

Children with Anaphylaxis at Early Learning

The safety and well-being of all children is paramount at IGS.

Many of you may know someone who is affected by anaphylaxis, a life threatening allergic reaction. Our Centre is an allergy aware centre. Staff have training in severe allergy management and we implement strategies to help keep children at risk of anaphylaxis safe.

IGS Early Learning enrolls children who live with the risk of anaphylaxis to a range of specific foods. Whilst these children are being taught to care for themselves at an age appropriate level, we ask that you help us to educate your child regarding the following:

- The importance of not sharing food with others (only eating food from their own lunchbox).
- Teach your child to wash their hands thoroughly with warm soapy water.
- The need to wash hands before and after eating at the Centre.
- Put rubbish and food scraps from mealtimes straight into the bin or back into their lunch box.
- Calling out to an adult if they think their friend with allergies is sick.

We request parents ensure every food and drink container is labelled clearly with your child first and surname to avoid any confusion regarding lunch boxes and drink bottles.

To support the health and wellbeing of children with anaphylaxis in the Centre we request that foods containing the following products are not brought to the Centre:

- Nuts
- Concentrated egg products (for example, whole boiled egg, quiche and omelette)
- Milk drinks, and messy dairy foods including custard and yoghurt eaten with a spoon

Non-allergic children at the Centre can eat baked goods that contain egg and milk. Non-allergic children can also eat yoghurt from a pouch (rather than yoghurt consumed with a spoon) as this presents less risk of mess and cross contamination of children with anaphylaxis.

We ask that Early Learning parents and carers do not order milk drinks from the canteen - we will be unable to serve these to your child.

Staff will support all children not to share food and wash their hands before and after eating.

If you have any questions or would like further information, please do not hesitate to speak with the Centre staff.

Kind regards



Sarah Herbert
Head of School Early Learning

