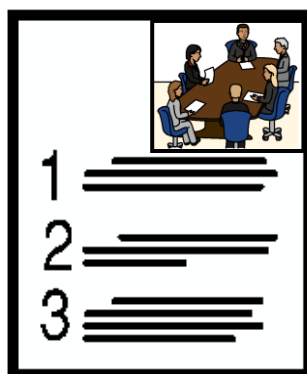


The Royal Commission in to mental health systems in Victoria. Book 2

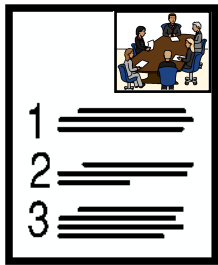


The topics.

We call them the Terms of Reference.

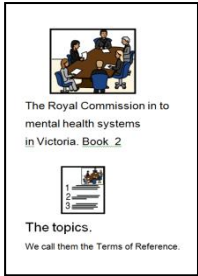
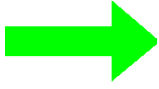


The Royal Commission has started its work.

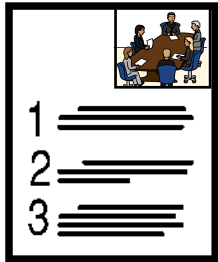


The topics tell us what the

Royal Commission will look in to.



In this book



What are the topics for this big study? page 4



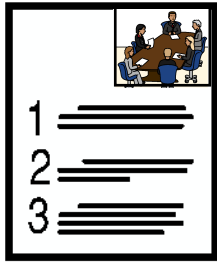
A group to help the big study page 13



The report page 15



More information page 17



What are the topics for this big study?

We call them the Terms of Reference.



The government met lots of people.

Lots of people told the government their story.



The government did this in

- December 2018

and

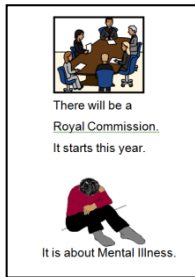
- January 2019.



They wrote a report. You can read the report.

It is called the **Consultation Summary:**

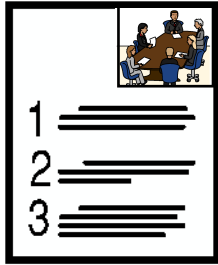
Terms of Reference for the Royal Commission into Victoria's Mental Health System.



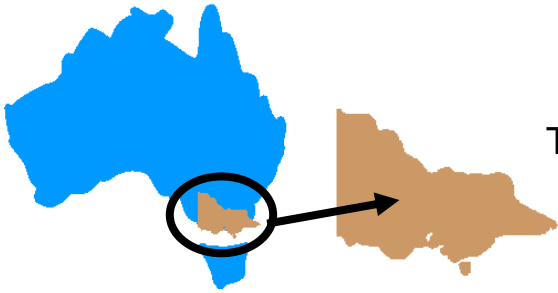
You can get it in Easy English.



This information helped choose the topics for this big study.



The topics



This big study is about what happens in Victoria.



It needs to find out about mental health services now.

and



Find ways to make services work in the best way.



Read pages 7 to 12.

They tell you the topics of this big study.



1. What are the best ways to help people

- to stop getting a mental illness

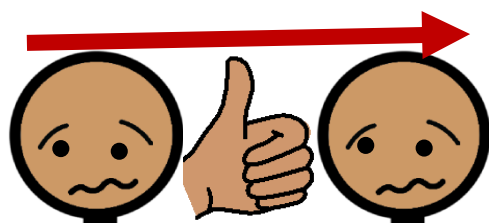


- to get well
- to stay well



- at lots of different ages. Like
 - as a child
 - as a teenager
 - as an adult.

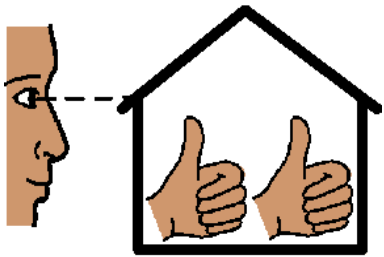
and



- at the start of the mental illness
- or
- if they get ill again.

So they are ill. Then they are well.

Then they are ill again.



2. What are the best ways for people

- to find the help they need
- to know how to use the services.

It means they do not feel lost.



The big study must look at these questions to

2.1 Find the very best ways to get well.

and



Look for services where **you** get a say.



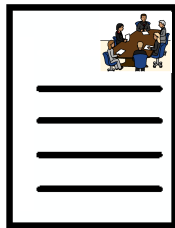
2.2 Work out how to find more workers

and

ideas to keep workers.



2.3 Find the best ways for mental health services to work with other services.



2.4 Look for the best ways to

- plan for mental health services



- share information



- have the right money to do their work



- have clear rules about how services do their work.

And

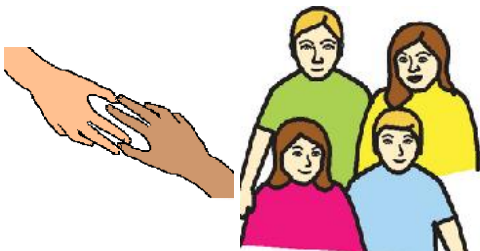


Look for the best ways to get and keep information about

- how mental health services work
- how many people go to services
- how many people can **not** get help
- how to check people are safe in services.



3. Find the best ways



- to help families
- to help carers.



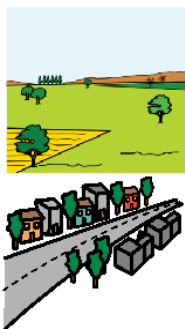
4. Find the best ways to help



4.1 Aboriginal and Torres Strait
Islander people



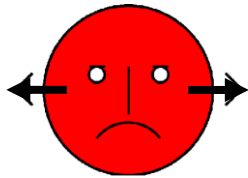
4.2 people who have a disability
and
a mental illness



4.3 People that live

- in the country
- in the towns

and



4.4 people who have done the wrong thing.

Like they may be



- in trouble with the police

or

- in jail.



5. What are the best ways to help people

who also



- take drugs that are **not** legal
- drink alcohol all the time.



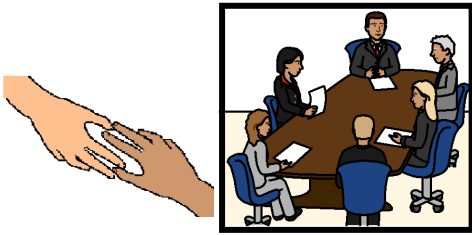
6. Any other thing about mental health services

in Victoria.



A group to help the big study

We call this the Expert Advisory Committee.



This group will help the big study.



The leader is Patrick McGorry AO.

He is a doctor.

He knows a lot about mental illness.



Some of the people in this group must

- be people who live with a mental illness

or



- be a family member of some one with a mental illness

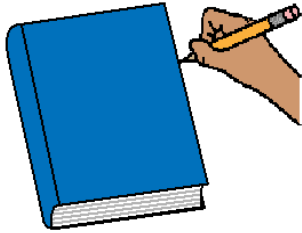
or



- be some one who looks after a person with a mental illness. This is a carer.



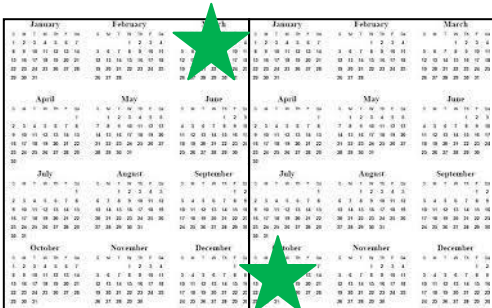
The report



The Commissioners will write a big report.



There will be a report in November 2019.

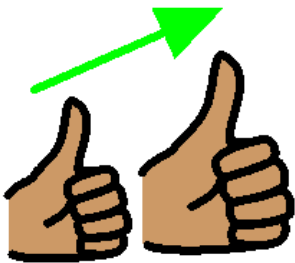


There will be a final report October 2020.



The report must tell us what it is like **now**

- when you have a mental illness
 - for you
 - for your family
 - for the other people that help you
- and**
- for staff.

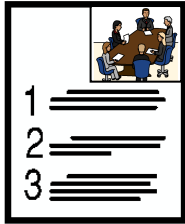


The report must tell us

- things that need to change
- things to keep the same
- new ideas.



More information



The big study has lots of topics to hear about.



This big study has a website.

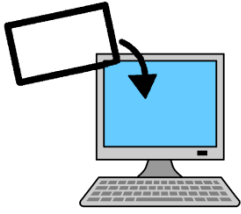
<https://rcvmhs.gov.au>

or



Call 1800 00 11 34

or



Email contact@rcvmhs.vic.gov.au

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Booklet 2 is based on the Terms of Reference for the Royal Commission into mental health services. 22 February 2019.



Access Easy English wrote the Easy English. May 2019.