Call 08 8215 6785 if you need a safe place to go.



What now?

You are welcome to call us or nominate someone to contact us on your behalf. This could be a family member or friend, your doctor, support worker or another health care professional.

- For enquiries regarding our Residential Rehabilitation and Outpatient Counselling services, please contact us between 9am and 5pm, Monday to Friday.
- For Sobering Up support, please call us anytime to see if we have a bed available.

● Centred around you.

Alban Place

Service available 24 hours a day, 7 days a week.
Located five minutes from Adelaide CBD.

08 8215 6785
● centacare.org.au

learn more

Funded by SA Health through Drug and Alcohol Services South Australia

A Child Safe Organisation
Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.

An Inclusive Organisation
Centacare welcomes people who are intersex, gender diverse and of all sexualities.

Statement regarding the traditional owners of the land
For thousands of years Aboriginal peoples have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal peoples and their stewardship and spiritual connection with their lands.

QIC ACCREDITED

Centacare is nationally accredited against the Quality Improvement Council (QIC), Australian Health and Community Services Standards.

V3.0 Jan 2026

Alban Place

Integrated Youth Substance Misuse Specialist Service

centacare
Catholic Community Services



Our services

Our Integrated Youth Substance Misuse Specialist Service (IYSMSS) provides a range of supports across South Australia for young people aged 12-24 who are living with substance issues.

- Residential Rehabiltation Program
- Outpatient Counselling
- Sobering Up Service.

If you are experiencing substance use issues and want to change your alcohol and other drugs use, Alban Place may be the place for you.

Residential Rehabilitation

We house five bedrooms in a home-like environment. A stay at Alban Place includes:

- weekly individual sessions to define your goals and monitor your progress,
- a detailed plan to help achieve your goals,
- regular therapeutic group sessions and life-skills training,
- connections to other support services,
- case management support,
- a self-directed approach to your recovery, tailored to your needs.

This service is staffed all day, every day.

Outpatient Counselling

Our service is non-judgmental, respectful and person-centred. The support may include:

- a detailed alcohol and other drugs assessment with a counsellor,
- therapeutic counselling using evidence-based approaches,
- working in partnership with a counsellor to identify your goals,
- monitoring and evaluating your progress,
- preparation for in-stay rehabilitation,
- a range of supports after your residential stay.

This service runs Monday - Friday from 9am to 5pm at our Adelaide CBD office.

Sobering Up Service

We have one sobering up bed for young people aged 12-24 who are under the influence of alcohol and/or other drugs.

We provide a caring environment where you can sober up, rest, shower, eat a meal and talk to someone.

A short-term sobering up stay includes:

- a brief assessment where we ask you a few simple questions,
- a drug and alcohol test prior to admission,
- a room with a comfortable bed to sober up in,
- access to a toilet and a shower,
- regular monitoring to ensure your safety.

This service is available all day, every day.



We are here for you