

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Mr Michael Barr

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

"In the 1990s the State of Victoria Mental Health facilities were closed down e.g. Monk Park, Lardundel Parkville for a run for cash for land. It was said that people with mental health issues would be better looked after in the community or at home. It was noticed in the UK England etc that they had already tried this but failed in the 1980s 1990s and were in the process of building new mental health long term units. So in the last 25 years we have seen people with mental health issues sleeping/ camping in the city of Melbourne outside shops houses with no place to live. A increase of crime 100% fold. Poor police shooting people with mental illness with knives either un trained or lack skills being able to cope. who are very unwell at the time not taking their medication and end up taking risks because they are unwell and not being supervised correctly. I have a friend who at age 26 jumped off Doncaster shopping and killed them selfs. The mother was doing the best she could to look after her son. My mother in law and sister in law both being looked after by a 80 year old mother who can hardly walk her self but has been told that when she pass away that there is no where for her children to go. Time and Time again its the same story. People with Mental illness are given 3 or 4 weeks health care then put back into a broken old system in the community that the Health system at the time knew would not work. "

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

Very little is working well but the improvements in some medications. The CAT team needs the help of the police that are already stretched out them selfs. We need to build a few more long term accommodation for people with mental illness so they have a address and a long term place to stay. The State Government is working back ward taking religious education out of state schools were at the very least young children get to know there is a loving GOD out there who cares for them and loves them when there parents are getting a de force at the time and hitting them and taking their frustrations out on their kids. Daniel Andrews is putting the Mental Health of ALL Victorians backwards. Education in schools FOR GOD SAKE BRING BACK RELIGIOUS IR INTO PRIMARY SCHOOL.. Children need to know they loved by a loving GOD who is there for them.

What is already working well and what can be done better to prevent suicide?

" Its a disgrace when after a mental break down often its very hard to find a number to ring or the services you are looking for is closed for the day or its not in your region. or you have to wait for hours or ring back another day. The eCat team people cant help if its a emergency because the police are busy that day. We could do better with the media The crap on TV after 6 pm is a risk for any body to kill them selfs even if they are sane or mentally unwell. TV is very negative the language the lack of respect for life murders, down grade of morals sex, violence crime. Complete disrespect for human life. No wonder people feel they have no hope in life. There is hope and its "

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"The Government is moving more and more away from God in our schools on parliament trying to take THE LORDS PRAYER out of parliament. when they should be trying to bring back God. People are depressed because they are thinking of them selfs to much Evey thing is Me, I My Selfie etc. Th esecert of getting out of depression knowing God loves them.. To go help others who are worse then you in a volunteer as pect or go to a nursing home an d go and talk to some one who is lonely. "

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

"Give your time to the poor in the community. Help out in the church or parks. People are often stealing know a days not because they are hungry but because they are driven by materiel items like I phones and smart TVs. I want, I must have this to make me happy. It should be i want to help others worse then me. "

What are the needs of family members and carers and what can be done better to support them?

"Bring back Christian broad casting and advertising that was on in the 1970s 1:00Christian Television Association - 1989sporo28YouTube - Oct 3, 20111:00Christian Television Association advertisement (Australian ad, 1980)AustralianAdsYouTube - Dec 10, 20071:01Christian Television Association Ad - Three Pockets In My OverallsBen WaterworthYouTube - Jan 9, 2010"

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

<https://www.youtube.com/watch?v=578Q3J8TYKM>There too much paper work in the system and treats if you take to much sick leave or un well your self.

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

The Victorian government is in a sad sorry state every where you turn there trying to take God away in Parliament push homosexuality in schools push euthanasia. There s no light of God. No wonder there is a lack of rain and suicide is so high.

Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

"Bring back Long term accommodation into health, Criminals should get higher sentences for there crimes thats why there is so much crime an dpeople are depressed the crime system is not right."

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

"Long term accommodation for those mentally ill.like Monk Park, Laundundell Parkville. "

Is there anything else you would like to share with the Royal Commission?

BRING BACK GOD INTO OUR STATE AND SCHOOLS AND HOSPITALS AND COURTS