997



John Mofflin, Director and General Manager Jack Thompson Foundation Ltd.

In 2007, John Mofflin attended the Garma Festival in the North East Arnhem Land of the Northern Territory and was moved by the stories he heard of overcrowded homes and the ensuing social problems. Through his knowledge of timber milling and building, he realised how the timber growing in the area could be used to solve the chronic housing shortage in Arnhem Land. People living 'on country' could be taught to build their own

houses out of the 'living ground'. He approached Jack Thompson, for his support and Jack, fully seeing the potential of the idea, offered his backing and the Jack Thompson Foundation was born.

John lived in Northeast Arnhem Land for 9 months in 2008, working with the Yolngu people, and teaching logging and milling techniques and facilitating instruction on how to build their own homes. It was a resounding success; this constituted the Jack Thompson Foundation pilot project.

Since then the Foundation has been spearheaded by John's continued voluntary commitment. John has become a Keynote speaker at conferences in the area of Indigenous issues and has gained respect in remote communities throughout Australia as an advocate and champion of Indigenous issues. John Mofflin is an ordinary bloke with an extraordinary vision.



This education activity attracts 14.25 hours of Continuing Professional Development, as per the College of Nursing CPD Program.

program

Wednesday 13 October

12:00 noon	Registration opens Hotel Grand Chancellor on Hindley Street
3:00 pm	Registration closes
4:00 pm	Popeye River Boats Depart (Elder Park) for Opening function at Adelaide Zoo Private Tour of the Panda Enclosure
6:00 pm	Opening Ceremony and Cocktail Party, Zoological Gardens Rotunda Official opening by Honourable Warren Snowdon, Minister for Veterans' Affairs, Defence Science and Personnel and Indigenous Health <i>Welcome to Country by Mrs Josie Agius, Kaurna Elder</i>

Thursday 14 October

8:00 am	Registration opens coffee, tea and networking
8:30 am	Tradeshow opens
9:00 am	Conference opened by CRANA <i>plus</i> President, Christopher Cliffe Introduction of Conference MC Sue Kruske, PhD, Associate Professor, Charles Darwin University
9:15 am	Keynote address Rosemary Bryant, Chief Nurse and Midwifery Officer
9:45 am	Libby Bowell, Christopher Cliffe and Rhonda Golsby-Smith Haiti: The changing face of a disaster
10:20 am	Noela Davies An ICRC public health approach to countries in conflict (Afghanistan & Kyrgyzstan)
10:40 am	Leanne Miller From local to global – Women's advocacy
11:00 am	Morning tea served in the Tradeshow
11:30 am	Jan Hall Online cultural orientation for health professionals working in Aboriginal health
11:50 am	Wendy Mackay Ochre to Aqua: A specialised graduate nurse program in the remote setting
12:10 pm	Lyn Hinspeter Remote health professionals do health care in many different ways and places
12:30 pm	Lunch served in the Tradeshow
1:30 pm	Lee Thomas Nurse Practitioners and Midwives: MBS & PBS access – action for everyday practice
1:50 pm	Isabelle Ellis Credentialing to improve quality and safety in remote health
2:10 pm	Sabina Knight Are we there yet? Will national health reform be the road to comprehensive primary health care in remote and vulnerable populations?
2:30 pm	Rwandan Dance Troupe pictured overleaf
3:00 pm	Afternoon tea served in the Tradeshow
3:30 pm	Sarah Bar-Zeev and Sue Kruske What happens during the 1st year of life? Health service utilisation by Aboriginal infants from two remote Top End communities
3:50 pm	Doune Heppner Flexible and innovative NP model of care
4:10 pm	Tessa Pascoe Continuous quality improvement and the OATSIH healthy for life program
4:30 pm	Sue Kildea and Sue Kruske Northern Exposure: Describing a fleeting visit to the remote Inuit birthing services
4:50 pm	Raffle draw and close

Friday 15 October

,	
8:00 am	Registration opens coffee, tea and networking
8:30 am	Tradeshow opens
9:00 am	Keynote address Mr Greg Cavanagh – Northern Territory Coroner
9:30 am	Kathy Tori and Tracy Kidd The Role of the Nurse Practitioner in rural and remote Victoria
9:50 am	Sue Lenthall Back from the Edge: reducing and preventing occupational stress in the remote area nursing workforce
10:10 am	Peter May Overburden: Impacts of morbidity in Central Australia
10:30 am	Morning tea served in the Tradeshow
11:00 am	Trudy Yuginovich Connected care communities in regional Queensland
11:20 am	CRANA <i>plus</i> Annual General Meeting
12:30 pm	Lunch served in the Tradeshow
1:30 pm	Alice Rumbold (presenting on behalf of Bronwyn Silver) Reproductive Health at Risk: Challenges associated with pelvic inflammatory disease in remote Central Australia
1:50 pm	Sue Kildea Can fetal fibronectin (fFN) be used to predict term labour and reduce time spent away from family for remote dwelling women relocated for birth?
2:10 pm	Cynthia Porter Diabetes in pregnancy impacting differently for Aboriginal women in WA
2:30 pm	Alice Rumbold Equitable access to fetal anomaly screening: Views of Aboriginal women in NT
2:50 pm	Afternoon tea served in the Tradeshow
3:20 pm	Stephanie Jeremy <i>REC Canberra: Doing it here and beyond</i>
3:40 pm	Annmaree Wilson Going off the beaten track: Flexible service delivery and the challenge of new technology for Bush Support Services
4:00 pm	Mark Millard BSS open days on the road: Reaching out to remote workers face to face
4:20 pm	Greg Rickard The nursing workforce in very remote Australia: Characteristics and key issues
4:40 pm	Raffle draw and close



Conference MC **Sue Kruske** is a midwife and child health nurse with extensive experience in working with Australian Aboriginal families in remote areas of Australia. She is currently Associate Professor at Charles Darwin University, and Vice President of the Queensland Child and Family Nurses Association.

Saturday 16 October AUSLAN interpreters will be in attendance for the full day session

	,
8:00 am	Registration opens coffee, tea and networking
8:30 am	Tradeshow opens
9:00 am	Keynote address Mr John Mofflin, Co-Founder Jack Thompson Foundation
9:50 am	John Wright Critical thinking in Remote Health Practice
10:10 am	Morning tea served in the Tradeshow
10:45 am	Tess Opie Trends in workplace violence in the remote area health workforce
11:05 am	Kylie McCullough <i>Violence towards remote area nurses: Results from</i> a Delphi study to develop a risk management approach
11:25 am	FLEC and eRemote Showcase
12:00 pm	Lunch served in the Tradeshow
1:00 pm	Tradeshow closes
1:00 pm	Kyllie Cripps and Jodie Saxton <i>Beating the drums of silence: Inclusive practice</i> and stronger partnerships responding to Indigenous violence and disabilities
1:20 pm	Daphne Yarram The challenges of developing and implementing a community-led approach to Indigenous family violence at a grassroots level
1:40 pm	Wendy Mackay Growing the primary heath care workforce landscape
2:00 pm	Libby Bowell Half way in: a snapshot of a 3 year public health project in the Solomon Islands
2:20pm	Sabina Knight Good enough, who knows: Safety and quality in remote practice
2:40 pm	Janet Struber Supporting remote health through the development of primary health care guidelines: a partnership approach
3:00 pm	Afternoon tea served in the Tradeshow & Raffle Draw
3:30 pm	Close for setup of official conference dinner
6:45 pm	Conference dinner at the Hotel Grand Chancellor



trade displays



The **Australian Nursing Federation** is the national union for nurses, midwives, assistants in nursing and students and represents the industrial and professional interests of its 190,000 plus members.



The **Centre for Remote Health** partners with CRANA*plus* to deliver its flagship remote health practice programs including the Master of Remote Health Practice: Nurse Practitioner.



Discover **CQ Nurse**, Australia's premier nursing agency, specialising in the placement of nursing and midwifery staff, in regional, rural and remote facilities.



Northern Territory Dept of Health & Families Remote Health Branch offer a career pathway in a variety of positions as part of a multi-disciplinary primary health care team.



Hologic (Australia) Pty Ltd, supplier of QuikCheck™ and TLiIQ™ Fetal Fibronecting Testing, the pre-term birth predictor. Ph. 02 9888 8000



Established in 1989 and located in Adelaide, South Australia, **Implox Pty Ltd** is a provider of diagnostic and therapeutic equipment and supplies to the healthcare industry throughout Australia.



Independence Australia is the leading supplier of continence, wound care, and related healthcare products designed to help people enjoy a better quality of life in their pursuit of independence.



Indigenous Allied Health Australia's vision is to achieve the same quality of health for Aboriginal and Torres Strait Islander peoples.



Katherine West is very excited to be at this year's conference. See you at our stand for a chat.



mediserve nursing agency is a leading supplier of nurses to remote and rural hospitals Australia wide. Tel: 1300 305 594 email:country@mediserve.com.au



National Rural Health Students Network (NRHSN) is a multi-disciplinary student network that offers rural and remote experiences and professional development opportunities to support rural health career choices.



The cornerstone of the **NT Medic** workforce development strategy is the recruitment, retention and professional development of their NT workforce in support of the needs of the rural and remote regions.



Randstad's healthcare team has provided the best people, recruitment solutions and HR services to your industry for over 30 years.



The Royal Flying Doctor Service is the most comprehensive aeromedical service in the world and provides emergency and essential health care services for those who live, work and travel in remote and rural Australia.



The **Rural Health Education Foundation** is the only not-for-profit organisation dedicated to delivering tailored, accessible health education, at no cost, to healthcare professionals working in remote and rural Australia. www.rhef.com.au







The **University of WA**, **Flinders University** and **La Trobe University** are committed to the training and support of rural and remote primary health care providers.



ZOLL Medical Australia is a company totally focused on Resuscitation with integrated products for Pacing, Defibrillation, Circulation, Data Management and Fluid Resuscitation. For more information call 1800 605 555 or visit www.zoll.com.au

conference dinner

CRANA*plus* and our members have achieved many major milestones in the past year – and now it's time to celebrate!

The official conference dinner is always a highlight of the conference and this year will prove no exception.

Don your glad rags and start the evening with pre-dinner drinks served on the mezzanine area of the Hotel Grand Chancellor Ballroom from 6:30pm. The dinner, held in the ballroom, offers a menu showcasing South Australian regional food and wines.

Wine and dine the night away, chat with colleagues you usually only meet online, be thoroughly entertained by our MC for the night, internationally renowned comedienne Nelly Thomas, and dance til you drop to the music of DJ Beat.

Join in congratulating winners in the eagerly-awaited Annual Awards ceremony, a key feature of the evening.

The Aurora Award recognises leadership and outstanding contribution to remote area nursing and remote health in Australia. Presented each year to 'a leading light', this award acknowledges individuals who inspire and motivate us through their leadership, excellence, enthusiasm and commitment.

The CRANA*plus* Awards are presented to remote health professionals who 'have made a special contribution to improve health outcomes'. The recipients can be nominated by their co-workers and those who receive their care.

The annual CRANA*plus* Undergraduate Remote Placement Scholarships provide \$1000 each to six students who, as part of their undergraduate health course of study through any Australian University, wish to undertake a placement in a remote location. This opportunity is to encourage the remote health professionals of the future.

The NT Medic Nursing Agency Prize is awarded to the student with the highest overall performance in the topic HLTH8203 Remote Advanced Nursing Practice and Pharmacotherapeutics. This award aims to encourage the development of new RANs entering the ranks and to show our ongoing appreciation of the work of our very special RANs.

The ceremonies conclude with the presentation of Post Graduates to the conference delegates and guests.



Comedienne and Conference Dinner MC **Nelly Thomas** is one of Australia's most natural and intelligent performers. Swinging fast and boldly between refined social satire and a guilty gorging on junk TV, you'd be hard pressed to find a more engaging, challenging stand up comedy experience. Nelly sprung into comedy suddenly, winning the Comedy Festival's Raw Comedy competition in 2003. Six action packed years later, she continues to work in the community and government sectors in particular, as a corporate performer and producer of custom-made

performances. Visit www.nellythomas.com for background information, reviews and testimonials.

post-conference tour

Barossa Valley

Tempt your senses in the magnificent Barossa Valley. You'll capture the atmosphere of the Barossa, touring quaint villages set amidst rolling hills and pastures dotted with superb wineries. Wine tastings await at the Langmeil Winery. The tour package includes a stop at Kaesler Winery Restaurant for lunch.

Adelaide Hills

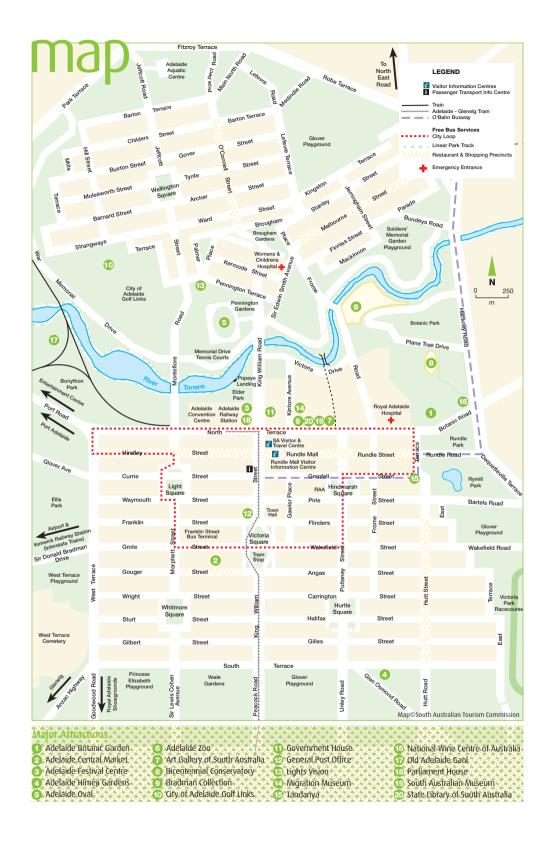
Heading over the beautiful Adelaide Hills – a region with market gardens and colorful history, you'll pass by stunning scenery with rows of vines, natural bushland, historic villages and the old mill town of Woodside.

Hahndorf

Your senses will be consumed by the atmosphere of Hahndorf, a quaint Bavarian village nestled in the Adelaide Hills. Perhaps indulge in a local tradition of scones, jam and cream with tea or coffee (own expense) and stroll under Elm trees and browse in the craft shops.

The fare of only \$75 includes wine tasting at Langmeil Winery, lunch at Kaesler Winery and bus transportation. The tour will depart the Hotel Grand Chancellor at 9:30am on Sunday 17 October and return to the hotel at 5:30 pm.

Enquiries for the post-conference tour can be made at the conference registration desk.



thanks to

Associate partner

הר randstad

Conference program sponsor



The College of Nursing

The College of Nursing is a peak professional body representing nurses across Australia. It is the largest, longest established and most innovative provider of quality clinical specialty development and postgraduate nursing education in Australia.

Delegates satchel sponsor



The Remote Area Health Corps (RAHC) has been established to strengthen primary health care services in remote Indigenous communities in the Northern Territory. By working in close collaboration with the Aboriginal Medical Services Alliance Northern Territory (AMSANT) and the Northern Territory Department of Health and Families (NT DHF) we are able to provide support by responding to their requests for recruitment of specific primary healthcare professionals. RAHC is designed to mobilize urban-based health professionals – doctors, nurses, dental and allied health – to work in primary health services for Indigenous people in remote areas of the Northern Territory (NT).

Conference photographer



www.roseyboehm.com.au

Raffle sponsor





With only one place to come for contract nursing staff throughout rural and remote Australia, Randstad's national healthcare contracts team make sourcing talent seamless.

Our dedicated team of experienced consultants have an in-depth knowledge of remote placements and the type of people you need.

We spend the time to get to know our candidates, the location they want to work in and the type of placement that would best suit their needs — so that when they come through your door, we know they're the right match.

Randstad has the expertise, experience and resources to provide only the best match of skilled and caring people to your business.

Working with Randstad will make your life easier.

T: 1300 658 899 www.randstad.com.au



Staffing | Professionals | Executive | HR Solutions | Inhouse Services



Create YOUR future with the best postgraduate nursing courses just for you!

Graduate Certificate courses

Continuing Professional Development courses

Distance Education subjects

A range of courses for enrolled nurses



CALL NOW! 1800 265 534

for your free course handbooks
Email: csc@nursing.edu.au ~ Web: www.nursing.edu.au

CPD Online is here

WHAT? The College of Nursing Online Continuing Professional Development courses.

WHY? Because you can manage your continuing professional development in your time, at your pace and in your space.

WHERE? They're online! You undertake the course wherever you are! Go to: http://cnnectcpd.nursing.edu.au

