2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name
N/A

Name
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What are your suggestions to improve the Victorian communitys understanding of mental illness and reduce stigma and discrimination?
Better education about mental health suicide prevention especially with males have it Introduced into apprenticeship courses as part of there O.H S . Build facilities wholly and souly for mental health and suicide prevention and have them away from the public health system where people with mental health issues and suicidal thoughts can be properly looked after. People need to be taken care of not ignored when it comes to mental health.

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?
Nothing is working well if it was the suicide rate wouldn't be so high. This system has been in ruins since Jeff Kennett closed all the mental institutes in Victoria.

What is already working well and what can be done better to prevent suicide?
Suicide prevention needs to be introduced into schools to counter act bullying and to educate children to talk with someone to let them know suicide doesn't end the pain it only passes it on to loved ones.

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.
The reason it's so hard is because they are being ignored and let down because there is not enough beds.

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?
Better facilities

What are the needs of family members and carers and what can be done better to support them?
More respite beds

What can be done to attract, retain and better support the mental health workforce, including peer support workers?
Better wages not the lowest paid workers much better facilities than there is now separate facility for acute

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise

these opportunities?
communities accepting mental health issues

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?
More facilities safer places where people with mental health issues and suicidal thoughts aren't going to be turned away.

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?
Make mental health and suicide the highest priority for people with mental health issues and build places where people are going to get help not be turned away and start reducing the suicide rate in Victoria.

Is there anything else you would like to share with the Royal Commission?
I have drawn up a dozen areas on a map of Victoria I think will help all are in regional Victoria I will bring them with me if I'm invited