

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Mr John Wood

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

This suggests an imbalanced relationship between the users of mental health services and others. Peer support may be the remedy but may not address the root cause.

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

There are important relationships in the mental health sector allowing accurate focus to address fundamental issues in mental health. By the same token more can be done in terms of integration of the various components contributing to recovery.

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

Meaning is the most important facet of person's wellbeing. Without it direction subsequent purpose and subsequent motivation may be lacking hence the person will not be helping themselves and may be incapable of being helped. Guidance may be required or revelation to discover meaning. It appears most people encounter mental illness services in crisis. There is more to be done in prevention and early intervention returning to the same point regarding integration. The service should be taken to the user.

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

N/A

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

N/A

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

N/A

Is there anything else you would like to share with the Royal Commission?

"in terms of the most conducive circumstances leading to recovery, here is my order of priority: Meaning Housing Relationship - close personal, community or spiritual Health care (includes supportive community) - must be integrated Employment Ongoing maintenance of all of the above and anything else not included "