

# Intestinal mucositis induced by 5-FU results in glial changes modified by analgesics via neuro-immune mechanisms

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## BACKGROUND

- Analgesic choice in oncology is problematic due to exacerbating gastrointestinal symptoms
- Chemotherapy drugs induce **intestinal mucositis**<sup>1</sup>, **pain**<sup>2</sup> & often **cognitive impairment (CICI)**<sup>3</sup>
- Neuro-immune glial cells, **microglia** and **astrocytes** are sensitive to peripheral inflammatory events & analgesics, modifying pain signalling and cognition<sup>4,5</sup>
- Glial reactivity may occur **directly** via central insults or **indirectly** via peripheral-to-central neuro-immune signalling pathways; cellular, humoral or neural pathways<sup>6</sup>

### Research problem

- Chemotherapy induces intestinal mucositis, pain & CICI
- Whilst analgesics ameliorate pain, they may exacerbate chemotherapy-induced gut side-effects
- Analgesics may also modulate inflammatory responses and glial cell expression via neuro-immune signalling pathways

### Hypothesis

- Glial changes will contribute to pain signalling and affect higher order brain regions involved in cognition via neuroimmune signalling mechanisms in rats with intestinal mucositis

### Aims

- Characterise the effect of 3 analgesics on acute intestinal inflammation and neuro-immune mechanisms in a rat model of 5-fluorouracil (5-FU)-induced intestinal mucositis
- Assess acute intestinal mucositis via myeloperoxidase (MPO) activity in the jejunum & ileum of rats
- Quantify glial reactivity & pro-inflammatory response, determining neuro-immune pathway via a) humoral: hippocampal or b) neuronal: thoracic (T6-T9; innervated by small intestine)

## METHODS

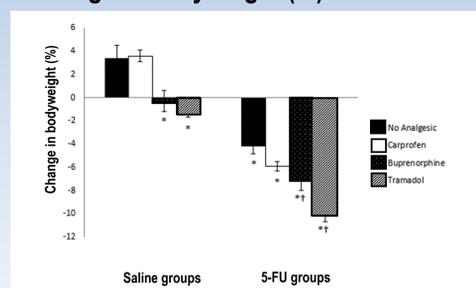
- Female DA rats (n=8)
- I.P. administration of either saline or 5-FU (150mg/kg) in combination with 12 hourly doses of opioid derivatives (buprenorphine; BUP, 0.05mg/kg or tramadol; TRAM, 12.5mg/kg) or NSAID (carprofen; CARP, 15mg/kg)
- Rats were humanely euthanized at peak injury phase of intestinal mucositis (72h after saline or 5-FU administration)
- Intestinal sections were quantified using MPO assay & CNS sections using western blot staining for microglia (CD11b), astrocyte (glial fibrillary associated protein; GFAP) & interleukin-1 beta (IL-1 $\beta$ )
- All results  $p < 0.05$  deemed significant

## REFERENCES

- Sonis 2004. Nat Rev Cancer 4, 277-284; 2. McGuire *et al.* 1993. Oncol Nurs For 20, 1493-1502; 3. Wigmore *et al.* 2010. Adv Exp Med Biol 678, 157-164; 4. Pappas *et al.* 2012. J Neurochem 121, 4-27; 5. Grace *et al.* 2014. Nat Rev Immunol 14, 217-231; 6. Dantzer *et al.* 2010. Auton Neurosci 85, 60-65.

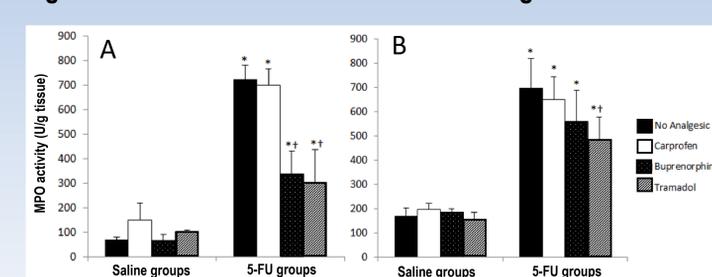
## RESULTS

**Figure 1. Change in bodyweight (%)**



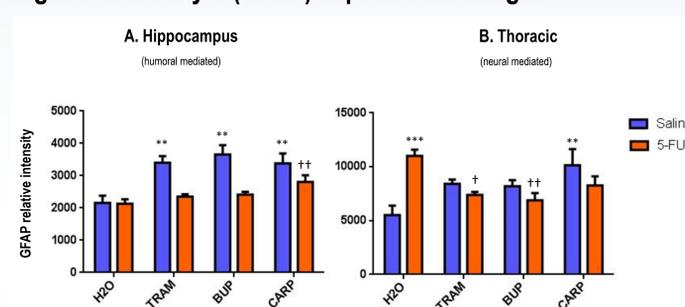
Effect of analgesic agents on bodyweight change 72 hr after either saline or 5-FU injection. \* indicates  $p < 0.05$  compared to saline + no analgesic and †  $p < 0.05$  compared to 5-FU + no analgesic

**Figure 2. Acute intestinal inflammation changes**



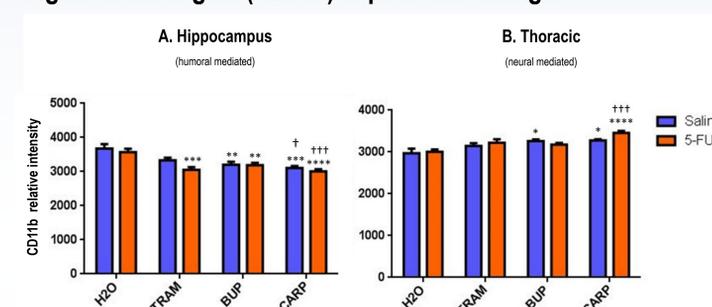
Effect of analgesic agents on myeloperoxidase (MPO) activity in the jejunum (A) and ileum (B) 72 hr after either saline or 5-FU injection. Data are expressed as mean (MPO units/g tissue)  $\pm$  SEM. \* indicates  $p < 0.05$  compared to saline + no analgesic and †  $p < 0.05$  compared to 5-FU + no analgesic

**Figure 3. Astrocyte (GFAP) expression changes**



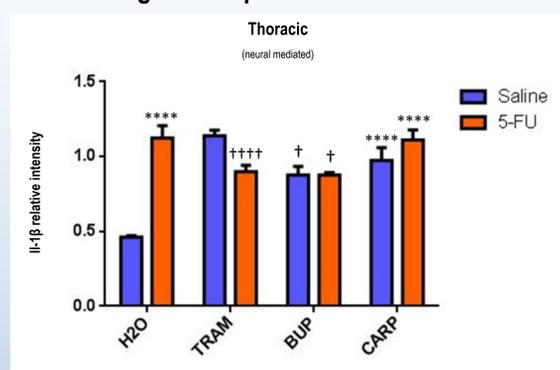
Effect of analgesic agents on GFAP (astrocyte) expression in the hippocampus (A) and thoracic (B) 72 hr after either saline or 5-FU injection. Data are expressed as mean (relative intensity compared to  $\beta$ -actin)  $\pm$  SEM. \* indicates  $p < 0.05$  compared to saline + no analgesic and †  $p < 0.05$  compared to 5-FU + no analgesic

**Figure 4. Microglial (CD11b) expression changes**



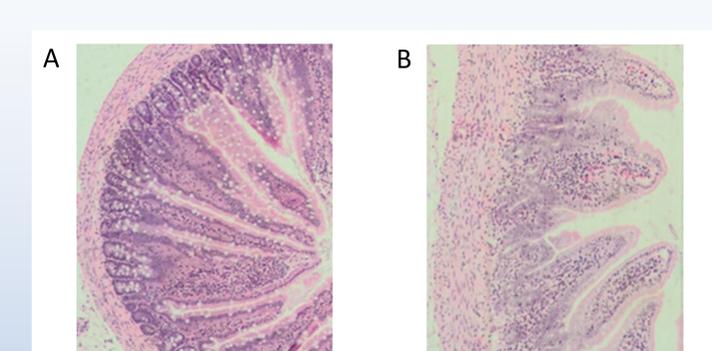
Effect of analgesic agents on GFAP (astrocyte) expression in the hippocampus (A) and thoracic (B) 72 hr after either saline or 5-FU injection. Data are expressed as mean (relative intensity compared to  $\beta$ -actin)  $\pm$  SEM. \* indicates  $p < 0.05$  compared to saline + no analgesic and †  $p < 0.05$  compared to 5-FU + no analgesic

**Figure 5. CARP & BUP attenuate thoracic IL-1 $\beta$  expression increase following 5-FU exposure**



Effect of analgesic agents on CD11b (microglial) expression in the hippocampus (A) and thoracic (B) 72 hr after either saline or 5-FU injection. Data are expressed as mean (relative intensity compared to  $\beta$ -actin)  $\pm$  SEM. \* indicates  $p < 0.05$  compared to saline + no analgesic and †  $p < 0.05$  compared to 5-FU + no analgesic

**Figure 6. Jejunal histological severity score of saline VS 5-FU control**



Representative photomicrographs (x 100) of the proximal jejunum sections stained with haematoxylin and eosin in animals treated with saline alone (A), 5-FU alone (B)

## DISCUSSION

- BUP & TRAM may be more effective analgesic options in 5-FU-induced intestinal mucositis
- Attenuated acute intestinal inflammation (MPO activity)
- Increased hippocampal GFAP expression
- Co-administration of 5-FU returns GFAP increase to basal levels
- Thoracic IL-1 $\beta$  expression was increased in 5-FU treated rats, yet reduced in opioid analgesics
- CD11b changes were most evident in hippocampal and thoracic CARP groups
- Thoracic inflammatory effect was observed in CARP group
- Neuro-immune signalling pathways associated with the glial changes:
  - Humoral (hippocampal) & neural (thoracic) pathways
- 5-FU induced an increase in thoracic GFAP expression (indicative of astrocyte activation), potentially enhancing pain signalling pathways as indicated by elevated IL-1 $\beta$  levels
- Intestinal histological score remained unchanged in opioid groups despite beneficial reduction in MPO activity