

# ALCOHOL, TOBACCO AND GAMBLING SNAPSHOT



Alcohol and tobacco are the most widely used legal drugs in Australia. The negative impact they have on our community's health and wellbeing can be directly linked to social and health inequalities. Harms related to alcohol, tobacco and gambling can be seen to disproportionately affect our more economically and socially disadvantaged groups.



## ALL THE NUMBERS

Visit Yarra's Health and Wellbeing Profile 2020 at [yarracityvic.gov.au/publichealth](http://yarracityvic.gov.au/publichealth)

## ALCOHOL CONSUMPTION

Yarra residents are more at risk of alcohol related harm and injury than the average Victorian.



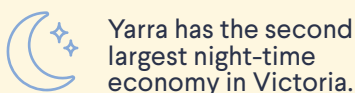
Residents exceed two drinks per day on a weekly basis compared to 25% of Victorians.



Residents exceed four drinks on a single occasion, on a weekly basis compared to 11% of Victorians.



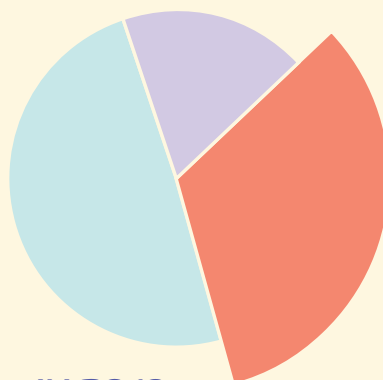
Consume alcohol most frequently at home, compared to 23% at licensed premises.



Yarra has a higher density of liquor licenses compared to Metro Melbourne.



**53%**  
YARRA MEN  
Drink two or more drinks per day



IN 2019  
**38%**  
YEAR 10 STUDENTS

Consumed alcohol at some time in their life, compared to 46% in 2015.

- 21% year 6 students.
- 38% year 10 students.
- 57% year 10 students.

## GAMBLING

Gamblers may experience mental health disorders or substance abuse.

### LOST TO GAMBLING 2019

**\$256**  
Per adult in Yarra



### POKIE MACHINES

**3.2**  
Per 1,000 adults in Yarra



## SMOKING



**16%**  
YARRA

Residents smoke tobacco compared to 17% of Victorians.



Tobacco use is the leading contributor to disease and cause of death in Australia.

Sources: Victorian Population Health and Wellbeing Survey (2017), Victorian Commission for Gambling and Liquor Regulation (2019-2020), Communities that Care Yarra (2019), National Drug Strategy Household Survey (2019), Foundation for Alcohol Research and Education (FARE) Annual Alcohol Poll (2020)