

Himalayan Summer Retreat

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Discover Bhutan's living traditions and sacred landscapes with a journey of four nights or more through Thimphu, Bumthang and Gangtey, including a day visit to the Tiger's Nest in Paro.

With two Amankora Lodges closed for refreshment, this journey captures the variety of immersive experiences that make Bhutan such a memorable and transformative destination.

Journeys of seven nights or more include two complimentary nights, allowing time to immerse more deeply in the rhythms of the Himalayan summer.



07-Night Journey

Below is a summary of your 07-night itinerary around the Kingdom of Bhutan. A detailed breakdown of each day and additional experiences can be found across the following pages.

Stay Period and Location	Valley and Lodge Highlights
Day 1, 2 Amankora Thimphu (2 nights)	<ul style="list-style-type: none">• Visit the capital city of Thimphu and enjoy a colourful display of urban Bhutan culture, offering interesting architecture, shopping, crafts and farmers' markets.• Explore the spectacular Buddha Dordenma, the largest of its kind in the world.• Experience the breathtaking Wangdiste Hike that leads you to a 310 AD century Monastery.• Take a more adventurous hike to the Hidden Monk Village in Dodeydrak.• Enjoy a variety of Spa Treatments at home in our Thimphu Lodge.• Experience the vibrant city of Thimphu, visiting a variety of interesting monuments, Fortresses, museums and art galleries.
Day 3, 4 Amankora Gangtey (2 nights)	<ul style="list-style-type: none">• Scenic drive to Gangtey Lodge; stop en route for a private picnic lunch whilst taking in the spectacular landscape.• Gangtey Lodge is situated in a remote and serene rural Bhutanese farmland with powerful spiritual energy and mesmerising views overlooking the Gangtey Valley.• Hiking trails for the outdoor enthusiast, offering a variety of hikes ranging from easy short strolls through surrounding pine forests to longer and more challenging treks through the surrounding mountains and valleys.• Mountain bike trails that explore this remote farming community and the surrounding areas.• Meal offering with monks at the nearby Gangtey Goemba Monastery, one of the most memorable experiences on our Amankora Journey.• Visit to a local school in the Valley that Amankora supports.• A variety of spiritual experiences will contribute to a truly immersive experience in Gangtey Valley.• Amankora Gangtey Lodge is renowned for its signature hot stone bath.
Day 5, 6 Amankora Bumthang (2 nights)	<ul style="list-style-type: none">• Domestic flight or helicopter transfer to Bumthang valley (can be arranged on a chargeable basis; subject to availability).• Bumthang Valley is considered the 'Spiritual Capital' of Bhutan, home to many ancient temples and sacred sites where revered Buddhist masters began their spiritual journeys and teachings over the centuries.• Over 20 temples and monasteries to visit, some dating back to the 6th century, with captivating centuries-old architecture and artwork.• A variety of spiritual experiences are offered for Guests, including private and intimate ceremonies and rituals hosted by local Buddhist monks.• Bumthang offers a variety of hiking trails and mountain bike routes to explore the surrounding valley.• Explore the valley's unique local cottage industries, including the Red Panda brewery, distillery and local cheese factory.• Amankora Bumthang Lodge has private access to our neighbour, the Wangduechhoeling Palace, the original home to the First King of Bhutan and now converted to Wangduechhoeling Palace Museum.
Day 7 Day-trip to Paro Valley from Amankora Thimphu (1 night)	<ul style="list-style-type: none">• Day excursion to Paro valley.• The valley is best known for the famous Tiger's Nest Monastery, and of course, a bucket list hike for those who enjoy a more challenging hike.• Explore the town of Paro, with a colourful variety of shopping options, arts, crafts, textiles and a farmer's market, as well as historic monuments and museums.
Day 8 Departure	<ul style="list-style-type: none">• Farewell from Paro International Airport

Your Amankora Journey Itinerary can be personalised completely, and your private guide is available to assist you in planning daily activities and experiences. We offer the flexibility to tailor each day to your interests and preferences, so you can explore Bhutan at your own pace.



Amankora Thimphu

Amankora Thimphu Lodge (2 nights)

Amankora Thimphu blends traditional dzong-style architecture with contemporary design and positions our 16 suites within a quiet and secluded pine forest on the hillside overlooking the capital. Guests enjoy easy access to the city centre, offering a variety of shopping, monuments, museums, textile factories, and other significant cultural landmark attractions. Our Lodge, featuring king-size beds, wood-burning fireplaces, and elegant bathrooms with terrazzo finishes, offers Guests an authentic urban experience within their Journey across Bhutan.

Our Signature Experiences include:

- Thimphu city and valley tour: visit the capital city and enjoy a colourful display of urban Bhutan culture, offering interesting architecture, shopping, arts, crafts and farmers' markets
- Visit the Thimphu post office and the renowned paper factory, offering a unique insight into Bhutanese culture Kids may also make their own personalised postal stamp
- Arts and crafts: visit the Simply Bhutan display, showcasing an array of arts, crafts and textiles
- Explore the spectacular Buddha Dordenma, the largest of its kind in the world
- Walk the breathtaking Wangdriste Hike that leads you to a 310AD century monastery
- Challenge yourself with a more adventurous hike to the hidden monk village in Dodeydrak
- Private Buddhism talk hosted by a local monk
- Forest & Stream private lunch or dinner, nestled in a pine forest alongside a stream
- Private cooking classes hosted by one of our Amankora Chefs
- Breakfast at Kuenselphodrang overlooking Buddha Dordenma



*Please note that certain experiences are available at an additional charge.

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You can pre-book any spa treatments with your Reservations Agent at First Class Travel. Alternatively, the Lodge Managers can assist and coordinate any treatment bookings upon your arrival at each Amankora Lodge.

A scenic view from a balcony at Amankora Gangtey. The balcony has a stone wall on the left and a wooden railing on the right. A person in a green shirt and red skirt stands on a stone path leading down to a valley. The valley features a small village with white buildings and a church spire, surrounded by green fields and dense forests. In the background, misty mountains are visible under a sky with soft, pinkish clouds. Two wooden tables with chairs are set on the grass in the foreground.

Amankora Gangtey

Amankora Gangtey Lodge (2 nights)

Resting in the Phobjikha Valley, Amankora Gangtey Lodge offers an authentic and immersive rural farmland experience. A prime location with the most mesmerising views overlooking the conservation wetland and the historic 16th Century Gangtey Goemba Monastery, our Gangtey Lodge provides a quiet, secluded and isolated escape, surrounded by rural Bhutanese farmlands. Guests have direct access to endless mountain bikes and hiking trails, while signature experiences include our Hot Stone Bath in an old stone farmhouse, as well as the Potato Shed Dinner. Gangtey Valley has an exceptionally powerful spiritual energy and offers guests some of the most authentic Bhutanese and Buddhist spiritual experiences.

Our Signature Experiences include:

- Meal offering to Monks at the nearby Gangtey Goemba Monastery
- Hiking trails and mountain bike routes exploring the surrounding forests and valley
- Signature hike: The Longtey Hike and Nature Trail
- Private meditation sessions hosted by a local Monk
- Spiritual cleansing (Buddhist Fumigation) in Gangtey
- Visit the local primary school supported by Amankora
- Variety of spa treatments in our Amankora Gangtey Lodge
- Traditional Hot Stone Bath
- Private dinner experience in a Potato Shed
- Offering a Meal to the Monks at the Gangtey Goemba Monastery



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Amankora Bumthang

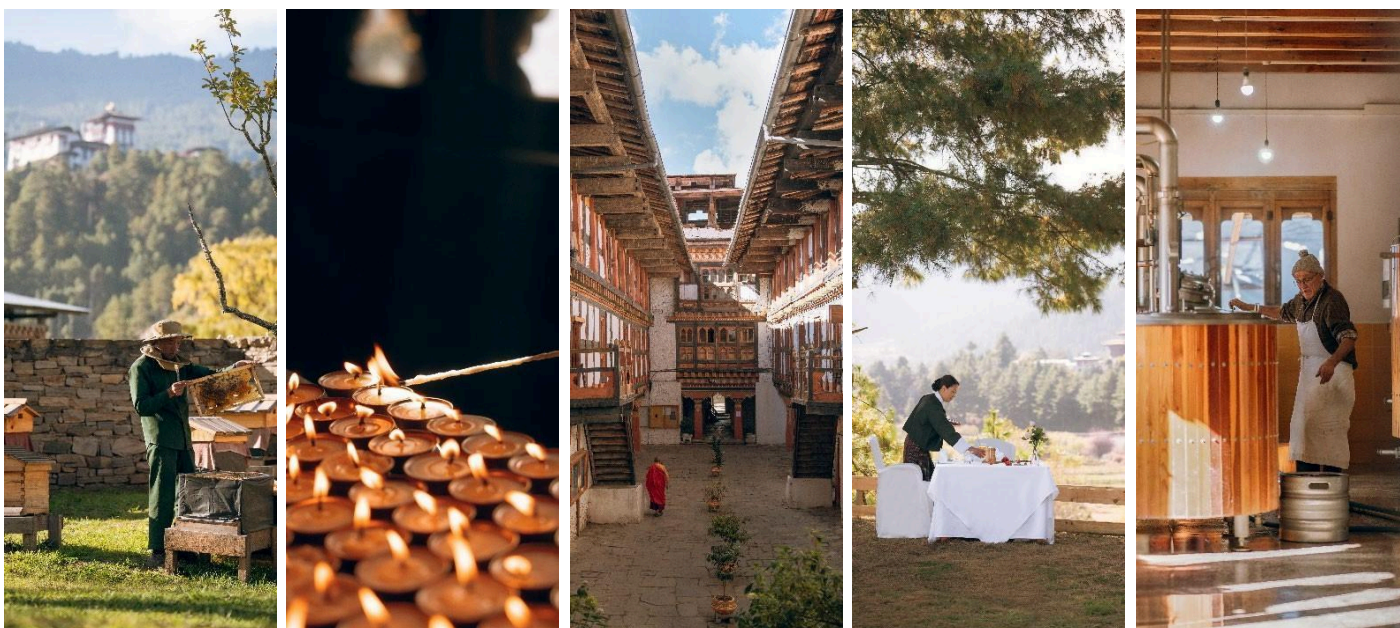
Amankora Bumthang Lodge (3 nights)

Considered Bhutan's 'Spiritual Capital', Bumthang boasts significant religious sites and cultural heritage. The valley is home to almost 30 temples, fortresses and monasteries, with some dating back to the 6th century - each sacred landmark a treasure trove of rich Bhutanese architecture and artwork.

Our Amankora Bumthang Lodge is ideally located adjacent to the historic Wangduechhoeling Royal Palace, the original home to the First King of Bhutan, where our Guests enjoy exclusive access to a variety of unique experiences. The region's serene atmosphere and pristine natural beauty further enhance its reputation as a place for spiritual reflection. Its deep-rooted history and cultural importance continue to draw visitors seeking inner peace and enlightenment.

Our Signature Experiences include:

- Private tour of the neighboring Wangduechhoeling Palace, located adjacent to our Amankora Bumthang Lodge.
- Bhutanese name-giving ceremony at Sey Lhakhang
- Fire blessing ceremony at Jambay Lhakhang*
- Private meditation and blessing ceremony with a local monk
- 108 butter lamp lighting with the family
- Variety of hiking trails and mountain bike routes exploring the surrounding Bumthang Valley, including the Bushman Trail and Burning Lake hike
- Visit the local panda microbrewery and cheese factory
- We can arrange for a game of soccer with the children, with some kids from the surrounding local community
- Private riverside picnic or barbecue
- Private fireside barbecue dinner at the lodge



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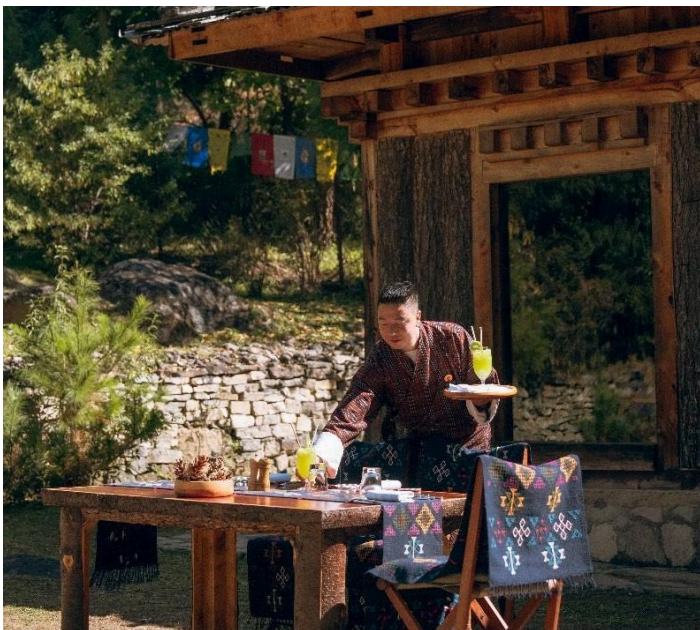
You can pre-book any spa treatments with your Reservations Agent at First Class Travel. Alternatively, the Lodge Managers can assist and coordinate any treatment bookings upon your arrival at each Amankora Lodge.

Day excursion to Paro Valley from Amankora Thimphu (1 night)

At 2,250 meters, Paro Lodge offers a captivating start or end to your Journey. From Amankora Thimphu, enjoy a day trip to the famous Tiger's Nest and a drive to Paro town center, offering a variety of attractions including local shopping with coffee shops, farmers' markets, museums, arts, crafts and textiles. Paro Valley also offers an endless selection of hiking trails and mountain bike routes to explore the surrounding areas.

Signature Experiences include:

- Complete the famous Tiger's Nest hike and experience this spectacular 12th-century monastery that has been built into the face of a cliff at an altitude of 3,150m
- Tiger's Nest recovery lunch at our private Amankora Log Cabin, hidden in the pine forests at the base of the iconic monastery
- Walking tour through the town of Paro and the surrounding valley
- Shopping experience showcasing the rich culture and local arts, crafts and textiles
- Visit the renowned Paro Museum
- Experience the rich history and heritage of centuries-old monasteries and the fortress in Paro and the surrounding areas



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FIRST CLASS.com.au
Australia's First Class Travel Specialist

Tel : 1300 308 081

Email: travel@firstclass.com.au