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Ask for a
free parking
voucher when
you shop at a
participating
business.

Get FREE parking at Council's
City Centre or Eat Street carparks
when you spend \$20 or more at
participating businesses. Parking vouchers
provide free parking from 11am on
the date of purchase to 3am the
next day, Monday to Saturday.

* Terms and conditions apply: www.cityofparramatta.nsw.gov.au/free-parking



Eat Street Restaurant Guide

Your guide to dining on and around 'Eat Street', Parramatta. Download the app for special offers.





350 Restaurant & Lounge

Gather for cocktails and modern Australian cuisine at this chic yet casual dining spot at Novotel Sydney Parramatta.

 Novotel Parramatta, 350 Church Street, Parramatta 2150
 (02) 9630 4999
 www.novotelparramatta.com.au/dining/350-restaurant-lounge.html  

ALEX & Co.

A modern Australian restaurant and bar, ALEX & Co. offers a wide selection of contemporary Australian cuisine and an extensive array of cocktails and beverages - ideal for socialising day or night.

 Shop 4, 330 Church Street, Parramatta 2150
 (02) 9194 4499
 www.alexandco.com.au  






Alpha Sushi

This Japanese restaurant in Parramatta is known for its generous portions, affordability and excellent food quality and service.

 Shop 6, 27 Phillip Street, Parramatta 2150
 (02) 9635 1160  





Armani Restaurant

Enjoy a contemporary, Mediterranean-inspired menu in a rich Arabian setting. Offering the best in food and service, dine in style at Armani.

 354 Church Street, Parramatta 2150
 (02) 8840 9453
 www.armanirestaurant.com.au  

Bar 30 & Bistro

Sit back and wind down with refreshments on offer ranging from cocktails and hot beverages to light bites.

 PARKROYAL Parramatta, 30 Phillip Street, Parramatta 2150
 (02) 9685 0377
 www.panpacific.com/en/hotels-and-resorts/pr-parramatta/dining/bar-30-and-bistro.html 

Bay Vista

Bay Vista Dessert Bar & Cafe prides itself on providing the best dessert experience in Sydney, offering amazing cakes, sweet & savoury crepes, pancakes, waffles and more.

 Shop 1, 330 Church Street, Parramatta 2150
 (02) 9056 2775
 www.bayvista.com.au  

Bondi Pizza

So much more than pizza, with a wide variety of dishes including the team's signature salads, pastas and a huge selection of starters. The restaurant is fully licensed.

 320 Church Street, Parramatta 2150
 1300 383 860
 www.bondipizza.com.au  






Coco Cubano

Coco Cubano brings you a Cuban-inspired menu in a casual and cosy setting that'll take you straight to downtown Havana.

 302 Church Street, Parramatta 2150
 (02) 9635 1484
 www.cococubano.com/locations-parramatta  






El-Phoenician

With a menu that embodies the rich ancestry of Middle Eastern and Mediterranean dining, El-Phoenician showcases the finest Australian produce with a Lebanese twist.

 328 Church Street, Parramatta 2150
 (02) 9633 1611
 www.el-phoenician.com.au  





Gelato Messina

Gelato Messina's award-winning gelato creations come in more than 40 unique flavours, plus gelato cakes and daily specials.

 283 Church Street, Parramatta 2150
 (02) 9635 3064
 www.gelatomessina.com  





Ginza Izakaya

This *izakaya*, or Japanese tavern, provides unique atmosphere and quality Japanese food in a warm and welcoming industrial-style interior with views of the Parramatta River.

 Shop 8, 330 Church Street, Parramatta 2150
 0423 670 825, 0410 251077, 0466 878 073  

Gong Cha

Gong Cha located right near the water, so you can take your tea for a stroll along the banks of the Parramatta River. Offering an extensive menu including classic teas and creative concoctions.

 327 Church Street, Parramatta 2150
 www.gongchatea.com.au  

Heritage Lounge

The glamour and sophistication of the 1920s in the heart of Parramatta. Welcome to Heritage Lounge, a bar with a difference.

 Level 1, 215-217 Church Street, Parramatta 2150
 (02) 9633 3887
 www.heritagelounge.com.au  

Holy Basil

A popular fusion restaurant serving authentic Thai and Lao cuisines with signature fresh herbs and spices. Fully licensed.

 Shop 5, 330 Church Street, Parramatta 2150
 (02) 9056 2789
 www.holybasil.com.au  






Hot Star Chicken

Hot Star fried chicken is a famous snack. The menu is simple; large fried chicken served with fries or oyster mushrooms. A satisfying meal or snack!

 327 Church Street, Parramatta 2150
 www.hotstarchicken.com.au  






Istanbul In Parra

A Turkish restaurant serving up delicious Turkish kebabs, pide, pizza, gözleme, burgers and more.

 402 Church Street, Parramatta 2150
 (02) 9630 6818
 www.istanbul-in-parra.com.au  





Itihaas Indian Restaurant

A contemporary restaurant in the heart of Parramatta, Itihaas creates a traditional Indian gourmet experience that will take your tastebuds to new heights.

 325 Church Street, Parramatta 2150
 (02) 9687 3300
 www.itihaas.com.au  






John Belvedere

This upmarket hamburger bar uses 100 per cent Australian beef and its own special blend of different cuts of meats to present fresh, innovative food in a vibrant and artistic setting.

 318 Church Street, Parramatta 2150
 1300 088 888
 www.johnbelvedere.com.au  

Kouzina Greco

Delicious Greek cuisine, serving meze and classic Greek mains in a cosy, family-run venue.

 16 Phillip Street, Parramatta 2150
 (02) 9687 3669
 www.kouzinagreco.com.au  

Kukula's

Kukula's was created by two Ceylonese friends with a dream - to bring an unforgettable dining experience filled with bold and exotic flavours to Australia. They have incorporated their heritage into the food philosophy and menu here, spiced up with some Portuguese influences to give you a mouthwatering fusion feast.

 Shop 1, 20 Victoria Road, North Parramatta 2151
 (02) 9890 1342
 www.kukulas.com  

La Roue Cafe

Charming crêperie serving French pancakes and light cafe fare.

 Shop 1, 235 Church Street, Parramatta 2150
 (02) 8897 5360
 www.larouecafe.com  






Little Greece

Traditional Greek gyro and souvlaki bar serving vegetarian, vegan and gourmet options with quality ingredients and flavours.

 Shop 9, 15-17 Phillip Street, Parramatta 2150
 (02) 8628 7335
 www.littlegreece.com.au  






Lone Star Rib House and Brews

At Lone Star Rib House we deliver a good old fashioned dose of Southern hospitality. Immerse yourself in the Wild West experience and enjoy slow-cooked, glazed ribs, juicy steaks, schnitzels with toppers, burgers, and much more!

 306 Church Street, Parramatta 2150
 (02) 9633 3372
 www.lonestarribhouse.com.au  

Mama & Papas Italian & Mediterranean

Buon Appetito. We invite you all to enjoy the perfect dining spot. A traditional Italian restaurant, providing a family friendly environment and late night catch ups with friends. Our aim is to keep the guests delighted and coming back for more.

 295-301 Church Street, Parramatta 2150
 (02) 9687 8189
 mamaandpapas.com.au  

Manaeesh Bakery & Pizza

A Halal Lebanese style pizza shop. Once you have tried it you will want more, from oregano to cheese and everything in between.

 46 Macquarie Street, Parramatta 2150
 (02) 9891 5219 






Milky Lane

Milky Lane is Parramatta's coolest destination for juicy burgers, indulgent desserts and tasty cocktails.

 20 Macquarie Street, Parramatta 2150
 (02) 9689 3893
 www.milkylane.co  

Momozz

Specialising in 'momo', a South Asian dumpling, this Indo-Chinese and Asian eatery also serves up a host of other delicious items.

 323 Church Street, Parramatta 2150
 (02) 7806 0696
 www.momozz.com.au  

DO
SOMETHING
ON

EAT STREET
PARRAMATTA

PLAY | EAT | VISIT

www.activateparramatta.com.au

RESTAURANT GUIDE



activateparramatta.com.au

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26 27 Mr Phillips' Coffee House

Fabulous barista coffee in a range of top blends, as well as delicious muffins and pastries. Best of all, there are two locations!

- ☎ 15-17 Phillip Street, Parramatta 2150
- ☎ Shop 5, 75 Phillip Street, Parramatta 2150
- ☎ 0413 777 459 [f](#) [i](#)

28 Restaurant 317

The award-winning 317 offers modern Italian cuisine in a sleek venue with laneway dining. More than 90 per cent of the menu is suitable for those with coeliac disease or gluten intolerance.

- ☎ 317 Church Street, Parramatta 2150
- ☎ (02) 9893 8188
- ☎ www.317.com.au [f](#) [i](#)

29 Rio Brazilian Restaurant

Rio's Parramatta steakhouse lends itself to traditional and tasty Brazilian barbecues, business functions or social gatherings.

- ☎ Level 1, 29 Phillip Street, Parramatta 2150
- ☎ (02) 9687 7125
- ☎ www.rios.com.au [f](#) [i](#)

30 River Café

Overlooking the Parramatta River in an idyllic waterfront location, River Café is the perfect place to sit, relax and soak up the atmosphere over breakfast, lunch or coffee and pastries.

- ☎ Shop 9, 330 Church Street, Parramatta 2150
- ☎ 0410 720 250
- ☎ www.rivercafeparramatta.com.au [f](#) [i](#)

31 San Churro

This popular Spanish *chocolateria* is part of a vibrant chain offering churros and decadent desserts alongside organic, fair-trade coffee.

- ☎ 287 Church Street, Parramatta 2150
- ☎ (02) 9633 1566
- ☎ www.sanchurro.com [f](#) [i](#)

32 33 SUBWAY

Stop in for a sandwich or grilled wrap at Subway stores on and around Eat Street, comprising two of more than 40,000 locations worldwide.

- ☎ Shop 4, 20 Victoria Road, Parramatta 2150
- ☎ (02) 8677 3136
- ☎ 247 Church Street, Parramatta 2150
- ☎ (02) 9893 9899
- ☎ www.subway.com/en-au [f](#) [i](#)

34 Sushi Mata

The place to go for delicious and nutritious Japanese food. With a range of sushi and sashimi to choose from as well as noodles, karaage chicken, ramen and donburri - it's a great place to feed your cravings for Japanese home food.

- ☎ 275 Church Street, Parramatta 2150
- ☎ (02) 9635 1527
- ☎ www.sushimata.com.au [i](#)

35 Thai La-Ong

A lively restaurant specialising in tasty and creative takes on Thai cuisine, priced to enjoy every day.

- ☎ 279-281 Church Street, Parramatta 2150
- ☎ (02) 9687 6984
- ☎ www.thailaong.com [f](#) [i](#)

36 SAIMAI BY Thai I M Restaurant

A cosy place for some Thai! Serving up unmissable dishes packed with flavour, stop by to try your favourite Thai meal.

- ☎ Shop 2, 410 Church Street, Parramatta 2150
- ☎ (02) 9683 7695 [f](#)

37 The Coffee Emporium

A European coffee house experience that delivers every time. The menu features a variety of classic favourites with a twist, alongside signature dishes such as the affogato sundae.

- ☎ Shop 7, 197-205 Church Street, Parramatta 2150
- ☎ (02) 8677 7857
- ☎ www.thecoffeeemporium.com.au [f](#) [i](#)

38 The Coffee Emporium Restaurant & Bar

A light-filled European coffee house and restaurant in the heart of Parramatta serving more than just great coffee.

- ☎ 51 Phillip Street, Parramatta 2150
- ☎ (02) 9687 1955
- ☎ www.thecoffeeemporium.com.au/restaurant-bar/ [f](#) [i](#)

39 The Collector Hotel

The Collector Bistro's recipe for success is simple: great food made with quality ingredients, friendly service and exceptional value for money. Best of all you will find all your pub favourites including chicken schnitzel, rump steaks from the grill and burgers. There's even a children's menu, as well as gluten free and vegetarian options to keep everyone happy.

- ☎ 100 George Street, Parramatta 2150
- ☎ (02) 9689 1122
- ☎ www.collectorhotel.com.au [f](#) [i](#)

40 The Crown Hotel

Cocktails and pub grub in a lively bistro and bar with large windows from which you can watch the world go by.

- ☎ 295 Church Street, Parramatta 2150
- ☎ (02) 9633 2600
- ☎ www.crownhotelparramatta.com.au [f](#) [i](#)

41 The Meat & Wine Co

At The Meat & Wine Co Parramatta, you'll find all the top-graded steak and world-class dining options that have earned us a reputation for being one of the best restaurants in Western Sydney and beyond.

- ☎ Shop 6 & 7, 330 Church Street, Parramatta 2150
- ☎ (02) 8629 8808
- ☎ https://themeatandwineco.com/locations/parramatta/ [f](#) [i](#)

42 The Souvlucky Country

Our mouthwatering Greek dishes are cooked with passion and made fresh, ensuring they maintain real homemade flavour. Drop in for a unique experience that encapsulates the atmosphere, smell and taste of Greece.

- ☎ 316 Church Street, Parramatta 2150
- ☎ (02) 9891 4174
- ☎ www.thesouvluckycountry.com.au [f](#) [i](#)

43 Three Stacks

One of Parramatta's go-to eateries for American-inspired burgers, wings and desserts.

- ☎ 277a Church Street, Parramatta 2150
- ☎ 0482 997 850
- ☎ https://threestacks.com.au/restaurant/tellaballs/ [f](#) [i](#)

Map: Eat Street

Explore the precinct's restaurants, bars and cafes



44 Vasco's Charcoal Chicken

High-quality, affordable meals the whole family can enjoy. Vasco's Charcoal Chicken offers healthy free-range charcoal chicken alongside chef-made salads and burgers.

- ☎ Shop 1, 459 Church Street, Parramatta 2150
- ☎ 0414 042 311
- ☎ www.vascoscharcoalchicken.com [f](#) [i](#)

45 Volcano's Steakhouse

Volcano's Steakhouse is all about fresh flavours and quality dishes. An inviting steakhouse serving ribs, seafood dishes and more amid timber walls and leather banquettes.

- ☎ 311-313 Church Street, Parramatta 2150
- ☎ 1300 787 737
- ☎ www.volcanos.com.au [f](#) [i](#)

46 47 48 Xpress Mart

Your local store for soft drinks and snacks including USA and UK snack products.

- ☎ 253 Church Street, Parramatta 2150
- ☎ Shop 4, 29 Phillip Street, Parramatta 2150
- ☎ 323 Church Street, Parramatta 2150
- ☎ (02) 9687 2255

49 Zara Royal Cafe & Restaurant

Bringing delicious Persian infused cuisine to Parramatta. The restaurant offers a chic atmosphere with a hearty menu.

- ☎ 399-403 Church Street, Parramatta 2150
- ☎ (02) 9683 4864 [f](#) [i](#)

Need somewhere to stay?

Try these easy accommodation options:

175 - ONE HOTELS & APARTMENTS

- ☎ 175 Hawkesbury Road, Westmead 2145
- ☎ (02) 9635 1233
- ☎ www.oneha.com.au/175/ [f](#)

A2 MERITON SUITES

- ☎ 330 Church Street, Parramatta 2150
- ☎ 1800 214 822
- ☎ meritonsuites.com.au/our-hotels/nsw/western-sydney/parramatta/church-street/ [f](#) [i](#)

A3 NOVOTEL SYDNEY PARRAMATTA

- ☎ 350 Church Street, Parramatta 2150
- ☎ (02) 9630 4999
- ☎ www.novotelparramatta.com.au [f](#) [i](#)

A4 PARKROYAL PARRAMATTA

- ☎ 30 Phillip Street, Parramatta 2150
- ☎ (02) 9689 3333
- ☎ www.panpacific.com/en/hotels-and-resorts/pr-parramatta/location.html [f](#) [i](#)

A5 SKYE HOTEL SUITES

- ☎ 30 Hunter Street, Parramatta 2150
- ☎ (02) 7803 2388
- ☎ www.skyeparramatta.com.au [f](#) [i](#)

YOUR GUIDE TO
EAT STREET

Parramatta's 'Eat Street' is considered to be one of Sydney's most popular dining districts. Defined as Church Street, Parramatta, between Market and George Streets, Eat Street features a buzzing array of restaurants, bars, eateries, cafés and small food vendors that draw visitors from far and wide.

Through this guide and the special offers on the Activate Parramatta App, we encourage you to explore this truly diverse precinct and 'do something on Eat Street'. Here you'll discover the very best of this unique area, from the authentic Italian, Greek, Asian and modern Australian cuisine to fabulous desserts, breakfast bites and some of the best coffee in town.

Make sure you download the Activate Parramatta App from your app store and check out the special 'Game Day' deals and play the mini games to win great prizes. For more details www.activateparramatta.com.au

This campaign is part of Transport for NSW's 'Activate Parramatta' plan, designed to support local businesses during construction of the Parramatta Light Rail.

**THE NSW GOVERNMENT
PROUDLY SUPPORTING EAT STREET**

Pictured: (top) Alex & Co
(front cover) Itihaas Indian Restaurant



Thai La-Ong