

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Ms Lisa Bolger

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

N/A

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

N/A

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

N/A

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

"Infants and children need to be better protected from parental mental illness. Children should never be asked or supported to care for mentally ill parents. Extended families need to be better informed about the dangers to the infants children and if extended family can't take on the care for these children, they may be better being placed in permanent care. Adoption should be considered as a reasonable way to save these children. These children as adults sit in my therapy room and tell me how they prayed to be rescued from the hell that was their lives. "

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"Fund services that provide long term therapy for people with trauma histories such as from growing up with parents with mental illness. Pay therapists properly and allow them to work privately. Add therapists to Medicare , and if condition is complex severe allow many more sessions "

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"Infant mental health, crucial early intervention Protecting infants and children by making it more of a family / community response when parents have severe mental illness. Integrate DHHS and infant mental health mental health services Fund circle of security courses for parents to prevent child mental health problems developing "

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

N/A

Is there anything else you would like to share with the Royal Commission?

N/A