

2019 Submission - Royal Commission into Victoria's Mental Health System

Organisation Name

N/A

Name

Mr Christopher Stavropoulos

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Don't listen to just family and friends. Listen to the community

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

Nothing

What is already working well and what can be done better to prevent suicide?

Music and independence

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

Acceptance in their strengths and the industry they choose to be in

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

Propaganda

What are the needs of family members and carers and what can be done better to support them?

No

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

better environment

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

none

Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

none

What can be done now to prepare for changes to Victoria's mental health system and

support improvements to last?

improved ministry system

Is there anything else you would like to share with the Royal Commission?

N/A