

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

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N/A

Name

Anonymous

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"i find it hard to even select anything with Mental in it- feels like a sales pitch every time i look at it, all i see is bad people, pushing a mental agenda, sry, just the way it is, but there's only one thing that's gonna fix what we've got, and that's Daniel Andrews taking away the arrogance and the power, by changing the law that allows coercion, that's the only thing that will even the playing field, make everyone truly equal, like now ""im begging you to see"" to try to stop your torture, you cant see your doing cause you've been convinced its OK to do- so dont see what your doing the right way, but the wrong way youve been taught, is ok- but then, they can be like any other Doctor, cause no one, no matter who they are, should terrorize anyone like Ive seen you doing to people in bins, to me its the lowest of lowest things, for a starter, to mess with a persons mind, intentionally, using drugs, apart from how its done, imagine if street drug dealers did that, forced their drugs down throats, they be getting a lot more than a couple of years if they did, that's for sure, yet that's exactly what your doing, and getting away with, in fucking law-a [REDACTED] got 3000 insane effects in it, and whilst its got that, im sorry, but there's no way i can call anyone anything when they've got one of those in them, not honestly, i cant, no ones ever answered that in MH, but its really undeniable , the same as calling someone a tripper when you've shoved an LSD down their throat-so i don't, and cant really know, who's really anything, and to be honest even if i could, i wouldn't want to, if there's even a hint of difficulty in them, then that just means, you care more, like auto, people need feeling loved, that's all they really need, care, attention, respect, love, etc, although love covers the lot, but your kind of love, doesn't get to all of them, judging them, drugging them, only 45%, pretend as much as you like, but that's under half, and funny enough just like the stats say, they say it doesnt matter who it is caring, from a garbo to an oxford scholar- they've all got a 50/50 chance of helping, provide theirs a good relationship between the two, that's the reality of the survey i read over ten years ago,, and you need to humble yourselves a bit ,your as good as a garbo, do you get that- if not- get it- cause your the bin, and for some people, the help they seek, want, will accept, only comes in words, time, maturity, education, learning, understanding, enlightenment., they just don't know yet, their immature, that's all, lost in amongst it all, the growing, the getting stuck, the drug scene, alcohol, relationships, the whole deal, they know their pretty lost in it, they know they've messed with drugs, they know are effecting them, that's why they've come to you, hoping to be found, shown the way with words. like we've always done, and preferred, please get it-- we don't want to be drugged- let alone forcefully. full stop, or tagged like cattle. we've got lives to be lived- friends to keep- and were losing all that because of what your doing to us. not the 45% OK- your OK with them, and good on you and them- just wre, the 55% arent them, and when we tell you that you better bloody well believe us- or this is what you always get for it- angst. despair- trauma- just like i've got, and im just the father parent, watching the damage get worse every day, as the brain damaging drugs work their magic, take away every ounce of confidence and security, and scrambles their brain a bit more every day, damages it a bit

more every day."

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"what works well is just being humane, you cant prevent people going into their heads, you cant prevent people messing other people up, families messing families up, people learn from what their shown, and how their treated, what their told, example, everything we think do and learn, pretty much, example, so an example of intolerance arrogance and violence abuse by MH- is why the worlds in such an angry disillusioned and sad place, cause their meant to be the love. and the tolerance, the understanding, the words and the light that helps them see, find their way back to them, not find their way to a drug deal, that's a drug assault, with physical violence, on them., or a life without any life in it, only the insecurity the drugs and the names make you feel, the vegetated drugged mind state, that's not real, its false, unreal, why would you put someone there and leave them there, and act like your helping them, when their telling you your torturing them, destroying them and their life? where they cant and don't want to be, when they don't even agree with the diagnosis, or the treatment, when their telling you im not mad, and please dont call me that, i took you to court for that at [REDACTED], the judge said she couldn't legislate that people be or act decently. towards others. That's a fact."

What is already working well and what can be done better to prevent suicide?

"too late for that- you've already got that wheel well and truly turning, not gonna be easy stopping that, that's all the abuse to a third of society, i know that in my heart and soul, and my mind, its so obvious to me, how to put that into words that show you that, im not sure i can be bothered,, and even if i did, could, you've already got your back up and your ears have probably already closed, so ill just leave it there. you wont see it cause your it.YOUR misery spread of ""SICK TO THE WORLD""> to the planet, and people, is what's making them kill themselves, like no other time in history, why, because your telling them every day their sick, diseased , mental, and ill, im pretty sure you don't need a diploma to see the connection, its as clear as clear could be. "

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"1/you do. 2/ stop doing it.,its called misery look find see, treated, with ""coercion- poison""."

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"you again- stop it again. people want talk care- <https://www.globaldrugsurvey.com/gds-2019/> -- 75% don't want what you give them, you know that, we all know that now, like it says in that study of 85,000 people from all over the world- including Australia-- we don't want you and what you do- get it. 75% of us don't want you."

What are the needs of family members and carers and what can be done better to support them?

"just by acting humane and caring with compassion and empathy- the whole family is already getting the best care they can get, provided you've got love in your heart, and you do your best to waylay their insecurities and bad or unhealthy thinking, with words that help take the load off and guide them to a better understanding and way of seeing, whats usually either just immaturity-

caught up with and in a bit of trauma, more than often with temporary, street drug effects, on top of it all."

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"you have to be way more rehab oriented, healing recovery oriented, not bins, and rubbish oriented, throw them out, call them rubbish, put them in a bin, thats gotta go, it just brings everyone down, the hospital staff, nurses, even the doctors, all need to heal people, help people, 100%, not 45%, killing 55%- after all, its just common sense and care, make someone feel bad, we all feel bad- makes someone feel good- we all feel good, and your doing bad- its as simple as that, the score board should tell you that alone- dickheads. look sry, but if your going to use coercion, id understand if it was to impose a wellness on someone, but to impose an illness on someone, and then drug them with it- forcefully-now thats sick. and thats going to make everyone sick without a doubt, sry, 45% lie down, i know that ok- but your still left with the 55% telling you what your doing to them is wrong, along with their families, do you really think thats ok- when their all telling you not to, in angst and despair- when you treat some people like that, their not going to lie down, and accept someone elses misery see view of them, when its wrong to start with, cause their drug effected, and born out of an arrogance that hasn't even heard or seen their drugged immature position- place-head space- but called it real- and then force drugged it, when drugs are the problem, and the last thing your supposed to add to someone already effected by street drugs, and your acting criminally towards them with violence, unethically adding drugs, to a temporary drug effected condition, abusively and unethically, to knock them out violently, so they get the only cure their is for a drug induced psychosis- SLEEP- but only to be on way worse alienating drugs, but taking the credit for what all rehabs do without coercion or any forced poisoning, or anyone can do, if their clued up on what to do, and say, to help people effected and psychosed on drugs, find their way home, back to the real, them, that's lost in a temporary drugged mind state- that's all. so if it was a healing recovery oriented MH system- non coercive- everyones going to feel good, not bad. just how it is- and always will be whilst you think, coercion is OK, its not- sorry, but its not. Never for a first episode, we all know the junkies need topping up OK- and we all know youve got 45% BELIEVERS- SO FOR THEM, IF THEIR OK, IM OK, BUT IM NEVER GOING TO BE ok- AND YOU MAKING 55% NOT ok. AND NEITHER ARE YOU- IF YOU CAN ONLY WAKE UP TO THAT FACT, YOU CAN MAKE IT GOOD FOR EVERYONE, INCLUDING YOURSELVES."

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

"the opportunities are the same for all of society, a job comes up, people turn up- apply- they pick who seems the most likeable, pleasant, motivated, up, awake, then someone fills that position, par for the course, just the last people their going to pick is someone tired looking, on psyche drugs, or any drugs, thats why no drugs are always better- and only ever, short term, drugs put people to sleep and steal their confidence- how is anyone going to be able to work when they feel alien and tired all day long, when they need to sleep between 12 and up to 16 hrs after an injection- is this a smart ass question or something, any one of you, just ask yourselves this one question- how could you work when you've only got 8 to 10 waking hours a day, and not the 16 17 you've got now, to make ends meet? to even get up, or get there, and keep that job, or to have a life, ? seriously.!"

Thinking about what Victorias mental health system should ideally look like, tell us what

areas and reform ideas you would like the Royal Commission to prioritise for change?

"just like a rehab, give one a ring and ask them what they do if you really want to know, or want to consider it- ""recovery"" the real deal, not the one you only added to your vocabulary- reluctantly- falsely- pretentiously-- six or seven years ago, when you were just trying it on for size, knowing how good it actually made you all feel- that's where you've got to go, go back to, back to before it was stolen off psychology, by psychiatry- way back in the late 70s early 80s- and never ever with coercion. coercion noun: coercion; plural noun: coercions the action or practice of persuading someone to do something by using force or threats. synonyms:force, compulsion, constraint, duress, oppression, enforcement, harassment, intimidation, threats, insistence, demand, arm-twisting, pressure, pressurization, influence."

What can be done now to prepare for changes to Victoria's mental health system and support improvements to last?

" yeh- the law is the only thing that can and will make lasting changes- you have to lose the power to coerce, its as simple as that, your harming over half 55% of the people you coercively treat- theirs and their families report to you, tells you that- and because your doing that in good faith- under an indoctrination and a guidance by the authority leaders, unethically- abusively- arrogantly- violently- always have- still are- and see it as OK- you have to lose that power- there's no other way around it- or other way to fix it- unless your all going to wake up tomorrow cured- and your not. So Dan- do it. make MH OK- permanently cause they just don't know how to- when its clearly in their face- their wasting millions on this, and still continuing with their abusing violent ways.as reported by 55% OF THE people, their claiming to be helping- on top of being told their abusing them.when thats insane and bent in itself- so whos really looking after the insane- or the not insane- the insane are."

Is there anything else you would like to share with the Royal Commission?

"yes- id like to share the story with you- ill try to make it a few sentences- even though i reckon i could write for six days straight about it, but it started with my just turned 18 yr old daughter getting caught up with the wrong people, and ending up methamphetamine psychosed a temporary amphetamine psychosis it's called- that i myself had experienced at least twice from myself in my life, and never had any trouble coming out of, or down from, because i had the right advice, care, and people, to help me, so i knew and know myself how to care for people suffering from exactly that, trouble was, i was estranged from the mother, and she had a new house, so i wasn't the flavour at the time- and she had brought these mad people with her back to the mums, very awkward and difficult situation, i wasn't over concerned cause i knew sleep would fix it and her up- so i had to leave where i was out of place- not welcome, but i made sure everyone knew, to try to help her get to sleep- dont excite her, talk too much, loud, be chilled- talk chilled- keep her chilled, and explained what that would do, why, and how that would fix her up- fix everything- they assured me they would - but didn't- they intentionally amused themselves, like they had, and did in the days leading up to getting to the mothers house, where they took her to the bin- from- when i got there to see how things were going after the sleep she needed, it was too late, they'd already taken her to the bin-so i rang the bin before going down there to make sure they knew what was going on- what had happened , and to make sure they didnt add any drugs, or imagine any shit they might have thought was there because of the fact she was still speeding and hadn't slept for 4 to 5 days, i was asked how old is your daughter, so i said shes just turned 18 mate, to which he said- word for word- in this real i win smart ass voice, when i wasn't being mean or nasty- i was a bit anxious , but thats understandable, anyway this is what i got from my first contact, well! ""She's

not your little girl anymore is she- and you dont tell us- ""WE TELL YOU"", and before i could speak, or as i started to- he hung up on me-- within 24 to 48 hrs she was vibrating on [REDACTED] - tied up on a trolley in a straight jacket- with love, i sat in on a meeting with a youngish female psychiatrist- who kept asking bent questions to her- when she was tripping on haloperidol and [REDACTED] - whwre she told this psyche god said everythings going to be alright- that she undermined her religeous beifs with by saying thats unwell in front of her to me, to which i said no thats her trying to save herself and you at the same time- of course that annoyed her, cause i didnt see what she wanted me to see, and i had a different way of seeing whaT SHE WAS SEEING, AND WASNT SEEING- IT WAS ABOUT THE BEAUTY OF MYNE COMPARED TO HER, SHE FELT CHALLENGED ABOUT, SHE WAS SO PRISSY, BITCHY, AND INTO HERSELF, AND all SO OBVIOUS, that was Monica just trying to let her know ive got communication with the saviour- the real saviour- not you- and hes told me- which is what she been indoctrinated into is reality- not false or myth- when our own inner voice speaks- through our learning and our faith- we are taught to speak to god- and are taught god speaks to us- and here she is tripping on [REDACTED] and [REDACTED] - needing to save herself from the people doing it o het- very understandabel to put god before you0- in ou you0- out of you- eoecially when your tripping and in sucj a need for gods help , against this evil force- your trying to inform gods watching- and he loves you too- so what are you doing to me, thats pretty much what she was saying, anyway, that only mtters cause of what they because of their imagining, the imagining itself is just a head trip by a bunny to me- someone unevuilved, not aware- or in the know, who couldnt even speak english or properly understand it- thats what we got deciding we were mad cause god sopke to us- when thats what were taught to see and acknowledge- and thats outside of the fact she was still speeding, but had other drugs now adding to th trouble or condition- sure they knocked her out eventually- enough to get the sleep that cured and heald her- that i saw with my own eyes as the amphetmine absolved from her body and mind, but only to be replaced by another mind bending drug, that neggise them out, shuts them down, and makes them vibrate because of all the poison in it- and makes them insane because of all the insanity in it- sad because of all the depression in it- so what happened was they called her ""real mad"" and not drug psychosed like she was- within 24 hrs- knowing the report was a temporary amphetamine psychosis- so lets get real about it- you call her insane- wrongly- then unethically treat her for something shes not-- that you then addict her to, knowing shes going to go mad going on it- that you even admit happens, then you want us to believe that what youve tagged her and rugged her with is her- when its all drugs and you and your misery- your imposing on her- putting into her mind and body- and then expect us to just do the three bags full, yes sir, no sir, when your criminal towards us- and treating us unethically according to the data everwhere on the interent for the treatment of amphetamine psychosis, other than mental health sites, and when ive been there and know the way home- and have got 14 sites and rehaBS ON THE INTRENET TELLING EVERYONE ITS NOT A REAL PSYCHOSIS, AND JUST REQUIRES SLEEP, AND ""NO DRUGS""- THAT DONT FORGET IVE ALREADY BEEN HELPED WITH MYSELF, AND RECOVERED- TWICE FROM,AND WERE TRAUMATISED BY WHAT YOUR DOING AND REPORTING THAT TO ""you"", AND YOU JUST ARROGANTLY VIOLENTLY CONTINUE- AND DONT EVEN ASNWER PEOPLE- WHO WRITE TO THE GOVERNMENT ALLOWING IT- AND GET THIS, THE SAME THING YOUR DOING- FOR IT- <https://www.youtube.com/watch?v=CXiifFBHj5g&t=4204s> -- 17 YEARS OF CRICKETS- for someone who cant live on your drugs, who never needed them in the first place, whose extremely uncomfortable, and right on the edge, and over the edge, of reality, on them-who goes completely off the edge trying to escape the debilitation and the despair they feel on them, and rightfully so- whose confidence is destroyed every moment their on them a lttle but more every day, the biggest theft abuse and element is their confidence that these drugs totally wipe out- destroy- and whose

brain is being damaged a bit more every day of their life their on them- thats the reality here- might not be yours- but it is mine- i will never let anyone tell anyone their mad when their not- and when youve made them that way with your drugs- when what they are is this-

<http://psychroachesadverseevent.blogspot.com/2009/03/zyprexa-adverse-reactions.html> -- that youve forced into them0- thats who they are- what they are- who theyve become,and they cant even escape it, or you, and no matter what you do or say, nothing will ever change that, and what sort of father would i be if i let you get away with doing that to my own flesh and blood- im ashamed with myself as it is- its been 17 years, and i haven't been able to stop your abuse, poisoning, destroying her life, and all my families in the process- you see there is no way anyone can accept any madness whilst their on your drugs- its not possible until you take them away, safely-, if you do that and the madness you claim they are- stays, doesn't improve, only maybe then- but never when you've drugged them quite clearly with it- as 55% report you have, and do, just like i am- i cant possibly let that 3000 inanity in a pill you've got down her throat- or injected- say who she is- cause its not her- its her alright, but her effected by you and your poisons- adversely- in a mind body and soul debilitating way- do you get that, thats not her, thats how youve made her, and are keepingthat creation alive by piusoning her ever fouteen days by an injection, she or no one can escape without going fully mad- and you expoect people and families to acceot eating inasnity in a pill, is going to make them happy and sane- when it makes them unhappy and insane, sorry, that makes you animals , to me. makes whatever you call my daughter a lie- 100%- the saddest part is- we cant undo the damage you've already done, and we haven't got what we had, that would have, and what we needed, gets further away, every injection brain damage day along the track- you've forced her/ and us onto.. families feel family pain, not just their own. you hurt one you hurt all."