

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Miss Vivienne Kane

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Inpatient stays model needs to change. Nurses need to be more educated and be patient focus and actually interact with the patient. Doctors need to be more transparent more talking therapy should be used instead of pumping people up with drugs that they may not need. Proper programs in the hospital should be formed a jam packed day for people in low dependency. Right now this mental health system needs to change many things are going wrong. Alfred health inpatient needs to be looked at. Being in a psych ward should be a good thing not a bad thing with holistic approaches .

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

Should always be Client centred

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

N/A

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

They should be better supported by supporting patients in the best way possible that's how you support the parents .

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

N/A

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

Mental health wards need to change

Is there anything else you would like to share with the Royal Commission?

Some psychiatrists shoudnt be psychiatrists