Royal Commission into Victoria’s Mental Health System

Interim Report | Briefing

Thursday 28 November 2019
Melbourne Town Hall
11.30am
Guiding principles for Victoria’s mental health system

The Royal Commission acknowledges that mental health is shaped by the social, cultural, economic and physical environments in which people live and is a shared responsibility of society. It envisages a mental health system in which:

1. The inherent dignity of people living with mental illness is respected, and necessary holistic support is provided to ensure their full and effective participation in society.

2. Family members and carers of people living with mental illness have their contributions recognised and supported.

3. Comprehensive mental health treatment, care and support services are provided on an equitable basis to those who need them and as close as possible to people’s own communities—including in rural areas.

4. Collaboration and communication occur between services within and beyond the mental health system and at all levels of government.

5. Responsive, high-quality, mental health services attract a skilled and diverse workforce.

6. People living with mental illness, their family members and carers, as well as local communities, are central to the planning and delivery of mental health treatment, care and support services.

7. Mental health services use continuing research, evaluation and innovation to respond to community needs now and into the future.
‘An often-repeated explanation is that the system has cracks and that people will fall through them. I don’t know if [we were] just unlucky to continually step on those cracks, or if the cracks were so wide that you cannot avoid them’
Average annual growth rate of Victorian Government expenditure in mental health services, public hospital services, corrections services, school education services, 2007–08 to 2016–17

- Mental health services: 3.0%
- Public hospitals: 5.5%
- Corrections services: 8.9%
- School education: 9.4%
Proportion of population receiving clinical mental health care, states and territories, 2007–08 and 2016–17
3,267 submissions in total

- 57% of submissions were about access
- 73% of submissions were from individuals
- 63% of individual submissions identified their gender as female
- 6% of individual submissions were from youth (18-24)
- 40% of submissions were about navigation
- 13% of submissions were from organisations
- 23% of individual submissions identified their gender as male
- 32% of individual submissions were from adults aged 25-44
- 37% of submissions were about suicide prevention
- 13% of submissions were from groups
- 1% of individual submissions identified their gender as self-described
- 37% of individual submissions were from adults aged 45-64
- 10% of individual submissions were from adults aged 65+
Changes in the annual number of suicides and road deaths, Victoria, 2009 to 2018
Next steps

• Final report to be delivered by 31 October 2020

• Will contain the majority of the Commission's recommendations

• The Commission’s final report will provide a blueprint for transforming Victoria’s mental health system and improving the lives of people living with mental illness, their families and carers

• Contributions from the community continue to inform the Commission’s deliberations

• Further public hearings in April and May 2020
Visit the Commission's website for a copy of the full interim report

rcvmhs.vic.gov.au