

2019 Submission - Royal Commission into Victoria's Mental Health System

SUB. 0002.0032.0156

Name

Anonymous

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

N/A

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

N/A

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

N/A

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

In remote communities - of the general population - lack of services available or accessible to those in need to help wellbeing and happiness. Indigenous remote communities - lack of appropriate persons to monitor the health of the community and able to communicate sufficiently and sympathetically with the youth of that community.

What are the needs of family members and carers and what can be done better to support them?

N/A

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

N/A

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

N/A

Is there anything else you would like to share with the Royal Commission?

"Yes my interest is borne out of my lifetime experiences. I understand that the focus of the Royal Commission is not on individuals but my attention was attracted this evening by scenes on the tv news showing a young woman who had received treatments in different hospitals. I suggest that my own experience was much worse. In the past year I wrote many letters appealing for some kind of support for myself due to the ongoing trauma I endure because of past misdiagnosis and psychiatric treatments which nearly killed me in hospitals of the Victorian mental health authority. This included lobotomy for which I have never had any help or support. This may be difficult to believe for persons of today who know little of such things. I only heard of the Royal Commission in the past few days and have not had the opportunity to prepare a proper Submssion but I have tried briefly to answer the 6 questions of the Non-Formal submission, separately."