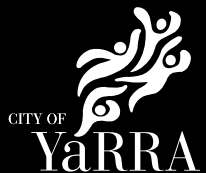




Active and Healthy Ageing in Yarra Strategy 2018–2024

Plain English



Contents

Message from the mayor	3
Our vision	4
Our commitment to Active and Healthy Ageing	6
Ageing is everyone's business	10
Older people in the City of Yarra	11
Ageing at home	12
My Aged Care	13
Bringing our strategies together	14
How we made the Active and Healthy Ageing Strategy	15
Key goals and Strategies	20
Strategies and Action Plan	22

Acknowledgement

Yarra City Council acknowledges the Wurundjeri as the Traditional Owners of this country, pays tribute to all Aboriginal and Torres Strait Islander people in Yarra and gives respect to Elders past and present.

A message from the Mayor

The City of Yarra Council wants to make our community a place where everyone of every age can live well. Living well means feeling included, being active and able to connect with other people, and taking part in everyday life.

This document is our Active and Healthy Ageing Strategy. The Strategy will guide our work over the next six years to support people aged over 50 to live well in our community. From the Strategy, there will be three, two-year Action Plans that list what we will do and when to support older people in our community.

The Active and Healthy Ageing Strategy and Action Plans are based on the goals, needs and dreams of our community. To make the Strategy and Action Plans, we talked with and listened to older people, carers, families, community groups and service providers.

We asked people who live, work and visit our community to share their thoughts and ideas about what it means to 'live well'. To collect people's ideas we:

- ran an online survey
- talked with people at community workshops and events
- spoke to our staff and held a Council-wide workshop.

The Active Ageing Advisory Group (AAAG) supported every part of this project. The AAAG supported the Council to write the Background and Issues Paper and Project Plan.

I would like to say thank you to:

- the AAAG for their work to start and support this project
- older people, carers, families, community groups and service providers who shared their ideas through our survey and workshops
- everyone who helped us to create this Strategy.



Cr Daniel Nguyen
Mayor, Yarra City Council
October 2018

Our vision

The City of Yarra is an Age Friendly City; a welcoming and inclusive community for people of all ages, race, culture, gender, sexual orientation and lifestyles.

We respect the strong voices of older people in our community, value their continuing contribution to civic life; and their right to make decisions on their own behalf. Our environments and public spaces are safe and supportive and our programs, services and policies are responsive to the needs of older residents, with benefits to all ages.





Our commitment to active and healthy ageing

At the City of Yarra, we choose to focus on the positive aspects of growing older, both for older people and the whole community. Some academics now say 'middle age' starts at 50 and goes to the age of 75¹. There is a big opportunity to support older people to stay connected to their community, work and volunteering.

People aged over 50 are part of our diverse community and make an important contribution to our local area. The Council creates policies and provides services that support older people to live well in our community.

The Council is committed to making our area age-friendly by making sure older people can access information, places, spaces, support and health care.

In 2006, we created the *River of Life Positive Ageing Strategy 2007-2016* with a five-year action plan from 2007 to 2012.

In 2014, we worked with the community again to achieve our vision of 'A City for All Ages' and we created a *Stage Two Action Plan 2014 – 2017*.

Active Ageing Advisory Group (AAAG)

The Council started the Active Ageing Advisory Group (AAAG) in 2007. Creating the AAAG was one of the ideas from the *River of Life Positive Ageing Strategy 2007-2016*.

The AAAG support the Council by:

- providing advice on the needs, interests and wellbeing of older people in the local community
- sharing the views and experiences of older people, carers and organisations who support older people
- raising awareness of the issues faced by older people.

There are eight members on the AAAG. The members live across the City of Yarra and have a diverse range of interests and cultural backgrounds.

The AAAG will keep supporting the Council to implement this Strategy and the Action Plans.

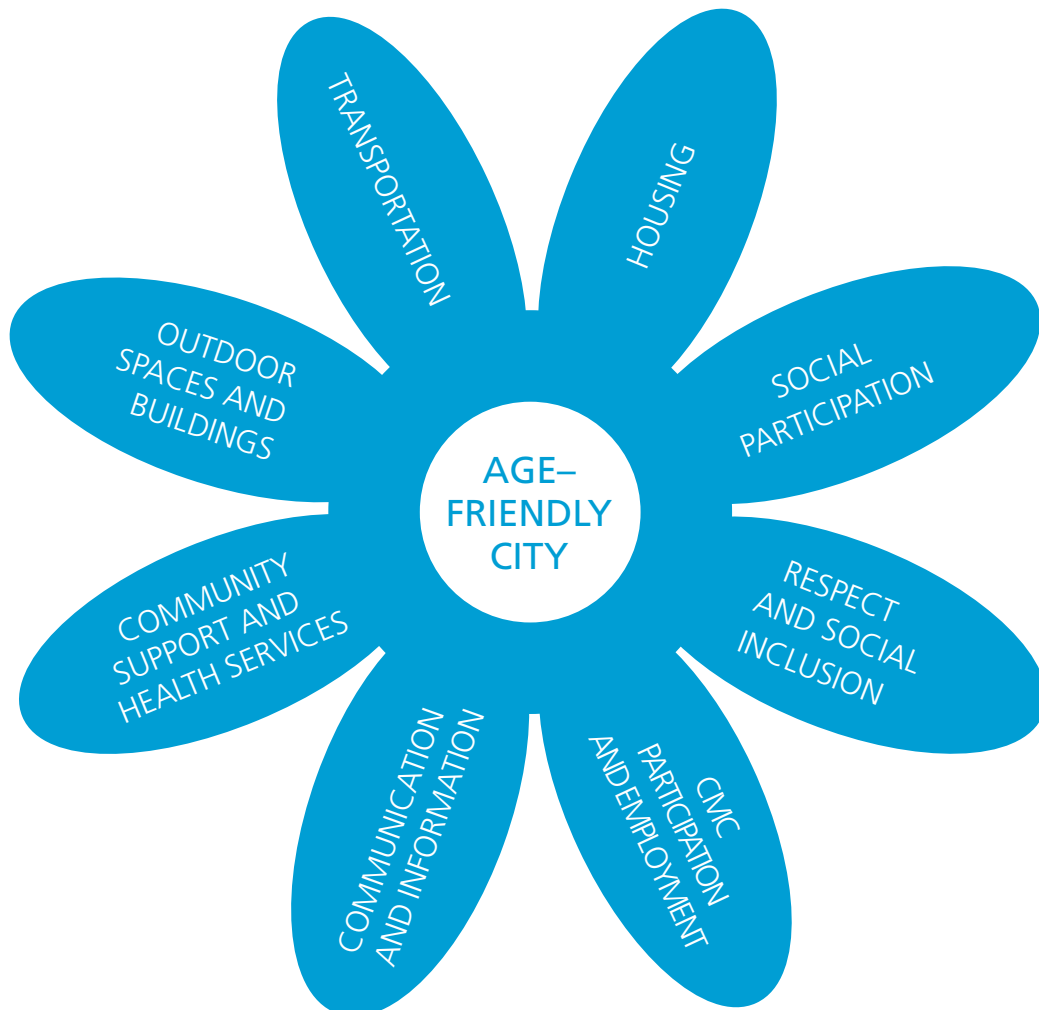
¹www.patriciaedgaranddonedgar.com

The Age-Friendly Victoria Declaration

In 2016, the Council signed to support the Municipal Association of Victoria (MAV) Age-Friendly Victoria Declaration. The Age-Friendly Victoria Declaration is based on the World Health Organisation (WHO) Global Age-Friendly Cities Guide, which names eight domains that affect the quality of life and wellbeing of older people.

Helping to shape local communities across all of the life stages is core business of local government.

Age-friendly embraces much of what councils already do.



Age-Friendly Cities domains

An age-friendly community sees the value older people add to the community and supports them to get involved. In particular, being age-friendly means making sure there are no age-related barriers that stop older people from taking part in their community.

Age-friendly cities give older people opportunities to:

- socialise and connect with others
- work or volunteer
- support their health and wellbeing
- feel part of and give back to their community.

Age-friendly cities are possible when older people, governments, organisations, businesses and services work together.

Under the Local Government Act 2010, the Council has an important role in supporting community wellbeing and creating healthy, fair and inclusive communities.

The way we work as a Council, and the decisions, policies and actions we take, impact people of all ages. Over the years, we have helped older people by providing or supporting:

- senior citizens centres
- community transport
- meals
- assistance at home
- social activities
- recreation facilities and programs
- clubs and organisations.

The eight *Age-Friendly Cities* domains can be used to show the range of support available for older people across the Council. We have used the eight domains to create this Strategy.

Through our Strategy, we want to create an age-friendly community that welcomes and includes people of all ages. By using the eight *Age-Friendly Cities* domains to guide our work, we aim to make policies, services and decisions that support older people to feel safe and included, enjoy good health and stay involved.

The Strategy will be supported by three Action Plans that each run for two years. The Action Plans will be based on the views, goals and needs of older people, the community, the Council and other organisations.

Being age-friendly means:

- focusing on human rights
- working together with the government and community to support older people
- creating a community where people of all ages and abilities are included and respected
- valuing the support older people provide to their local area and their families through work, volunteering and friendships
- promoting independence, wellbeing and quality of life for all people as they age.

Connecting our work

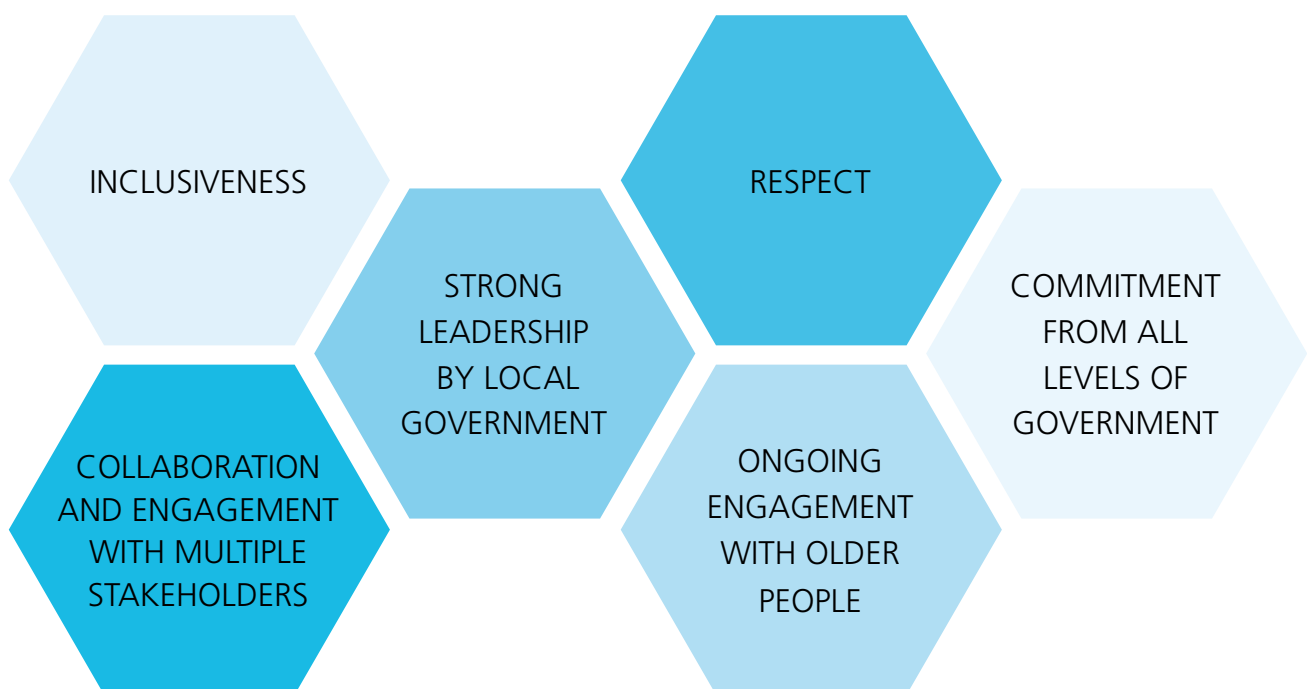
To create an age-friendly city, different areas of the Council need to work together. By connecting and coordinating our work, we can achieve better outcomes.

There are six key themes that will enable us to connect our work:

The work of the Council to support older people is assisted by a range of services including:

- community health centres
- neighbourhood houses
- disability support services
- housing services
- mental health agencies
- hospitals
- drug and alcohol agencies
- churches
- material and financial support agencies.

By working together with these services, we can better support older people in our community.



Ageing is Everyone's business

In 2016, the Commissioner for Senior Victorians released a report *Ageing is Everyone's Business: A report on isolation and loneliness among senior Victorians*. The report looks at the causes of loneliness and social isolation of older people, and shares ideas about how we can make positive changes by working together.

The report says that local government has a "vital role as an enabler" to connect community support for older people who are isolated or lonely. Local governments can support the community by coordinating services, providing venues and connecting volunteers.



Older people in the City of Yarra

24.7%

People aged over 50 in the City of Yarra



4,451

people in the City of Yarra find it hard to speak English



22%

of people in the City of Yarra speak a language other than English

Top languages:

- Vietnamese
- Greek
- Italian



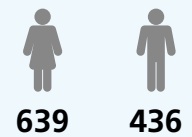
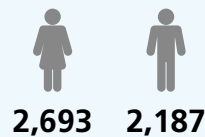
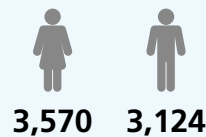
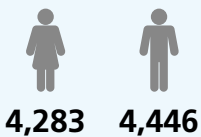
Older women are more likely to have a reduced income from super, often because of time away from work to support their family

50-59

60-69

70-84

85+



There are more males than females aged 50-59, however over time through the age groups there are more women.

The numbers are similar across Victoria and Australia.



Weekly income under \$500

28.4% females
22% males

Weekly income \$500-\$999

47.7% females
38.3% males

Weekly income \$1750 or more

16.4% females
26.8% males



People born overseas

29% City of Yarra
34% Greater Melbourne
28% Victoria
26% Australia

28%



arrived in Australia in the past 5 years

13,357 females
11,970 males

Ageing at home

Ageing at home – also known as ageing in place – is important for many older people.

Ageing in place supports older people to stay at home and be independent for as long as possible, with the help of support services.

The lack of affordable and suitable housing is a challenge for many older people in our community. Housing challenges especially affect people who are homeless or at risk of losing their home, people who rent and people who have assets but a low income.

There is an opportunity for the Council and services to better connect with new older residents to learn from their experiences and provide social opportunities.



Medium and high-density housing

- 85%** City of Yarra
- 33%** Greater Melbourne
- 27%** Victoria
- 27%** Australia



Households renting

- 50%** City of Yarra
- 29%** Greater Melbourne
- 28%** Victoria
- 29%** Australia

7,500



People over 50 moved to the City of Yarra from 2011-2016

39% of these people live in high density homes

My Aged Care

The introduction of My Aged Care has had a big impact on the role of local governments in supporting older people.

In 2017, My Aged Care was introduced as the main entry point for people to access aged care support in Victoria. My Aged Care allows people to choose from a range of service providers including the Council. The change to My Aged Care may affect vulnerable people and the way they can access care and services in the future. We are looking at our role as an aged care service provider due to My Aged Care and how we can continue to create an age-friendly city.

We will keep an eye how My Aged Care affects people who live in our community, in particular people who are more vulnerable.

As My Aged Care grows, we will keep checking and updating the Action Plans for this Strategy. We will work to find new ways to advocate, support or run initiatives for older people in our community.



Bringing our strategies together

The Council is looking at how we make strategies across the City of Yarra. We want to see how our strategies from different parts of the Council can be better connected, so we can find common goals and actions that benefit everyone.

For example, our Access and Inclusion Strategy to support people with disability, our 0-25 Strategy to support children and young people, and our Housing Strategy may have common themes and goals.

For some older people, no longer being able to drive can have a big impact on their health and independence. While depression and anxiety are the most common mental health problems for older people, people of all ages can feel socially isolated or unable to move about and access their community freely or easily. By bringing our strategies and actions together, we can provide better support for people through all life stages.



How we made the Active and Healthy Ageing Strategy

The Council talked to a range of people across the community to create this Strategy through a consultation process.

Older people and their families, organisations, businesses and staff have all supported this process by sharing their ideas and views. Everyone sees and experiences ageing differently, so we wanted to include a broad range of people in this process.

The consultation process for this Strategy happened at the same time as we were making the Access and Inclusion Strategy. To make this Strategy we:

- ran a survey online and with hard copy forms, that was shared with over 20 organisations and networks, and completed by 252 people
- spoke to people face-to-face at 2 forums, 12 workshops and 7 community events
- met with organisations and our staff.

What we heard from the community

By listening to the ideas and interests of the community, we found out what older people would like from the Council now and in the future. Many of the people we heard from access and enjoy:

- local parks and gardens
- libraries
- leisure centres
- social and community programs.

Being able to independently access community programs and services supports many older people keep well. By getting involved or accessing services, people felt more connected to others and enjoyed better mental and physical health from socialising and exercising.

Looking at everyone's feedback, we found some common ideas, issues and opportunities to include in our Strategy:

- To improve safety and accessibility for older people to access and enjoy community life.
- To use Universal Design principles in new developments, increase social housing options and provide equal access to shops and facilities.
- To improve people's feeling of safety and wellbeing by raising awareness and providing programs.
- To increase safe access and movement in public spaces.
- To create more opportunities for older people to take part in and enjoy activities.
- To ensure people can access services or programs by removing or reducing financial, access and health barriers.
- To empower the community by sharing information that is easy to understand.
- To reduce social isolation experienced by older people by removing barriers to taking part in social activities.
- To increase people's independence and connection to their community through volunteering.
- To share information in a range of ways and think about the needs of older people in all communications.

Universal Design principles provide a guide on how to make products, spaces and places easy to use by as many people as possible.



Next steps and Action Plans

The Active and Healthy Ageing Strategy 2018-2024 includes these key themes and will support the Council to create an age-friendly city for older people in our community. The Strategy will be supported by three Action Plans that each run for two years. This means we can update or add to our actions based on what's happening in the community and other funding or service changes.

In every Action Plan, staff and teams from across the Council will be in charge of different tasks. This will give everyone a role to play in achieving the goals of the Strategy.

The Strategy uses the eight domains from the WHO Age-Friendly Cities Guide which are:

- Outdoor spaces and buildings
- Transport
- Housing
- Community support and health services
- Civic participation and employment
- Respect and social inclusion
- Social participation
- Communication and knowledge

When we looked at the feedback from the community and the eight age-friendly domains, we found four key themes:

1. Freedom
2. Life experiences
3. Knowledge
4. Independence





Key goals and strategies

Freedom

Goal 1

Outdoor spaces and buildings

Older people can access and enjoy the local community including open spaces, buildings, public toilets, shaded areas and safe walkways.

Strategies:

- 1.1 Find ways to improve the access and use of buildings, spaces and paths.
- 1.2 Look at how open spaces and buildings can be more age-friendly, by being easier to move around and less reliant on car transport.
- 1.3 Act on the safety concerns of older people using local open spaces.

Goal 2

Transport

Older people can get out and about and use a range of affordable, accessible and easy transport services.

Strategies:

- 2.1 Promote and support accessible and affordable public and community transport.

Life experiences

Goal 3

Social participation

Older people are supported to take part in their community and to do the things they enjoy.

Strategies:

- 3.1 Increase services and supports for older people by encouraging groups to apply for Council's Community Grants Program.
- 3.2 Encourage people to get to know and support their neighbours.
- 3.3 Create neighbourhoods that feel safe and promote a sense of belonging.
- 3.4. Run or support activities and events that build social connections

Goal 4

Respect and social inclusion

Older people from all backgrounds are valued and appreciated, and no one is excluded based on race, culture, language, sexuality, gender, location, ability, social or financial status.

Strategies:

- 4.1 Promote a range of activities and groups that cater for the diverse interests of older people.
- 4.2 Ensure the views of older people are included across all Council services.
- 4.3 Encourage people of all ages to interact with each other.
- 4.4 Find ways to engage older people who are vulnerable and who face barriers to getting involved in their community.

Independence

Goal 5 Housing

Housing options for older people are affordable, safe, accessible and close to transport, shops and community services.

Strategies:

- 5.1 Advocate for a range of affordable housing options for older people that support a city for all ages.

Goal 6 Civic participation and employment

Older people can take part in work, education, learning and volunteering opportunities and can make decisions.

Strategies:

- 6.1 Support older people to keep working, volunteer, learn and take part in the community.
- 6.2. Make sure the interests and needs of older people are included in the Council's policies, programs and services.

Goal 7 Community support and health services

Older people are supported to stay healthy, active and independent through community and health services, including services related to elder abuse and fraud.

Strategies:

- 7.1 Promote programs and services that support older people to stay independent, healthy and active

Knowledge

Goal 8 Communication and information

Older people can access the information they need in a variety of formats to stay informed and connected with their community, families and friends.

Strategies:

- 8.1 Ensure older people know about the range of programs and activities available, especially older people who are socially excluded and vulnerable.

Active and Healthy Ageing in Yarra 2018–2020

Freedom

Goal 1: Outdoor spaces and buildings

Strategy 1.1

Find ways to improve the access and use of buildings, spaces and paths.

Action	Success measures	Who	By when	Cost
1.1.1 Promote to businesses and the community clear footpath area along buildings for safe walking in shopping villages.	Information about the Footpath Trading Policy shared in Yarra News, including how people can report unsafe areas.	Compliance and Parking	June 2019	No extra cost
1.1.2 Upgrade footpaths and build safe crossings in busy areas.	As part of the Local Area Place Making Scheme, six streets in busy areas chosen for footpath and level crossings upgrades. Three streets improved each financial year.	City Works	June 2020	No extra cost
1.1.3 Include new seating for people of all ages an ability along Bridge Road and Victoria Street.	New seating installed along Bridge Road and Victoria Street.	City Strategy	2018–2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 1.2

Look at how open spaces and buildings can be more age-friendly, by being easier to move around and less reliant on car transport.

Action	Success measures	Who	By when	Cost
1.2.1 Find priority areas, including open spaces, where upgrades could make it easier for people of all abilities to access and enjoy the area.	Active Aging Advisory Group asked about the best areas to upgrade accessibility. Chosen areas approved by the Urban Design and Open Space Units.	Aged and Disability Services	December 2019	No extra cost
1.2.2 Make sure the new Yarra Open Space Strategy includes Universal Design principles and actions that focus on creating accessible spaces.	The new Yarra Open Space Strategy includes Universal Design principles. Actions in the Yarra Open Space Strategy have accessibility improvements to include everyone in the community.	Open Space Planning and Design	December 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
1.2.3 Find and make improvements to existing Council venues used by Seniors Groups, and encourage groups to use new venues that have better facilities.	Improvements found and included in the Capital Works / Forecaster system. Seniors Groups encouraged to use other local venues.	Aged and Disability Services	August 2018	No extra cost
1.2.4 Support Seniors Groups to access multi-purpose Council spaces and venues.	Seniors Groups using multi-use venues and services instead of age-specific centres.	Aged and Disability Services	Ongoing	No extra cost
1.2.5 Universal Design principles are thought about when a new Heritage Strategy is created.	Staff from the Aged and Disability Services team at the City of Yarra help to make the new Heritage Strategy so universal access for heritage buildings and places is included.	Senior Advisor City Heritage	June 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 1.3

Act on the safety concerns of older people using local open spaces.

Action	Success measures	Who	By when	Cost
1.3.1 Look at the timing of pedestrian lights to help people who need more time to cross. See if responsive technology is available.	Timings of pedestrian lights reviewed. Signal technology included in traffic management and place making projects.	Traffic and Civil Engineering	June 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Goal 2: Transport

Strategy 2.1

Promote and support accessible and affordable public and community transport.

Action	Success measures	Who	By when	Cost
2.1.1 Keep working with Public Transport Victoria for Easy Access Tram Stops on Route 96.	Four Easy Access Tram Stops built by December 2018. PTV and the City of Yarra agree on the location, design and preparation needed for the remaining stops.	Strategic Transport	December 2018 June 2020	No extra cost
2.1.2 Create and think about ways to improve the Community Transport service to meet changing needs.	A more flexible service that increases social connections is provided.	Aged and Disability Services	December 2019	Proposal to be developed for funding
2.1.3 Advocate for Easy Access Tram Stops to be built on Bridge Road.	Idea developed and accepted.	Strategic Transport	December 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
2.1.4 Support the Streamlining Hoddle St Project to make better transport connections, including the construction of an Easy Access Tram Stop on Swan St, Richmond.	Hoddle St works finished by March 2019.	Strategic Transport	March 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Life experiences

Goal 3: Social participation

Strategy 3.1

Increase services and supports for older people by encouraging groups to apply for Council's Community Grants Program.

Action	Success measures	Who	By when	Cost
3.1.1 Promote grants available to community groups and host information sessions.	<p>Number of information sessions held and attendance.</p> <p>Number of applications received.</p> <p>Number of groups applying that haven't applied before.</p>	Aged and Disability Services	Ongoing	No extra cost
3.1.2 Apply for funding to support local groups to run physical activity groups and programs.	<p>Funding application made for Move it Aus and Let's Get Physical grants programs.</p> <p>More groups providing physical exercise in weekly programs.</p>	Aged and Disability Services	March 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 3.2

Encourage people to get to know and support their neighbours.

Action	Success measures	Who	By when	Cost
3.2.1 Provide library services to Seniors Groups in their area, such as sewing and computers.	Four Seniors Groups run library services at their clubs.	Aged and Disability Services and Library Services	June 2019	No extra cost
3.2.2 Trial age-friendly initiatives in local areas, for example casserole clubs, skill sharing, information sessions.	Number of people engaged. Number of initiatives. Outcomes for people involved, such as more social connections, new skills learnt. Number of partnerships created. Report to Council on outcomes of the trial of age-friendly initiatives.	Aged and Disability Services	December 2019	Proposal to be developed for funding

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
3.2.3 Connect age-friendly groups together to create a network of inclusive activities for people who are socially isolated.	Run workshops with local groups to find ways to better engage people who are socially isolated.	Aged and Disability Services	March 2020	Proposal to be developed for funding





Active and Healthy Ageing in Yarra 2018-2020

Strategy 3.3

Create neighbourhoods that feel safe and promote a sense of belonging.

Action	Success measures	Who	By when	Cost
3.3.1 Let more older people know that graffiti can be removed from their home for free.	The Graffiti Management Framework promoted more to older people.	Aged and Disability Services	2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 3.4.

Run or support activities and events that build social connections.

Action	Success measures	Who	By when	Cost
3.4.1 Create and support a Residential Aged Care working group of local organisations to provide more opportunities for residents to take part in community events.	Working group created and meeting regularly. Celebration of Life and similar events supported.	Aged and Disability Services	October 2018	No extra cost
3.4.2 Keep assisting community groups to run activities that support older people to connect.	Ongoing support and funding provided to U3As, Men's Sheds, Companion Animals program, Participation Grants and Neighbourhood Houses. Look into the costs and benefits of providing Participation Grants to support services to continue while My Aged Care funding is introduced. Proposal for new initiative submitted.	Aged and Disability Services	2018 - 2020 2018 January 2019	No extra cost Proposal to be developed for funding

Active and Healthy Ageing in Yarra 2018–2020

Goal 4: Respect and social inclusion

Strategy 4.1

Promote a range of activities and groups that cater for the diverse interests of older people.

Action	Success measures	Who	By when	Cost
4.1.1 Seek funding for exercise equipment in an open space to encourage people to exercise and socialise. The project will be guided by the Yarra Open Space Strategy.	Submit a 2020/21 budget bid for exercise equipment as part of the recommendations of the Yarra Open Space Strategy.	Open Space Planning and Design	September 2019	Proposal to be developed for funding
4.1.2 Keep building the skills and experience of swim teachers to support people of all ages, skills and abilities.	Proposal made for funding for swim teachers to get the extra qualification needed to run access and inclusion programs.	Yarra Leisure	December 2018 - June 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 4.2

Ensure the views of older people are included across all Council services.

Action	Success measures	Who	By when	Cost
4.2.1 Represent the diversity of the City of Yarra community in communications and imagery (e.g. people with a disability, seniors, LGBTIQ).	A range of people from the City of Yarra are shown in promotional images.	Advocacy and Comms, Engagement All Yarra staff	Ongoing	No extra cost
4.2.2 Promote annual regular Active Ageing Advisory Group (AAAG) meetings to staff across the council to share ideas and knowledge.	Number of consultations. Number of information sessions.	Age and Disability Services	Ongoing	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 4.3

Encourage people of all ages to interact with each other.

Action	Success measures	Who	By when	Cost
4.3.1 Create more opportunities for older people and young people to connect at Yarra Youth Services programs and activities.	Number of activities that bring older people and young people together through arts and/or music.	Age and Disability Services Yarra Youth Services	2019 - 2020	No extra cost
4.3.2 Create more opportunities for older people to connect with people of all ages through Library activities and programs.	Number of all ages activities run by the Libraries. Feedback from participants about their wellbeing.	Aged and Disability Services Library Services	2019 - 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 4.4

Find ways to engage older people who are vulnerable and who face barriers to getting involved in their community.

Action	Success measures	Who	By when	Cost
4.4.1 Help isolated residents learn at their homes how to use Information Technology through "I'll be connected" program.	A Plan is developed showing ways of supporting residents to use Information Technology, and build their social connectedness.	Library Services and Age and Disability Services	2018 - 2019	No extra cost
4.4.2 Check information in Yarra Leisure venues and online about Companion Card support.	The Companion Card is promoted to the Yarra Leisure Services community.	Yarra Leisure	Ongoing	No extra cost
4.4.3 Add information in hire forms for City of Yarra venues, about accessibility requirement at events, and about Council's commitment to making events accessible to everyone.	Accessibility guidelines, and a statement about the City of Yarra's commitment to having fully accessible venues, added to event hire forms.	Arts, Culture and Venues	2018	No extra cost



Active and Healthy Ageing in Yarra 2018–2020

Independence

Goal 5: Housing

Strategy 5.1

Advocate for a range of affordable housing options for older people that support a city for all ages.

Action	Success measures	Who	By when	Cost
5.1.1 Work with other councils and the Municipal Association of Victoria (MAV) to advocate to the State Government to reduce the costs of council rates and other living expenses for older people on a pension.	Workshop conducted at MAV with interested councils. Submission including case studies sent to the State Government.	Age and Disability Services (in conjunction with Social Policy and Research and Business and Finance)	June 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
5.1.2 Make sure the City of Yarra Planning Scheme includes policies that encourage inclusive and accessible developments that cater for people of all ages and abilities.	Advice about accessibility and inclusion included in the Yarra Planning Scheme.	City Strategy	2018 - 2019	No extra cost
5.1.3 Help improve the availability of affordable, appropriate and accessible housing for older people by planning the use of land, partnering with the community and advocacy.	Actions from the Housing Strategy 2018 started and the Social Housing Strategy written by early 2019.	Social Policy and Research	2018 - 2022	No extra cost
5.1.4 Support more affordable housing at big redevelopment sites in our area.	Apply the rules from the policy guidance note Affordable Housing Outcomes at Significant Redevelopments (2017).	Social Policy and Research	Ongoing	No extra cost
5.1.5 Keep supporting local affordable housing initiatives by providing the Yarra Affordable Housing Fund (YAHF) as part of the Council's Community Grants Program.	Community Grants Program continues to support housing initiatives.	Community Partnerships	Ongoing	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
5.1.6 Keep working with public and community housing providers to find out what's available and what's needed in the community, and advocate for housing to support older people.	Quarterly meetings held with local housing and accommodation providers to talk about new and critical issues.	Social Policy and Research	2018 - 2022	No extra cost
5.1.7 Promote new ways of supporting older people who live in aged care homes to keep their independence and stay connected to the community.	More awareness of care and activity options for older people who live in aged care homes.	Aged and Disability Services	June 2020	Proposal to be developed for funding

Active and Healthy Ageing in Yarra 2018-2020

Independence

Goal 6: Civic Participation and Employment

Strategy 6.1

Support older people to keep working, volunteer, learn and take part in the community.

Action	Success measures	Who	By when	Cost
6.1.1 Make sure the Council's employment practices value, promote and encourage older workers to stay connected to work and the community.	Working Group created with people from across the Council to find barriers and create opportunities for older people to keep working. Find ways to encourage older people to apply for jobs at the Council to create a diverse workforce.	People and Culture	2018 - 2020	No extra cost
6.1.2 Work with Community Partnerships Unit to make the Volunteering Strategy.	Volunteering Strategy includes older people's feedback and ideas about volunteering.	Aged and Disability Services	June 2019	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Strategy 6.2

Make sure the interests and needs of older people are included in the Council's policies, programs and services.

Action	Success measures	Who	By when	Cost
6.2.1 Make sure the Active and Healthy Ageing Strategy connects with other Council plans and strategies, and that other strategies and plans being created are age-friendly.	The Active and Healthy Ageing Strategy works with: <ul style="list-style-type: none"> • Municipal Health Plan • Council Plan Older people are included when new Council strategies and plans are made.	Aged and Disability Services	Ongoing	No extra cost
6.2.2 Keep supporting and working with the Active Ageing Advisory Group (AAAG).	Number of meetings held and attendance. Number of topics AAAG have been asked to share feedback on.	Aged and Disability Services	Ongoing	No extra cost



Active and Healthy Ageing in Yarra 2018-2020

Goal 7: Community support and health services

Strategy 7.1

Promote programs and services that support older people to stay independent, healthy and active.

Action	Success measures	Who	By when	Cost
7.1.1 Run information sessions, attend groups and work with local agencies to support older people to understand and access the My Aged Care system.	Information sessions held with culturally diverse groups and with local agencies supporting socially isolated people. One-on-one support available for older people facing disadvantage.	Aged and Disability Services	2018 - 2020	No extra cost Proposal to be developed for funding
7.1.2 Advocate through the Municipal Association of Victoria (MAV) and with others for more support to promote and explain My Aged Care, especially for older people facing disadvantage.	Issues raised and presented through MAV and to Federal Government.	Aged and Disability Services	2018 - 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Action	Success measures	Who	By when	Cost
7.1.3 Decide on the future of Council's Commonwealth Home Support and Assessment Service.	Review the service and engage with the community. Decision made in line with State and Federal Government rules, policies and approaches.	Aged and Disability Services	June 2019	No extra cost
7.1.4 Run the Yarra Aged Care Services Forum to share information, find gaps in support available and identify opportunities to work together.	Regular attendance to forums by community health centres and aged service providers. Positive feedback from forum attendees.	Aged and Disability Services	2018 - 2020	No extra cost
7.1.5 Promote and support state-wide annual events that help older people to make informed decisions.	Promotion of events such as Dying to Know Day, Elder Abuse Awareness Day, Dementia Day, Good Neighbour Day and Seniors Week.	Aged and Disability Services	2018 - 2020	No extra cost

Active and Healthy Ageing in Yarra 2018-2020

Knowledge

Goal 8: Communication and information

Strategy 8.1

Ensure older people know about the range of programs and activities available, especially older people who are socially excluded and vulnerable.

Action	Success measures	Who	By when	Cost
8.1.1 Aged Services webpage has links to information about programs, activities and events provided by Council with a focus on Yarra Leisure, Libraries and Events.	Web page regularly checked and updated. Visits to webpages and links. E-newsletter includes links to information for older people.	Aged and Disability Services	2018 - 2020	No extra cost
8.1.2 Information is provided through a variety of channels so the community has access to information about the programs, activities and events provided by the City of Yarra - with a particular focus on Aged and Disability Services, Yarra Leisure, Libraries and Events.	Information shared through: <ul style="list-style-type: none"> • Facebook / Twitter • Yarra Council web • Yarra News • Posters / postcards 	Aged and Disability Services	2018 - 2020	No extra cost

FOR INFORMATION IN YOUR LANGUAGE ABOUT THIS DOCUMENT OR ABOUT COUNCIL, PLEASE CALL 9280 1940 AND QUOTE THE **REF** NUMBER BELOW.

ARABIC

للمعلومات باللغة العربية، حول هذا المستند أو عن المجلس البلدي، نرجو الإتصال هاتفيا على الرقم 9280 1930 وأذكر رقم المرجع **REF** المذكور أدناه.

SIMPLIFIED CHINESE

欲知有关本文档或议会的普通话版本信息，请致电9280 1937并报上下列**REF**号码。

TRADITIONAL CHINESE

欲知有關本文件或議會的粵語版本資訊，請致電9280 1932並報上下列**REF**號碼。

GREEK

ΓΙΑ ΠΛΗΡΟΦΟΡΙΕΣ ΣΤΑ ΕΛΛΗΝΙΚΑ ΣΧΕΤΙΚΕΣ ΜΕ ΑΥΤΟ ΤΟ ΈΓΓΡΑΦΟ Ή ΤΗ ΔΗΜΑΡΧΙΑ, ΠΑΡΑΚΑΛΟΥΜΕ ΚΑΛΉΣΤΕ ΤΟ 9280 1934 ΚΑΙ ΑΝΑΦΈΡΕΤΕ ΤΟΝ ΑΡΙΘΜΌ **REF** ΠΑΡΑΚΆΤΩ.

ITALIAN

PER AVERE INFORMAZIONI IN ITALIANO SU QUESTO DOCUMENTO O SUL COMUNE, SI PREGA CHIAMARE IL NUMERO 9280 1931 E CITARE IL NUMERO DI RIFERIMENTO (**REF** NUMBER) SOTTOINDICATO.

SPANISH

PARA INFORMACIÓN EN CASTELLANO SOBRE ESTE DOCUMENTO O SOBRE EL AYUNTAMIENTO, LLAME AL 9280 1935 Y CITE EL NÚMERO DE **REF** DE MÁS ADELANTE.

VIETNAMESE

ĐỂ BIẾT THÔNG TIN BẰNG TIẾNG VIỆT VỀ TÀI LIỆU NÀY HAY VỀ HỘI ĐỒNG, XIN HÃY GỌI SỐ 9280 1939 VÀ NÊU SỐ **REF** DƯỚI ĐÂY.

REF 18214

Yarra City Council PO Box 168 Richmond VIC 3121
Bargoonga Nganjin - North Fitzroy Library
182 St Georges Road, North Fitzroy
Collingwood Town Hall 140 Hoddle Street, Abbotsford
Connie Benn Centre 160 Brunswick St, Fitzroy
Richmond Town Hall 333 Bridge Road, Richmond

T 9205 5555 **TTY** 133 677 then 9205 5555

F 8417 6666 **E** info@yarracity.vic.gov.au

W www.yarracity.vic.gov.au

For a large print version call 9205 5555.