

2019 Submission - Royal Commission into Victoria's Mental Health System

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What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"As stated at the Community Forum in Sale Gippslandit is wrong to continue to state mental illness has a stigma ,,,, it does not ,..... and it is absolutely imperative that the government regulations and funding that continues systemic emotional abuse of women who received Victorian Parliamentary apologies 25.10.2012 National Parliamentary Apologies 21.3.2013 and 22.10.2018 ,,.,,,, cease and mental health services be made available especially in relation to brutal medical sexual abuse "

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"Investigate present government regulations and funding to stop systemic emotional abuse of women causing mental health the General Practitioners Association members are the first cab off the rank with patients who are diagnosed with mental health and it is imperative that general practitioners be involved to prevent mental illness more awareness and to stop APS training their members on opinion and hearsay it is GP's who are responsible for patient care and the opinions of APS need to be reviewed e.g. in the past they have stated ""some women FELT THEY WERE SEXUALLY ABUSED"" demeaning and dehumanising women once again who suffered brutal medical sexual crimes pain grief loss and suffering from the illegal abduction of their newborn babies from their wombs as Professor ██████ stated ""tied down ,. not permitted to see their babies ... it was illegal the law was breached"" and women are still being emotionally abused causing more mental health illness due to lack of government funding the present system is like sending a Jewish person to a German practitioner to be convinced the holocaust never happened there are tens of thousands of regional women many living in remote rural areas whose mental health has been dismissed under government funding"

What is already working well and what can be done better to prevent suicide?

"Suicide is a choice a person makes for whatever reason and there is no one particular core issue as to why suicides occur ... it can be a family issue unemployment and as a group have been involved with mothers who have suicided because of their deep grief and loss of their motherhood violence against women what is already working is compassion being shown towards women by other women prevention can only come about when the core issues that lead to suicide is examined ... and no one has those statistics or reasons for suicide .. only the person or persons who take their own life ... it is a fine line between sanity and insanity very fine line and when APS state ""some women FELT THEY WERE SEXUALLY ABUSED"" as an exampleit is prove that such comments can led to suicide like women were not believed malpractice and mistreatment when a person reaches a suicidal thought pattern no one can change their mind as the human brain has shifted into

another logical zone and seems the only right thing to do"

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

It is not hard for people to experience good mental health they can reach out to their GP who are always there for patients it is imperative that GP Association becomes the key issue during this royal commission as they are the core key to mental health of their patients it is their GP who writes up Mental Health Assessment and what is urgently needed is for the person they are referred to stay in communications with the GP who referred the patient and not to dismiss GP;s as is occurring at the present time ... the division within the medical profession must cease ... and they must work hand in hand with each other for the benefit of the human being who has reached out for support. The APS and other agencies MUST LINK WITH GENERAL PRACTITIONERS WHO REFER THEIR PATIENTS AND NOT DISMISS THEIR INVOLVEMENT AS IF THE PATIENT IS NO LONGER THE PATIENT OF T HE GP

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"In regional areas there is little mental health qualified GP and others who can deal with the isolation of rural people. Farmers and their families cannot catch a bus out the front of their property and travel to an appropriate mental health compassionate person because the services are not in existence. As raised at the Community Forum in Sale Independent Regional Mothers stressed the LACK OF GOVERNMENT FUNDING ,,,, is a major contributing factor to regional and rural people not receiving mental health support again government regulations and funding is dismissive of regional and rural areas and for many the distance to travel to mainly metropolitan areas for mental health support is costly for regional and rural people. There is little government funding for those who have suffered brutal sexual crimes as a child the present government still not funding these regional and rural support services e.,g. for people in Sale ... they have to travel large distances for sexual abuse counselling BECAUSE of the lack of government funding to regional and rural areas women are also experiencing systemic emotional abuse from government funding organisation turning woman's truth into propaganda and falsehoods as if women are only a small potato in the field of potatoes WOMEN MUST BE SUPPORTED "

What are the needs of family members and carers and what can be done better to support them?

Covered above

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

Review government regulations and funding mental health workforce is not trained when it comes to WOMEN and many examples can be supplied including women who have been impregnated through rape or incest who carry their unborn baby full term and make a conscience choice to place her baby for adoption IS NOT GIVEN LEGAL REPRESENTATION..... CAN BE FORCED TO NAME HER RAPIST AS THIS GOVERNMENT HAS GIVEN RAPISTS AND THOSE WHO IMPREGNATED THROUGH INCEST HUMAN RIGHTS PLACING THE MOTHER'S INTEREST AS MINOR Until this present

government stop putting into place regulations and funding that dehumanise and demean women in general the mental health workforce will continue along the same lines as their funding state unless they abide by the regulations of the funding .. they place their future funding at risk.....

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

Opportunities?????????// To receive appropriate support and stop being treated as a human being with a stigma attached to their lives

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

The biggest reform is for GP's to remain the No. 1 person for their patient to be there with mental health services compelled to keep the GP informed of the progress of their patient during mental health counselling remove the divisions within medical professionalswith the patient aware that their GP is always there for them even through counselling remove the board that pushes patients from one goal post to another one Mental health workers must continue to report back to the client's GP

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

As stated above

Is there anything else you would like to share with the Royal Commission?

As an advocacy and support group for women who have suffered brutal medical sexual crimes the abduction of their newborn babies stolen as per National and Victorian Parliamentary apologies ... government funding must be reviewed as government funding to date was given to an ADOPTION organisation to train medical and allied health workers that dismissed the mental health of women who had their babies stolen and their motherhood dismissed it was a period of time of harvested mothers reproductive slavery of young women and the present government has given funding for training of medical and allied health workers DISMISSING WHAT HAPPENED TO WOMEN BRINGING FORTH A FURTHER SYSTEMIC EMOTIONAL ABUSE OF WOMEN AGAIN a system set up no different if one was set up for Jewish people sent to a German counsellor to be brain washed that the holocaust never happened the government funding training of medical and allied health workers has dramatically increase the mental health of tens of thousands of Victorian regional and rural women it is a blight on the fabric of our society that this under government funding has been allowed to occur ... as one example of the failure of the present mental health issues