

2019 Submission - Royal Commission into Victoria's Mental Health System

SUB.0002.0024.0056

Name

[REDACTED]

What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

N/A

What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

N/A

What is already working well and what can be done better to prevent suicide?

N/A

What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

A better understanding by all mental health workers in regards to Veterans suffering PTSD. All mental health patients are individuals and should be treated as such.

What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

N/A

What are the needs of family members and carers and what can be done better to support them?

"Family members who care for a mentally ill loved one need the treating mental health professionals to listen to their concerns, instead of thinking they know it all."

What can be done to attract, retain and better support the mental health workforce, including peer support workers?

N/A

What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

N/A

Thinking about what Victoria's mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?

More awareness by mental health services on PTSD.

What can be done now to prepare for changes to Victorias mental health system and support improvements to last?

A questionnaire to be filled out by patient and family member.

Is there anything else you would like to share with the Royal Commission?

"Yes my son who was admitted to [REDACTED] suffering from PTSD,the day before they released him,I begged them to keep him in as he had written a suicide note.They did not heed to my warning.Two days later he attempted suicide.We found him,he stopped breathing on the way to hospital.Five days on life support.He is still with us,no thanks to the mental health professionals.There is so much more to This story,to much to write."