

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

mrs kristina ademi

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Listening to people and hearing them! People are not subjects

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

As far as I am concerned NOTHING is working NOW!

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

One hand does not know what the other is doing!

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"In my opinion, there are no communities with poorer mental health outcomes!"

What are the needs of family members and carers and what can be done better to support them?

Just respect them!

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

Better education!

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

If there is care there is a way!

Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"The health workers, psychiatrists knowledge care Primum non-nocere!"

What can be done now to prepare for changes to Victoria's mental health system and

support improvements to last?

Just listen to people no subjects!

Is there anything else you would like to share with the Royal Commission?

I would love You will listen to my experience with Mental Health