

# 2019 Submission - Royal Commission into Victoria's Mental Health System

## Organisation Name

N/A

## Name

Mr Carl Groves

## What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"The health system has too many people who are not trained properly, and assessing and administering the correct treatment is not being done. Most people suffering mental illness are put into the category of violent. More education is needed to address this problem."

## What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

This is not being done at this time correctly!

## What is already working well and what can be done better to prevent suicide?

The suicide prevention in this country is not working. The suicide rate is escalating!

## What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

The department's are all over the place and are not at all "linked in"

## What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

## What are the needs of family members and carers and what can be done better to support them?

Get the services to communicate. The communication between services and patients DOES NOT WORK.

## What can be done to attract, retain and better support the mental health workforce, including peer support workers?

Better pay???

## What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

"If you have a mental illness, most people are frightened by the person. When all they need is someone to listen to them."

## Thinking about what Victoria's mental health system should ideally look like, tell us what

**areas and reform ideas you would like the Royal Commission to prioritise for change?**

"To look at Work Cover, and to address the issue that the insurance company's are the case workers and transparency is lost. The insurance company's DO NOT have the workers best interest in mind as they work for the employer. WORK COVER DESERVES A COMPLETE RE BUILD"

**What can be done now to prepare for changes to Victorias mental health system and support improvements to last?**

Better training for the few who are working in the industry. More money for better education for those coming into mental health

**Is there anything else you would like to share with the Royal Commission?**

"My case I have been on work cover after being bullied insisently in the work place. I know that the lawyers work hand in hand with the insurance companies to kill the claim as soon as possible. I have been told by my lawyers it is impossible to win a bullying claim, I feel this is wrong and if you have the evidence and can produce that evidence WHY is that so! I was bullied out of my job in 2014, I have not yet been to consolation 5 years on"