

Local Church

Scripture gives us many reasons to be thankful, such as these:

“I will extol the Lord with all my heart in the council of the upright and in the assembly...The works of his hands are faithful and just; all his precepts are trustworthy” (Ps. 111:1, 7).

“It is good to give thanks to the LORD. . . O LORD, what great works you do! And how deep are your thoughts. Only a simpleton would not know, and only a fool would not understand this” (Ps. 92:1, 5–6 NLT).

“Praise be to the Lord, for he has heard my cry for mercy. The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him” (Ps. 28:6–7).

Appeal: Research shows that practicing gratitude can dramatically change our perspective and our sense of peace and happiness in life. We have experienced God’s abundant blessings in so many ways. So today, join me in giving thanks to God—not just as a one off but as a daily habit. Let’s give to God from an abundant heart of praise and thanksgiving today!

Prayer: Dear God, help us to build habits of thankfulness and to cultivate gratitude for all you’ve given us. Amen.