

# 2019 Submission - Royal Commission into Victoria's Mental Health System

## Organisation Name

N/A

## Name

Mr Vikein Mouradian

## What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

N/A

## What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

N/A

## What is already working well and what can be done better to prevent suicide?

N/A

## What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

N/A

## What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

## What are the needs of family members and carers and what can be done better to support them?

N/A

## What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

## What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

almost non-existent. Mental ILLNESS has very strong elements of stigmatization attached to it. It needs to be DESTIGMATIZED if mental illness sufferers are to improve their social and economic participation in society .

## Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

N/A

**What can be done now to prepare for changes to Victorias mental health system and support improvements to last?**

N/A

**Is there anything else you would like to share with the Royal Commission?**

Psychiatry NEEDS TO MOVE AWAY FROM ITS PUNITIVE REGIMEN except where it is absolutely necessary and adopt a more people centered tailored approach .Fitting more easily with the person's individual needs.

1. To the Royal commission on mental health Victoria. Melbourne.

2 . The events I am about to refer relate to DR [REDACTED]

[REDACTED]

[REDACTED] Dr [REDACTED] [REDACTED]

[REDACTED]. Dr [REDACTED]

[REDACTED]. The [REDACTED] and

The [REDACTED].

3. Although there are many parties involved the event relates to only 1 ONE event employment as an administrative officer in the [REDACTED] service in the department of the [REDACTED].

4. The offer of employment to the [REDACTED] was unequivocally rejected by Dr [REDACTED] **TOTALLY OUTRIGHT** on the basis of

Medical Grounds. I **WAS TOLD BY THE DELEGATE TO**

**THE [REDACTED] at the**

[REDACTED] **“ WE WILL NEVER EMPLOY HIM’.**

**AS in NEVER NEVER. The Real NEVER not the fake never.**

**THE NARRATIVE.**

5. I sat for the [REDACTED] Exam in the early 1980's around 1982 or 1983.

6. I achieved a reasonably good result in the above exam. As evidenced by the fact that I was initially offered employment in the [REDACTED] and then Subsequently offered an alternative position in the [REDACTED]. This was a good result as I believe you needed to have a higher school certificate to even be eligible to sit for the Test. Which at the time I had not fully completed. Despite this the [REDACTED] continued to offer me employment in the [REDACTED] office.

**7. MY PROBLEMS STARTED HOWEVER WHEN I STARTED CONSULTING DOCTORS.**

**8. DOCTORS PROVED TO BE THE MAJOR STUMBLING BLOCK in Blocking my path to better things and greener pastures. As I was working as a tram conductor at the time and desperately wanted out of that Job.**

9. Even though I did not have to see a DOCTOR in order to obtain or accept the offer of employment in the [REDACTED] office. **PRIOR TO STARTING MY EMPLOYMENT AT [REDACTED] in the [REDACTED] office.**

**That is I could start my employment with the [REDACTED]  
and see the DOCTOR AFTER I STARTED  
WORKING AT THE [REDACTED].**

**10. Stupidly and foolishly I decided to SEE THE DOCTOR BEFORE I  
STARTED WORK IN THE [REDACTED]. This proved to be  
my undoing and the major reason as to Why the  
offer of employment by the [REDACTED] was withdrawn.**

**Due to the deliberations of DR [REDACTED]  
[REDACTED].**

**11. I thought DOCTORS were there to HELP  
PEOPLE. They constantly CROW ABOUT the  
benefits of obtaining employment and keeping it in  
order to fulfil a productive and fruitful life.**

**12. Yet in PRACTICE I FOUND that ALL THREE  
DOCTORS DR [REDACTED] DR [REDACTED] DR**

██████████ ██████████ PSYCHIATRIST . ALL PUT  
FORMIDABLE OBSTACLES and used ALL OF  
THEIR POWERS TO ENSURE THAT I DID NOT  
OBTAIN EMPLOYMENT AT ALL WITH THE  
██████████ .

**13. Not only for the present BUT FOR ALL TIME.**

**14.**I visited DR ██████████ in his office for my medical examination.

15.It seemed to me and became clearer to me as the Medical Examination progressed  
that he SOUGHT TO DELIBERATELY FAIL ME IN THE MEDICAL EXAM so that  
I WOULD NOT GET THE JOB AT THE ██████████ OFFICE.

15. Let me explain Why, In the medical lexicon there is what is CALLED  
THE BABOU REFLEX TEST. THIS IS WHERE  
THE DOCTOR HITS A PORTION OF YOUR  
KNEES OR KNEECAPS with a HAMMER. And  
upon doing so your LEG IS SUPPOSED TO MOVE.  
Like a little JOLT . Or a retraction of your knees.

**As the name suggests it is a test of your REFLEXES .  
Or nerves. IN MEDICAL TERMINOLOGY IT  
WOULD BE CLASSED AS A NEUROLOGICAL  
TEST.**

**16.DR [REDACTED] kept hitting my knees with the HAMMER AT LEAST TEN OR  
MORE TIMES. BUT UNFORTUNATELY every time he hit my knees with the  
hammer MY LEG WOULD NOT MOVE.**

**17. It could well have been that HE MAY HAVE  
BEEN HITTING THE WRONG SPOT. It became  
clear to me that he was doing this deliberately and  
on purpose. The fact that my LEG WOULD NOT  
MOVE was in my view not because of an  
UNDERLYING NEUROLOGICAL CONDITION  
OF MINE. As I was only in my early 30's and I am  
65 now. I had no underlying medical condition AT**

**ALL AT THE TIME and would consider myself to be MEDICALLY FIT as per the definition of any form of MEDICAL DIAGNOSIS MANUAL.**

**66. It may well have been that as I had worked NIGHT SHIFT the previous night as A TRAM CONDUCTOR I was sleepy and HIGHLY FATIGUED. As the Tramway shift did not end until at least 1 AM the following day. And I was in his office at around 8 AM the next day.**

**67. BUT DR [REDACTED] was cunning to the nth degree. He fixated on this BABOU REFLEX TEST which was not going as expected so that he would fail me in my medical and give the JOB TO SOMEONE ELSE.**

**68. The medical exam for the [REDACTED] considers the GENERAL AND OVERALL MEDICAL HEALTH OF THE INDIVIDUAL. Adjusting somewhat the medical standards dependent on the nature of the JOB that the applicant was hired to perform.**

**69. My job as an administrative officer at the [REDACTED] would not have required a VERY HIGH DEGREE of MEDICAL HEALTH. As most of it would be undertaken sitting at a DESK. There are no real heavy duties involved as such. The BABOU TEST and performance in it is somewhat a little irrelevant in view of the nature of the JOB that I was being offered,**

**70. Understandably if I was applying to work as a police officer or a operational Customs officer in THE APS then my neurological status would somehow**

carry more weight. BUT NOT IN THIS INSTANCE [REDACTED]

[REDACTED].

71. His fixation with the BABOU TEST and his delight at the outcome clearly showed to me that HE WAS DOING EVERYTHING IN HIS POWER TO FAIL ME IN MY MEDICAL EXAM. The Medical exam in this instance only required one to be medically FIT. Which as I was at the TIME.

72. Upon the conclusion of the medical exam he then asked me if I had seen any other doctors and to give me their name and address as he then would be able to obtain further information about my condition.

73. I then volunteered the names of two Doctors that I had BRIEFLY SEEN. One was a DR [REDACTED] which I had briefly seen 2 or at the MOST NOT MORE than 3 TIMES. He was a PSYCHIATRIST practising with HIS BROTHER a PAIN SPECIALIST in [REDACTED] [REDACTED] MELBOURNE. The Other was a DR [REDACTED] who was NEUROLOGIST practising from the PRIVATE ROOMS OF [REDACTED] [REDACTED]. This involve only 1 VISIT and no

**more. In summary 2 or 3 visits with the psychiatrist  
[REDACTED] and 1 visit with the neurologist DR**

**[REDACTED].**

**74. Upon giving him the 2 names I subsequently received a letter to my HOME**

**ADDRESS signed by a DR [REDACTED] [REDACTED]**

**[REDACTED]**

**75. In that letter he demanded that I sign AUTHORISATION PAPERS so as to enable**

**[REDACTED] to contact the above 2 Doctors [REDACTED] and**

**[REDACTED] so as to obtain further information about my health.**

**76. The letter was more in the nature of a forceful demand rather than a friendly  
request to authorise me for the 2 doctors to give information about me.**

**77. I reluctantly signed the authorization papers granting [REDACTED]**

**[REDACTED] to obtain information about me.**

**78. I DID NOT THINK THAT THE REPORT FROM DR [REDACTED] would be  
favourable to me . AND SUBSEQUENTLY I WAS PROVEN CORRECT.**

**79. While the REPORT FROM DR [REDACTED] was FAVOURABLE and found no  
UNDERLYING NEUROLOGICAL CONDITION pertaining to my health proved to be  
in the normal range. The PSYCHIATRIST REPORT FROM DR [REDACTED]**

**WAS ALL NEGATIVE. HIS VIEW WAS**

**THAT MY CONDITION WOULD NEVER  
IMPROVE NEVER AS OF NOW OR IN  
THE FUTURE . AND THIS BEING THE  
CASE I SHOULD THEREFORE NEVER  
BE EMPLOYED BY [REDACTED].**

**80. As for the FAKE BABOU REFLEX  
TEST the neurological report seemed to  
prove my point that DR [REDACTED]  
fixation on conducting the BABOU TEST  
was purely designed as an excuse to fail me  
in my medical exam . So that I would not  
get the JOB. It seemed too that DR**

## **IMPORTANT NOTE - PLEASE READ BEFORE USING THIS DOCUMENT**

The author of this document has required that any information in this document which would allow another individual to be identified be redacted. Therefore, reasonable efforts must be made to remove all personal information (such as name, address, other contact details) and other information which could reasonably be expected to identify any other individual.

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**██████████ was a personal friend of DR**

**██████████. Which seems to**

**demonstrate that there is a BIT OF A**

**CONFLICT OF INTEREST HERE.**

**81. Subsequently to that I was informed**

**that the offer of employment with ██████ was**

**now withdrawn on medical Grounds .**

**82. Are doctors really interested to have**

**people employed so as to lead productive**

**lives or is such only a façade. As it seems to**

**me Doctors prefer people NOT TO BE**

**EMPLOYED and COST THE**

**AUSTRALIAN ECONOMY in HUGE  
AMOUNTS OF FORGONE TAX  
REVENUE and THE CAUSE OF OTHER  
SOCIAL ILLS. Such as DEPRESSION and  
ANXIETY.**

**83. For in my case DR [REDACTED] IS A  
SIGNATORY in his role [REDACTED]**

[REDACTED]

[REDACTED] **having signed [REDACTED]**

[REDACTED]

**FORM AS TO WHY MY MEDICAL  
CONDITION WAS CAUSE FOR A**

**REJECTION OF THE JOB OFFER  
FROM THE ATO.**

**84. It is interesting to note a relevant section of that form. The relevant section requests the [REDACTED] to state as to whether the ‘applicant should be examined for further medical examination at a FUTURE DATE say in six months time.**

**OR**

**85 . As to whether no further examination needs to be conducted as of now or in the near future. That is the [REDACTED]**

**████████████████████ is asked to indicate ██████████**  
**████████████████████ as to whether his**  
**view of the MEDICAL PROGNOSIS IS**  
**FINAL or IS THE PROGNOSIS more in**  
**the nature of a temporary prognosis which**  
**may be reviewed in say six months time.**

**86. In DR ██████████ view He stated to the**  
**████████████████████ in the applicable**  
**BOX that my MEDICAL PROGNOSIS**  
**As stated by him “SHOULD NOT BE**  
**REVIEWED’ EITHER NOW OR IN THE**  
**NEAR FUTURE.**

**87. That is MY PROGNOSIS as to my HEALTH would NEVER IMPROVE and that the PROGNOSIS of my health he offered to [REDACTED] was a FINAL and DEFINITIVE ONE.**

**88. YES DR [REDACTED] was keen to put the final touches to the FINAL NAIL IN THE COFFIN for me. He was rather very keen to do so as he did not want me to get the JOB AT [REDACTED]. He probably had another candidate in mind to which he wanted to give the JOB TO.**

**89. Upon receipt of the rejection offer I then**

**APPEALED TO [REDACTED] the [REDACTED]**

**[REDACTED].**

**90 . At an initial preliminary conference the**

**DELEGATE [REDACTED]**

**[REDACTED] ANNOUNCED IN**

**CLEAR TERMS**

**91. “WE WILL NEVER**

**EMPLOY HIM’**

**92. These were his exact words.**

**93. While BOTH state and federal governments talk about mental Health and INVEST BILLIONS OF DOLLARS IN MENTAL HEALTH YEAR IN AND YEAR OUT. And assert the need to DESTIGMATIZE MENTAL HEALTH OR ISSUES.**

**94. IT SEEMS TO ME THEY SAY ONE THING BUT DO ANOTHER.**

**95. RECALL “WE WILL NEVER**

**EMPLOY HIM” by [REDACTED]**

**[REDACTED].**

**96. DR [REDACTED] DR [REDACTED] ALL**

**NEGATIVE IN THEIR**

**ASSESSMENTS.**

**97. Whats their plans to LEAVE**

**PEOPLE UNEMPLOYED just because**

**they have consulted a PSYCHIATRIST**

**2 or 3 TIMES?**

**98. They The DOCTORS and all  
medical authorities keep telling us that  
WORK AND BEING EMPLOYED is  
GOOD FOR MENTAL HEALTH as it  
builds SOCIAL CONNECTIONS and  
extracts people without work from their  
“SOCIAL ISOLATION”.**

**99. Of which they the Doctors say are an  
important element in cultivating good  
mental health. Breaking down of social  
isolation.**

**100. But it seems to me they say one thing BUT DO ANOTHER IN THE REAL WORLD WHERE IT REALLY MATTERS.**

**101. Once again I thank the Commission for hearing me out.**

**102.**I believe the issues that I have canvassed have application and relevance for other people and not just myself. I therefore hope that my submissions will help others overcome the many adversities of LIFE that people may face and have to endure.

**103. Because at the end of the day “LIFE IS WORTH LIVING”.**

**103. My name is Vikein Mouradian**

**104. My email address is**

**[REDACTED]**

**100.**