

A billion ways to boost your wellbeing

Did you know? Having the right balance of gut bacteria can enhance your immunity, as well as improving digestion, and other health benefits. Sometimes, your gut bacteria can become unbalanced, so taking a probiotic supplement can help to restore a healthy balance.¹ Containing literally billions of 'colony forming units' (CFUs), the different strains of probiotics address differing health needs, so speak to our Pharmacist today about which may be most suitable for you.





Always read the label and follow the directions for use. 1. Probiotics 101: A Simple Beginner's Guide. Healthline. https://www.healthline.com/nutrition/probiotics-101.*Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from Tuesday 17th May - Sunday 19th June 2022. **Terms and Conditions apply. Promotion valid between Tuesday 17th May to Sunday 19th June 2022. Major prize of one year's worth of fuel in the form of a \$3,000 20 x \$100 fuel voucher runner up prizes. fuel voucher. Excludes Prescriptions. Customers must use their LifeClub card when transacting. Multiple entries permitted. See in store for full competition terms and conditions. Authorised under ACT TP 22/00680





Having trouble sleeping?



Ask your pharmacist about this product.

Now available without a prescription for over 55's - ask our Pharmacist.



30 Tablets

HAVE YOU BOOKED IN FOR YOUR **FLU SHOT YET?**

The annual influenza immunisation is the best protection for flu season. Australia's flu season generally peaks between June and September – so it's not too late to get your flu shot, so you have the best possible protection this flu season1.

Flu shots are available now in our Pharmacy. Call to book today, or visit us in store.





LifeClub



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COLD & FLU

As the weather starts to cool down and we head towards Winter, there can be an increased level of seasonal bugs circulating in our community. When the cold & flu season kicks in, be prepared so you can tackle any symptoms as soon as they start!





Soothe sore throats



32 Lozenges

120ml



\$16.98





225 Sprays



36 Lozenges





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COLD & FLU

Relieve a cough







200ml



200ml





KIDS' COLD & FLU

200ml



From blocked noses or coughs which may cause trouble sleeping, to aches and pains that would make anyone grumpy, cold and flu symptoms can be especially tough on our little ones! Thankfully there's a range of options for relief of many common symptoms, and gentle kid-friendly formulas available. Have a chat with our Pharmacist about the right product solutions to help relieve congestion, pain and more.









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NOT ALL PAIN IS THE SAME

There are several different types of pain, with a range of different medicines and topical treatments to provide effective relief. Speak with our Pharmacist to understand which type of pain relief approach is most suitable for your needs.





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REPAIR AND CARE FOR YOUR SKIN'S MOISTURE BARRIER

Our skin has a natural moisture barrier to help protect us by keeping the good things in, and the bad things out!
But as we draw closer to Winter, the drop in temperature and humidity, along with other factors such as hot showers and dry air from heaters, can compromise our skin's protective barrier.
Prepare for cold and dry weather ahead with the right regime to repair and care for your skin. Have a chat with our Pharmacist in store about which products may be right for you.





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With so many possible causes of eye discomfort it can be tricky to pinpoint the cause, so identifying your symptoms is the first step to finding the right solution.













BATHROOM CABINET ESSENTIALS









50g



90 Tablets







12 Tablets



14 Tablets

CONTINENCE SUPPORT





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Get Flu Season Ready

Once again, this year we've been busily making sure to have our COVID-19 vaccinations and now booster shots too! It has been important to take these steps not only for our own health and wellbeing, but also for the health and wellbeing of our broader communities.

Just as important, is getting your yearly flu shot.

By keeping the flu vaccination rates high in our community, we can help reduce the number of people catching and spreading influenza this flu season, especially those who are more vulnerable.



It's easy and convenient to get your flu shot in our Pharmacy.

Contact us to book an appointment.



Megan Your local Pharmacist

The team at Scott-Dibben Chemist can assist with:

- Home or in-Pharmacy medication reviews
- Weight management advice
- Blood pressure monitoring
- Diabetes management
- · Quit smoking support
- Vaccinations

Speak to our professional and caring Pharmacists today about your health care concerns or simply just to have a chat.



Check out our new online store.



Shop FH2, Lower Level, Westfield Kotara

Phone 4957 5287 Email office@scottdibben.com

See our website for more hours

www.scottdibbenchemist.com.au

