

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Miss Fiorina Papalia

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"That all organisations workplaces and services have the complete training and follow care, help and time. I believe and see that there is a great lack of this even though there are some compliances and procedures. 'This is not met and for this a great deal of suffering to the person with mental illness. There is fear and for a lot don't speak up because of discrimination in the workplace and believe this area needs attention we all have to work..Advertising with clear ads and to enforce Companies to do the right."

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"Seeing GP and treatments, but not enough treatments more support ongoing is needed."

What is already working well and what can be done better to prevent suicide?

"This area very complex, again the right care and support is needed. Putting awareness."

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"It makes it hard Working in workplace ,that doesn't support, having more support from government services to help people in need Easy access for help and support with free treatment is needed"

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

"The need for better support and connects and easy access Every needs are different ,so more understanding how much support is needed and planning is lacking. Everyone suffers"

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"Better understanding and support to support. Every level needs 100%. Not over loaded,,help for everyone."

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise

these opportunities?

More awareness and advertising is needed

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

The plan to start at every level to connect a complete service structure so no one falls through the cracks.

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

Everyone to work together communicate and that the understanding is clear for all business and services to start Now.

Is there anything else you would like to share with the Royal Commission?

"Yes Mental Heath is very important, never stops,so it shouldn't stop it goes on everyday of your life.its starts at the top."