













# **FEBRUARY**

3 Health Leadership Orientation

ELIA Partner Facilitator Training (Zoom) 6

6 Health Mission Prayer (Zoom)

Wellness Snapshot Expo Coordinator Training 13 ELIA Empowered & Purposeful Living FT (Zoom) 27

## **MARCH**

5 ELIA De-Stress & Thrive FT (Zoom) 5 Health Mission Prayer (Zoom)

7-10 Mind Body Spirit Festival: Health Screenings

13 City-Wide Health Programs Launch

19 ELIA Enhance Your Gut Health FT\* (Zoom)

#### **APRIL**

2 Health Mission Prayer (Zoom) 9 ELIA Retirement Ready FT\* (Zoom) ELIA Forgive to Live FT\* (Zoom) 16 22-27 GSC Big Camp & Health Workshops

## MAY

7 ELIA Partner Facilitator Training (Zoom) 7 Health Mission Prayer (Zoom) Adventist Health Mission Week 12-18 ELIA De-Stress & Thrive FT (Zoom) 14

24-26 **ELIA Wellness Summit** 

### **JUNE**

ELIA Empowered & Purposeful Living FT (Zoom) 4

Health Mission Prayer (Zoom) 4

12 City Wide Programs Launch

ELIA Enhance Your Gut Health FT\* (Zoom) 18

#### **JULY**

2 Health Mission Prayer (Zoom)

2 Wellness Snapshot Coordinator Training (Zoom)

6-7 **NEDLEY DARP Facilitator Training** 16 ELIA Retirement Ready FT\* (Zoom) 30 ELIA Forgive to Live FT\* (Zoom)

#### **AUGUST**

**GSC Health Screening** 

6 Health Mission Prayer (Zoom)

#### **SEPTEMBER**

City Wide Programs Launch 2 Health Mission Prayer (Zoom)

#### **OCTOBER**

Health Mission Prayer (Zoom) 1

#### **NOVEMBER**

Health Mission Prayer (Zoom) 5

Lifestyle Coaching Skills Workshop (NNSW) 15-17

Mental Health First Aid Workshop 17 & 24

#### **DECEMBER**

3 Health Mission Prayer (Zoom)