

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Dr Jayapaul Lakshmanan

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

N/A

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

N/A

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

N/A

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

N/A

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

N/A

What can be done now to prepare for changes to Victoria's mental health system and

support improvements to last?

N/A

Is there anything else you would like to share with the Royal Commission?

" _____ From: Jayapaul Lakshmanan Sent:

Wednesday, 26 June 2019 12:22 PM _____

_____ Subject: REQUEST TO ADD THE POINTS

TO MY PHONE SUBMISSION DETAILS I HAVE DONE ON 18th JUNE 2019, PLEASE Hi

_____ Everyone in Royal Commission into Victoria Royal Commission This has reference to our phone conversations on 18th and 19th of June 2019. _____ (through

whom I have submitted to the Royal Commission into Victoria's Mental Health Submission by PHONE on Tuesday, 18th June 2019). As you have advised, I would like to request to add the following additional points to my points submitted by Phone through _____ on 18th June, please.

1) I am going to become a 69-70 years old man after 7th November. I have been extremely suffering due to my mental health problems (PTSD, DEPRESSNESS, ANXIETY, SLEEPLESSNESS, SUICIDAL THOUGHTS, etc.,) and the dire consequences of Injustices (extreme depression, anxiety, poverty, etc. As I get older the already existing PTSD,

DEPRESSION, ANXIETY, etc., are getting escalated. One of my suggestions is that Older people require more support to control their Mental Health deterioration. Older people require more

support to control their Mental Health, Physical Health, Emotional Health (caused by the loss of livelihood due to Injustices, etc.). 2) The legal system and the LAWYERS should strictly follow the article published by Mental Health Legal Centre many years ago. _____ please see the

scanned copy of that Article. The Government should take severe action on the Lawyers who do not/did not follow this. Also the Mental Health Legal should support the Consumer who is/was mentally ill. I have experienced this in 1995. At that time I was taking mental health treatment by

the PSYCHIATRIST _____ for my severe Depression, Anxiety caused by the Injustices caused by my former Employer. I was bullied by the top management officials even on

the streets of _____. I did not have the Mental Capacity to understand what I was asked to sign. The employer took advantage of my extreme mental illness and they unfairly dismissed me

from my employment with death threats. I have not been helped by the Government. I have not been helped by the VICTORIAN Mental Health Legal Centre. I have not been helped by AED

(ASSOCIATION OF EMPLOYEES WITH DISABILITIES) LEGAL CENTRE. I would like to request the ROYAL COMMISSION INTO VICTORIA MENTAL HEALTH should help the Mentally

ill people by making sure they should not experience like what I have been/am going through at Work or Public life. Also, attached please see the scanned copies of the following documents for

your kind perusal, please. 1) Liability for Contracts when You are Unwell (Mental Health Legal Centre document) 2) A medical Certificate dated 8/9/95 from my treating Doctor at _____ 3)

A Medical Certificate dated 4/9/2008 from the Consultant Psychiatrist Shortly I will be sending a Medical Certificate from the humane and popular Psychiatrist _____ (whose name

is in the HALL OF FAME at _____ Hospital) who treated me for my PTSD when I was living at _____.

My point is that these horrible instances/injustices (including bullying with death threats when I was mentally unwell due to the work place bullying should not happen to other human beings, All my submission is PUBLIC, please. NOTHING IS ANONYMOUS.

NOTHING IS PRIVATE. MY REAL/TRUE STORY CAN BE PUBLISHED. Kind regards, Jayapaul

Attached: as above "

**A VERY BRIEF ACCOUNT ON
BULLYING, DISCRIMINATION/EXTREME INJUSTICES (INCLUDING
BULLYING & UNFAIR DISMISSAL) HAPPENED TO ME AT FLOWSERVE**

Victim of injustices: Dr Jayapaul Lakshmanan

Address: [REDACTED]
[REDACTED]

I am the person who was discriminated against

**DETAILS OF THE PERSON OR ORGANISATION RESPONSIBLE /
ACCOUNTABLE FOR INJUSTICES:**

Name of the organization: [REDACTED]
[REDACTED]

Address: [REDACTED]

Telephone (business hours): [REDACTED]

**Racial Discrimination & Profession/Occupation Discrimination –
Name of the persons:**

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

Disability Discrimination – Name of the persons

[REDACTED]
[REDACTED]
[REDACTED]

PERSONAL ATTRIBUTES

I believe I was treated unfavourably because of my:

(1) **Race**, including colour, descent, ethnic and national origin and nationality: -
My race is Indian

(2) **Profession, trade, occupation**: - I was more highly qualified and received a higher salary, than the 4 persons in the Engineering Dept named above, (in relation to the issue of racial discrimination).

(3) **Disability** –. In 1995, while I was under extreme depression caused by the work situation and while I was under Doctor’s treatment (Work Cover) I was bullied with death threats by [REDACTED] and by [REDACTED]

You fellows deserve to be only slaves and not equals. I am sure and I know that your education and qualifications in India are very low standard. Your Ph.D qualification in India is equivalent to high school in England. I did not select you to come to Australia and to this company. Your man (██████████) has gone. Can't you go back to India? Or can you apply and find a job elsewhere. Or apply for a butcher job in ██████████ if you want to live in ██████████, OK”.

I became very depressed and humiliated. **On the same evening I went to my 1st boss ██████████'s home** and told him about what has been happening to me in the company. ██████████ became angry and upset. **He said he can only pray for me because officially he could not do anything because of his retirement.**

Page 3 of 7

Discrimination Example 2: I thought my new boss ██████████ would change his attitude towards me, but he continued to treat me very badly. Even when I greeted him, he looked the other way. He did not allot me any work. Whenever I asked for work, ██████████ used to reply along the same lines as related above; eg “You black fellow, you do not know about Australian ██████████ and I cannot allot any ██████████ work to you. Can you work in a non-██████████ area? After all you require money to survive. Why don't you apply for a butcher job? They pay you well. Why don't you apply for a job in ██████████ across the road? I don't have time to talk to you.” I started crying within myself, became depressed by worrying about my young family and our life and future in my adopted country Australia.

Discrimination Example 3: ██████████ instigated others to isolate me in the work place. On one occasion in August 1992, ██████████ came to my seat and stood over me and threatened, “You must not talk to us. We will not allow you to refer to our library. Why don't you bring your own books from India? You cannot understand our books. That is it.” “You will have to bring everything from home including biscuits, tea and coffee. We will not attend to any phone call coming for you. Tell this even to your wife. O.K. You are wasting our time and you are getting very high salary and high position. Nobody likes you. Your man has gone. You are finished now. You are a black animal.”

Discrimination Example 4: On another occasion in 1992, while I approached ██████████ asking him to help me with the library keys, he answered, “We have been instructed not to share anything with you. Also, just because no one in the department is talking to you, you have come to me to talk to you. I do not want to waste my time by talking to you, OK”.

Discrimination Example 5: Again in 1992, ██████████ came to my seat and stood over me and threatened “I have been working in this company for 25 years. You, black Indian just came to Australia and your salary is much higher than ours which we will not tolerate. You must not talk to us about anything. We will not allow you to refer to any literature in the library. You must go back to India and bring your own books. Also we will not allow you to use our coffee/tea drinking facilities. You will have to bring your own coffee/tea biscuits from your home. Your man has gone. Hence you must leave Australia soon. If you continue to stay here, you and your family will face serious consequences.”

Discrimination Example 6: I met both [REDACTED] in his office and the [REDACTED] at his office and complained to them about the discrimination I had suffered and not being allotted any work. Though they promised to investigate my grievances, they did nothing. I became more depressed.

Support from other staff: During 1992 and 1993, many of my friends in the draughtsman category used to visit me at home after office hours and said to me “Jayapaul, we will continue to be your friends always. But we have been warned to isolate you and not talk

Page 4 of 7

to you. [REDACTED] and the [REDACTED] have warned us. If we talk to you in the Company, our jobs will be on the line. Hence we will be your friends only outside the Company.” Likewise people from other Departments, eg;- [REDACTED], said to me the same thing. I was totally isolated in the work place. Dr. [REDACTED] openly put it in records in his certificates for Workcover. I have many of his certificates/medical reports to prove this.

DISABILITY DISCRIMINATION:

As a direct consequence of the racist treatment I had received from early 1992, (when [REDACTED] was appointed as my boss), I came under Workcover and Dr. [REDACTED] local GP started treating me and issued me with Workcover Certificates. Subsequently I started undergoing treatment for my depression by psychiatrist Dr. [REDACTED]. In early 1993, I agreed with the Doctor’s suggestion to attend my work for 4 hours every day. I was absent from work and was on full time Workcover from 10 August 1992 to 22 February 1993.

Discrimination Example 7: On 22 February 1993, I returned to work on the basis of 4 hours a day. I was issued with a list of test assignments by the [REDACTED]. It was a test to determine the level of my expertise and my particular technical strength. (My treating psychiatrist was most concerned at this extra pressure on me). The question paper was deliberately set out like a preliminary [REDACTED] question paper. It was an insult to my intelligence because the questions were too basic, like an exam paper for students. Still I accepted and answered them correctly and handed my answer paper over to the [REDACTED]. I was never told any result *and I felt that they were trying to break me down by using psychology to undermine my abilities and confidence.*

I also noticed that I was ostracized by the senior personnel in the [REDACTED] Department. This was totally incompatible with my rehabilitation. On 25 August 1993, the [REDACTED] told me that the Company did not intend to pay for a mentally sick man. He said I don’t believe you, (meaning my illness).

Discrimination Example 8: On another occasion, [REDACTED] kers told me that the company expected solid work at normal levels of output from me, even when I was in the process of rehabilitation. When I told [REDACTED] about my deteriorating condition because of the hostile and discriminatory treatment, he said on two occasions, “Everybody is unwell and nervous, it is not only the case for you. I don’t have time to listen to your health problems. He also said on several occasions that if I was on 4-6 hours a day and on Workcover, he would not integrate me back into the team. He showed me no understanding of my condition and pressured me to ignore doctors’ advice.

Discrimination Example 9: The Company Nurse [REDACTED] was also unsympathetic. She said I was lucky to go home early instead of having to work the same hours as the rest. I was not always told by the company about the times and dates of my Rehabilitation sessions in [REDACTED]. Consequently, I missed several sessions. On some occasions, I was told it was not convenient for the Company that I attend my Rehabilitation sessions. On 18 June 1993, I was forcibly stopped from going to my Rehabilitation session and was also ordered to stay for 2 hours longer than I should have.

Page 5 of 7

On many occasions, the [REDACTED] said I was running my career by claiming Workcover and depression.

Discrimination Example 10. *During that time I was completely isolated in the [REDACTED] Department.* I was not allowed to use the library. My name was removed from any circulation list. I was not even permitted to use the [REDACTED] Dept phone. On one occasion my desk top computer vanished. When I asked my colleagues, [REDACTED] replied “Why don’t you go back to India and bring your own. You are a waste for this company.” On one occasion my desk and chair also disappeared and I mentioned again to the [REDACTED] [REDACTED] My desktop computer also disappeared. No action was taken.

Legal Action Initiated: In 1993, with the support of a local **friend/advocate** [REDACTED], I arranged for a legal firm to represent me on the racial and disability discrimination issues, on a “no win - no pay” basis. They indicated that I had a very strong case. *I believe this action became a major issue of concern for the Company!*

Subsequent Mental Health Outcomes: In Oct 1993, I collapsed on the floor of the Company. I telephoned (by using the Quality Control Dept phone) to both **my friend/advocate** [REDACTED] [REDACTED] and to [REDACTED]. Both advised me to get out of the Company premises and I was assessed by the CAT team to be admitted to [REDACTED] Psychiatric Hospital for about 3 weeks. After my discharge from the Hospital, I visited Dr. [REDACTED] for regular treatment for reactive depression caused by the discriminatory treatment and hostile work situation at [REDACTED]. Then early in 1994 when he advised me; “Jayapaul, you have been racially discriminated against at your work place. I sympathise for you and I will support you by telling anybody about what happened to you. I will stick to

what I know, but I cannot continue to treat you because I and my young family have to live in [REDACTED]. Please try to find some other Doctor in [REDACTED]". My friend and Dr. [REDACTED] helped me to find Dr. [REDACTED] as my treating Psychiatrist and Work Cover Doctor. When I was under Work Cover, I had multiple admissions to [REDACTED] Psychiatric Hospital because of my Reactive Depression caused by my work situation! I have the file covering all my admissions to the Psychiatric hospital because of Reactive depression caused by the work situation.

Further Mental Health Problems: *Following the continuing discriminatory treatment, my health condition deteriorated, resulting in extreme depression and epileptic fits.* Early in 1995, I had to leave the family home to my wife and 2 young children, to live separately in [REDACTED]. My family life was severely affected by my illness caused by [REDACTED] Co. I was not behaving normally at home. I was often angry and that affected everyone.

Discrimination Example 11: In mid 1995, the finance manager Mr. [REDACTED] approached me in the streets of [REDACTED]. He took advantage of my sickness and tricked me into thinking that I was better off accepting Social Security rather than living on Work Cover and still keeping the job, saying I would be better off financially. (*I have a record of his bullying in a separate note book*). He said lies to me; "I sympathise with you. Your wife is a bad woman. She kicked you out of your own family home. The company sponsored you only and not your wife. Do you have a girl friend? It is sad, you must find one. You are very tense. Your qualifications are very high. Australia cannot use your qualifications. Go to a pub and take port and relax. [REDACTED] is also interested to to talk to you. He wants to help you".

Page 6 of 7

Discrimination Example 12: Following that, [REDACTED] also met me in the streets of [REDACTED] and also brainwashed and bullied me with death threats as follows: "Resignation is the best thing for you. If you pursue your case, we will advise the Australian Government to cancel your visa and citizenship and fight with the Equal Opportunity Commission that you are incompetent. Also we will see that you are in jail before your deportation. Who is your friend? If you contact him or anyone regarding your work case and work problems, you will be finished and deported, OK. We will kill you and your friends supporting you. We have decided to give you some money for you to buy plane tickets and get out of Australia. You should simply accept that only without any negotiation or talk and get lost. Otherwise we will finish you here. You deserve nothing. Get out of Australia" Out of fear I simply nodded my head "yes". All bullying has happened when I was undergoing psychiatric treatment.

I believe that [REDACTED] and [REDACTED] conspired to take advantage of my extreme condition of disability, to ensure that I would not pursue any action against the Company regarding my mistreatment.

Discrimination Meeting:

Shortly after these 4-5 street meetings, I was notified of a private meeting in [REDACTED], [REDACTED] in relation to my claims of discrimination against the Company. Leading up to this meeting I became increasingly fearful and mentally incapacitated, having regard to the threats made to me in the street meetings! I took no action to arrange for my supporters (eg;

my friend and my family) to attend. At the meeting, Company representatives stated that I had promised to resign my position and return to India. Because of my extreme mental condition, fear and irrational thoughts, I just nodded my head “yes” in agreement with everything they wanted me to. When my solicitor asked me if that was correct, I also nodded my head out of fear caused by the bullying (with death threats) of [REDACTED] and [REDACTED] in the streets! When the solicitor asked where my witnesses were, I also just nodded my head! After the hearing I collapsed in the street and became even more distressed at what I had allowed to happen!

Meeting Outcome: On or about 5th September 1995, I was removed officially from the Company. I did not have a mental capacity to negotiate and was suffering from severe depression with nervousness and fear. From that time to the present, I have been living on a Disability Support Pension from Centrelink due to my psychiatric condition. I am still undergoing psychiatric treatment for my reactive depression and anxiety caused by my work situation and the total injustice I faced. **I have been living like a frightened rabbit.**

Subsequent Work Cover Hearing:

After the Discrimination Meeting, when I told my [REDACTED] solicitor that I was returning to India, he advised me to stay for my [REDACTED] hearing, (even though I was extremely mentally disturbed and was afraid of being killed)! When I was notified of the hearing in 1996 (as with the previous hearing), I became more disturbed at the thought of meeting the Company representatives. As a result I was admitted to the [REDACTED] Psychiatric Hospital as an inpatient and was there on the day of the hearing in [REDACTED]. A nurse went with me to the hearing. I believe I was insane, with no capacity for rational thinking! Again, because of my continuous extreme PTSD/Reactive Depression

Page 7 of 7

Depression (caused by Work place racist bullying), at that [REDACTED] hearing, out of fear, caused by the bullying of [REDACTED] management in the streets, I simply nodded my head and said “Yes” for everything. My solicitor said that he was unable to help me!

(I have more details written in my completed private diary from the beginning of injustices. I also have many Doctors reports/certificates and many reports/interview reports both from Government Agencies and Private Agencies).

Return to India:

Shortly after the [REDACTED] Hearing, due to threat threats I was forced to return to India for a brief period leaving my family behind, (because of my mental disturbance and the fear instilled in my mind with death threats by [REDACTED] and [REDACTED]). While there I had further psychiatric treatment and improved to the extent that I felt able to return to Australia. I again contacted solicitors, who were willing to take up my case again, **but only on a fee paying basis!** As my only source of income was my Disability Pension from Centrelink (as has been the case since unfair dismissal), I felt powerless and continued in deep depression.

My present and future health totally and permanently destroyed

As a result of the Racial and Disability Discrimination, as outlined above, I have experienced a permanent destruction to my health and also huge economic loss. I have suffered and continue to suffer very deeply, as a result of my unjust treatment at [REDACTED], [REDACTED]. Nothing can adequately compensate me for the hell that I have been and continue to go through for ever and for the continuous sickness and worry which is still haunting me 24/7 and will haunt me for ever. I was/am unable to get appropriate justice for my sufferings, permanent life-long suffering and losses. Additionally, my health/future health and life-long career and salary as a [REDACTED] have been destroyed permanently /eternally as a result of extreme injustices/extreme discrimination committed by [REDACTED].

[REDACTED] has spoiled my career eternally. Those days, [REDACTED] was not bound to refrain from issuing discriminatory statements and/or references about me to other employers/companies. I did not have any support. Those days, the extreme injustices have damaged my ability to seek work in the industry generally. Now my mental and physical health has been totally permanently damaged/destroyed because of the injustices inflicted upon me by [REDACTED]. Above all, I have been/am suffering excruciating humiliation, depression, anxiety, and torment. It is impossible for me to continue to live with the injustices (caused by [REDACTED]) and its consequences. I prefer death to life because of my “lowest of the low” living situation/condition with chronic Reactive Depression, anxiety, fear and tremor/nervousness caused by [REDACTED]. My physical health also has been damaged due to the chronic mental disability caused by [REDACTED]. **My job, status, human-status, self-respect, human-dignity, health and everything have been permanently destroyed by [REDACTED].** Now, I have become a dead man still dying! **I have been/am suffering from frequent suicidal thoughts and I do not want to live because of what [REDACTED] has done to me and my livelihood and the excruciatingly humiliating consequences of injustices.**

A pall of gloom has been descending on me permanently because of the permanent destruction of my livelihood by [REDACTED]. I am disconsolate at the loss of my professional career/life permanently by [REDACTED]. I can never ever come to grips with the tragedy caused by [REDACTED]. Because of the permanent chronic mental disability caused by [REDACTED] since the unfair dismissal, I have never been able to do any job/work in any capacity and I am not/will never ever be able to do any job or work again in any capacity. I am dead.

Dr Jayapaul Lakshmanan (Ph.D. in [REDACTED])

A VERY BRIEF ACCOUNT ON
TOTAL AND PERMANENT DISABILITY CAUSED BY EXTREME INJUSTICES
(INCLUDING BULLYING, DETH THREATS AND UNFAIR DISMISSAL)
HAPPENED TO ME AT THE WORK PLACE OF ██████████

Name of the Victim/Patient – Dr Jayapaul Lakshmanan

Because of the extreme discrimination and injustices inflicted upon me in my work place at ██████████, ██████████, I have been suffering from Reactive Depression and Anxiety and will continue to suffer for the rest of my life. My health, livelihood, Career and family have been destroyed because of the discrimination against me. Because of the reactive depression and fear (caused by ██████████ with death threats) I was unable to defend my rights.

Because of the Reactive Depression caused by hostile and discriminatory work environment, I was not in a fit state of mind to know, or defend, my rights, and that I was unconscionably pressured/ forced over a period of time to resign.

Sometimes, I am unable to think properly as a result of severe depression, distress and anxiety caused by my bad experiences at work. Had I been adequately assisted, I would have pursued my rights. Also, ██████████'s attempts at rehabilitation had met with non-cooperation by ██████████. Moreover, ██████████ has cleverly fulfilled their intention to spoil my career permanently. I did not have any support/resources to take restraining order to be served on ██████████. Hence ██████████ could not be bound to refrain from issuing discriminatory statements and references about me to other Companies in Australia. Had I the financial resources to do so, I would have taken legal action against ██████████. Nothing can absolve ██████████ from responsibility for the actions of those employees who bullied me and discriminated me. This is especially so, as some of the discriminatory actions were perpetrated by senior management personnel. Company management was complicit. Therefore, ██████████ as a Company has a duty to respond to my permanent mental disability. ██████████'s duty cannot be expunged by the passage of time, or by the change of personnel.

Nothing can offset the loss of my livelihood and self-respect. It is impossible to be one man army against injustices. Hence, I have been destroyed and am finished. Nothing can adequately compensate me for the hell that I have been/am continually going through and for the sickness and worry which does/will haunt me 24/7 for the rest of my life. My health and life-long career and salary as a Senior Engineer/Manager have been permanently destroyed by my former employer ██████████.

I have had my life drastically changed by the discriminatory treatment, prejudice, intimidation and bullying I was subjected to while an employee of ██████████. Through the discriminatory actions of the perpetrators including the ██████████ Management, I deteriorated from a highly-paid, highly-valued skillful Senior Engineer to a tearful, homeless and non-functioning psychiatric patient permanently.

Page 2 of 2

I have been admitted numerous times to [REDACTED] Hospital and other institutions. I have been receiving ongoing treatment and medication for reactive depression, anxiety and stress (PTSD) caused by the injustices/destruction inflicted upon me by [REDACTED].

My marriage/family life also failed because of my worsening mental condition while employed by [REDACTED]. In 1995, because of extreme stress caused by the hostile work situation at [REDACTED], I moved out of the family home, leaving wife and my two young children. At that time, I was suffering from severe reactive depression and irrational thoughts caused by the perpetrators at [REDACTED]. I commenced a period of homelessness and instability, staying at hostels, shelters and with friends as my mental health deteriorated.

I continue to suffer from reactive depression, anxiety and low-self esteem. Because of the injustices and the excruciating humiliating consequences of the injustices, I continue to have deep feelings of insecurity and fear. I continue to suffer from extreme PTSD because of the injustices committed by [REDACTED].

In 1995, when I was a homeless person living here and there including on the streets, the Personnel Manager [REDACTED] and the Financial Controller of [REDACTED] [REDACTED] made death threats to me on number of occasions in the streets of [REDACTED]. Also, they bullied me not to contact my friends and lay advocates ([REDACTED] [REDACTED]) who helped me in submitting "Racial discrimination & Disability Discrimination" complaint against [REDACTED] in October 1993. [REDACTED] and [REDACTED] took advantage of my extreme mental disability (caused by the extreme injustices inflicted upon me in my work place) and bullied (signaling cutting my throat) and forced me to leave Australia. Hence, I was bullied/forced to return to India at end of 1996 without my young family then. I was bullied with death threats by the racists (top officials) to leave Australia.

I returned to Australia in May 1997 and I continue to suffer from severe reactive depression, anxiety and distress caused by the injustices. I am suffering from 'extremely lack of concentration' in daily life and I have been/am unable to cope with day to day living. My livelihood has been permanently destroyed by [REDACTED]. My job and status, self-respect, human- status, human dignity and every thing (**loss of our home, etc.**) have been permanently destroyed by [REDACTED]. Because of [REDACTED]'s atrocities/injustices to me, I have been/am forced to live as a dead man still dying! Because of the in-human actions (injustices) of [REDACTED], I have been/am suffering from frequent suicidal thoughts because [REDACTED] has destroyed me and my livelihood permanently. I prefer death to life because of [REDACTED]. I do not want to live because of what [REDACTED] has done to me. I could feel that wounds caused by [REDACTED] are fresh and I continue to go through hell, devastation and what not. I continue to undergo medical treatment for the severe reactive depression and anxiety caused by the injustices (severe post-traumatic stress disorder) inflicted upon me by [REDACTED].

Because of the permanent destruction of my livelihood/life and health (by [REDACTED]) I have been/am not able to do any job/work in any capacity and I will never ever be able to do any job/work in any capacity. Because of the total destruction of my life by [REDACTED] I have been experiencing chronic (severe) depression, distress and anxiety and I have been unable to

cope with day to day living. Because of the permanent chronic mental disability caused by [REDACTED], since the unfair dismissal, I have never been able to do any job/work in any capacity and I am/will never ever be able to do any job or work gain in any capacity. Justice failed me totally. Now, I have become a dead man still dying. How long? I am dead without justice and with nothing.

Dr Jayapaul Lakshmanan (Ph.D. in [REDACTED])