

2019 Submission - Royal Commission into Victoria's Mental Health System

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Name

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What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Companies working in mental health need to work closer together in care teams instead of hiding funding or trying to do a job themselves then need external organizations

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"What is working is organization such as headspace, more funding to start doing more groups in schools work help link youth and headspace up together "

What is already working well and what can be done better to prevent suicide?

The training is really good let's bring it to more work places that aren't doing mental health

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"On a professional side it needs to be easier to report when something not ok is happening, I worked in residential care and know bad things were happening but when reported it could be investigated internally and covered up."

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

Drugs are on the rise and although there are great programs no one will get off drugs if they are still homeless and struggling to get work

What are the needs of family members and carers and what can be done better to support them?

More time less residential care and going years through the courts

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"Easier reporting, caring for the mental health of workers "

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

In country Victoria not a lot

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"Let's get kids out of resi houses , they are out dated and not helping youth , let's get better paid foster careers or wrap TCP around kids"

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

"Mental health care for the over 65, they is no mental health for the old aged "

Is there anything else you would like to share with the Royal Commission?

"Please look into what's happening to youth is resi care settings, they make be ok in other places but no warrnambool "