

2019 Submission - Royal Commission into Victoria's Mental Health System

SUB. 0002.0018.0035



What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Give them a chance they didn't ask for the disease.

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

Nothing is really working. Gov. needs to put more money into mental health with better education and rehabs. to get support and treatment.

What is already working well and what can be done better to prevent suicide?

By the amount of suicides in Australia nothing is working. More money and education.

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

Do not shut the parents out just because your child is an adult. We get no information about their recovery in hospital because of the privacy act. How can someone with a mental illness decide? There is no information about services provided for you in the hospital.

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

Education.

What are the needs of family members and carers and what can be done better to support them?

Communication with doctors. No privacy act.

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

More money.

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

More housing with the support of their mentor to help provide social and economic skills instead of just dropping by to say hi.

Thinking about what Victoria's mental health system should ideally look like, tell us what

areas and reform ideas you would like the Royal Commission to prioritise for change?

Housing if you are released from mental health hospital and put into a boarding house they have no hope of getting better.

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

Lots of money and people who no what there doing.

Is there anything else you would like to share with the Royal Commission?

I was pretty disappointed with the last episode of my son being released from hospital we were not informed he was put into temporary lodgings? till he found a place to live given only 1week to find a place but in that short time he got scabbies over his whole body was covered because the place the hospital sent him to was so dirty they were sorry not good enough.