

# 2019 Submission - Royal Commission into Victoria's Mental Health System

## Organisation Name

N/A

## Name

Mr George Wagenknecht

## What are your suggestions to improve the Victorian community's understanding of mental illness and reduce stigma and discrimination?

Mental health is a very personal matter and should be solved without misinformation and respect

## What is already working well and what can be done better to prevent mental illness and to support people to get early treatment and support?

"I have been provided an alternative service at a different location, and decided to use privacy law against my adversaries."

## What is already working well and what can be done better to prevent suicide?

Strategies that enrich personal freedom and greater flexibility of understanding of the individual.

## What makes it hard for people to experience good mental health and what can be done to improve this? This may include how people find, access and experience mental health treatment and support and how services link with each other.

"When mental health workers do not focus on treatment and real terms of recovery they just ""Process"" the patient without due care or understanding of the needs of the individual."

## What are the drivers behind some communities in Victoria experiencing poorer mental health outcomes and what needs to be done to address this?

Psychological issues regarding upbringing and their social network and the over use of recreational substances.

## What are the needs of family members and carers and what can be done better to support them?

"They aren't mentally ill... or if they do have a psychological condition/ reasonable dependency, have it discussed and met"

## What can be done to attract, retain and better support the mental health workforce, including peer support workers?

"Better support networks with refined and proven approaches, to distinguish and deal with abnormalities in various phases of assistance with proven efficacy."

## What are the opportunities in the Victorian community for people living with mental illness to improve their social and economic participation, and what needs to be done to realise these opportunities?

They have the space and nourishment of how healthy people exist so they can better learn and do

most regular ideals of a culture of their liking

**Thinking about what Victorias mental health system should ideally look like, tell us what areas and reform ideas you would like the Royal Commission to prioritise for change?**

More patient control over the system and lessening of the legal forces against the patient where it is reasonable the mental health strategy is without proven substance.

**What can be done now to prepare for changes to Victorias mental health system and support improvements to last?**

Allow greater legal representation over those in the profession of mental health who do not have the strategy to express his or her real concerns whilst truly understanding the predictability of persona

**Is there anything else you would like to share with the Royal Commission?**

N/A