



Scott+Dibben Chemist

Summer Wellbeing

7th November - 10th December 2023

Embrace the sun with family fun

Summer is finally here and it's the perfect time to embrace outdoor activities with friends and family! Whether you're enjoying a summer picnic in the park or exploring nature, it's important to protect your skin whilst embracing these wonderful outdoor seasonal moments without any worries about sun damage or dryness.

While summertime brings lots of fun occasions, it also comes with an extra care routine to protect your skin. With temperatures rising during this hot season, implementing regular moisturising and sun care routines are important steps towards keeping your skin healthy.

hamilton toddler roll-on 50mL[#] **\$6.98** **SAVE \$2.97***

Dettol 2in1 15 Pack **2 for \$5.00**

Hydrate 16 x 62.5mL **\$12.98 each** **SAVE \$4.52***

sun lotion 250mL[#] **\$15.98** **SAVE \$5.01***

Elastoplast 5 Pack **\$9.48** **SAVE \$2.51***

SOOV BITE 25g **\$8.98**

PROTECTION BEYOND FLAGS 1L[#] **\$22.98**

Always read the label and follow the directions for use. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 7th November - 10th December 2023. # When in the sun, avoid prolonged high-risk exposure, wear protective clothing and sunglasses and reapply sunscreen frequently. **See in-store for full terms and conditions. Promotion valid between 7th November - 10th December 2023. Ten major prizes of \$1,000 to be won. Multiple entries permitted. Excludes prescriptions. Authorised under ACT TP 23/02066. See in store for full conditions.

LifeClub™

Pick YOUR Prize

WIN 1 of 10 \$1,000 summer fun packs!

Shop today to be in the draw to WIN \$10,000 worth of prizes.**

Summer picnic essentials



Put an end to ear aches, now!

Ear pain can be caused by a variety of reasons, and it is important to receive the correct treatment based on your symptoms.

Your local Pharmacist can help identify and recommend effective treatment options to help you manage your symptoms conveniently.



Ear Wax

The wax remover softens and disperses ear wax, but stubborn build-up may require more. Using a warm water-filled ear syringe creates a 'vortex' that reaches behind the wax, effectively pushing out the blockage, providing a more satisfying and safer alternative to a cotton tip.

Ear Ache

Containing ingredients that both numb pain and reduce inflammation causing pain, Ear Ache Relief provides temporary relief, and is safe to be used with antibiotics.



Swimmers Ear

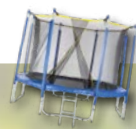
Do you love the water, but your ears don't? Swimmers Ear is a dual action formula to help dry up moisture and make the skin in your ear less susceptible to infection.

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LifeClub™



Pick YOUR Prize

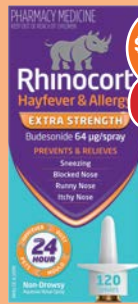


Antihistamines covered, from A to SneeZe



\$39.98
SAVE \$10⁰¹*

280 Dose Sprays



\$26.98
SAVE \$3⁰²*

120 Dose Sprays



\$18.48
SAVE \$4⁵¹*

20 Tablets



\$29.98

70 Tablets



\$29.98

30 Tablets



\$26.98
SAVE \$3⁰¹*

60 Tablets



\$22.98
SAVE \$4⁸¹*

30 Tablets



Everyday pain relief

With summer here, there is no better time for family members of all ages to get outside and soak in that much-needed sunshine! Fresh air has been proven to possess a variety of physical and mental health benefits. But if you are living with pain, outdoor activities may seem unachievable.

We are here to help you manage your pain so that you can continue making memories with your loved ones. Speak to our friendly pharmacy team about the best pain management options for you and your family.



\$19.98

96 Caplets[^]



\$19.98
SAVE \$7⁰²*

200mL[^]



\$5.48

20 Liquid Capsules[^]



\$9.98

40 Caplets[^]



\$6.98
SAVE \$2⁵¹*

12 Tablets



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WIN 1 of 10 \$1,000 summer fun packs!*

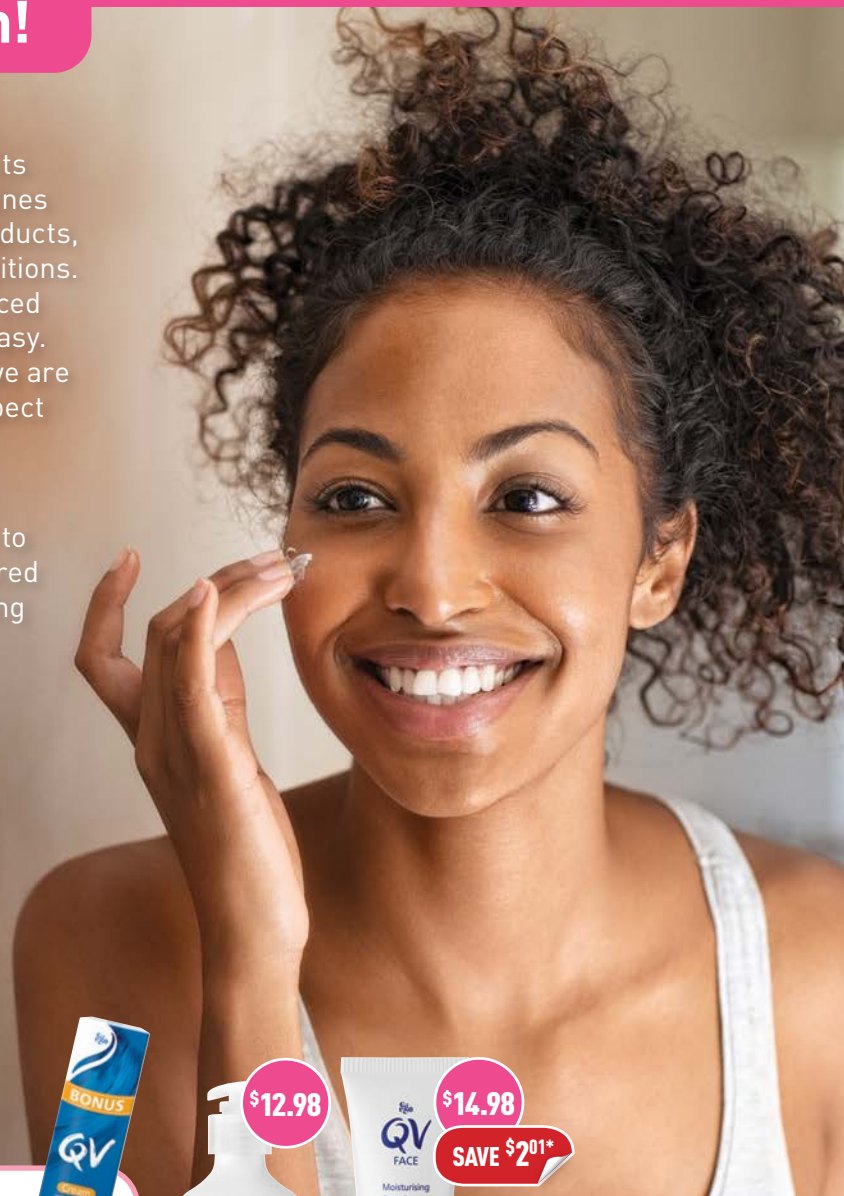


Get your summer glow on!

We all like our skin to shine bright, but not when it's caused by a sweaty summer's day. Skincare routines are seasonal and your skin requires different products, ingredients and textures to suit the weather conditions. During the summertime, our skin requires balanced hydration that won't make it feel too heavy or greasy. It is our body's natural response to sweat when we are exposed to hot conditions, so it's important to expect heat rashes, flare ups (if you have eczema) and breakouts, due to the overstimulated pores.

While you cannot avoid sweat altogether, be sure to switch up your skincare routine so you are prepared for the warmer weather. Make sure you are staying hydrated by drinking plenty of water and use a skincare routine that will complement your natural skin type. Our Pharmacists are experts and able to give you advice on which product is most suitable to you and your needs.

It's beginning to look like a silky smooth summer



\$20.98 each
SAVE \$11^{51*}

\$20.98 each
SAVE \$11^{51*}

BONUS

\$12.98

\$14.98
SAVE \$2^{01*}

\$19.98
SAVE \$3^{01*}

Free Gift!
with any selected QV 1L/1KG purchase**

#1 RECOMMENDED SENSITIVE SKINCARE BRAND

\$8.98

\$24.98
SAVE \$5^{02*}

\$18.48
SAVE \$4^{47*}

\$22.98 each
SAVE \$6^{01*}

\$22.98 each
SAVE \$6^{01*}

\$17.98
SAVE \$4^{01*}

Always read the label and follow the directions for use. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 7th November - 10th December 2023. **While stock lasts.

Bright sun, brighter skin

Love^{the} Skin you're in



Did you know?

Up to 85% of Australians will develop acne during their life, with approximately 5% experiencing severe acne. In fact, it is so common it can be considered almost universal in teenagers, with 93.3% of people aged 16–18 years in Australia having experienced acne. Nearly half of men and women also continue to experience acne into their thirties.

Severe acne can be painful, distressing and embarrassing and can sometimes lead to a negative effect on your relationships and self-worth.^{1,2}

Don't let acne hold you back, here at our Pharmacy we believe everyone should have access to the right tools and support to keep on top of your skin health. Come in store today and speak to our expert Pharmacist on your skin care needs.



\$14.48

SAVE \$2⁵¹*

130mL



\$25.48

SAVE \$4⁵¹*

60g

Benzac's benzoyl peroxide formulation has been developed with technology which reduces natural oiliness of the skin. Benzoyl peroxide also has three modes of action, antibacterial, anti-inflammatory and pore-unblocking.

1. ABC Health and Wellbeing, Fact File: Acne <https://www.abc.net.au/health/library/stories/2003/06/26/1827982.htm> 2. Australian Journal of General Practice, Volume 48, Issue 11, November 2019, Acne in primary care: A cross-sectional analysis. Always read the label and follow the directions for use. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 7th November - 10th December 2023.

Not the good kind of party in your gut

Feeling a bit off after enjoying those special occasions? It's totally normal. Your tummy might be reacting to the exciting array of new and rich foods you've treated it to during party season. We've all been there – sampling delicious dishes that we don't typically indulge in, maybe savouring a bit too much, and perhaps raising a glass more often than usual.

If you're experiencing a little tummy turbulence after all the festivities, don't fret, we have all the products than can help relieve your symptoms. If you're unsure what's best for you, just ask us!



Chemists' Own

Oral Rehydration

Sodium Chloride 0.47 g
Sodium acid citrate 0.53 g
Potassium Chloride 0.30 g
Glucose monohydrate 3.56 g

Oral Rehydration Salts
To treat & prevent dehydration due to Diarrhoea & Traveller's Gastroenteritis in Children & Adults

Orange Flavoured

10 sachets with 200 ml. measure

\$8.98

10 Sachets

DiaRelieve

For effective relief of diarrhoea

ORANGE FLAVOUR

FOR THE WHOLE FAMILY
SUITABLE FOR ADULTS AND CHILDREN 1 year+

10 x 3.25g sachets
Contains Disinfectin 3g

\$16.98
SAVE \$4.01*

10 Sachets

mintec

PEPPERMINT IBS RELIEF

Peppermint Oil 0.2mL per capsule

Soothing relief of the symptoms of medically diagnosed Irritable Bowel Syndrome

ABDOMINAL PAIN & DISCOMFORT
BLOATING, CRAMPING & SPASMS

\$24.98
SAVE \$4.51*

60 Capsules

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Gastro-Stop PLUS

loperamide hydrochloride 2mg
simethicone 125mg

Effective Relief of Diarrhoea & Wind Pain

12 MINT FLAVOURED Chewable Tablets

\$11.98
SAVE \$2.01*

12 Tablets

LACTEEZE

DOUBLE STRENGTH

Relieves Digestive Discomfort associated with Lactose Intolerance

1 caplet relief

40 CAPLETS
ASSISTS DIGESTION OF LACTOSE

40 x 3.25g sachets
Contains Disinfectin 3g

\$19.98
SAVE \$4.97*

40 Caplets

Heartburn Relief

Each of these products contains the active ingredient Esomeprazole, but what is it and how does it work? When you eat or drink more than usual, your stomach will produce more acid to help with digestion. Esomeprazole works to reduce the amount of acid in your stomach to assist with those pesky heartburn symptoms.

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Nexium

Once Daily Dosing (24HR)

Esomeprazole magnesium trihydrate 22.5 mg (equivalent to esomeprazole 20 mg)

Lasting Relief for Frequent Heartburn & Acid Reflux

14 mini capsules

\$17.98

14 Capsules

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

GUARDIUM

ACID REFLUX RELIEF

Esomeprazole 20mg (as magnesium)

24 HOUR RELIEF
Lasting relief for frequent heartburn and acid reflux

14 Enteric Coated Tablets

\$13.98

14 Tablets

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Zanzole

24HR

Esomeprazole 20mg (as magnesium)

ONE TABLET DAILY

LASTING RELIEF FOR FREQUENT HEARTBURN & ACID REFLUX

14 ENTERIC COATED TABLETS

\$11.98

14 Tablets

Chemists' Own

Heartburn Relief

Esomeprazole Tablets

Esomeprazole (as magnesium) 20 mg

NEW FORMULATION AND APPEARANCE

For the lasting relief of frequent heartburn and acid reflux due to gastro-oesophageal reflux disease

14 enteric-coated tablets

\$10.98

14 Tablets

Healthy hearts

cartia

LOW DOSE ASPIRIN 100 mg

Get the high powered blood thinning and reduces the risk of heart attack and stroke in patients with cardiovascular disease

168 TABLETS

\$12.98
SAVE \$5.71*

168 Tablets*

OMRON

HEM7144T

\$119
SAVE \$40.95*

OMRON

HEM7361T

\$199
SAVE \$58.95*

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Are you feeling the ache?

Arthritis pain and the swelling in the joints can have an impact on your everyday life. From taking care of daily activities such as cleaning or cooking to more active pursuits like playing sports or going for walks – every task, suddenly takes twice as much effort. Certain supplements are known to help with arthritic pain and symptoms, so please speak to our Pharmacist to help you choose the right supplement for you.

- **Omega 3's & Curcumin:** They inhibit inflammatory reaction pathways in the body, preventing development of inflammation symptoms
- **Glucosamine:** Helps to maintain & repair cartilage
- **Chondroitin:** Helps cartilage to retain water, enhancing its shock absorbing capabilities



120 Tablets

\$54.98

SAVE \$31⁰¹*



180 Tablets



400 Capsules

\$44.98 each

SAVE FROM \$170¹*



60 Capsules

\$27.98

SAVE \$18⁹⁷*



Vitamin-packed goodness for a healthier you



160 Tablets

\$47.98

SAVE \$170¹*



150 Tablets

\$27.98

SAVE \$90¹*



200 Tablets

\$44.98

SAVE \$310¹*



120 Tablets

\$46.98

SAVE \$250¹*



126g

\$34.98 each

SAVE \$119⁷*



30 Tablets

\$17.98

SAVE \$20¹*



30 Tablets

\$21.98

SAVE \$60¹*



100 Tablets

\$49.98

SAVE \$100¹*

The support you need for your new year goals



60 Lozenges

\$29.98



2 x 150 Sprays

\$59.98

SAVE \$150²*



840g

\$44.98

SAVE \$49⁷*

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See you in the new year



Scott+DibbenChemist

We are here for your health and wellbeing

Here at **Scott+Dibben Chemist**, your needs always come first. Our Pharmacy prides itself on unparalleled levels of patient care and our mission is to serve the health needs of our community - one prescription, one customer at a time. Not only do we offer a full range of Pharmacy care products but we also provide a comprehensive suite of health care services for your convenience.



**Prevention
& Wellness**



**Treatment
& Advice**



**Monitoring
& Management**



**Sleep
Apnoea**

Come in and speak to our professional and caring Pharmacists today about your health care needs.



Mark & Jason
Your local Pharmacists

The team at Scott+Dibben Chemist can assist with:

- Home or in-Pharmacy medication reviews
- Weight management advice
- Blood pressure monitoring
- Diabetes management
- Quit smoking support
- Vaccinations

**OPEN
7 DAYS**

Shop FH2, Lower Level, Westfield Kotara
Phone 4957 5287 **Email** office@scottdibben.com

See our website for opening hours
www.scottdibbenchemist.com.au

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We acknowledge the Traditional Custodians of the Awabakal land on which this Pharmacy stands.
We acknowledge Elders past, present and emerging.